

RED KITE MENU September 2026 - WEEK 2

7th September – 28th September – 19th October – 9th November – 30th November - 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Pork Sausages with Mashed Potatoes & Baked Beans (gluten free available) Gluten, Wheat, Milk & Soya	Beef Enchiladas with Diced Potatoes & Sweetcorn Cobette (gluten free available) Gluten, Wheat, Milk, Celery, Soya (contains garlic)	Roast Turkey, Sage & Onion Stuffing, Roast Potatoes, Yorkshire Pudding, Carrots, Green Beans & Gravy (gluten free available) Gluten, Wheat, Egg, Milk, Sulphites	Sweet & Sour Chicken with Rice, Sweetcorn & Mini Spring Rolls (Gluten Free Available) Gluten, Wheat, Soya (contains Garlic, Ginger & Pineapple)	Cod Fishcake Oven Chips Peas or Baked Beans (gluten free available) Gluten, Wheat, Fish
VEGETARIAN MEAL	Veggie Sausage with Mashed Potato & Baked Beans Gluten, Wheat, Soya, Egg (contains Pea Fibre)	Vegetarian Parmigiana with Diced Potatoes & Sweetcorn Cobette Gluten, Wheat, Celery, Milk (contains Pea Fibre & Garlic)	Roast Vegetable Toad in the Hole Roast Potatoes, carrots, Green Beans & Gravy (Gluten Free Available) Wheat, Gluten, Egg, Milk, Sulphites	Stir Fry Vegetable Noodles in a Sweet & Sour Sauce with Mini Spring Rolls & Sweetcorn Gluten, Wheat, Egg, Soya (contains Garlic, Ginger & Pineapple)	Cheese & Tomato Pizza Slice Oven Chips Peas or Baked Beans (Gluten Free Option Available) Wheat, Gluten, Milk, Soya, Celery (contains Garlic)
PICNIC LUNCH	Brown Sandwich – Wheat, Gluten Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – No allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Kids Popcorn – No Allergens Vegetable Sticks – No allergens Any Dessert (as below)	Brown Sandwich – Wheat, Gluten Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Cheese Pinwheel – Gluten, Wheat, Egg & Milk Vegetable Sticks – no allergens Any Dessert (as below)	Brown Sandwich – Gluten, Wheat Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Mini Roast Potatoes – Sulphites Vegetable Sticks – no allergens Any Dessert (as below)	Brown Sandwich – Gluten, Wheat Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Ready Salted Crisps - No Allergens Vegetable Sticks – no allergens Any Dessert (as below)	Brown Sandwich – Gluten, Wheat Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Oven Chips – no allergens Vegetable Sticks – no allergens Any Dessert (as Below)
Dessert Choice	Chocolate Orange Sponge & Custard -Wheat, Gluten, Egg, Milk Yoghurt Pot – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Sprinkle Shortbread – Gluten, Wheat Vanilla Ice Cream - Milk	Orange Trifle – Wheat, Gluten, Egg, Milk Butterscotch Mousse – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Chocolate Brownie – Gluten, Wheat, Egg, Soya, Milk Vanilla Ice Cream - Milk	Apple Crumble & Custard – Gluten, Wheat, Oats, Milk, Barley Chocolate Mousse – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Angel Cake – Gluten, Wheat, Egg, Milk, Soya Vanilla Ice Cream - Milk	Strawberry Cheesecake – Milk, Gluten & Wheat Yoghurt Pot – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Jam Tarts – Gluten, Wheat Vanilla Ice Cream - Milk	Syrup Sponge with Custard – Wheat, Gluten, Egg, Milk, Banana Mousse – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Jelly Tot Vanilla Cupcakes – Gluten, Wheat, Egg
JACKET POTATO	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham - no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham - no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten Free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten Free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten free