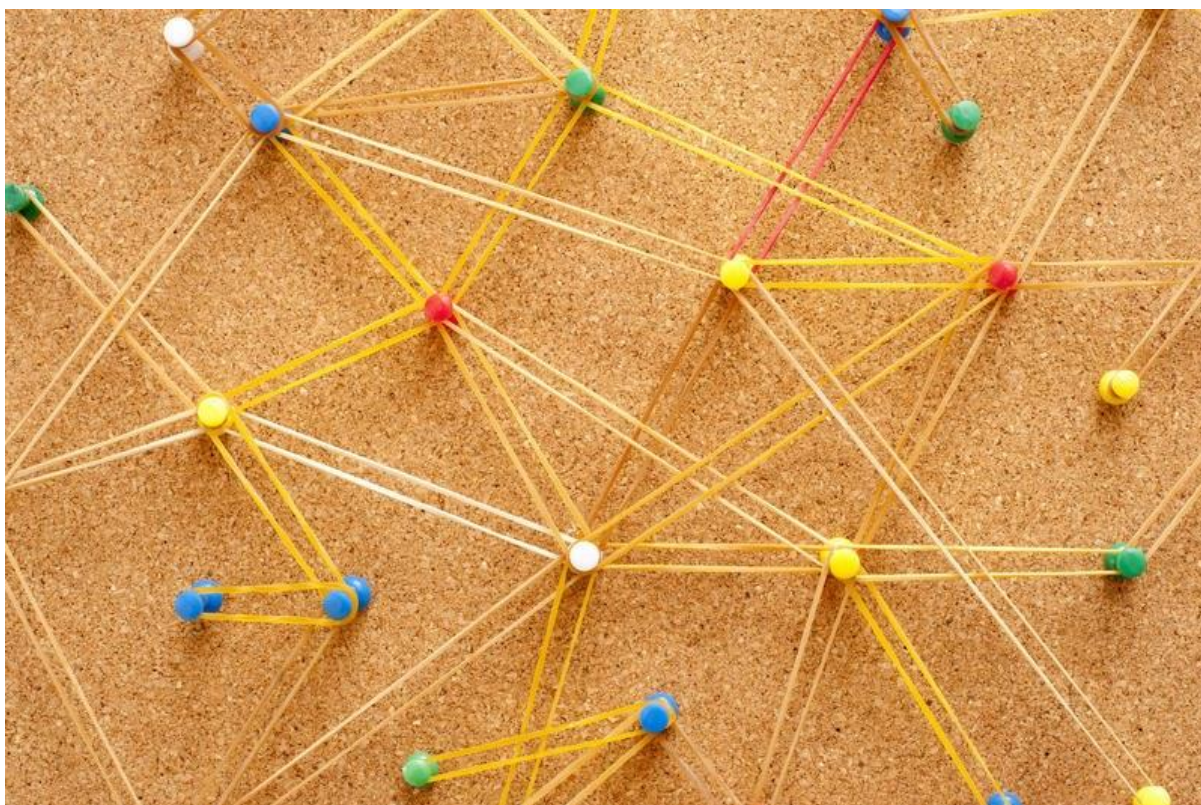




West Northamptonshire Stay Connected September 2026



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

It is a live document and will be updated throughout the month with new events added and events that have happened removed so keep checking back. To navigate to the location you wish to search for use the small grey box in the righthand corner of the screen.

Countywide



Positive Parenting Programmes

No parent has all the answers, and that's okay.

Our Positive Parenting Programmes provide practical advice, guidance and support to help you strengthen relationships, understand behaviour, and build confidence as a parent or carer.

Together, we can help create strong, positive connections between parents and children that last a lifetime.

Learn more and sign up today: [Positive Parenting Programmes](#)

Programmes are running in North and West Northamptonshire.



Film and Screen Saturday Club

University of Northampton Film and Screen Saturday Club dates: 03 October 2026 - 10 July 2027

Saturdays, 10:00 - 13:00

Did you know that we run the Saturday Club for the University of Northampton for Film&Screen? If you are a Northants young person 13-16yrs interested in working behind the camera or learning more about filmmaking, you can apply now [University of Northampton - National Saturday Club](#)

At the University of Northampton's Film&Screen Saturday Club, young people will have the exciting opportunity to work alongside award-winning Film Producer and Northampton Film Festival Director Becky Carrier, creating their own short films with local industry professionals using professional-standard filmmaking equipment.

Through hands on workshops, behind-the-scenes industry insights and real filmmaking experiences, participants will explore every stage of the filmmaking process, from storytelling and script development to shooting and editing. They'll gain valuable insights into careers in film through Q&As with local industry professionals, screen inspiring independent and locally made short films, and take part in practical tutorials designed to bring their creative ideas to life.

Along the way, young people will build confidence, creativity and communication skills while developing their filmmaking expertise. They'll discover their strengths and interests, enhance their teamwork and project management abilities and gain experience that could inspire future education and career choices.

As part of the National Saturday Club network, members will also enjoy exclusive opportunities to participate in a [Masterclass](#) led by leading industry professionals and

showcase their work at the prestigious [Summer Show](#), where Saturday Clubs from across the UK come together to exhibit their achievements in a public exhibition. Best of all, it's completely free to take part!

Accessibility statement: The University of Northampton's Waterside Campus provides comprehensive accessibility features including step-free routes and designated Blue Badge parking. Our campus features flat, paved outdoor routes and step-free entry to primary public zones.

[University of Northampton - National Saturday Club](#) for more information and to apply.



Supporting a bereaved child - for parents, families and carers

Part of the [For families & carers supporting bereaved children](#) collection

28 September, 19 October, 23 November, 14 December 2026

Free webinar | 1 hour | **For families or carers**

This webinar provides information for parents, carers and family members to help them support children and young people when someone important to them has died. In this webinar we provide an opportunity to learn more about how children grieve and offer helpful suggestions for you and for your family.

Who is this training for?

This webinar is suitable for families or carers looking after children or young people who are bereaved or who are facing bereavement. Please note, this event is not suitable for children and is **not for professionals**.

There will be an opportunity to ask questions during the webinar using the chat function. If you would like personalised bereavement support and guidance, please contact our [Helpline](#).

You may also be interested in:

[How we can support you](#)

[Supporting bereaved children and young people](#)

[Support for bereaved young people](#)

To reserve your free space and find the full information please visit the Eventbrite page [Supporting a bereaved child - for parents, families and carers Tickets, Multiple dates | Eventbrite](#)

The Charity also offers chargeable courses, costs vary from £80 to £150 but more information can be found on their Eventbrite page [Child Bereavement UK](#)

Winston's Wish and Child Bereavement UK have come together. We are now one unified charity called Child Bereavement UK. Their website is [Child Bereavement UK](#) where they can offer more practical support for children, teenagers and young adults, parent bereaved of a baby or child and for adults supporting bereaved children.



TARGET online safety session for Parents/Carers

[Target online safety sessions for Parents/Carers Tickets, Monday, October 19 • 6:30 PM - 7:30 PM GMT+1 | Eventbrite](#)

This is open to any families living in or who have children/young people accessing education in Northamptonshire

Our introductory parent/carers workshop aims to empower parents/carers, or the professionals working with them, to support their children and young people in navigating the online world. This includes understanding risks of being online, based on latest research, social media, laws and legislations, AI technology and parental controls.

We also look at the pressures young people face, increase their awareness of the grooming process, the risks associated with indecent image sharing and inform you on how to report online harms, so you feel equipped to support your young people.

We will also cover the upcoming law changes and the potential impact it could pose.

Online Safety Session for SEN Parents/Carers

[Online Safety Sessions for SEN Parents/Carers Tickets, Monday, November 9 • 6:30 PM - 7:30 PM GMT | Eventbrite](#)

This is open to any families living in or who have children/young people accessing education in Northamptonshire

Our introductory SEN parent/carers workshop aims to empower parents/carers or the professionals working with SEN children/young people to support them navigating the online world.

This includes understanding why those with SEN use the internet, the risks involved, how you can support them and understand the terminology they may use. We use the latest data, laws and research to inform our practice and the guidance you receive.

We also look at the pressures young people face, increase their awareness of the grooming process, the risks associated with indecent image sharing and inform you on how to report online harms, so you feel equipped to support your young people.

We will cover the upcoming law changes and the potential impact it could pose.

Time Out For Parents- Handling Anger in the Family course

Evening course: Starts Tuesday 8th September, 7.30pm–9.30pm

Daytime course: Starts Wednesday 16th September, 10.00am–12.00pm

This 4-session course focuses on how you and your child can understand and manage anger in a safe and healthy way.

This session will be held on Zoom. Registration includes an accompanying parent handbook (RRP £9.99), additional resources and goodies. **£20 per household** (supported places available).

[Book here](#) Booking closes on 1st September



Time Out for Parents – Children with Additional Needs

This six-session course offers parents and carers of children with a disability or additional need a space to share and support one another. Each session focuses on helping you meet your child's needs (a formal diagnosis is not required).

Date and time: Thursday mornings, 10:00am–12:00pm, 17th September – 22nd October

Cost: £20 per household, including the accompanying parent handbook (RRP £9.99), additional resources, and goodies. Supported places are available (50% discount).

Book here: [hope for families events](#)

**TIME OUT
FOR PARENTS**

CHILDREN WITH ADDITIONAL NEEDS

Sessions for anyone parenting children with additional needs aged 3 to 11

Date:
Thursdays 10am-12pm
September 17th- October 22nd

This course will run online via Zoom

Book your place online at
<https://hopeforfamilies.org.uk/events>

For information contact
Hope for Families
07784 333825
or email
hello@hopeforfamilies.org.uk
Booking closes September 9th

Common-sense, jargon-free information and ideas to help you to engage with your children and boost your relationship

Football opportunities for people with additional needs

Northampton Town FC Community Trust's Cerebral Palsy Football Day on Tuesday 1st September from 10am to 2pm for 8- to 16-year-olds. For all abilities, whether you have played football before or are completely new to the game - come try out football, and meet England CP national team player Harry Baker!

And

Kettering FC Disability's weekly training sessions, on Friday nights, for players 5-16 and adults 16+. For all abilities, everyone is welcome to join this friendly, welcoming, community-focused football club.

These are just two examples of some fantastic opportunities we have across Northamptonshire. You can find more football opportunities for players with a range of disabilities, health conditions, and additional needs on our website by clicking the link below:

[Find Your Local Disability Football Club](#)



KETTERING FC
DISABILITY
FOOTBALL

ALL ABILITIES. ONE TEAM. EVERYONE WELCOME.

CHILDREN (U16's) | **ADULTS (16+)**

FREE TO TAKE PART!

VENUE: BROUGHTON VILLAGE HALL | **TIME:** 5-6PM

KNOW YOUR COACHES

STEVE / SIMON | **HENRY / CALLUM / DREW**
ADULTS | U16's

OUR VALUES

DIVERSITY | EQUALITY | INCLUSIVE FOOTBALL FOR ALL

ALL WELCOME!
SAFE ENVIRONMENT
TO GROW.

WINTER TRAINING
@ KSP NEW FACILITIES
4G | 5-6PM

CONTACT

U16's: PAUL 07810553019 | ADULTS: SIMON 07795178817



ONE DAY WITH HARRY BAKER
England's Greatest Footballer

CEREBRAL PALSY FOOTBALL

GOALS: ABBEYFIELD SCHOOL,
NORTHAMPTON, NN4 8ST
TUESDAY 1 SEPTEMBER
10AM TO 2PM
8 TO 16 YEARS OLD

BOOK NOW
£10

Information

This is for players with Cerebral Palsy. Greater inclusion on the pitch will have a beneficial on Accepted Brain Injury. Please note that players should be supervised. (Do not leave the age of a young child to your own judgement.)

Northamptonshire Police COMMUNITY

Eyes Wide Open - Online safety video for parents

The Police launched their 'Eyes Wide Open' campaign around online safety for children earlier in July. If you are a parent of a teenager or younger child, we highly recommend reading this resource. We also encourage you to share it within your communities to help raise awareness.

The Eyes Wide Open campaign, a one-minute video, played by actors, aims to raise awareness of the harm that young children can be exposed to while online and encourages parents to have conversations with their children, while setting appropriate online and device restrictions to help protect them.

[Eyes Wide Open | Northamptonshire Police](#)



Online safety (Child exploitation) session for parents and guardians

Friday 11th September 11am to 12 Noon

Join us for an eye-opening online session on exploitation and online safety aimed at parents and guardians to children of all ages

Exploitation and Vulnerability Session for parents and guardians

Join us for an online session focusing on the topic of exploitation and online safety. This session aims to raise awareness and provide valuable insights on how to protect vulnerable children. The session will cover:

Spotting the signs that your child might be being exploited; How to keep your child safe online; How online influencers might be shaping the views of your child; Practical tips for you to help to keep your child safe online

[Online safety \(Child exploitation\) session for parents and guardians Tickets, Friday 11 September • 11 AM - 12 PM GMT+1 | Eventbrite](#)



Free Immigration Advice

Free Immigration Advice from Northamptonshire Rights And Equality Council

If you need support with immigration or asylum matters, @northamptonshirerec is here to help. Our FREE, confidential, Level 1 OISC-accredited advice service offers guidance on:

Leave to Remain

Nationality & Citizenship

EU Settled Status

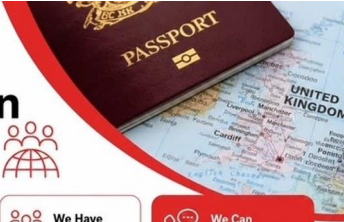
Family Reunification

Entry Clearance & more

We offer online and telephone appointments, written follow-up advice, and translation services to make our support as accessible as possible.

telecartwright@northamptonshirerec.org.uk

info@northamptonshirerec.org.uk



Immigration Advice

Our Immigration Advice Service is Free to those needing advice on immigration and asylum issues.

As a level 1 Office of the Immigration Service Commissioner (OISC) accredited service – we can give free advice and assistance on:

- ✓ Entry Clearance
- ✓ Leave to Enter
- ✓ Leave to Remain
- ✓ Nationality and Citizenship
- ✓ EU and EEA Law

We Have Helped

- European Union citizens applying for Settled Status after Brexit.
- Refugees and asylum seekers including applications for settlement.
- Those wanting to reunite their families, including siblings and married couples.

We Can Provide

- Online or telephone consultations
- Follow-up with advice in writing
- Translation services

What our clients have said:

"You helped me with my EU settlement scheme application, it was successful, and I have been granted Indefinite Leave. I just wanted to thank you!"
(John from Portugal)

"It was a very stressful & emotional time, but I felt like your advisor held our hand – offering guidance & support & always treating us with respect and compassion."
(Parent from the Caribbean)

"I can honestly say that it was due to your advice and support that my son was awarded citizenship within months. Thank you NREC."
(Margaret, returning national)

**Get In Touch**

If you need immigration advice or assistance, please get in touch and book a free appointment.
Contact:

telecartwright@northamptonshirerec.org.uk

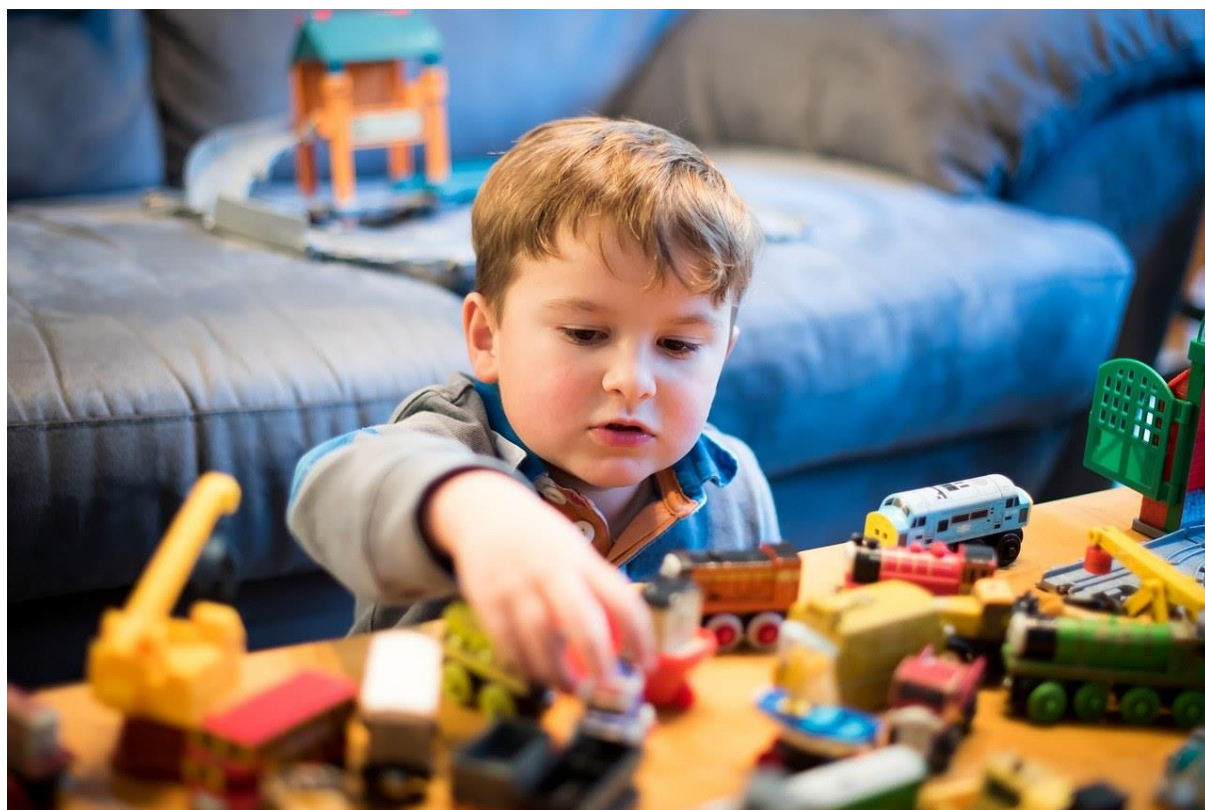
info@northamptonshirerec.org.uk



Our Immigration advice is delivered in accordance with the Office of the Immigration Service Commissioner's (OISC) requirements. We can provide level 1 advice. Should you need more complex immigration advice we can help you by providing a detailed referral to an agency that can give legal advice using legal aid.



West Northamptonshire



Heritage Open Days

Residents and visitors are invited to explore the stories, places and people that have shaped West Northamptonshire as Heritage Open Days returns from 11 to 20 September.

This year's festival theme celebrates the everyday lives of working people, bringing local history to life through a diverse programme of walks, talks, exhibitions, open days and guided tours.

More than 60 attractions and organisations across West Northamptonshire have registered events for this year's festival, including Delapré Abbey, Lamport Hall, Old Black Lion, Sulgrave Manor, 78 Derngate, the Guildhall, Weedon Depot, the Church of the Holy Sepulchre, Phipps Brewery, Towcester Museum and many more.

[Heritage Open Days West Northamptonshire](#)

Skills Bootcamp Event – Explore Training & Career Opportunities

By [West Northamptonshire Council](#) Thursday, **10 September 2026**

The Guildhall, Saint Giles' Square, Northampton NN1 1DE

Interested in gaining new skills and moving into employment?

West Northamptonshire Council invites you to discover a range of free, flexible Skills Bootcamps designed to help you build in-demand skills and access new career opportunities.

What to Expect:

Short Provider Presentations

Hear from a variety of Skills Bootcamp training providers through a series of short presentations, giving you an overview of:

Available courses

What you'll learn

Entry requirements

Progression into jobs and further training

Marketplace & Networking

Book Your Time Slot

To ensure the best experience for all attendees, please select one session when booking your ticket:

Morning Session: 11:00 AM – 12:30 PM

Afternoon Session: 1:00 PM – 2:30 PM

To reserve your free space and to find out more please visit our Eventbrite page [Skills Bootcamp Event – Explore Training & Career Opportunities Tickets, Multiple dates | Eventbrite](#)

The Guildhall, Saint Giles' Square, Northampton NN1 1DE



West Northants Family Hubs

Family Hubs offer a safe, welcoming space for all families with children aged 0 to 19 years (or 25 years for a young person with a special educational need or disability). Family Hubs bring services together, making it easier for families to get the help they need - giving babies the best start for life and continuing that support through adolescence. Strong Start are part of Family Hubs. They provide information, advice and early learning activities for parents with children from 0 to 5 years old. Please visit our website for details of all the services we provide: [West Northants Family Hubs](#)

All our free groups and workshops are listed on our Eventbrite page [Family Hubs in West Northants](#)

To join one of our free sessions, we ask that families also register with West Northants Family Hubs using the link on our website. If families follow us on Eventbrite, they will receive booking now open emails as our groups and workshops go live for booking.



Youth Clubs, Northamptonshire run by Youth Inspired

Hartwell: Mondays 4.30pm to 6pm at Hartwell Community Centre. Ages 9+ (term-time only)

Priors Hall: Mondays 6.30pm to 7.45pm at Priors Hall Community Centre. Ages 11+ (term-time only).

Kingsthorpe: Thursdays 4.30pm to 6.30pm at Kingsthorpe Community Centre. Ages 10+ (Term time only).

Briar Hill: Wednesdays 4pm to 5.30pm at Briar Hill Community Centre. Ages 8+ (Term-time only)

Spratton: Alternate Wednesdays at Spratton Community Club. Ages 10+ (term-time only)

Crick: Thursdays 4.15pm to 5.45pm at Crick Village Hall. Ages 10+ (term time only)

Daventry: Fridays 4.30pm to 6pm at Southbrook Community Centre. Ages 10+ (term time only).

Kilsby: Alternate Fridays 7.15pm to 9pm. At 7.15pm at 9pm at Kilsby Village Hall. Ages 10+ (term-time only)

Weedon: Alternate Wednesdays 7pm to 8.30pm at Weedon Village Hall. Ages 8+ (term-time only).

Finedon: We support BakUp CIC at their Uplift sessions on a Monday and Wednesday at Finedon Community Centre 3pm to 6pm.

Email: sarah@cypn.org Telephone: 07422 573625 [CYPN - CYPN](http://www.cypn.org)



SEND Activities at Family Hubs

Monday 7th Sept Towcester SEND After-School-Drop-in. Towcester Family Hub, NN12 6AD 3.30pm to 5pm

Thursday 10th Sept Daventry SEND Session. Daventry Family Hub, NN11 4EY 1pm to 2.30pm

Thursday 17th Sept Daventry SEND Session. Daventry Family Hub, NN11 4EY 1pm to 2.30pm

Friday 18th September Northamptonshire Carers Parent Carer Wellbeing Hub. Towcester Family Hub, NN12 6AD 10.30am to 12.30am

Thursday 24th September SEND Stay and Play. Towcester Family Hub, NN12 6AD 1pm to 2.30pm

Thursday 24th September Daventry SEND Session. Daventry Family Hub, NN11 4EY 1pm to 2.30pm

Thursday 1st October Support in Education Group. Towcester Family Hub, NN12 6AD 12.30pm to 2.30pm

For more information and to book, visit [Family Hubs in West Northants](#)

If you're joining us for the first time, please register before you arrive: [Family Hub Registration](#)

SEND ACTIVITIES SEP 2026



MON 7 SEP	Towcester SEND After-School Drop-in Towcester Family Hub, NN12 6AD 3:30pm-5pm
THU 10 SEP	Daventry SEND Session Daventry Family Hub, NN11 4EY 1pm-2:30pm
THU 17 SEP	Daventry SEND Session Daventry Family Hub, NN11 4EY 1pm-2:30pm
FRI 18 SEP	Northamptonshire Carers Parent Carer Wellbeing Hub Towcester Family Hub, NN12 6AD 10:30am-12:30pm
THU 24 SEP	SEND Stay and Play Towcester Family Hub, NN12 6AD 1pm-2:30pm
THU 24 SEP	Daventry SEND Session Daventry Family Hub, NN11 4EY 1pm-2:30pm
THU 1 OCT	Support in Education Group Towcester Family Hub, NN12 6AD 12:30pm-2:30pm

For more information and to book, visit <https://wnc.ai/thevents>
If you're joining us for the first time, please register before you arrive:
<https://wnc.ai/family-hubs-registration>

Glimmers Support - September Activities 2026

Harpole Youth Club, Harpole, NN7 4DP.

1. Youth Club for deaf children and those with hearing loss 4 and 18 September 5pm to 8pm
2. Basic Sign Classes. 5, 12, 19 and 26 September 10am to 11am
3. Sunday Social 6 September 2.30pm to 4.30pm
4. Hearing Loss and Tinnitus Support Group 12 September. 11am to 1pm
5. Home Ed, Sign Language 18 and 25 September 2pm to 3.30pm

Queries jennie@glimmersupport.co.uk



GLIMMERS SUPPORT

September Activities 2026

Harpole Youth Club, Harpole, NN7 4DP

1. YOUTH CLUB
4 & 18 SEPTEMBER
5PM-8PM

2. BASIC SIGN CLASSES
5, 12, 19 & 26 SEPTEMBER
10AM-11AM

3. SUNDAY SOCIAL
6 SEPTEMBER
2.30PM-4.30PM

4. HEARING LOSS & TINNITUS SUPPORT GROUP
12 SEPTEMBER
11AM-1PM

5. HOME ED SIGN LANGUAGE
18 & 25 SEPTEMBER
2PM-3.30PM

QUERIES: Jennie@glimmerssupport.co.uk

Deaf Youth Club

At Harpole Youth Club, Larkhall Lane, Harpole, NN7 4DP

5-7pm for deaf children and CODA's aged 0-10 yrs and their families

6-8pm for deaf young people and CODA's aged 11 yrs and over and their siblings.

Our group is open to children and young people with any level of deafness/hearing loss. We are total communication, everyone is understood and respected for who they are and how they communicate. All staff and volunteers are DBS checked, have safeguarding training and can sign. We provide a safe, non-judgemental space to allow children and young people to be themselves. Games and activities, crafts, wellbeing, fun & Laughter, advice & support. £5 per person for more information email jennie@glimmerssupport.co.uk

Dates of up-coming meetings: 4th September, 18th September, 2nd October, 16th October.



Deaf Youth Club
Harpole Youth Club, Larkhall Lane, Harpole, NN7 4DP

5-7pm for deaf children and CODA's aged 0-10 years and their families
6-8pm for deaf young people and CODA's aged 11 years and over and their siblings

Our group is open to children and young people with any level of deafness / hearing loss. We use total communication, everyone is understood and respected for who they are and how they communicate. All staff and volunteers are DBS checked, have safeguarding training and can sign. We provide a safe, non-judgmental space to allow children and young people to be themselves.

- Games and Activities
- Crafts
- Wellbeing
- Fun and laughter
- Advice and Support

More Info!
£5 per person
To book your place please email: jennie@glimmerssupport.co.uk

Group dates:
Aug 7th
Aug 21st
Sept 4th
Sept 18th
Oct 2nd
Oct 16th

GLIMMERS SUPPORT CIC
Company Ltd by Guarantee No. 17060348

Free Family BSL Sessions – Learn Together! RJ Cic

Would you like to learn British Sign Language (BSL) together as a family?

Our Family BSL sessions are a fun, relaxed and inclusive way to learn new signs, improve communication and enjoy learning together.

Families of all ages and abilities are welcome!

2026

- 26th August 4:00pm–6:00pm
- 28th October 4:00pm–6:00pm
- 16th December 4:00pm–6:00pm

2027

- 24th February 4:00pm–6:00pm
- 28th April 4:00pm–6:00pm
- 26th May 4:00pm–6:00pm
- 25th August 4:00pm–6:00pm

Venue: St Crispin Community Centre, St Crispin Dr, Northampton, NN5 4GJ

To book your space, please complete the booking form [Register here for Family BSL sessions](#)

Spaces may be limited, so book early to secure your place!

Come along, learn BSL and have fun together!

Your Community, Your Way [Facebook RJ-Community-CIC](#)



Are you a new or emerging disabled or neurodivergent creative in Northants?

Apply to our free Creative Development Programme.

The Creative Place. October to December 2026. Online or in person Open to anyone 16 years or older with no upper limit.

Can you apply?

1. Are you 16 years or older and living in Northamptonshire?
2. Are you neurodivergent, disabled (Physical or learning disability), Deaf or a person living with disabilities or autistic?
3. Are you an Artist or Creative person interested in one of these areas: Film and TV, Publishing, Art including Fine Art and Festivals, Advertising, Performing Arts, Fashion, craft, Music, Design, Arts & Culture like Museums and Libraries, Games
4. Are you wanting to work in one of these areas or at the beginning of your career?
5. Can you spend 8+ hours per month Oct-Dec working on your creative process? And would benefit from meeting other creatives?

If you answered yes, can you apply.

To apply you can: Write us an email. Send us a voicenote or video. Visit the creative place for a chat.

Tell us about: Yourself and your creativity.

What area you work in (e.g. Film). Something you want to work towards (e.g. something you want to improve on, a job you want to get or an event you would like to run).

Everyone that applies will be invited to 3 free sessions to develop your creativity. 6 people will take part in a 3 month process to develop as a Creative, working with mentors and using The Creative Place to test out your ideas. There is no cost. We will work with you to design the programme around your needs including in-person or remote.

Applications close 25 September or when we have received 35 applications. We may start allocating from 10 September. The Creative Place is the world's smallest arts centre on Northampton Market Square. It is run by non-profit Northampton Film Festival.

You can apply or ask questions you might have by emailing info@northamptonfilmfestival.co.uk or you can text/WhatsApp/Call Becky on 07930 646721 You can also come into The Creative Place. We are usually open Wednesday to Saturday 10am to 4pm but check with us before travelling sometimes we close for events.



Can you apply?

1. Are you 16yrs or older, and living in Northamptonshire?
2. Are you neurodivergent, disabled (physical or learning disability), d/Deaf, a person living with disabilities or autistic?
3. Are you an Artist or Creative person interested in one of these areas:
Film and TV - Publishing - Art including Fine Art and festivals - Advertising - Performing Arts - Fashion - Craft - Music - Design - Arts and Culture like Museums and Libraries - Games
4. Are you wanting to work in one of these areas or at the beginning of your career?
5. Can you spend 8+ hours per month Oct-Dec working on your creative process? And would benefit from meeting other creatives?

If you answered yes, can you apply.



How it works

To apply you can:

- write us an email
- send us a voicenote or video
- visit The Creative Place for a chat

Tell us about:

- yourself and your creativity
- what area you work in (e.g. Film)
- something you want to work towards (e.g. something you want to improve on, a job you want to get or an event you would like to run).

Everyone that applies will be invited to 3 free sessions to develop your creativity.

6 people will take part in a 3-month process to develop as a Creative, working with mentors and using The Creative Place to test out your ideas.

There is no cost. We will work with you to design the programme around your needs including in-person or remote. Applications close 25th Sept or when we have received 35 applications. We may start allocating places from 10th Sept.



Apply now!

The Creative Place is the world's smallest arts centre on Northampton Market Square.



It is run by non-profit Northampton Film Festival. You can apply or ask any questions you might have by emailing info@northamptonfilmfestival.co.uk or you can text/WhatsApp/call Becky on 07930 646721

You can also come in to The Creative Place. We are usually open Wed-Sat 10am-4pm but check with us before traveling - sometimes we close for events.

Free for 18-25s - Young Adult Groups

Monday - **Tea and talk** 1:00pm to 3:00pm @ **The Lowdown Lounge** at the Lowdown, Kingswell St, Northampton NN1 1PP

Tuesday - **Daventry Young Adult Social** 2-4 pm @ Mind in Daventry, Daventry NN11 4GG

Towcester Young Adult Social 6:30 pm- 8:00 pm @ The Barn, Branston Lane, Towcester, NN12 6AX

Wednesday - **Moulton Young Adult Social** 1:00 pm- 3:00 pm at Moulton Community Centre, Sandy Hill Reedings, Northampton NN3 7AX.

Thursday - **Northampton Young Adult Social** 7:00pm- 8:30pm @ The Lowdown Lounge at The Lowdown, Kingswell St, Northampton NN1 1PP.

For more information, please contact Bekha at
Rebeka.troop@thelowdownnorthampton.co.uk or call 07985 268 271

FREE - FOR 18-25'S

Young Adult Groups

Mon	Tea & Talk 1pm-3pm @ The Lowdown Lounge at The Lowdown, Kingswell Street, Northampton NN1 1PP.
Tue	Daventry Young Adult Social 2-4pm @ Mind in Daventry, Daventry NN11 4GG Towcester Young Adult Social 6:30pm-8pm @ The Barn, Bransons Lane, Towcester, NN12 6AX
Wed	Moulton Young Adult Social 1pm-3pm @ Moulton Community Centre, Sandy Hill Reedings, Northampton, NN3 7AX
Thu	Northampton Young Adult Social 7pm-8:30pm @ The Lowdown Lounge at The Lowdown, Kingswell Street, Northampton NN1 1PP

For more information please contact Bekah at
rebekah.troop@thelowdownnorthampton.co.uk or call 07985 268 271

RE Start Mind | Focus | Future **the lowdown** supporting young people www.thelowdown.info

SEND Kickboxing Class

A safe, supportive and friendly environment for Children with additional needs

Building Confidence, skills and friendships

Boost Confidence and self-esteem. Improve focus and concentration. Learn self-defence in a fun way. Manage Stress and Emotions. Make Friends and feel included.

Tailored sessions to include every individual. Join us, your journey starts here.

Inclusive & and supportive environment. Experienced and patient instructors. Respect encouragement and positivity. Build strength, have fun and feel proud.

[SEND Kick boxing Facebook](#)

Bugbrooke Martial Arts and Fitness - SEND Family Kickboxing Sessions, Bugbrooke Baptist Chapel, 35a High Street, Bugbrooke, West Northamptonshire, NN7 3PA

info@bugbrookekickboxing.com



Dadstock

The Black Prince, Northampton on 5th September from 1pm – 10.30pm

Music bringing SEND families together. A place where you can be yourself! Music and acts including The Melostones, Coping Mechanism, Mother Nuclear, Good Fridays, the Keepers Plus interactive drum session and Born to Perform Live. Stall and fun for the whole family.



September: What's on this Month SEND Dads, Male Carers and Family Socials

Coming up in September with SENDS 4 Dad.

To buy tickets for any of our bookable events please visit our Ticketsource page [SENDS 4 Dad event tickets from TicketSource.](#)

Weekly: Every Friday from 18/09/2026. 10am to 11am. Bellinge Community House, NN3 9AQ

Weekly: Every Sunday, 11am to 12 Noon. Frank Bruno Foundation, NN3 9TW.

Saturday 12 September. Dads, Male Carers, Children and Young Adults [Bushcraft and Archery at Adventure 4 You event tickets from TicketSource](#) Adventure 4 You, Towcester, NN12 6LF.

Sunday 13 September, Dads, Male Carers and their Family. Multi Activity 1pm to 3pm. [Outdoor and sensory play, arts, crafts and gaming for the whole family at Fernie Fields Sports & Social Club - Avery Pavillion event tickets from TicketSource](#)

Monday 14 September, Dads/Male Carers Only. 8pm onwards Dads Social. The Windmill, Kingsthorpe, Northampton

Saturday 19 September. Dads, Male Carers, Children and young adults. [SENDS 4 Dad Zepic Games social for dads, male carers and their child/adult at Zepic Games and Events event tickets from TicketSource](#) 32 to 32a Sheaf Street, Daventry, NN11 4AB.

Saturday 19 September. Dads, Male Carers, Children and young adults. Swimming 3pm to 4pm. [Swimming session for Dads, male carers and their child/adult only at Moulton Leisure Centre event tickets from TicketSource](#) Moulton Leisure Centre, Moulton.

Sunday 20 September. Adults Only. Wellbeing Wavelengths, The Frank Bruno Foundation, NN3 9TW.

Saturday 26 September. Dads and Male Carers Only. Sends 4 Breakfasts 9am. [Dad/male carer breakfast at Cafe Track event tickets from TicketSource](#) Cafe Track, Market Square, Northampton.

Saturday 26 September. Dads and Male Carers. Bromance 1pm to 3pm The Coach House, Delapre Abbey, Northampton.

Including DADSTOCK which promises a great occasion and raise vital funds for SENDS 4 Dad so we can keep providing the great service we provide!!

[Sends 4 Dad main page Facebook](#)

September
WHAT'S ON THIS MONTH

SEND Dads, Male Carers & Family Socials








WEEKLY
Every Friday
From 18/09/26
10.00 - 11.00
Bellingle Community House
NN3 9AQ

WEEKLY
Every Sunday
11.00am - 12.00pm
Frank Bruno Foundation
NN3 9TW

DADSTOCK 2026

Live Music **Stalls** **Bring the whole family**

Saturday 5th September
The Black Prince
15 Abington Square, Northampton
NN1 4AE

SENDS 4 Dad Sessions

Sunday 06th Sept DADS & MALE CARERS ONLY Spa Session Moulton Leisure Centre Moulton NN3 7QL	Saturday 12th Sept Dads, Male Carers, Children and Young Adults Bushcraft & Archery 1PM Adventure 4 You Towcester NN12 6LF	Sunday 13th Sept Dads, Male Carers and their Family. Multi activity 1PM - 3PM The Avery Pavillion Fernie Fields Northampton
Monday 14th Sept Dads/Male carers Only Spa Onwards Dads Social The Windmill Kingsthorpe Northampton	Saturday 19th Sept Dads, Male carers, children and young adults. Zepic Games + VR 12pm - 2pm 32 - 32a Sheaf Street Daventry NN11 9AB	Saturday 19th Sept Dads, Male carers, children and young adults. Swimming 3pm - 4pm Moulton Leisure Centre Moulton
Sunday 20th Sept ADULTS ONLY Wellbeing WaveLengths The Frank Bruno Foundation NN3 9TW	Saturday 26th Sept DADS & MALE CARERS ONLY SENDS 4 Dad Breakfast 9am Cafe Track Market Square Northampton	Saturday 26th Sept DADS & MALE CARERS ONLY Bromance 1pm - 3pm The Coach House Delapre Abbey Northampton

Together we adapt & overcome

www.ticketsource.com/sends-4-dad

Northants SEND Mummas Family Fun Day

Saturday 19 September 1pm to 5pm Bouncy Castle. Football Club. Pony Grooming and Riding. Face painting. Stalls and local services. Wellbeing Zone and much more.

Hunsbury - Camp Hill Community Centre, Dayrell Road, Northampton NN4 9RR

Northants SEND Mummas

Family Fun Day

Saturday 19th September
1-5pm

Camp Hill Community Centre

plus much more!


Bouncy Castle


Football Club


Pony Grooming and Riding


Tombola


Wellbeing Zone


Stalls and Local Services


Face Painting

and much more!

SUPPORT • UNDERSTAND • EMPOWER

SEND yoga session for children

We're excited to share this wonderful SEND Yoga Session for children aged 4-14!

Saturday 24th October 2026 2pm–3pm Moulton Community Centre - parking available

£7 per child

A gentle, playful session designed to help children move, breathe, relax and simply be themselves.

The session will explore:

Gentle yoga & movement

Mindfulness

Meditation

Breathwork & self-regulation

Relaxation techniques

And, of course... FUN!

Parents are very welcome to join in or take a little time for themselves and enjoy a coffee in the café. A lovely opportunity to learn simple regulation and relaxation techniques that can be taken home and used every day. Spaces are limited – book your space here:

[Northants SEND mummas event tickets from TicketSource.](#)

Calmer minds. Happier hearts. Stronger together.



Time 4 Support

Support group for Parent Carers of children and young people aged 0 to 25 living in Northamptonshire who have SEND. You are not alone.

When: Monday 7 September (First term time Monday of every month).

Time 9.30am to 11am.

Where: Hunsbury Park Primary School, Dayrell Road, Northampton, NN4 9RR (Parking at Campbell community Centre).

Share experiences, get support and advice, build connections and friendships. Safe, friendly and welcoming.

Working together with:

West Northants Inclusion and Intervention Service (IIST). Northamptonshire Carers. West Northants Voices in Partnership (WNVP). Join us at EVERY session!

Come along, connect and be part of a supportive community.



TIME 4 SUPPORT

Support group for Parent Carers of children and young people aged 0-25 living in Northamptonshire who have SEND.

You are not alone.

WHEN: Monday 7th September (First term time Monday of every month)

TIME: 9:30am – 11:00am

WHERE: Hunsbury Park Primary School, Dayrell Road, Northampton NN4 9RR (Parking at Camphill community centre)

Share experiences | Get support and advice | Build connections and friendships | Safe, friendly, and welcoming

Working together with:

- West Northants Inclusion & Intervention Service (IIST)
- Northamptonshire Carers
- West Northants Voices in Partnership (WNVIP)

Join us at EVERY session!

Come along, connect and be part of a supportive community.

West Northants voices in partnership | Northamptonshire Carers Supporting Injured Carers | West Northamptonshire Council

TOGETHER, WE CAN MAKE A DIFFERENCE

Enfold Youth Group for ages 14 to 25

A new Social Space for neurodivergent young people to hang out, connect and have fun.

Whether you like chatting, playing games, creative activities, or just being around others without pressure, this group is for you.

Safe, supportive environment. Relaxed atmosphere. Games, activities, chill out space.

When? Every second and fourth Tuesday 6.30pm to 8pm.

Where? Sport4Fitness, Fernie Fields, Moulton, Northampton, NN3 7BD.

Contact us. Info@enfold.org.uk or Telephone 07821 835718




**WONDROUSLY WIRED
YOUTH GROUP**
AGES 14 -25



**A new social space for neurodivergent young people
to hang out, connect and have fun**

Whether you like chatting, playing games, creative
activities, or just being around others without pressure,
this group is for you.

 Safe, supportive environment	 Relaxed atmosphere	 Games, activities, chill out space
When? Every 2 nd and 4 th Tues 6.30-8pm	Where? Sport4Fitness, Fernie Fields, Moulton, Northampton, NN3 7BD	Contact us! info@enfold.org.uk 07821 835718

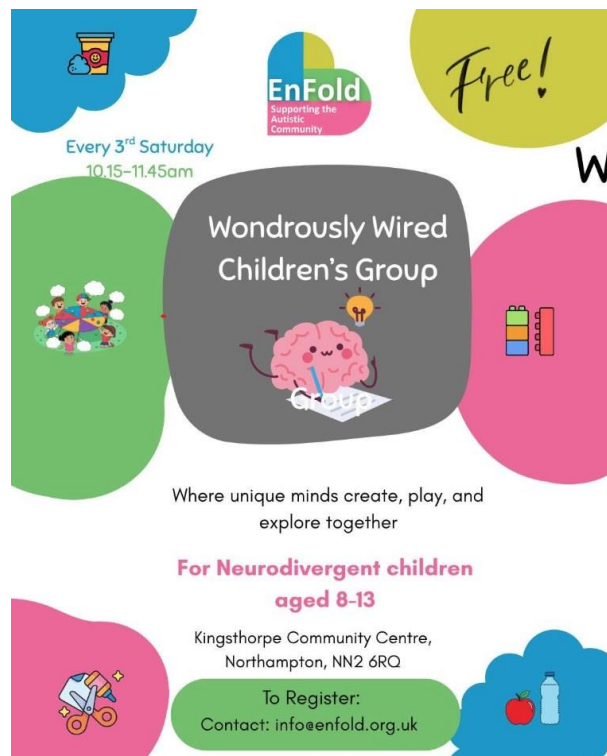
Wondrously Wired Children's Group

A youth group for neurodivergent children aged 8–13, offering a welcoming, relaxed and inclusive space to connect, create and have fun.

This group meets every third Saturday on the month 10.15–11.45am Kingsthorpe Community Centre, Northampton. It is FREE.

We offer a range of activities including crafts, games, and construction-based play — all at a no-pressure pace, designed to support comfort, creativity and social interaction.

Parents and carers are very welcome to stay throughout the session. For more information, or to register contact: info@enfold.org.uk



Enfold groups calendar - September

- 1 September: YAAP Northampton
- 4 September: Kettering Adult Social Group
- 7 September: High Five Kettering Parent Group
- 8 September: Wonderfully Wired Youth Group
- 8 September: Northampton Parent Group
- 9 September: Northampton Adult Social Group
- 10 September: Towcester Adult Social Group
- 10 September: YAAP Kettering
- 11 September: Rushden Adult Social Group
- 14 September. Adult Social Groups Walk.
- 15 September: YAAP Northampton
- 18 September: Kettering Adult Social Group.
- 19 September Wondrously Wired Children's
- 22 September: Wondrously Wired Youth Group
- 23 September: Northampton Adult Social Group.

24 September: YAAP Kettering

25 September: Wellingborough Adult Social Group.

Find out more on our website [Enfold - Your local autism information hub](#)

[Enfold Northamptonshire Autism Support Facebook](#)



ENFOLD GROUPS CALENDAR - SEPTEMBER	
1ST SEPT	YAAP Northampton
4TH SEPT	Kettering Adult Social Group
7TH SEPT	High Five Kettering Parent Group
8TH SEPT	Wondrously Wired Youth Group
8TH SEPT	Northampton Parent Group
9TH SEPT	Northampton Adult Social Group
10TH SEPT	Towcester Adult Social Group
10TH SEPT	YAAP Kettering
11TH SEPT	Rushden Adult Social Group
14TH SEPT	Adult Social Groups Walk
15TH SEPT	YAAP Northampton
18TH SEPT	Kettering Adult Social Group
19TH SEPT	Wondrously Wired Childrens
22ND SEPT	Wondrously Wired Youth Group
23RD SEPT	Northampton Adult Social Group
24TH SEPT	YAAP Kettering
25TH SEPT	Wellingborough Adult Social Group

Towcester, Brackley and Surrounding Villages



2hr Workshop for parents of Young children at Towcester Family Hub

Tuesday 29th September 10am – 12pm

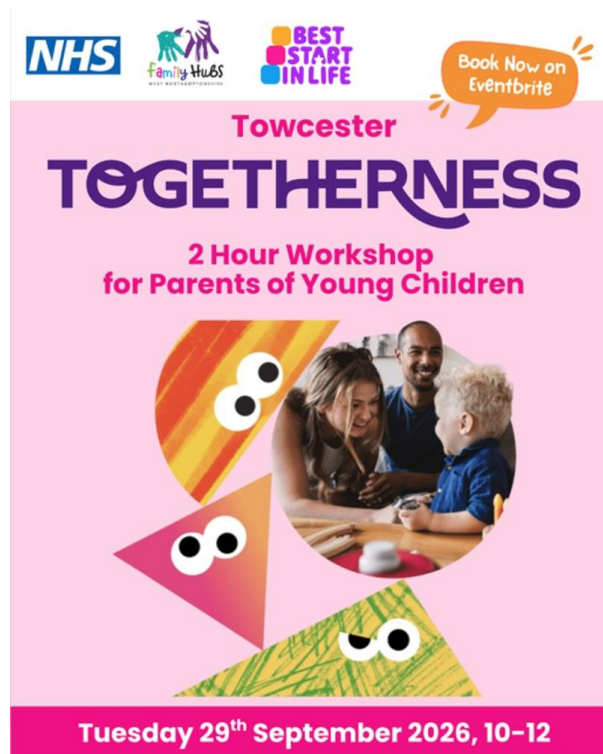
This 2hr Workshop is designed to explore the importance of relationships from birth & how interactions shape your child's brain development.

This 2hr Workshop is an introduction to the 10wk 'Understanding your child from Toddler to Teen' group.

The workshop is designed to explore the importance of relationships from birth, through to primary school age, and how our interactions with our child/ren shape their brain development.

We delve into what interactions look like, how they follow a dance of a serve & return like sequence, whilst understanding what takes place in the child's brain after an interaction.

[Togetherness, Solihull Approach, 2hr Workshop for Parents of Young Children Tickets, Tuesday, September 29 • 10 AM - 12 PM | Eventbrite](#)



2hr workshop for parents of Adolescents at Towcester Family Hub

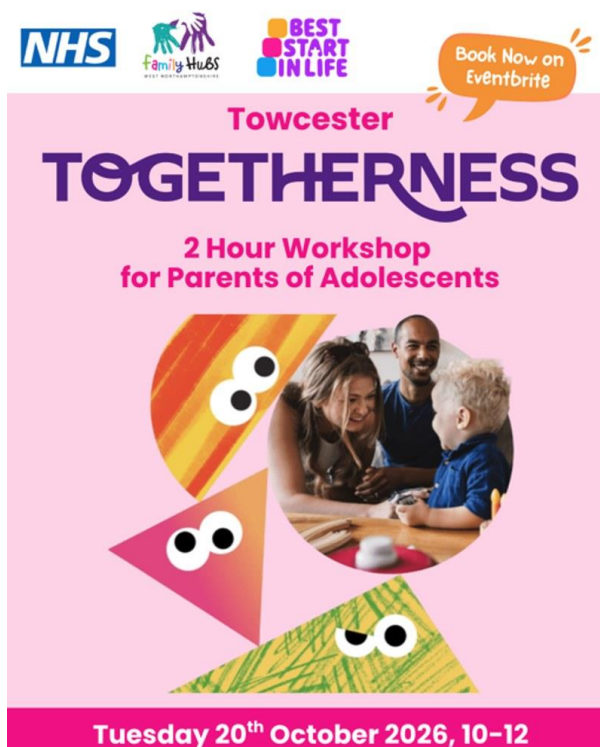
Tuesday 20th October

This 2hr Workshop is designed to explore the changes that occur in the Teenage brain & how we can support & guide them through this stage.

This 2hr Workshop is an introduction to the 10wk 'Understanding your child from Toddler to Teen' group. We delve into how the baby brain development has shaped the foundation blocks for their future brain development, and what changes the Teenage brain goes through, and why sometimes they make risky decisions when with their peers.

We explore how we can respond to our Teenagers in ways which are both helpful for them and provides them with opportunities to learn to manage their big emotions, whilst strengthening the relationship we hold with them.

[Togetherness, Solihull Approach, 2hr Workshop for Parents of Adolescents Tickets, Tuesday, October 20 • 10 AM - 12 PM | Eventbrite](#)



Early Years Advice Clinic

Looking for advice or reassurance about your little one?

Our Early Years Advice Clinic offers confidential 1:1 support for parents and carers of children aged 0 to 5. Whether you have questions about development, behaviour, sleep, routines, speech and language, toileting, feeding, or parenting confidence, our trained Early Years Practitioners are here to help.

Towcester Family Hub

Wednesday 9 September

1:00pm to 2:30pm

Book your free place today via Eventbrite! [Family Hubs in West Northants](#)



SNYE Youth clubs

We are absolutely buzzing to welcome everyone back for the new school year, and we've got some massive updates you need to see.

THE BIG CHANGES:

New Towcester Venue: Wednesday Junior/Senior & NextGen Towcester are moving to The Mind Building! (Open every Wednesday except the last one of the month).

Silverstone Day Change: We are now running on Fridays instead of Thursdays!

School Years: Club groupings have officially switched over to school years.

Other Clubs: All of our other youth clubs remain exactly the same and run as normal!

FIRST WEEK START DATES & TIMES:

Tuesday 8th Sept:

Brackley Junior: 6pm – 7pm. Years 5 to 7.

Wednesday 9th Sept:

Towcester Junior: 6pm – 7pm. Years 5 to 7.

Towcester Senior: 7pm – 8:30pm. Years 7 to 10.

NextGen Towcester: 8:30pm – 9:30pm. Years 11 to 13.

Friday 11th Sept:

Silverstone: 7pm – 8:30pm. Years 7 to 10.

Brackley Senior: 7:30pm – 9pm Years 7 to 10.

Thursday 17th Sept:

NextGen Brackley: 8:30pm – 9:30pm. Years 11 to 13.

IMPORTANT: NEW BOOKING FORMS NEEDED! New school year means everyone needs a brand-new booking form filled out by an adult—whether you've been coming for years or it's your very first time! Head straight to our website, click 'Clubs', and select your club.

www.youth-engagement.co.uk

Let's make this the best term yet!




NEXTGEN
BRACKLEY

CONNECT – GROW – THRIVE

 EVERY OTHER THURSDAY 8:30PM TILL 9:30PM	 SCHOOL YEARS 11-13	 £2 ENTRY
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WI HALL, MANOR ROAD, NN13 6AJ


SCAN FOR MORE INFORMATION!





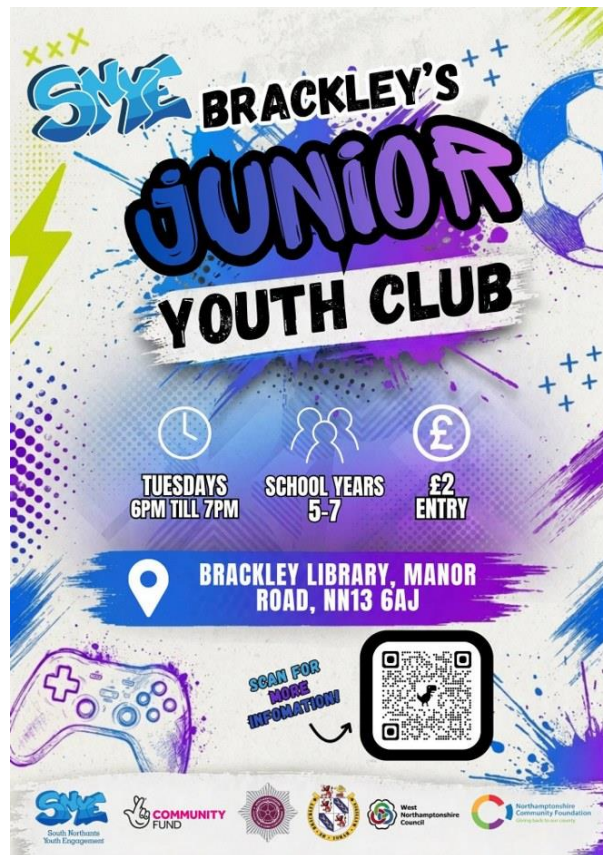
BRACKLEY'S
SENIOR
YOUTH CLUB

 FRIDAYS 7:30PM TILL 9PM	 SCHOOL YEARS 7-10	 £2 ENTRY
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BRACKLEY LEISURE CENTRE, SPRINGFIELD WAY, NN13 6JJ


SCAN FOR MORE INFORMATION!



SNE BRACKLEY'S JUNIOR YOUTH CLUB

TUESDAYS 6PM TILL 7PM

SCHOOL YEARS 5-7

£2 ENTRY

BRACKLEY LIBRARY, MANOR ROAD, NN13 6AJ

SCAN FOR MORE INFORMATION

SNE South Northants Youth Engagement

COMMUNITY FUND

West Northamptonshire Council

Northamptonshire Community Foundation



SNE TOWCESTER'S SENIOR YOUTH CLUB

WEDNESDAYS 7 TILL 8:30PM

SCHOOL YEARS 7-10

£2 ENTRY

THE BARN, BRANSONS LANE, TOWCESTER, NN12 6AX

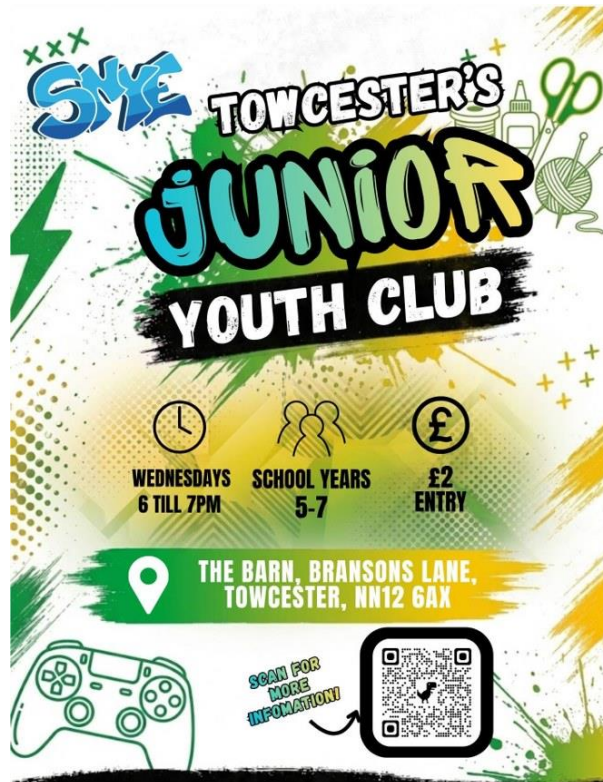
SCAN FOR MORE INFORMATION

SNE South Northants Youth Engagement

COMMUNITY FUND

West Northamptonshire Council

Northamptonshire Community Foundation



SNYE TOWCESTER'S JUNIOR YOUTH CLUB

WEDNESDAYS 6 TILL 7PM

SCHOOL YEARS 5-7

£2 ENTRY

THE BARN, BRANSONS LANE, TOWCESTER, NN12 6AX

SCAN FOR MORE INFORMATION!

Logos: SNYE, COMMUNITY FUND, Police, U4, West Northamptonshire Council, Northamptonshire Community Foundation



SNYE NEXTGEN TOWCESTER

CONNECT - GROW - THRIVE

WEDNESDAYS 8:30PM TILL 9:30PM

SCHOOL YEARS 11-13

£2 ENTRY

THE BARN, BRANSONS LANE, TOWCESTER, NN12 6AX

SCAN FOR MORE INFORMATION!

Logos: SNYE, COMMUNITY FUND, Police, U4, West Northamptonshire Council, Northamptonshire Community Foundation

Renew Wellbeing Cafe - Towcester

For the time being our drop-in service continues as usual, on Mondays to Thursdays, from 10am to 3pm, at our new locations as follows:

Mondays & Wednesdays The Meeting Room at The Sawpits Centre, Towbury Lane, Towcester, NN12 6EX, situated just off Richmond Road.

Tuesdays & Thursdays

The Chantry House, 88 Watling Street East, Towcester NN12 6BT, situated between the Post Office and the Town Hall

We run a wellbeing café and a community garden available for anyone struggling with their emotional or mental health: quiet spaces in Towcester where it's okay to not be okay.

Regular Weekly Activities

Our drop-in service is open Monday – Thursday, 10am-3pm.

No booking necessary, just come as you are!

In addition, we offer the following sessions each week/month:

Tuesdays

- Community Garden, located at the Tove Valley Centre, open from 10.30am – 1pm
- Lunch Club (soup & toasted sandwiches), 12pm.
- Join us on a Tuesday afternoon from 1pm for our weekly craft activity

Wednesdays

- Soup and a stroll: Meet at the café at 12pm. Walk to the Water Meadows and complete one or two circuits, then return to the café for soup and a roll after your stroll.
- Creative Nights take place on the third Wednesday of each month from 7-9pm. Anyone can come along to meet and socialise with others, whilst participating in craft activities. Complete a project you have started at home or try something new.

Thursdays

- Community Garden, located at the Tove Valley Centre, open from 10.30am – 1pm

Fridays

- Grief, Comfort & Coffee, 10 – 11.30am. Free wellbeing support for any type of grief or loss.
- Pre-organised afternoon wellbeing sessions with Sponne School.
- Renew for Youth, 3.15-4.45pm, term time only. Wellbeing café for young people aged 11-17.

Saturdays

- Towcester Repair Café takes place on the fourth Saturday of each month, from 10am – 12 noon. Bring along your broken items to be repaired. No need to book.

Contact us: Email: manager@renew169.org.uk 169 Watling Street, Towcester. Telephone: 07761 041203 (Monday to Friday, between 10am and 3pm) Website: Renew 169 Wellbeing Cafe www.renew169.org.uk



SNVB Grand opening of the Community Cafe!

We're excited to welcome you to our brand new Community Cafe.

Starts **Monday 21 September 10am to 12 Noon**. Open every Monday morning, come rain or shine. Looking to bring our community together one cuppa at a time.

Open to everyone. Pop in for a hot drink and a slice of cake. All thrown in with some friendly faces and a little conversation.

We have a book swap bookcase. Bring your old books in and take away a new one!

Our cafe is run by donations only. Every donation helps keep our cafe welcoming and accessible to all.

Would you like to volunteer in the cafe? We'd love to hear from you? Please let us know.

Would your Local Business like to sponsor a table? Your support helps keep our cafe welcoming and accessible to all and brings our community even closer together.

Email: buildings@snvb.org.uk

Telephone: 01327 358264

We are opening our Community Cafe at Riverside Resource Centre, Islington Road, Towcester, NN12 6AU,

Everyone welcome. Every Monday. Every Time. Come for the cake, stay for the company! Together, we build a stronger community.



Home Education Sessions at Silverstone Museum

Our Home Educator Days offer young people a fun, hands-on opportunity to discover the world of motorsport, engineering and STEM.

Times: Available to book for 45 minutes sessions between 10:15am - 3pm

Dates:

- Wednesday 9th September
- Wednesday 16th December

Exclusive Offer for home educators - x1 adult free per paying child (5-15). Valid on the 9th September and the 16th December 2026 only.

Your selected timeslot is the start time of your STEM workshop - please arrive at least 15 minutes prior to this time as we may not be able to move you into a later timeslot. Adult supervision is mandatory.

STEM workshop content suitable for ages 5+.

Additional adults must purchase a separate ticket.

Please note, these tickets cannot be converted into an annual pass and cannot be refunded or exchanged.

Bookings by commercial groups, 3rd party sellers and their representatives will not be accepted.

[Home Education Sessions](#)



Summer Touch Is Back at Bugbrooke RUFC!

Looking for a new sport? Want to make new friends? Or simply fancy giving rugby a go? Our Girls Pathway Summer Touch continues tonight at The Sett, and we'd love to welcome even more girls to the Badger family! Bugbrooke RUFC – The Sett 6:00pm–7:30pm Open to all girls in School Years 6–11 (from September) Whether you've played rugby before or are completely new to the game, everyone is welcome. No experience needed. Just bring trainers, a water bottle and a smile! Why not come down and see what all the excitement is about? You might just find your new team. Teamwork | Respect | Enjoyment | Discipline | Sportsmanship One Club. One Pathway.



Big News – Our Rangers are Moving

New Day: (Alternate) Thursdays Time: 7pm - 8.30pm Location: Brackley WI and Guide Hall

If you've been thinking about joining, now is the perfect time! It's a perfect place to make friends, have fun, and be encouraged in a welcoming and supportive community.

For more information, send us a message at ggbrackley@btinternet.com ! We look forward to seeing you



World Singing Day – Brackley

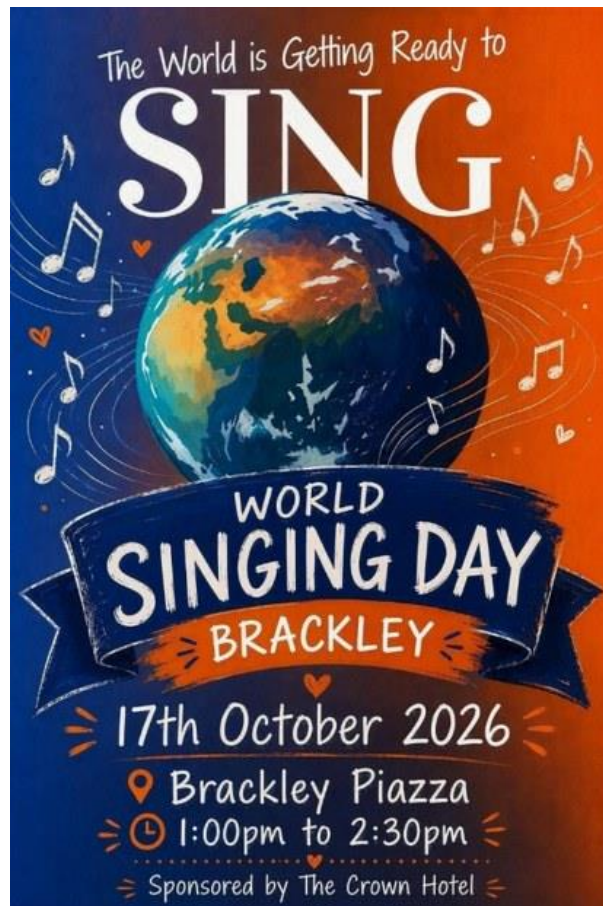
The World is getting ready to sing including Brackley! 17th October 2026 1.00pm – 2.30pm
Brackley Piazza.

Join us as a community to sing for the world and have fun.

Good Weather it will be outside the town hall.

Bad Weather in the Methodist Church High Street.

We will provide the music and word sheets. Rehearsal times will be published for the week before if you would like to attend but not compulsory.



Roade FC U10s - recruiting players

We are recruiting players. A great group of players, a positive team environment and a passion for football. Be part of the team!

Matches Sunday morning in the NDYAL (Northampton and District Youth Alliance League)

Training to be confirmed at Roade FC. All our own facilities. Training pitches, match pitches, clubhouse and changing rooms. A pathway to success.

Clear player pathway from juniors through to adult development and first teams.

Interested? Get in touch. If your child is keen to join our team please contact Natalie at roadefcregistrations@outlook.com [Information on Junior Teams - Roade Football Club](#)

[Roade Football Club Facebook](#)



ROADE FC
U10s
SEASON 26/27

WE ARE RECRUITING PLAYERS

A great group of players,
a positive team environment
and a passion for football.
BE PART OF THE TEAM!

MATCHES
SATURDAY MORNING
IN THE NDYAL
NDYAL
NORTHAMPTON & DISTRICT
YOUTH ALLIANCE LEAGUE

TRAINING
TBC
AT ROADE FC

ALL OUR OWN FACILITIES
✓ Training pitches
✓ Match pitches
✓ Clubhouse & changing rooms

A PATHWAY TO SUCCESS
Clear player pathway from
Juniors through to adult
development and
first teams.

INTERESTED?
GET IN TOUCH!

If your child is keen to join our team
please contact:
Natalie at roadefcregistrations@outlook.com

TEAMWORK • RESPECT • ENJOYMENT • DEVELOPMENT

The Hopeful Hoarder - Hoarding Peer Support Group

Starting **Friday 4th September**

Demystifying and destigmatizing hoarding disorder.

When: 7.30pm to 20.30pm. The first Friday of every month. All are welcome.

Where: Brackley Fire Station, Oxford Road, Brackley, NN13 7DY

For more information, please contact Emma: thehopefulhoarderemma@gmail.com



SEND Family Swimming - Brackley

SEND Family Swimming (Both swimming pools will be open)

Last Sunday of every month 2.30pm to 3.30pm. Brackley leisure centre, Springfield way, Brackley. NN13 6JJ.

Adults: £5.10. Children £4.00 Family Ticket (2 Adults and 2 Children) £12.80

SEND family swimming at [Brackley Leisure Centre](#). No need to book. Call 01280 701787 to check details.



Under 1's Sensory in Brackley

West Northants Family Hubs and Strong Start run a free Under 1's Sensory group in Brackley.

Our very popular Under 1's Sensory offer now includes a session at the Brackley Medical Centre every Tuesday at 10.30am. Families with babies under 1 can join in to explore different sensory themed activities, crafts and messy play.

Join us on Tuesdays at 10.30am – 11.30am. Venue: Brackley Medical Centre (NN13 6QZ)

Places to be booked weekly via Eventbrite: [Under 1's Sensory Registration](#)



Deanshanger U18 Boys We are recruiting

Deanshanger U18 Boys are looking for new players to strengthen our squad for the 2026/27 season

We play in Division 4 of the MKDDL League. All outfield positions welcome!

Why join us?

Friendly and inclusive team with a great atmosphere. Quality coaching and support. Competitive league football. Opportunities to develop your game and progress. Make new friends and be part of a top club. Play, develop, improve, together.

Schedule:

Training: Thursday evenings 8pm to 9pm in Deanshanger. Matches: Sunday afternoons in Division 4 of the MKDDL League.

What we're looking for:

Boys in the Under 18 age group (School years 12 and 13). Commitment to regular training and match schedule. A Positive attitude and team spirit. Players for any outfield positions.

Interested? Get in touch with Ben Aldous 07759 155033 or Ben Adams 07738 102470 to find out more or to arrange a trial session. Be part of Deanshanger FC Together we play, together we grow. Teamwork. Respect. Enjoy the game. Together we win

Deanshanger Girls U10s we're recruiting [Deanshanger Colts Facebook](#)



DEANSHANGER U18 BOYS
WE'RE RECRUITING!

Deanshanger U18 Boys are looking for new players to strengthen our squad for the 2026/27 season!
We play in Division 4 of the MKDDL League.

ALL OUTFIELD POSITIONS WELCOME!

WHY JOIN US?

- ✓ Friendly and inclusive team with a great atmosphere
- ✓ Quality coaching & support
- ✓ Competitive league football
- ✓ Opportunities to develop your game and progress
- ✓ Make new friends and be part of a top club

SCHEDULE

TRAINING
Thursday evenings
8:00 pm - 9:00 pm
in Deanshanger, MK

MATCHES
Sunday afternoons
in Division 4 of the MKDDL League

WHAT WE'RE LOOKING FOR

- ✓ Boys in the Under-18 age group (School Years 12 & 13)
- ✓ Commitment to regular training and match schedule
- ✓ A positive attitude and team spirit
- ✓ Players for *any* outfield positions

PLAY DEVELOP IMPROVE TOGETHER

INTERESTED?
Get in touch with either:
BEN ALDOUS 07759 155033 **OR** BEN ADAMS 07738 102470
to find out more or to arrange a trial session.

BE PART OF DEANSHANGER FC
TOGETHER WE PLAY.
TOGETHER WE GROW.

TEAMWORK • RESPECT • ENJOY THE GAME • TOGETHER WE WIN

Deanshanger Girls U10s are recruiting

Deanshanger Girls U10s are looking for 2 to 3 new players to complement the current squad as we move into the 2026 to 27 season.

The League. We play in the Northants Women's and Girls League.

Training: Tuesday evenings 6pm to 7pm

Join our team: A friendly, supportive team where every player can learn, improve and have fun!

Get in touch: Please contact Libby Pether via email: liibypether@icloud.com

Be part of something special!

[Deanshanger Colts Facebook](#)



Deanshanger U15 Girls - We're recruiting!

Looking for a couple of new players to strengthen our squad for the 2026/27 season.

What we offer: Fun and supportive training sessions every week. Regular competitive games in the Bedfordshire Girls Football League. A fantastic team spirit where every player gets valuable game time.

What we need: Girls in the Under-15 age group (school years 9 or 10 as of September 2026). Experience playing in defence or a defensive mindset is ideal, but a great work ethic and desire to learn are the most important. Commitment to our weekly training and weekend match schedule.

Schedule and location.

Training: Tuesdays at 6pm in Deanshanger, Milton Keynes. Matches: Saturday mornings in the Beds Girls League.

Get in Touch!

If your daughter is interested in joining a welcoming and ambitious team, we would love to hear from you.

Contact Rich on 07913 126739 for more details and introductory session. [Deanshanger Colts Facebook](#)



DEANSHANGER U15 GIRLS

WE'RE RECRUITING!

Looking for a couple of new players to strengthen our squad for the **2026/27** season.

DEANSHANGER COLTS & GIRLS FOOTBALL CLUB
Est. 1989

WHAT WE OFFER

- ✓ Fun and supportive training sessions every week.
- ✓ Regular competitive games in the Bedfordshire Girls Football League.
- ✓ A fantastic team spirit where every player gets valuable game time.

WHAT WE NEED

- ✓ Girls in the Under-15 age group (School Years 9 or 10 as of September 2026).
- ✓ Experience playing in defence or a defensive mindset is ideal, but a great work ethic and desire to learn are most important.
- ✓ Commitment to our weekly training and weekend match schedule.

SCHEDULE & LOCATION

TRAINING
Tuesdays at 6:00 pm
in Deanshanger, Milton Keynes

MATCHES
Saturday mornings
in the Beds Girls League

GET IN TOUCH!

If your daughter is interested in joining a welcoming and ambitious team, we would love to hear from you.

CONTACT RICH ON
07913 126739
for more details or to arrange an introductory session.

TEAMWORK. DEVELOPMENT. FUN.
TOGETHER WE PLAY. TOGETHER WE GROW.

Unwind with Mind - Towcester

You don't have to be creative to get creative.

Unwind With Mind isn't about being good at something. It's simply about taking a little time out, trying something if you fancy it, having a cuppa and enjoying some friendly company.

You can join in as much or as little as you like. No pressure, no expectations.

Thursday 12pm–3pm

Mind in Towcester The Barn, Bransons Lane, Towcester NN12 6AX

Come along and unwind with us.

Community Services Manager - Towcester murtaza.habib@northamptonshiremind.org.uk



Unwind with Mind in Towcester

Take some time for you.
Join us for a relaxed
afternoon of creativity,
conversation and
connection.

Everyone is welcome.

When?

Every Thursday
12:00pm – 3:00pm

Where?

The Barn, Bransons Lane
Towcester, NN12 6AX

To find out more

Contact Monti.
murtaza.habib@northamptonshiremind.org.uk

 **Mind**
Northamptonshire

Daventry, Woodford Halse and Surrounding Villages



Heritage Bus Rides

Take a trip back in time with a ride on a vintage bus, courtesy of our friends Northampton Transport Heritage. Hop on board for a free trip on a beautifully preserved heritage bus, following retro routes around the town and surrounding villages. You can go on as many bus rides as you wish and even get off, have a walk round and catch the next bus back into town. There will also be a static display in Market Square that you can look round and enjoy plus take photos. A souvenir programme will also be available to purchase on the day, with funds going to the upkeep of these historic vehicles. We will do our best to accommodate everyone, but please remember that most of the buses are from times past so we cannot carry wheelchairs, buggies or prams on the buses. Most will have steps at the entrance so please bear this in mind before boarding the buses.

Date: Saturday 12th September 2026

Time: 10am - 3pm

Location: Market Square, Daventry, NN11 4BH

Entry: Rides are free for all the family. Souvenir programmes are available on the day to purchase with funds going to Northampton Transport Heritage to help with upkeep of the amazing vehicles.

Parking: Free car parks are located around the town (check signage for time restrictions)

This free event is funded and organised by Daventry Town Council for the local community to enjoy as part of [Heritage Open Days](#). As part of this annual event [Daventry Museum](#) will also be open for you to look round and see the pop-up themed exhibition.

[Follow our Facebook event page for updates.](#)

Remember you can travel in from Northampton on our free X1 service and you can also travel in from Long Buckby and other village destinations.

SEND SESSIONS: Whilst our heritage buses may not be as accessible as modern vehicles, some are easier to board for those with Special Educational Needs and Disability (SEND) than others, and with that in mind we are thrilled to announce that during Northampton Transport Heritage's visit to Daventry we have dedicated SEND journeys (times tbc for 2026). These routes are shorter, calm in terms of traffic and passenger numbers and onboard there will be an even more relaxed atmosphere than usual. Attendees with SEND are of course welcome on every single bus journey of the day and should you need assistance to board or advice about route suitability, our volunteers and drivers are always on hand to help.

IMPORTANT NOTE: Travel on these SEND services is on a first come first served basis. Please collect a ticket from our information point stall at the top of the High Street near Muriati's and the Burton Memorial to ensure your seat.

*All vehicles and journeys are subject to availability, change, cancellation and crew availability without prior notice.

[Heritage Open Days - Heritage Buses | Daventry Town Council](#)



Daventry Town Crafters - Meet Up Dates and Projects

For the 2026 Christmas tree we're creating crochet and knitted baubles, just let us know if you'd like to get involved!

Why not join us, it's a super friendly group of crafters and everyone is welcome! Bring your own projects or if you would like some yarn and needles or hooks, we're happy to provide them. We can also teach knitting and crochet if you would like to learn.

Daventry Town Crafters meet usually on the first Saturday of the month at 2pm until 4pm at Daventry Museum, 3 New Street (disabled access via Church Walk).

The next dates are;

Saturday 12th September

Saturday 3rd October

Saturday 7th November (Deadline for Christmas baubles, see below!)

Xmas meet up TBC

See our [Facebook events page](#) for updates.

Christmas 2026, if you would like to help by crocheting and knitting baubles for this years tree, please get in touch via projects@daventrytowncouncil.gov.uk or just pop along to the craft meet ups one Saturday.

They're super easy to make and we will provide the pattern and baubles - we also have lots of yarn for you to use too.

[Knitting and Crochet Projects | Daventry Town Council](#)



Signpost Wellbeing - Coffee, Cake and Chat!

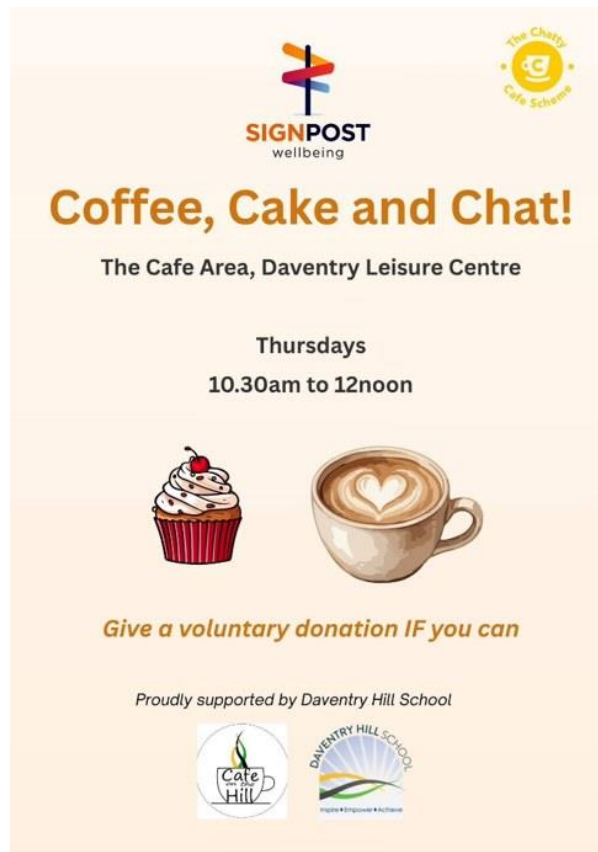
Take a break from your week and join us for a warm drink, a sweet treat and great conversation in a welcoming space. The Cafe Area, Daventry Leisure Centre. Thursdays 10.30am to 12 Noon Give a voluntary donation IF you can. Proudly supported by Daventry Hill School.

[Tea, Treats & Togetherness | Mysite](#)

Tel: 07459 055 150

WhatsApp: 07457 404 191

email: office@signpostwellbeing.com



Youth Hub - Southbrook Community Centre

The team is excited to see everyone again!

Southbrook Community Centre

4:30pm - 6pm

New faces always welcome

Organised by Youth Inspired

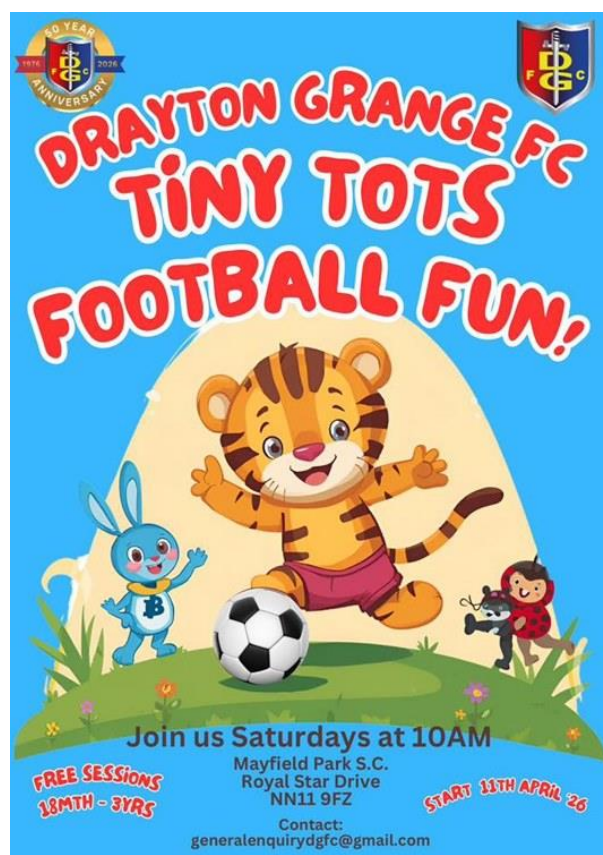
Southbrook Community Centre, Hood Road, Daventry, NN11 4JS



Drayton Grange FC Tiny Tots Football Fun

Drayton Grange FC Tiny Tots Football Fun

Join us Saturdays at 10am, Free sessions 18mths – 3 yrs Mayfield Park SC, Royal Star Drive, NN11 9FZ For more information email generalenquiriesdgfc@gmail.com



SEND Activity Session At The Daventry Family Hub

New SEND sessions at the Daventry Family Hub starting from Thursday 10th September.

We have a new After School session for school age children from 3:30pm-4:30pm on a Thursday. Our Early Years and Home Educated sessions are from 1:30pm-2:30pm

To book visit our Eventbrite page and find out more information about the sessions. We look forward to seeing you. Check out our web page for location details: [SEND Activity Session At The Daventry Family Hub](#)

This is a popular session so please book a space: [Family Hubs in West Northants](#)





Community Law Drop in at Daventry Family Hub

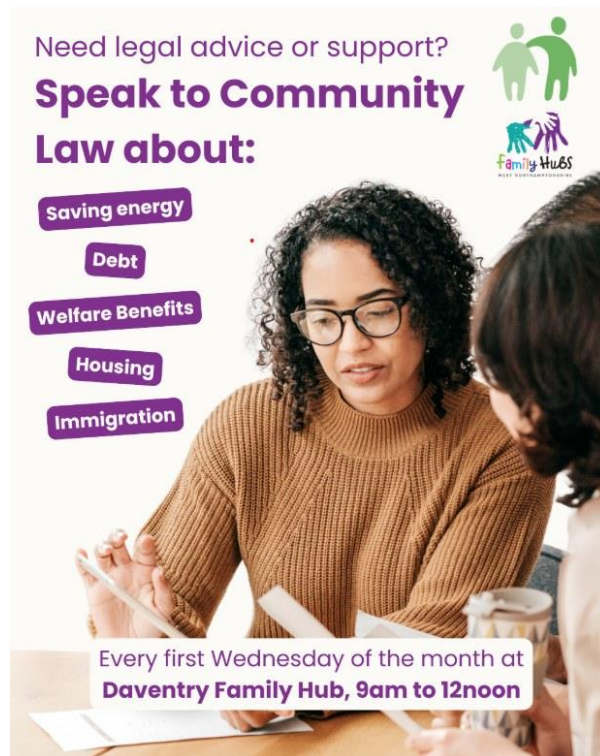
Need advice on legal matters but not sure where to start? Come along to our free Community Law Drop-In at the Daventry Family Hub (NN11 4EY)

The friendly team at the Northampton and County Community Law Service can offer guidance on a range of everyday legal issues, including:

- Housing and tenancy
- Employment and workplace rights
- Family and relationship matters
- Debt and money concerns
- Accessing local services and support
- Immigration

No appointment is needed – just drop in for a confidential chat. We'll listen, point you in the right direction, and help you access further support if needed.

Next session is **Wednesday 2nd September 9am – 12noon.**



Zepic Board Game Night!

Looking for a brilliant night out? Come roll some dice, play fantastic games, and meet awesome people! Whether you are brand new to gaming or play all the time, you are super welcome at our tables!

Monday, 7th September 2026 7pm-10pm

Zepic Games, Sheaf Street, Daventry (opposite woodgreen charity)

Just £3 per player!

Everyone is welcome! Come solo or bring your whole crew!

Grab a seat, pick a game, and let's make it a Zepic evening together!



Zepic Games and Events and SENDS 4 Dad

Saturday Afternoon Social. 12 Noon to 2pm.

2026: 19 Sept, 17 October, 21 November, 19 December.

Zepic Games, 32 and 32a Sheaf Street, Daventry, NN11 4AB.

To book go to [SENDS 4 Dad event tickets from TicketSource.](#)

Coming up with SENDS 4 Dad on 21 February 2026

Join us for our launch event to kick off our new monthly Daventry sessions at [Zepic Games and Events](#) on Saturday 21st February from 12 PM onwards

Try as many board games that you want. Take part in our raffle and have a chat.

Dads, male carers, and families—come for the games, stay for the chat. See you there!

Peer Support: Meet some of the SENDS 4 Dad team to find out how we can support you throughout 2026.

Who is it for? Dads, grandads, and male carers of children or young adults with SEND (no formal diagnosis needed). Children and families are very welcome to join the fun on launch day!

Let's make 2026 the year no SEND dad walks alone. Please share this post to help us reach every dad in Daventry who needs to hear this!



Moulton, Brixworth and Surrounding Villages



Ashby St Ledgers Bale Push

Ashby St Ledgers Bale Push 2026 kicks off on Friday 4th September - and we're pulling out all the stops to make it our biggest, boldest, and best event yet!

Here's EVERYTHING you need to know:

Where? Right in the heart of Ashby St Ledgers village - with FREE on-site parking next to the action. No shuttle buses, no stress, just park up and enjoy!

When? - Friday 4th September 2026 5PM - 11PM

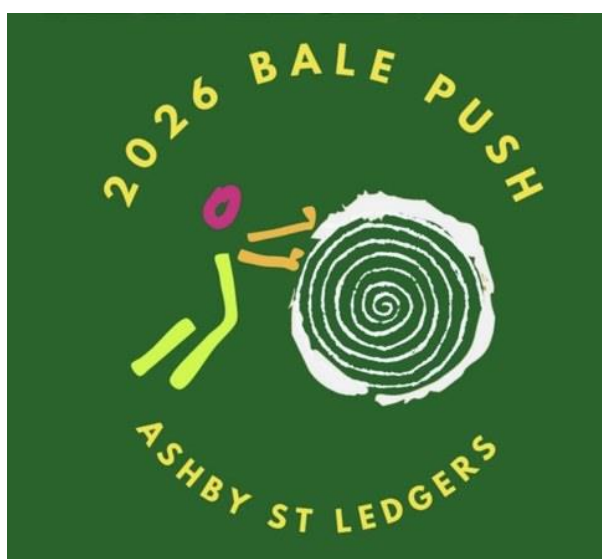
A fantastic evening event to kick off your weekend with friends, family, and plenty of fun.

Entry? FREE entry!

Parking: There's ample parking in the field next to the event site.

Our stewards will guide you in, and disabled parking will be available near the main entry.

[Ashby St Ledgers Bale Push Facebook](#)



Moulton Library Bounce & Rhyme and Rhymetime sessions

Important Update to Our Bounce & Rhyme and Rhymetime Sessions

To ensure we can continue providing the best possible experience for all our families, we have carefully reviewed our timetable and made some changes to our session schedule.

Due to our increasingly busy timetable, we have decided to move our Bounce & Rhyme and Rhymetime sessions to new days. This change will allow us to make better use of our space, to give everyone more room to enjoy the activities, allow more time and help us deliver the highest quality sessions possible.

We appreciate your understanding and continued support, and we look forward to welcoming you to our newly scheduled sessions soon!

Please also note Bounce & Rhymes new name: Baby, Beats and bubbles.

New session details:

Baby, Beats and Bubbles Monday's 1pm

Rhymetime Wednesday's 2pm

Booking required:

[Moulton Library - Health and Wellbeing Hub event tickets from TicketSource.](https://www.ticketsource.com/moulton-library-health-and-wellbeing-hub)

Rhymetime is suitable for under fives and their guardians. Enjoy 30 minutes of singing, dancing and bubbles. Booking required

Moulton Community Centre, Reedings Northampton Northamptonshire NN3 7AX

If you have any questions, please speak to a member of the library team.





Read, Rattle and Rhyme

Join us for our new baby group, a fun and relaxed stay and play session with stories, songs, rhymes and play for babies and their grown-ups

Tuesdays Term Time: 1pm-2pm

Suitable for under 12 months and pre walkers

[Moulton Library - Health and Wellbeing Hub event tickets from TicketSource.](https://www.ticketsource.co.uk/moulton-library-health-and-wellbeing-hub)

Moulton Library, Northampton, NN3 7AX

Tuesday 15th September 2026 - Tuesday 20th October 2026



READ, RATTLE & RHYME

Join us for our new baby group, a fun and relaxed stay and play session with stories, songs, rhymes and play for babies and their grown-ups.

Tuesdays 1 pm-2 pm

Suitable for under 12 months and pre walkers

This is a free session but booking required through the following link:
<https://www.ticketsource.com/moulton-library-health-and-wellbeing-hub>



Northampton



Community Fun Day

Far Cotton and Delapre Community Council Community Fun Day

Sunday 6th September Far Cotton Rec 2pm – 5pm The Community Council's annual Community Fun Day with lots of free fun for local families.

[Far Cotton & Delapre Community Council](#)



Genfest 2026 - The Royal and Derngate

Four days of new work from locally connected artists - and tickets are all £10 or less.

Check out the full line up in our digital programme by clicking the link :

https://issuu.com/royalderngatestaff/docs/genfest_2026



We're Bringing Young Minds To The Community! Free fun-filled afternoon at the Elgar Centre

We're excited to be joining Together We Rise Foundation for a fun-filled afternoon bringing families together through STEAM, creativity, movement and wellbeing!

There's something for children and young people aged 5+:

For ages 5–12:

Get your My Explorer Passport ready! Children can explore four fun, hands-on activities including Slime Science, Mindful Me, My Healthy Body and our Young Minds Challenge — collecting stamps along the way!

For ages 12+:

Our Young Minds Drop-In will be open throughout the afternoon. Come along, choose what you'd like to do and take some time to create, move, relax and reset.

You can try rock painting, wellbeing activities, movement challenges and even create your own smoothie!

Sunday 13 September

2pm–6pm

Elgar Centre, High Street, Upton NN5 4EN

Event registration is FREE and ESSENTIAL!

[STEAM & Wellbeing Fun Day Tickets, Sunday 13 September • 2 PM - 6 PM | Eventbrite](#)

Our Young Minders workshops for ages 5–12 are just £1.50 per workshop, payable on the day.

Come and spend the afternoon with us — explore, create, move and reset!

We'd love to see some of our Young Minders families there!

Hosted by Together We Rise Foundation | Children's activities delivered by Young Minders Northamptonshire.

Positive Parenting Programme at Blackthorn Children's Centre

No parent has all the answers, and that's okay.

Our Positive Parenting Programmes provide practical advice, guidance and support to help you strengthen relationships, understand behaviour, and build confidence as a parent or carer.

Together, we can help create strong, positive connections between parents and children that last a lifetime.

Learn more and sign up today: [Positive Parenting Programmes](#)

Venue: **Blackthorn Children's Centre**

We have two programmes starting soon 0-12 yrs and Teenagers

To book please visit

0-12yrs

Want to feel more confident as a parent?

Our Positive Parenting Programmes for families with children aged 0-12 years can help you:

Better understand behaviour

Encourage positive habits

Build parenting confidence

[Positive Parenting Programme for parents of children 0 to 12 Tickets, Wednesday, September 23-Wednesday, November 18 • 9:45 AM-12:15 PM | Eventbrite](#)

Teenagers

The teenage years can bring big changes for young people and their families.

If you're looking for advice, support and practical strategies, our Positive Parenting Programme can help you navigate the ups and downs of parenting a teenager with confidence. Together, we'll explore ways to:

Improve communication

Manage conflict positively

Understand behaviour

Support your child to stay safe

[Positive Parenting Programme for parents of teenagers Tickets, Thursday 24 September-Thursday 19 November | Eventbrite](#)





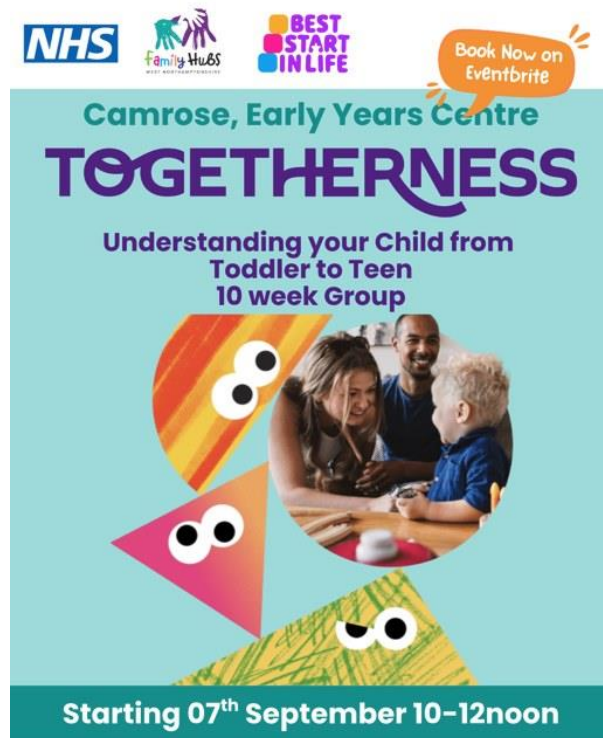
Understanding your child from toddler to teenager at the Camrose Centre, Northampton

Starting Monday 7th September

This group helps you in understanding what your child's behaviours are communicating & how to respond in helpful ways to manage big emotions

For all parents, carers & grandparents of children aged 6months to 19 years, who wish to understand what their child's behaviours are communicating. Over 10 weeks you will explore a wide range of topics including parenting styles and responding to your child's feelings.

To book your place visit: [Togetherness, Solihull Approach-Understanding my Child from Toddler to Teen Tickets, Monday, September 7 • 10 AM - 12 PM | Eventbrite](#)



Sensory Playroom Launch

Sensory Playroom Launch at Blackthorn Community Centre

Come and see 11am Monday 7 September.

Come and See. **Free to book from 9 September.**

Telephone: 01604 413504

Blackthorn Children's Centre, Longmead Court, Northampton, NN3 8QD.



Timetable for activities run by Growing Together Northampton

Monday

Morning: Social Super Market 9am to 12 Noon.

Afternoon: Women's Group Blackthorn

All Day: Sensory Room for Free hire 9.30am to 3pm.

Tuesday

Morning: Craft and Sewing Group 9am to 12 Noon.

Stix Outdoor play Blackthorn 9.30am to 11am for 16 months to 5 years. £3.50 per child and £1.50 additional (Siblings). Gardening 10am to 12 Noon.

Afternoon: Tots Goldings 1pm to 2.30pm.

Wednesday

Morning: On holiday for now! Tots Group Thorplands 9am to 10.30am watch this space for when we're back.

Blackthorn: Try something new (sit down Pilates or check timetable) 10am to 12 Noon.

Afternoon: Blackthorn On holiday for now! Tots Group 1pm to 2.20pm. Watch this space for when we're back. Social Supermarket 2pm to 4pm.

All Day: Sensory Room for Free hire. 9.30am to 3pm.

Thursday: Blackthorn

Morning: Coffee Morning 10am to 12 Noon.

Afternoon: Sings Community Choir 1.30pm to 2.30pm

Friday: Blackthorn

Morning: Social Supermarket 9.30am to 2.30pm.

Afternoon: Coming soon!

All Day: Sensory Room for Free hire. 9.30am to 3pm.

Growing Together Northampton: This calendar is subject to change. To enquire please check for updates, call, email or pop in! Blackthorn, Community Centre, Longmead Court, Northampton, NN3 8QD.

Thorplands: NN3 8AG

Goldings: NN3 8XJ

WHATS ON CALENDAR (subject to change) 2026					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	 Social Super Market 9am-12pm	 Craft and Sewing Group 9am-12pm  Blackthorn 9.30am-11am (9.30am entry - 10.30am start) Gardening 10am-12pm	on holiday for now! Tots Group Thorplands 9am-10.30am watch this space for when we're back! Try Something New (sit down picnic, or check out the kids) 10am-12pm	Coffee Morning 10am-12pm	 Social Supermarket 9.30am-2.30pm
AFTERNOON	Womens Group Blackthorn 12.30pm-2.30pm 	Tots Goldings 1pm-2.30pm	on holiday for now! Tots Group Blackthorn 1pm-2.30pm watch this space for when we're back! Social Supermarket Blackthorn 2pm-4pm 	Blackthorn Sings Community Choir 1.30pm-2.30pm 	coming soon!
ALL DAY	Sensory Room for Free hire 9.30am-3pm 		Sensory Room for Free hire 9.30am-3pm 		Sensory Room for Free hire 9.30am-3pm 
 This calendar is subject to change. To enquire please check for updates, call, email, or pop in! Blackthorn: Community Centre, Longmead Ct, Northampton NN3 8QD Thorplands: NN3 8AG Goldings: NN3 8XJ Goldings: NN3 8AG  COMMUNITY FUND					

Harpole Village Scarecrow Festival 2026

Harpole village scarecrow festival is taking place on:

Saturday 12th 12pm – 6pm and Sunday 13th September 12pm – 5pm 2026

Scarecrow trail around the village – each street has it's own theme.

Live music and family entertainment throughout the weekend.

Bouncy Castles, Food and Drink vans, Face painting and craft stalls.

[Harpole Scarecrow Festival - Harpole Village Northampton](#)



HeadFest 2026

Join us at **HeadFest 2026** on **Thursday 10 September** at the **University of Northampton** as we come together to mark **World Suicide Prevention Day**, raise awareness of mental health and wellbeing, and connect with local support services.

The event aims to:

- tackle stigma around mental health
- encourage conversations
- help people discover services, groups and activities that can support their wellbeing

Visitors can meet local organisations, discover available support and take part in a range of activities focused on mental health and wellbeing. HeadFest forms part of wider work taking place across Northamptonshire to promote positive mental health and support suicide prevention.



The Bardic Picnic 2026

A FREE Festival of Spoken Word, Poetry & Live Music

Sunday 27th September 12 - 5pm Delapre Abbey Walled Garden, Delapré Abbey, London Rd, Northampton NN4 8AW

MCs Kezzabelle Ambler & Willow Johns

The Skraelings

MixxLab DJs

Jacob Brathwaite

The People's Chorus (singalong with Kay Warcaba)

Willow & Alex plus guest Bards!

All in the beautiful setting of the Walled Garden at Delapre Abbey. Bring a picnic or partake of the delicious treats on offer at the Abbey Orangerie Cafe. Theme for 2026 'Tapestry'.

To take part please email current Bard of Northampton Willow Johns

The Bardic Picnic is a collab between The Bardic Chair and Red Rumpus Community and is funded by Northamptonshire Community Foundation

[The Bardic Picnic 2026 'Tapestry' | Facebook](#)



Yoga Fit, Drink & Chat - Delapre Abbey

Come join us for a feel-good morning with the Loz & Found girls!

We'll start with a fun Yoga Fit session — a mix of movement, stretching and good vibes, suitable for all abilities. No yoga experience needed! Bring your own mat!

Then it's time to grab a drink, have a chat and get to know some lovely new faces.

Whether you're already part of Loz & Found or coming along on your own, you'll be welcomed with open arms. This is all about moving, connecting, laughing and making new friendships.

Yoga Fit

Drink & chat

Women-only

All abilities welcome

Bring your mat if you have one

Come for the yoga, stay for the friendships!

To reserve your free space please visit our Eventbrite page [Yoga Fit, Drink & Chat - LADIES ONLY Tickets, Sunday, September 13 • 9 AM - 11 AM | Eventbrite](#)

Delapre Abbey, London Road, Northampton NN4 8AW



Motability Scooter Social group

Have fun and laugh. Meet new people. Grab a drink, safe indoor parking.

Spencer/Dallington Community Centre

Second and fourth Thursday of every month.

11am to 1.30pm Tintern Avenue, NN5 7BZ.



Abington Park Joggers

Beginners Group 12 Week 0 to 5km programme

Starts 9 September 2026 Wednesdays at 6.30pm

Ages 16 years and over are welcome.

Run by friendly coaches, who have progressed through the beginner course themselves.

£20 for the whole 12-week course. Pre-Booking is essential.

Email: apjnorthampton@gmail.com or message us on Facebook at Abington Park Joggers. You'll receive a free T-shirt when you complete the course.



**Beginners
Group**
12 week 0-5km programme

**Starts 9th September 2026
Wednesdays @6.30pm**

Ages 16 years + welcome

**Run by friendly coaches, who have progressed
through the beginner course themselves**

£20 for the whole course
Pre-booking essential
Email: apjnorthampton@gmail.com or message us on
Facebook @ Abington Park Joggers
You'll receive a free T-shirt when you complete the course!

Northampton Basketball Club

Join the Club

Want to play Basketball and join in the action? Looking to sign up your child for a fun active sport? Have a teenager eager to get fit, make friends and improve their game?

Call Martin: 07948 381950

[Northampton Basketball Club Facebook](#)



Run 30 Northampton

10 weeks, starting Sunday 20 September. Go from zero to 30 minutes of running. Every Sunday at 8am. Upton Country Park, Upton Way, Upton, Northampton, NN5 4EQ

Complete beginners welcome

No running experience needed - just turn up and we'll guide you from zero to 30 minutes over 10 weeks. Perfect for you if you're looking to make new female friends, improve your health within a supportive community, build self-confidence and feel empowered.

[Run30 Course](#) | [This Woman Runs](#)



Run30 Northampton

 **10 weeks, starting Sunday 20th Sept**

Go from zero to 30 minutes of running

Every Sunday at 8am

Upton Country Park,
Upton Way, Upton,
Northampton NN5 4EQ

Perfect for you if you're looking to...

-  Make new female friends
-  Build Self-Confidence
-  Improve your health within a supportive community
-  Feel Empowered

 **THIS WOMAN RUNS**

Sign up here:

<https://www.thiswomanruns.com/run30course>

Northampton Museum and Arts Gallery

Mini Museum Explorers Returns This Autumn!

Looking for a fun and creative way to spend Friday mornings with your little one? Join us at Northampton Museum & Art Gallery for Mini Museum Explorers!

Designed for children aged 2½ to 5 years and their parents or carers, these hands-on sessions are packed with stories, music, crafts, art activities, and museum-inspired adventures. Every week brings a brand-new theme to spark curiosity and imagination in a friendly, welcoming environment.

Fridays, 11 September - 23 October 2026

10.15am - 11.45am

Northampton Museum & Art Gallery

£6 per child, per session

Includes refreshments for children and tea/coffee for accompanying adults.

Autumn 2026 Themes:

11 September – Beach Fun: Clean Up Day

18 September – Robots

25 September – Back in Time: The 1980s

2 October – Space: The Final Frontier (National Space Week)

9 October – Autumn Hibernation

16 October – Food Glorious Food! (Harvest)

23 October – Halloween

These popular sessions have limited spaces, so advance booking is essential.

Book online here: [Mini Museum Explorers: September - October 2026 Tickets, Multiple dates | Eventbrite](#)

in person, or by phone on 01604 526322

(Tuesday-Saturday 10am-5pm | Sunday 12pm-5pm)

Come along for a morning of learning, creativity, friendship, and a little museum magic!



Junior Players Wanted! Saints Netball club

At Saints Northants Netball Club we are looking for new players for the 2026/27 season, we're passionate about helping young players develop their skills, confidence and love for the game. We cater to all abilities and welcome people from all backgrounds!

Our junior programme offers:

Expert coaching

Opportunities to compete and progress

A welcoming club community

Fun, engaging training sessions

Get in touch saintsnorthantsnc@gmail.com

Malcolm Arnold Academy, Trinity Avenue, NN2 6JW

U12's Training Friday nights 5-6pm School years 5,6 & 7

U14's Training Friday nights 6-7pm School years 8 & 9

U16's Training Friday nights 7-8.30pm School years 10 & 11

U19's Training Monday nights 7.30 – 9.30pm college, sixth form and school leavers.



GKR Karate - back to school offer

Limited-time offer! Kickstart your karate journey with our back-to-school offer!

Discounted membership, FREE karate uniform (Gi), UNLIMITED classes

Age 5+ welcome Family-friendly

Build confidence, improve fitness, discipline & self-defence skills — while having fun and making new friends!

7-day trial option also available

No experience needed. Everyone welcome!

For more information or to get started please visit our website [GKR karate facebook](#)

[GKR karate website](#) - search for multiple locations across Northampton



AfroFest - Friday 11th September

This autumn, Royal & Derngate is proud to host **AfroFest**, a brand new festival bringing together the very best of African, Caribbean and Black culture and creativity right here in Northampton town centre.

Taking place on Friday 11 September, *AfroFest* will fill the theatre's foyer spaces from 2pm with stalls, exhibitions, talks, networking and cultural food vendors, before the evening opens up with live performances from a variety of artists on the Royal stage from 5.30pm.

In partnership with the Royal & Derngate team, the festival is a celebration of Black excellence and an open invitation to the whole community.

"It's about creating a bridge, an opportunity for African, Caribbean and Black communities to see themselves reflected in the theatre, while inviting people from every background to celebrate and learn together." **Banke Adetumbi**

AfroFest takes place ahead of the world premiere of **Inua Ellams'** epic new play [*Once Upon a Time in Sokoto*](#), which takes to the Royal stage from Monday 28 September.



Northampton Music Festival - Sunday 6th September

Join us on SUNDAY 6 SEPTEMBER for Northampton Music Festival 26! Nine Stages located across the Town Centre all featuring performances from some of our best loved local artists! 12:00 - 21:00 FREE ENTRY & SUITABLE FOR ALL AGES! [#NMF26](#)

[Facebook.com Northampton Music Festival](https://www.facebook.com/NorthamptonMusicFestival)

CELEBRATING 19 YEARS OF NORTHAMPTON MUSIC FESTIVAL

NMF26

NORTHAMPTON MUSIC FESTIVAL

SUNDAY 6 SEPTEMBER | NORTHAMPTON TOWN CENTRE

9 STAGES | FREE ENTRY | 12PM - 9PM

MAIN STAGE | CLASSICAL & WORLD FUSION STAGE

JAZZ STAGE | BEATS, LYRIC & POETRY STAGE

ACOUSTIC STAGE | MUSICAL THEATRE STAGE

ROCK STAGE | HUSHED STAGE

STUDENT SHOWCASE STAGE



HEADLINER
Alfie Castley

SCAN QR CODE
FOR MORE
INFORMATION



THANK YOU TO OUR SPONSORS


NORTHAMPTON
 TOWN COUNCIL


 Northampton
 TOWN CENTRE BID


 UoN
 University of
 Northampton


 WILSON
 MUSIC


 introducing...


MOS
 Music of the South


 ROYAL &
 DERNGATE
 NORTHAMPTON

The Coffee Press is starting a Run Club in St James

Could this be your new Sunday routine?

The plan, relaxed group run every Sunday Morning, finish back at the Coffee Press. All paces welcome, everyone welcome.

Comment on our Facebook page [The Coffee Press Northampton](#) if you'd like to join. Let's build Northampton's friendliest run club! Telephone number: 01604 436109



Stay and Play - Spencer Dallington

Stay and Play working with the [The Lewis Foundation](#) in the Spencer/Dallington community centre. During the school holiday, we will welcome older siblings too.

Every Tuesday including school holidays, just 50p suggested donation per person. Tuff trays, sensory play, baby areas, crafts, parachute time, music, singing and more

Access to the Lewis foundation cafe for their delicious cakes. Spencer Dallington Community Centre, Tintern Ave, Northampton, NN5 7BZ



Wellbeing & Wavelengths - ADULTS ONLY - September 2026

Wellbeing & Wavelengths - ADULTS ONLY - Sunday 20th September 2026 11am to 12 Noon

Frank Bruno Foundation Wallwelled Court Northampton NN3 9TW

Self-care Sunday for adults only **who are raising children with special educational needs and disabilities** (with or without a diagnosis).

Ready to recharge and connect? Join us in person for an unforgettable experience all about wellbeing and good vibes. This event is strictly adults only—a chill space to unwind, learn, and vibe with like-minded folks.

Don't miss out on this unique chance to tune into your mind, body, and soul in a relaxed atmosphere.

Book your free space and we will see you there for crafts, cuppa and a chat!

Please note that if there are no bookings, this event will not run, so please do not just turn up. Booking is essential.

To reserve a free space please visit our Eventbrite page [Wellbeing & Wavelengths - ADULTS ONLY - Sunday 20th September 2026 Tickets, Sunday 20 September • 11 AM - 12 PM | Eventbrite](#) (this gives us an idea of how many people we are catering for)



Nature & Natter - September 2026

Nature & Natter - ALL AGES WELCOME - Thursday 17th September 2026

Harlestone Firs Forest Walk, 44 Harlestone Road, Northampton NN7 4EW

No agenda, just a nature walk and natter for everyone - young, old, four-legged. All welcome but booking essential. Ready to unwind and chat in the great outdoors? Join us in person for Nature & Natter this SEPTEMBER.

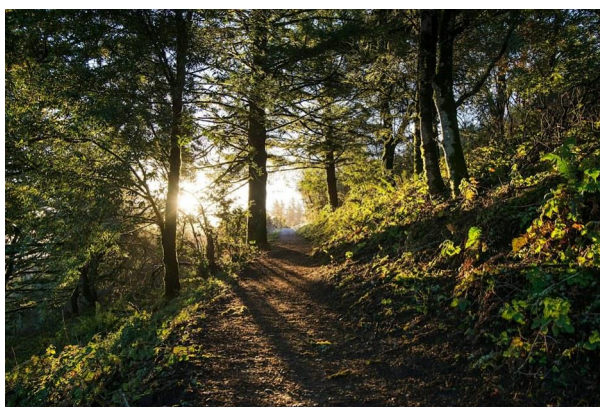
It's the perfect chance to enjoy fresh air, friendly faces, and some relaxed conversations. Whether you're a nature lover or want to talk about helping us shape our future CIC services, we can't wait to see you there.

Come alone, with friends, children, dogs - whatever! All are welcome for this event.

Please book your free space via Eventbrite so we can accommodate with staff accordingly. No bookings mean no staff so please do not just show up without booking a free space.

We will meet you at Harlestone Firs Forest Walk at the WS HG wooden gates which is opposite the Blue Diamond Garden Centre-ish!

To reserve your free space please visit our Eventbrite page [Nature & Natter - ALL AGES WELCOME - Thursday 17th September 2026 Tickets, Thursday 17 September • 11 AM - 12 PM | Eventbrite](#)



Free Amateur Radio Foundation Licence 10 week course

The essential first step to becoming a licensed UK Amateur Radio operator.

Calling all Radio enthusiasts, 11-meter operators, free-banders and CB'ers; build on your existing knowledge and expand your operating range. No prior knowledge needed: Open to all radio communication enthusiasts. Only curiosity required. Comprehensive training: Full 10-week curriculum covering electronics, operating rules, and safety.

Your ticket to the world: Connect globally with greater power, larger antennas, and new modes. Commencing September 2026. Further details and sign up: [Home - Northampton Radio Club](#) Contact email getontheair@northamptonradioclub.co.uk



FREE
AMATEUR RADIO
FOUNDATION LICENCE

**10 WEEK
COURSE**

The essential first step to becoming a licenced UK Amateur Radio operator.

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Your ticket to the world: Connect globally with greater power, larger antennas, and new modes.

Commencing September 2026

FURTHER DETAILS & SIGN-UP: NORTHAMPTONRADIOCLUB.CO.UK
CONTACT EMAIL: getontheair@northamptonradioclub.co.uk

CLUB COMMUNITY

GLOBAL REACH

Save money on school uniform at The Bargain Shop - Duston Community Centre

Shop our range of **good quality pre-loved school uniform** for The Duston School. Clean, affordable and ready to wear.

Good quality, Affordable prices, sustainable choice.

All uniform is prices at **£3 or below**. Why pay full price when you can buy quality uniform for less?

[The Bargain Shop | Duston Parish Council](#) Telephone: 01604 583626 Email: eventsmanager@duston-pc.gov.uk

The Bargain Shop

Save Money on School Uniform

Shop our range of good quality pre-loved school uniform for The Duston School.
Clean, affordable and ready to wear.



✓ Good quality ✓ Affordable prices ✓ Sustainable choice

All uniform is priced at £3 or below

Why pay full price when you can buy quality uniform for less?

www.duston-pc.gov.uk/bargain-shop



Delapre Abbey ArtFest '26 Saturday 5th September 2026

11:00 am-8:00 pm £5 Adults | £2 Children (under-2s free)

Join us for a whole day full of creativity and colour as Art Jam Festival takes over the Walled Garden! Fresh from winning 'Best Event' at the Northamptonshire Heritage Forum Awards, we're back with another day jam-packed with creativity. Grab a canvas, a drink, and let your imagination run wild in the stunning grounds of Delapré Abbey.

- Creative Activities
- Live Art Demos
- Live Music
- Street Food & Bar
- Craft Stalls
- Workshop Taster Sessions
- Featured Local Artist Displays

Book tickets here [Art Jam Fest 26 event tickets from TicketSource](#) (unfortunately no dogs allowed)



I Grew Up 80s - Northampton Museum

Get ready, Northampton... your ultimate trip back in time is almost here!

I Grew Up 80s – the nostalgia-packed exhibition opens its doors THIS SATURDAY... and it's completely FREE!

Step into the world of 1980s Britain through the eyes of a child and relive the sights, sounds, and style of the decade: BMX bikes & Betamax, Dirty Dancing & Donkey Kong, Thompson Twins & Transformers. With 200+ amazing objects on display, you'll rediscover your childhood treasures.

So grab your leg warmers , master your Rubik's Cube, and get ready for a MOST EXCELLENT adventure...

Don't miss it – bring friends, family, and your best 80s vibes! Exhibition runs until 10th October

Kids 80s Activity Trail!

Step back in time and get stuck into our fun 80s-themed trail for children!

Explore the "I Grew Up 80s" exhibition and travel through the years, answering questions as you go! Complete the trail for a chance to win an awesome 80s prize! Just £2 to take part!

Get ready for some totally tubular fun!

[Northampton Museums and Gallery - Northampton Museums and Art Gallery](#)

Northampton Museum and Art Gallery, 4-6 Guildhall Rd, Northampton NN1 1DP

Telephone: [01604 526322](tel:01604 526322)

Email museums@westnorthants.gov.uk



Summer on the Square

Running from **31 July until 31 August**, the month-long attraction will feature sand, deckchairs, buckets and spades, palm trees and beach-themed decorations, creating the perfect place for families to relax, play and enjoy a taste of summer in the town centre. A range of additional activities will also be available for families and children of all ages.

Alongside the beach, visitors can enjoy a selection of fairground rides delivered by award-winning Café Continental.

The Summer on the Square programme includes:

31 July to 31 August – Summer beach, fairground rides and activities

6 September – Northampton Music Festival

11 to 20 September – Heritage Open Days and bus tours

13 September – The Amazing Northampton Run

[Exciting summer line-up announced for Northampton Market Square | West Northamptonshire Council](#)



Free2talk Youth Groups

Bellinge - Community Centre NN3 9AQ

Monday 4.30-6.00pm - Age 8-11 yrs

6.30-8.00pm Age 12+ yrs

Kings Heath – Our Living Room, Park Square

Tuesday 4.30-6.00pm - Age 8-11 yrs

6.30-8.00pm Age 12+ yrs

The Lowdown – 3 Kingswell Street, (Off Gold Street), Northampton, NN1 1PP

Tuesday and Thursday 4pm – 7pm School Years 7-13

Far Cotton – St Mary's church Rooms, NN4 8EZ

2nd and 4th Friday of each month

5-7pm School Years 7-13

Blackthorn – Blackthorn Community Centre NN3 8QD

Wednesdays

4.30-6.00pm - Age 8-11 yrs

6.00-8.00pm Age 12+ yrs Gaming

Thorplands – Community Centre

Thursdays

4.30-5.30pm - Age 8-11 yrs

6.00-7.00pm Age 12+ yrs

Sports for all ages 5.30pm - 6.00pm by the cage, Thorplands Hub, Farm Field Court

Inspiration FM Music and Broadcasting NN1 2LU

Tuesday and Thursday 5pm – 8pm

Inspiration FM open access youth music session.

All groups are free and there is a snack included. For more information visit [Free2Talk](https://www.free2talkcic.org)



The poster is for 'free2talk Youth GROUPS', a Community Interest Company. It features a central logo with 'free2talk' in a stylized font and 'Youth GROUPS' in a script font, surrounded by a colorful circular brushstroke. The top left corner says 'Snack included' and the top right says 'Free Entry'. On the left side, there are social media icons for Instagram, Facebook, Email, and TikTok. On the right side, there are logos for 'the lowdown' (supporting young people) and 'INSPIRATIONFM' (MUSIC, TALK, COMMUNITY, FUN). The poster lists five groups: Bellinge (Monday, 4.30pm-6pm and 6.30pm-8pm), Blackthorn (Wednesday, 4.30pm-6pm and 6.30pm-8pm), Kings Heath (Tuesday, 4.30pm-6pm and 6.30pm-8pm), The Lowdown (Tuesdays & Thursdays, 4pm-7pm), and Thorplands (Thursday, 4.30pm-5.30pm and 6pm-7pm). It also mentions 'Inspiration FM- Music & Broadcasting' with open access youth music sessions on Tuesday and Thursday evenings. The website 'www.free2talkcic.org' is at the bottom, along with the Far Cotton and Delapre Community Council logo.

free2talk
Community Interest Company

Youth GROUPS

Bellinge
Monday
Age 8-11s 4.30pm-6pm
Age 12+ 6.30pm-8pm
Location: Bellinge Community Centre, NN3 9AQ

Blackthorn
Wednesday
Age 8-11 4.30pm-6pm
Age 12+ 6.30pm-8pm
Gaming
Location: Blackthorn Community Centre, NN3 8QD

Kings Heath
Tuesday
Age 8-11s 4.30pm-6pm
Age 12+ 6.30pm-8pm
Location: Our Living Room, Park Square.

Thorplands
Thursday
In the community centre
Age 8-11 4.30-5.30pm
Age 12+ 6pm-7pm
Sports for all ages 5.30pm-6 pm by the cage.
Location: Thorplands Hub, Farm Field Court

The Lowdown
Tuesdays & Thursdays
4pm-7pm
school years 7-13.
Location: 3 Kingwell Street (off Gold St)
Northampton NN1 1PP

Far Cotton
2nd and 4th Friday of each month
Location: St Mary's church rooms, NN4 8EZ

Inspiration FM- Music & Broadcasting
Inspiration FM open access youth music session.
Tuesday 5pm-8pm
Thursday 5pm-8pm
Location: Inspiration FM NN1 2LU

the lowdown
supporting young people

INSPIRATIONFM
MUSIC, TALK, COMMUNITY, FUN

Far Cotton and Delapre Community Council

www.free2talkcic.org

Free2Talk Gaming Group @Blackthorn Community Centre every Wednesday evening

Gaming group Wednesdays 6pm-8pm Blackthorn Community Centre. Age 12+

Gaming laptops, group gaming, Minecraft, Roblox, Fortnite and more



Out There Youth Northampton LGBTQ Group

Out There Youth group has a packed calendar this summer, with drag makeup classes, our own queer prom, and hobbies galore! We're here every Friday evening from 5-7

28 August Ice Cream Sundae

4 September Photography/Video

11 September Karaoke

18 September Knitting/Crochet

25 September Book Club/LGBT Library

[Facebook LGBTQ Out There](#)

[LGBTQ+ Support](#) | [The Lowdown](#) | [Supporting Young People](#) Contact us on how to join:

Mobile direct: [07585 737482](tel:07585737482) Call The Lowdown: [01604 634385](tel:01604634385) Email:

lgbtgsupport@thelowdownnorthampton.co.uk

DATE	ACTIVITIES	DATE	ACTIVITIES
10TH JULY	MOVIE NIGHT 	21ST AUG	D&D AND BOARD GAMES 
17TH JULY	DRAG MAKEUP AND LESSON ON DRAG HISTORY / CULTURE 	28TH AUG	ICE CREAM SUNDAES 
24TH JULY	PROM 8:30 LATE FINISH 	4TH SEP	PHOTOGRAPHY / VIDEO 
31ST JULY	HOBBY SWAPS 	11TH SEP	KARAOKE 
7TH AUG	SMOOTHIES 	18TH SEP	KNITTING / CROCHET 
14TH AUG	D&D AND CRAFTS 	25TH SEP	BOOK CLUB / LGBT LIBRARY 



OUT THERE Plus Group

The Lowdown Out There Plus group for over 18s has a summer full of activities they have planned themselves, including painting, dungeons and dragons, and plenty of creative sessions. Come along whenever you can, we're here every Friday 7pm to 8:30pm

28 August Pizzas

4 September Photography

11 September Karaoke

18 September Crochet

25 September Painting

[LGBTQ+ Support](#) | [The Lowdown](#) | [Supporting Young People](#)

OUT THERE Plus Group for 18–25-year-olds Every Friday 7pm – 8:30pm. Contact us on how to join: Mobile direct: [07585 737482](tel:07585737482) Call The Lowdown: [01604 634385](tel:01604634385) Email: lgbtqsupport@thelowdownnorthampton.co.uk

DATE	ACTIVITIES	DATE	ACTIVITIES
10TH JULY	JIGSAW PUZZLES	21ST AUG	BOARD GAMES 
17TH JULY 	WARHAMMER / MINIATURE PAINTING	28TH AUG 	PIZZAS
24TH JULY	PROM  ARRIVE FROM 5PM	4TH SEP	PHOTOGRAPHY 
31ST JULY 	WATERCOLOUR PAINTING	11TH SEP 	KARAOKE
7TH AUG	ANIMATION 	18TH SEP	CROCHET 
14TH AUG 	D&D	25TH SEP 	PAINTING



Free2talk Youth Group Far Cotton

5pm-7pm on the 2nd and 4th Friday's on the month! School years 7-13 Free entry Snack included.

Indoor sports, DJ workshops, podcasting, arts and crafts.

Far Cotton St Mary's Church, Community Room, NN4 8EZ



Delapre Abbey - new interactive children's tour

Every Wednesday, Thursday, and Sunday | 12:15PM included with house entry Tours are limited to 10 spaces

Step into the past this school holiday!

Delapré Abbey is launching a brand-new interactive children's tour during the school holidays! Young explorers will uncover the Abbey's stories, from medieval nuns to the Battle of Northampton and the influential Tate family, through games, puzzles and codes to crack along the way. Perfect for curious minds and adventurous families, this fun-filled tour brings history to life in a way children won't forget.

Please note: Parents/carers **MUST** accompany their children on the tour. General admission price is £5 adult, children Free. To book a ticket visit [What's On - Delapré Abbey](#)



Duston Community Activities

This September [Duston Community Centre](#) and [St Luke's Centre](#), will host a wide range of free activities, including:

Exercise & Fitness

Kids Activities

Support & Wellbeing

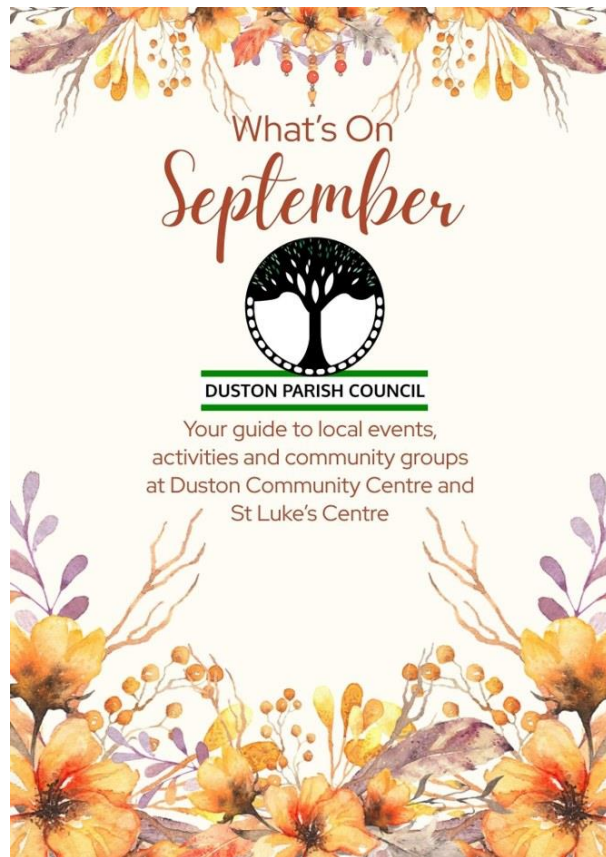
Hobbies

Social Clubs

We'll be updating this page with a timetable of activities as new sessions are confirmed, so please check back regularly. Every time a new activity is added, the calendar image will update, the August "[What's On | Parish Council](#)" will include the new activity and we will post the details on [Facebook](#).

[Duston Together | Duston Parish Council](#)





DUSTON..... GET READY! TOTS Football Fun is on the way!

Saturday's - St Luke's Centre, Main Road, NN5 6JB - 9:15am to 10:00am and 10:00am - 10:45am - 1 - 5 year olds

We're bringing TOTS Football Fun to St Luke's Centre, Duston, and we can't wait to welcome our newest little superstars. Designed especially for children aged 18 months to 5 years, TOTS Football Fun is the perfect first step into football — playful, positive and completely pressure-free. Every session is built around movement, imagination and confidence-building, all wrapped up in lots of smiles and laughter.

There's no pressure to perform and no expectations — just fun activities, friendly coaches and a brilliant environment for little ones to thrive. Best of all, every child can try the sessions for FREE with a three-week trial.

Book your free trial - [St Luke's Centre \(Saturdays\) | Football Fun Factory](#)

For more information, call Dale on - 07973 710141 or email dalebrunton@thefootballfunfactory.co.uk

Venue: St Lukes Centre, Duston



Pokémon Kids Club

Saturdays between 10am to 2pm. Free to attend or one-off fee of £6 to learn to play

To reserve your place please visit [Pokémon Kids Club Tickets, Multiple dates | Eventbrite](#)

Geek Retreat Northampton Hobbycraft, Weedon Road Industrial Estate, Tyne Rd,
Northampton NN5 5AF



Warhammer and Dungeon & Dragons sessions - Geek Retreat@Hobbycraft

Free entry or cost of £6 to learn to play Sundays between 12 Noon and 4pm

[Warhammer Tickets, Multiple dates | Eventbrite](#) to reserve your space

[Dungeons & Dragons Tickets, Multiple dates | Eventbrite](#) to reserve your space

Geek Retreat Northampton Hobbycraft, Weedon Road Industrial Estate, Tyne Rd,
Northampton NN5 5AF





Conversation Cafe

You are welcome here. Conversation Cafe, Near Northampton Town Centre.

English conversation. Free and friendly.

If you want to practice your English in a relaxed, friendly space? Come and join us for a free cup of tea or coffee and a conversation. All levels welcome, no pressure, no tests, just a friendly chat.

Friendly conversation practice. Chat with volunteers and neighbours in a warm, relaxed setting.

English Language Support. Qualified tutors will be joining us soon.

A welcoming community. You are welcomed to Northampton by a growing network of voluntary, community, faith and public sector organisations.

Free refreshments. Biscuits, hot drinks and warm welcome, always.

A collaboration between Northampton Salvation Army, Northampton Town of Sanctuary, Wings of Hope Northampton, Volunteers and friends from across the community.

When: Thursdays 10.30am to 12.30pm. Each week from 14 May 2026.

Where: The Salvation Army, Althorp Street Entrance. 8 Tower Street, Northampton, NN1 2SN.

Contact: Telephone: 01604 624841. Email: northampton@salvationarmy.org.uk

 **YOU ARE WELCOME HERE**
Conversation Café
Near Northampton Town Centre



English conversation · Free & friendly



Do you want to **practice your English** in a relaxed, friendly space?
Come and join us for a free cup of tea or coffee and a conversation.
All levels welcome — no pressure, no tests, just friendly chat.



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Chat with volunteers and neighbours in a warm, relaxed setting



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A COLLABORATION BETWEEN

- Northampton Salvation Army · Northampton Town of Sanctuary
- Wings of Hope Northampton
- Volunteers and friends from across the community

WHEN: **Thursdays — 10:30-12:30**
Each week from 14 May 2026

WHERE: **The Salvation Army, Althorp Street Entrance**
8 Tower Street, Northampton NN1 2SN

CONTACT: **Tel. 01604 624841 / northampton@salvationarmy.org.uk**

Community Help and Information Point @ the Doddridge Centre

The Citizens Advice Team will be here every Monday (except Bank Holidays) between 12pm and 2pm.

You do not need to book - just turn up and speak to an advisor. Find us at 109 St James Road, NN5 5LD. Limited parking is available. Visit [Citizens Advice - access-our-services](#)



What is By My Side?

By My Side is a flexible one to one support designed to help people facing challenges that may be affecting their wellbeing, confidence, independence, or future opportunities.

We work alongside individuals at their own pace, helping them identify goals, overcome barriers, and access the support they need. No judgement, no pressure. Just practical support when you need it.

We will listen to every case that comes our way, no matter how big or small the problem is. We advocate and don't just discharge to another service; we are there for the person until they feel they can thrive on their own.

If you know anyone who needs some support, please email us at info@doddridgecentre.org.uk



Doddridge Centre Borrow Hub

Have you heard about [The Borrow Hub](#)?

For £10 per year (cancel any time), you get access to as many low-cost rentable items as you want! Beat the heat with our air conditioner or tower fan this summer! Check out our website **Doddridge centre borrow-hub**



The McCarthy Dixon Foundation Mobile Community Shop

The McCarthy Dixon Foundation **Mobile Community Shop** helps bring low-cost food and everyday essentials directly into local communities across Northamptonshire. Using our specially adapted van, we visit different locations each week, making it easier for people to pick up fresh produce, cupboard staples, toiletries and household items closer to home.

How it works

As this is still a new service, we wanted to explain how it works. Instead of pricing every item individually, most products are given a points value between 1 and 5. Customers can buy **9 points for £5** or **18 points for £10**, then use those points to choose the items they need. Most everyday essentials are only 1 or 2 points, and we also offer **pre-packed fresh fruit and vegetable bags for £2.50**.

There is no sign-up, membership or eligibility criteria, people can simply visit us at one of our stops and shop straight away. You can learn more about this service on our website: <https://mccarthydixon.org.uk/mobile-community-shop/> The location of the shop can be found on our social media sites: [McCarthy Dixon Foundation Facebook](#) and [Instagram](#)



Weekend Wheels

No need to book! Join us every Saturday from 9:30 AM - 11 AM for fun on skates. All ages and abilities welcome (please note, our skates start at size 5 so little athletes might need to bring their own!).

Learn more about our roller skating opportunities here! [Roller Skating – King's Park Sports](#)

Kings Park Sports, Kings Park Rd, Moulton Park, Northampton NN3 6LL Telephone: 01604 494100 Email: benham@acuk.net



Billing United FC Under 11s and Under 16's - new members wanted

We're Recruiting - Billing United FC Under 11s are looking for current Year 5 and Year 6 players (going into Year 6 & 7) to join our Under 12's team for next season!

Training: Tuesdays Matches: Saturdays Home ground: Pocket park, Billing Join a friendly, competitive, community-focused club with great facilities and a supportive coaching environment. More information and details contact Mark King chairman@billingutdfc.co.uk
For more information visit [Billing United Football Club](#)

Also Under 16's are looking for a couple of players - Training: Wednesdays at Rectory Farm Playing Fields, NN3 5EP UEFA qualified coach. If you are interested contact Sam on 07590522152

BILLING UNITED FC UNDER 11s



WE'RE RECRUITING!

BILLING UNITED FC UNDER 11s ARE LOOKING FOR CURRENT
YEAR 5 & YEAR 6 PLAYERS (GOING INTO YEAR 6 AND YEAR 7)
TO JOIN OUR **UNDER-12s** TEAM FOR NEXT SEASON! 



TRAINING:
TUESDAYS



MATCHES:
SATURDAYS



HOME GROUND:
POCKET PARK,
BILLING

JOIN A FRIENDLY, COMPETITIVE, COMMUNITY-FOCUSED CLUB
WITH GREAT FACILITIES AND A SUPPORTIVE COACHING ENVIRONMENT.



FOR MORE INFORMATION AND DETAILS,
CONTACT MARK KING.



NEW PLAYERS **WANTED** BILLING UNITED U16



TRAINING



Wednesdays 6:30–8:00pm



Rectory Farm Playing Fields,
NN3 5EP



IMPROVING ALL THE TIME



Plate semi-finalists this season,
beating teams from the division
above and two divisions above



UEFA-qualified coach



CONTACT: SAM

07590522152

NN Street Ballerz - Free Basketball sessions

A reminder that NNStreetballerz is up and running on the Racecourse. Don't forget your water bottle in the hot weather!

Come and join the fun at NN Street Ballerz. Fridays 4.30pm to 6.30pm. With professional coaches. For ages 11 to 18 in Northampton. Racecourse Course, Kettering Road, Northampton, NN1 4LGF

You can scan the QR code on the bottom right of the poster to register or click here [nn-streetballerz-registration-form](#)



Stay Play and Chat – Home Start Northampton @Upton Family Hub

Come and join us for a friendly chat in a warm, welcoming environment while your little ones play – completely free!

Upton Family Hub (previously called the Children's Centre), Barrington Street, NN5 4DD
Mondays 13.00-14.30pm.

IIST (Inclusion and Intervention Support Team) joining every 3rd Monday of the month to answer any early concerns around special needs. Contact admin@homestart-northampton.org.uk or 07721065718



Declaration and Information

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.

If you would like to contact the Community Connector team about submitting information to this newsletter or updating us about your organisation's information please send an email to cfss@nctrust.co.uk and mark the email Stay Connected.

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