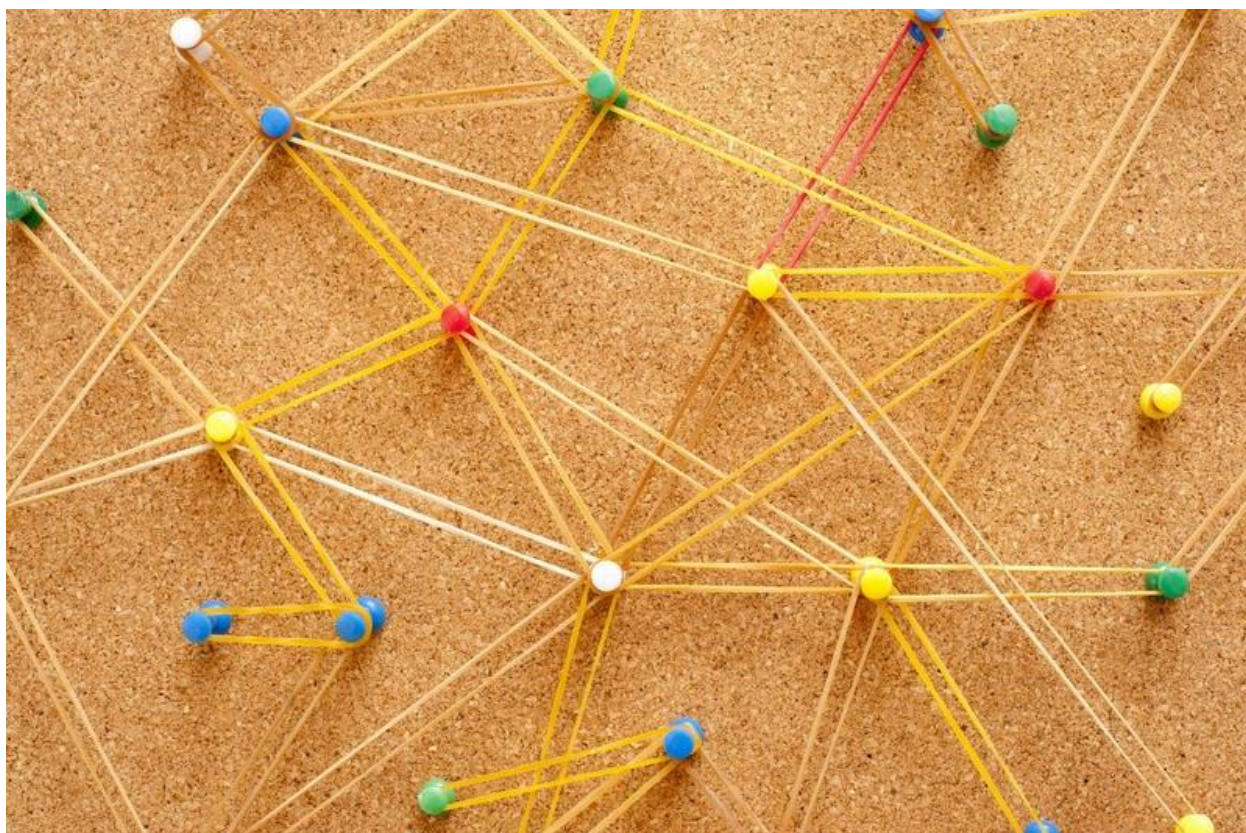




North Northamptonshire Summer 2026 Stay Connected



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

This is a live document and will be updated throughout the summer school break with new events added and events that have happened removed so keep checking back.

To navigate to the location you wish to search for use the small grey box in the righthand corner of the screen.

Countywide



Mental Health in Schools Team Summer Workshops

[MHST Summer Workshops for 9-12y | Eventbrite](#)

Mindfulness and Relaxation for 9 years to 12 years

Wednesday, July 22 • 10:30am - 12 Noon. Rectory Road Clinic Rectory Road Rushden NN10 0AE

[Mindfulness and Relaxation for 9y - 12y Tickets, Wednesday, July 22 • 10:30 AM - 12 PM | Eventbrite](#)

Wednesday 29 July • 10:30am to 12 Noon. Danetre Hospital, London Road, Daventry NN11 4EB

[Managing My Low Mood for 9y-12y Tickets, Wednesday 29 July • 10:30 AM - 12 PM | Eventbrite](#)

Wednesday, August 26 • 10:30am to 12 Noon. Newland House Campbell Square Northampton NN1 3EB

[Mindfulness and Relaxation for 9y - 12y Tickets, Wednesday, August 26 • 10:30 AM - 12 PM | Eventbrite](#)

Improving My Sleep Workshop for 9 years to 12 years.

Thursday, July 30 • 10am to 11:30am Danetre Hospital London Road Daventry NN11 4EB

[Improving My Sleep Workshop for 9y - 12y Tickets, Thursday, July 30 • 10 AM - 11:30 AM | Eventbrite](#)

Monday, August 24 • 10am to 11:30am. Sudborough House Children's Services 77 London Road Kettering NN15 7PW

[Improving My Sleep Workshop for 9y-12y Tickets, Monday, August 24 • 10 AM - 11:30 AM | Eventbrite](#)

Managing My Anxieties and Worries for 9 years to 12 years.

Monday 3 August • 10am to 11:30am Kingsthorpe Childrens Centre (Family Hub), Saint Davids Road, Northampton NN2 7QJ [Managing My Anxieties and Worries for 9y-12y Tickets, Monday 3 August • 10 AM - 11:30 AM | Eventbrite](#)

Thursday 13 August • 10am-to 11:30am. Rectory Road Clinic, Rectory Road Rushden NN10 0AE [Managing My Anxieties and Worries for 9y-12y Tickets, Thursday 13 August • 10 AM - 11:30 AM | Eventbrite](#)

Managing My Emotions for 9 years to 12 years.

Thursday 6 August • 12:45pm - 2:15pm Isebrook Hospital Irthlingborough Road Wellingborough NN8 1LP [Managing My Emotions for 9y-12y Tickets, Thursday 6 August • 12:45 PM - 2:15 PM | Eventbrite](#)

Monday 24 August • 10:30am to 12 Noon. Kingsthorpe Childrens Centre (Family Hub), Saint Davids Road, Northampton NN2 7QJ

[Managing My Emotions for 9y-12y Tickets, Monday 24 August • 10:30 AM - 12 PM | Eventbrite](#)

Managing My Low Mood for 9 years to 12 year Thursday 20 August • 1pm to 2:30pm. Isebrook Hospital, Irthlingborough Road, Wellingborough NN8 1LP [Managing My Low Mood for 9y-12y Tickets, Thursday 20 August • 1 PM - 2:30 PM | Eventbrite](#)

[MHST Summer Workshops for 13y-17y | Eventbrite](#)

Managing My Emotions for 13-year to 17 year

Monday 27 July • 10:30am to 12pm. Kingsthorpe Children's Centre (Family Hub), Saint David's Road, Northampton NN2 7QJ [Managing My Emotions for 13y-17y Tickets, Monday 27 July • 10:30 AM - 12 PM | Eventbrite](#)

Friday 14 August • 1pm to 2:30pm Sudborough House Children's Services 77 London Road Kettering NN15 7PW [Managing My Emotions for 13y-17y Tickets, Friday 14 August • 1 PM - 2:30 PM | Eventbrite](#)

Managing my Low Mood for 13-year to 17 year old

Monday 27 July • 1pm to 2:30pm. Rectory Road Clinic Rectory Road Rushden NN10 0A [Managing my Low Mood for 13y-17y Tickets, Monday 27 July • 1 PM - 2:30 PM | Eventbrite](#)

Friday 7 August • 11am- 12:30pm. Danetre Hospital London Road Daventry NN11 4EB [Managing my Low Mood for 13y-17y Tickets, Friday 7 August • 11 AM - 12:30 PM | Eventbrite](#)

Mindfulness and Relaxation for 13 years to 17 year

Thursday, August 13 • 11am to 12:30pm. Danetre Hospital London Road Daventry NN11 4EB [Mindfulness and Relaxation for 13y - 17y Tickets, Thursday, August 13 • 11 AM - 12:30 PM | Eventbrite](#)

Thursday, August 27 • 10:30am to 12 Noon. Rectory Road Clinic, Rectory Road, Rushden NN10 0AE [Mindfulness and Relaxation for 13y - 17y Tickets, Thursday, August 27 • 10:30 AM - 12 PM | Eventbrite](#)

Managing My Anxieties and Worries for 13 years to 17 years.

Monday 17 August • 11am to 12:30pm Danetre Hospital London Road Daventry NN11 4EB [Managing My Anxieties and Worries for 13y-17y Tickets, Monday 17 August • 11 AM - 12:30 PM | Eventbrite](#)

Wednesday 19 August • 10:30am to 12 Noon. Sudborough House Children's Services 77 London Road Kettering NN15 7PW

[Managing My Anxieties and Worries for 13y-17y Tickets, Wednesday 19 August • 10:30 AM - 12 PM | Eventbrite](#)

Improving My Sleep Workshop for 13 years to 17 years.

Wednesday, August 19 • 10:30am to 12pm Brackley Medical Centre community hospital, Wellington Road, Brackley NN13 6QZ

[Improving My Sleep Workshop for 13y - 17y Tickets, Wednesday, August 19 • 10:30 AM - 12 PM | Eventbrite](#)

Tuesday, August 25 • 10:30am to 12 Noon. Isebrook Hospital Irthlingborough Road
Wellingborough NN8 1LP [Improving My Sleep Workshop for 13y - 17y Tickets, Tuesday, August 25 • 10:30 AM - 12 PM | Eventbrite](#)



MHST Parent/Carer Workshops over the Summer

Managing emotions and escalations

3.30pm to 5pm on 23 July via Microsoft Teams and 3.30pm to 5pm on 28 July at Sudborough House, Kettering

Mindfulness and Relaxation

9.30am to 11am on 31 July via Microsoft Teams and 9.30am to 11am on 21 August at Sudborough House, Kettering

Supporting my Child's Worries

3.30pm to 5pm on 4 August at Kingsthorpe Family Hub and 5pm to 6:15pm on 10 August via Microsoft Teams

Supporting my child's resilience

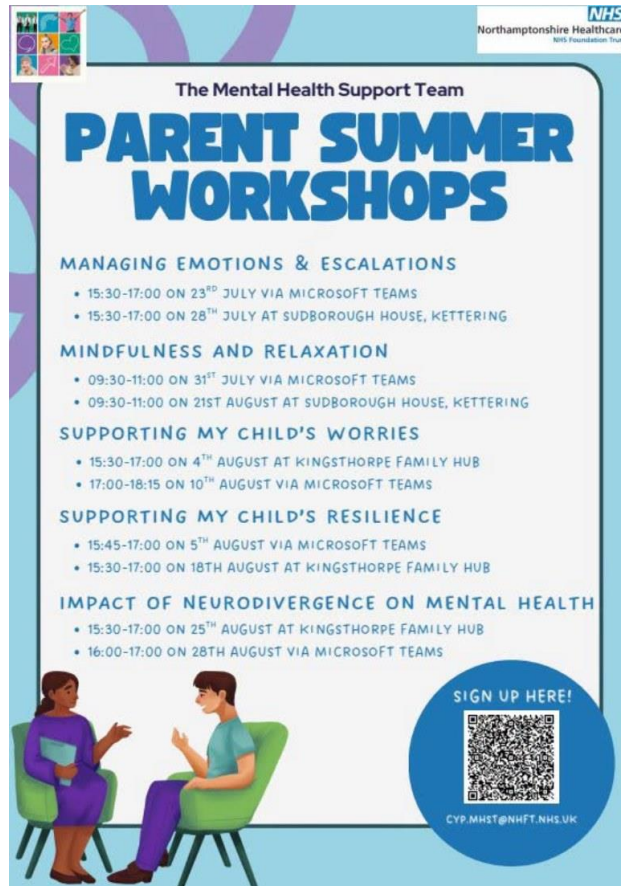
3:45pm to 5pm on 5 August via Microsoft Teams and 3.30pm to 5pm on 18 August at Kingsthorpe Family Hub

Impact of Neurodivergence on Mental Health

3.30pm to 5pm on 25 August at Kingsthorpe Family Hub and 4pm to 5pm on 28 August via Microsoft Teams

Sign up by scanning the QR code in the bottom of the image above.

You can also find these on our Eventbrite page [MHST Summer Workshops for Parents and Carers | Eventbrite](#)



Northants SEND Mummas Summer Holiday Events

Bookings are now open!

Enjoy a range of fun, inclusive activities at subsidised prices during the summer holidays.

Saturday 25th July Wellness Circle with Nadia – 11.30am – 1.00pm Mes Amie's Dance Studio

Wednesday 5th August Outdoor Cooking with Flourish Kids 1.00pm Bugbrooke

Wednesday 19th August Chocolate Making with Sabrina 2.00pm – 4.00pm Camp Hill Community Centre

Sunday 23rd August Pony & Animal Farm Visit 1.30pm Boughton

Monday 24th August Dance Exercise Class with Sweat & Glo 7.15pm Chester House

For prices and booking visit [Northants SEND mummas event tickets from TicketSource.](#)



Northants Family Nature Club

By [Northants Family Nature Club](#) at [Wicksteed Park Ltd Kettering, England](#)

Monday, July 20 • 4pm to 6:30pm Picnic dinner, play and tree climbing

We are a group of families who meet regularly to spend time in nature, giving our children the chance to play and explore together and adults the chance to meet likeminded parents. Open to families with children of all ages. For our next meetup we are going to Wicksteed Park to have a picnic dinner and a play and maybe some tree climbing! Monday 20th July, 4pm, meet by the carousel. If you'd like to join us, please book a ticket for your family so we know how many to expect.

To book a free ticket for your family please visit our Eventbrite Page [Northants Family Nature Club Tickets, Monday, July 20 • 4 PM - 6:30 PM | Eventbrite](#)



Your Voice Matters! Summer of '79

Help shape our story: Share your voice to capture local Black history and Caribbean youth culture in Northamptonshire. Take the Survey today

Survey: [Summer of '76: Black Youth, Northamptonshire, and the Caribbean Survey](#)

Scan the QR code on the picture above to get involved or visit [Northamptonshire Rights and Equality Council | Campaigning for Social Justice](#)



Handling Anger In the Family Summer Programme

Summer Course – Now Booking! **Every Tuesday July 28th-August 18th 7.30pm-9.30pm**

We're pleased to share that our popular Handling Anger in the Family course will be running again this July/August! This supportive 4-session course is designed to help you and your child understand anger and develop healthy, positive ways to manage it together. You'll explore:

- Understanding anger and its triggers
- Positive communication strategies
- Practical techniques for managing strong emotions

- Building stronger family relationships

Places are limited and this course always fills up quickly, so book early to avoid disappointment.

For more information and to reserve your place, visit our website: [Events — Hope For Families](#)

TIME OUT FOR PARENTS



HANDLING ANGER IN THE FAMILY

Sessions for anyone parenting children aged 5 to 16

Date:
Every Tuesday 7.30pm-9.30pm
July 28th-August 18th
This course will be run online via
Zoom

Book your place here:
hopeforfamilies.org.uk/events



For information contact
Hope for Families
07784 333825
or email hello@hopeforfamilies.org.uk
Booking closes 20th July

Common-sense, jargon-free information
and ideas to help you to engage with your
children and boost your relationship



TIME OUT FOR PARENTS

HANDLING ANGER IN THE FAMILY

Time Out for Parents courses from Care for the Family provide common-sense, jargon-free information and ideas to help you to engage with your children and boost your relationship.

If you have children aged 5 to 16, then *Time Out for Parents – Handling Anger in the Family* is for you. Over 4 sessions, you'll increase your skills and confidence as a parent and discover practical tools to help you and your children deal with the ordinary, everyday anger that all families experience.

The sessions

- Session 1** Managing our anger – part 1
- Session 2** Managing our anger – part 2
- Session 3** Helping children manage anger – part 1
- Session 4** Helping children manage anger – part 2



Care for the Family, Tovey House, Cleppa Park, Newport, NP10 8BA.
Tel: 029 2081 0800. cff.org.uk
A registered charity (England and Wales: 1066905; Scotland: SC038497).




Enfold Summer Activities -Supporting our Autistic Community

Some of our activities coming up over the summer, more to be added. Please ensure you are signed up to our newsletter/mailling list to receive the booking link straight to your inbox. You can sign up by visiting [Enfold - Your local autism information hub](#)

28 July. Sporting Bears car experience.

8 August Space Centre.

10 August Boat Trip.

24 August Black Country Museum.

25 August Dudley Zoo.

31 August Paddleboarding and water sports. Rutland Water

Contact: info@enfold.org.uk



Northants Board Game Convention returns 2026!

Taking place over two days **Friday 31 July and Saturday 1 August at Kettering Arts Centre**. There will be two five-hour sessions each day for only £7 per person per session, carers and under 5s are free. There will be hundreds of games to play on the day from Boards of Kettering CIC board game library, but anyone coming along can bring their own to play too. A great opportunity for budding game creators who want to play to test their game designs.

There will be game demonstrations to help you learn how to play them, vendors selling board-game-related wares, a Bring and Buy section for pre-used games, competitions, tournaments and a raffle.

For those with Sensory Differences, there will also be quiet and less crowded rooms for those who need a peaceful place to play.

Kettering Arts Centre has its own licensed bar and there will be delicious food on sale too. Please buy tickets in advance, as only a very limited number will be available on the door. Anyone under the age of 18 must be accompanied by an adult.

To purchase tickets please scan the QR code or visit Boards of Kettering From just £7 a ticket, click this link - [Northants Board Game Convention 2026](#)

[NORBCON 2026 - Northants Board Game Convention | Facebook](#)



Ups and Downs Supporting individuals with Down syndrome to reach their full potential in life

Ups n Downs. Celebrating, Educating and Supporting. We provide:

A wide range of services and activities such as communications, therapy, sing and sign and swimming lessons.

Training for teachers and support staff in Northamptonshire to ensure schools are fully inclusive.

We are more than a group just for children, it's a network which provides support and friendship for mums, dads, siblings and extended families. For more information about our services please visit: [Ups N Downs - Home](#)



Chester House Roman Fest Free Tickets Book Now

We are thrilled to announce that tickets to this year's Roman Fest are live! **The Romans will return to The Chester House Estate on the 25th & 26th of July this year for an action packed day full of activities for the whole family to enjoy:**

- Roman army displays.
- Roman crafts activities and demonstrations.
- Stalls with family friendly activities run by museums, local societies and professional archaeologists from Northamptonshire and beyond.
- The Northamptonshire Archaeological Resource Centre Open Day.
- Tours of our excavation.
- A pop-up Laboratory run by University of Leicester School of Archaeology and Ancient History.
- Art exhibition inspired by the Roman World by students at Northampton College.

Admission to the event is FREE for the whole family to enjoy, but please ensure that you prebook your free tickets so that we can manage numbers for this very popular, previously sold out event If you are able to, you can also make a £5 donation when getting your tickets. Your support helps bring local history to life - this donation will help us to continue delivering free heritage events like this in the future **To book please visit [Roman Fest 2026](#)**



North Northants



Family Hubs North Northants - Information and Free Summer Activities at all our sites

Where are our Best Start Family Hubs Located?

Wellingborough Family Hub Network. Penrith Drive, Wellingborough, Northants, NN8 3XL

Kettering Family Hub Network, Montagu Street, Kettering, Northants, NN16 8RX

East Northants Family Hub Network, Oundle Library, Glapthorn Road, Oundle, Northants, PE8 4JA and Newton Road, Rushden, Northants, NN10 0JB.

Corby Family Hub Network. Exeter Primary School, Brayford Avenue, Corby, NN18 8DL

Getting support from us is easy. You are welcome to walk into one of our hubs (9am to 5pm. Monday to Friday), you could be referred to us. You can also give us a call on 01536 805244 and mail on familyhubs@northnorthants.gov.uk

Summer Activities

Please use the links below that will take you to the Family Hubs Full Summer Timetables. So much happening all for free in North Northants for Children, Young People and Families.

Rushden - [East Northants Timetable - Summer](#)

Oundle - [East Northants Timetable - Summer](#)

Kettering - [Kettering Timetable Summer Programme 2026](#)

Corby - [Corby Timetable Summer Programme 2026](#)

Wellingborough - [Wellingborough Timetable - Template](#)



Summer is here!

Our Summer Activity Programmes are now available on our Digital Front Door! (20 July - 28 August)

Take a look!
familyhubs.northnorthants.gov.uk/events



Wellingborough Kettering Rushden Oundle Corby



HEALTHY BABIES



Where are our Best Start Family Hubs located?

- Wellingborough Family Hub Network**
Pennyth Drive, Wellingborough, Northants NN8 3XL
- Kettering Family Hub Network**
Montagu Street, Kettering, Northants NN16 8BX
- East Northants Family Hub Network**
Oundle Library, Glapthorn Road, Oundle, Northants PE8 4JA
& Newton Road, Rushden, Northants, NN10 0JB
- Corby Family Hub Network**
Coming Soon

For more information:
You can find all the information and support you need, as well as information on upcoming local events, through our digital front door. Scan the QR code, or visit the web address below.



familyhubs.northnorthants.gov.uk

Best Start Family Hubs in North Northants

North Northamptonshire Council

Your local one-stop shop for support, information, and advice for you & your family.

Who are Best Start Family Hubs for?

If you live in North Northamptonshire and are expecting a baby or are parents/carers of children/young people aged 0-19, or up to 25 years if they have special educational needs and disabilities (SEND), then you can access services available in the Hubs. There are a range of services, some will be available to those who have the greatest needs but there are also services available to all for example baby health clinic, adult learning, stay and play youth activities.



What are Best Start Family Hubs?

Best Start Family Hubs are friendly and safe spaces for babies, children, young people and their parents/carers to go when they need help and support. The people who work in the Hubs are friendly and will work with you to help you find and access help from different services in the local area.

They are a single point of contact for families with children 0-19 or up to 25 years old if they have special educational needs and disabilities (SEND), and the staff will be able to give you information, advice & support.

As well as babies and children, we support young people aged 11-19 years (25 with SEND) through our wide range of Youth Service professionals. These can provide access to advice, guidance and signposting on a wide range of topics such as wellbeing services, careers, leisure activities and local youth groups too.



What can we support you with?

Best Start Family Hubs offer a wide range of help and support, including:

- Physical health
- Wellbeing & mental health
- Children's behaviour
- Financial advice or support
- Helping prepare your child for school
- Infant feeding

Getting support from us is easy

You are welcome to walk into one of our hubs (9.00am - 5.00pm, Mon - Fri, you could be referred to us. You can also call or drop us an email).

01536 805244 familyhubs@northnorthants.gov.uk

Wherever you live in North Northamptonshire, you will be able to get help from our network of Best Start Family Hubs, or online from our digital front door.

We look forward to welcoming you.



Our early childhood services - from pregnancy until a child's second birthday - are known as our **Best Start in Life | Healthy Babies** services. You can find out more about our offer here.

familyhubs.northnorthants.gov.uk/best-start

Sport camps for Children and Young People

North Northants Leisure are working closely with local sports organisations to provide unique and exciting sporting opportunities for children and young people aged 8 to 14 in North Northamptonshire. Sessions are delivered by qualified coaches and youth athletes who are participating at a top level! This is a great opportunity for children and young people to be exposed to new opportunities and have fun.

Limited number of paid spaces at £5 a session. HAF space also available

Bring plenty of water and wear suitable clothing for engaging in physical activity. Sports camps will take place on grass, athletics track or AstroTurf, so please wear footwear appropriate for these ground types.

Monday 3 to Friday 7 August - 9:30am to 11:30am Wellingborough Old Grammarians Memorial Sports Field, Wellingborough, NN8 6BS Paid - [Wellingborough Sports Camp](#)

Tuesday 11 Thursday, 13 and Friday, 14 August - 9:30am to 11:30am Rockingham Triangle Athletics Stadium, Corby, NN17 2FB Paid - [Playwaze.com](#)

Tuesday 25 August - 9:30am to 11:30am Kings Cliffe Active, Kings Cliffe, PE8 6YH Paid - [Kings Cliffe Sports Camp](#)



Xplorer

A family friendly navigation challenge that is educational and fun and gives children a sense of adventure as they explore the park to find markers.

Free to join, no need to book. Children must be always supervised by a parent or guardian. Activities are designed for the whole family to take part together.

Monday 20 July 10am to 12noon Rushden, Hall Park, NN10 9ES

Monday 20 July 2pm to 4pm, Thrapston, Peace Park, NN14 4JU

Monday 27 July 1pm to 3pm, Wellingborough, Swanspool Gardens, NN8 2BZ

Tuesday 28 July 10am to 12noon, Twywell Hills and Dales, NN14 4DZ

Tuesday 28 July 1pm to 3pm, Kettering, The Green Patch, NN16 0LU

Wednesday 29 July 1pm to 3pm, Corby, Kingswood Neighbourhood Centre, NN18 9HU



Northants Thrive - Get Help Before things reach crisis.

Free, practical advice in your local community for adults experiencing housing worries, debt, benefit issues or wider financial hardship.

Where? Free, local advice across Northamptonshire.

We can help with Housing Worries or risk of homelessness. Rent arrears and tenancy problems. Debt, budgeting and money worries. Benefit checks, claims and appeals. Preparing to move into work. Understanding your options and next steps.

Can't get to us? Tell us if mobility, health, caring responsibilities or another barrier makes it hard to attend. A home visit may be available where appropriate.

Who can be referred? Adults aged 18+ who live in or regularly access support in the project target areas.

People may be experiencing housing worries, debt, benefit issues, budgeting difficulties or wider financial hardship.



NORTHANTS THRIVE

GET HELP BEFORE THINGS REACH CRISIS POINT

Free, practical advice in your local community for adults experiencing housing worries, debt, benefit issues or wider financial hardship.

WHERE?

Free, local advice across Northamptonshire.

WE CAN HELP WITH

- Housing worries or risk of homelessness
- Rent arrears or tenancy problems
- Debt, budgeting and money worries
- Benefit checks, claims and appeals
- Preparing to move into work
- Understanding your options and next steps

CAN'T GET TO US?

Tell us if mobility, health, caring responsibilities or another barrier makes it hard to attend. A home visit may be available where appropriate.

WHO CAN BE REFERRED?

Adults aged 18+ who live in, are connected to, or regularly access support in the project target areas.

People may be experiencing housing worries, debt, benefit issues, budgeting difficulties or wider financial hardship.

TO ACCESS SUPPORT

01536 416560
help@a-c.org.uk

Northants Thrive is delivered by Accommodation Concern
Free advice and support around housing, debt, benefits and financial hardship.
Funded by The National Lottery Community Fund.

COMMUNITY FUND

The blue light supper - Police and Fire Stop Career Shop

Joint Police and Fire Recruitment Event By [Northamptonshire Police](#) at [Saint Andrew's Parish Church Kettering](#), Kettering, England

Wednesday 22 July • 5pm to 6:30pm

Join us for a light bite and a cuppa to find out about the range of careers in policing and in the fire service The Positive Action Team provides a 'one stop career shop'. Consisting of Looking for your first career? Looking for a change of direction? Want to maximise the skills and qualities you have? A career in policing or the fire and rescue service could be for you. At this event we will talk more about the incredible roles on offer undertaking the role of

- The police officer
- The detective constable
- The firefighter
- The many supporting functions across the services.

Police Officer Roles: We will have members of our team who are passionate about policing to explain more about the varied police officer activities, challenges of the role, and the various

routes of entry into policing. We will ensure you have all the relevant information to help you make an informed decision about policing.

Firefighter roles: Firefighters do more than putting out fires. Come along and find out about this role and significance it plays in our communities. Local firefighters will be available to talk about both the on call and whole-time firefighter roles with the Northamptonshire Fire and Rescue Service (NFRS).

Supporting Roles: The unseen heroes of policing and NFRS are the support staff roles that ensure the services can deliver their functions. The roles are varied and comprise those functions you see in any large organisation (such as HR; data analysis, finance and computing) and functions unique to the two services (such as fire safety; case building; victim support). Some of our support staff will be available to help you explore the diversity of roles and help you navigate the way through finding the right role for you.

Our recruitment team will also be on hand to answer any questions on entry requirements and the recruitment and selection process. If you are interested in the NFRS or Northamptonshire Police, the Blue Light Supper is the only event for you - and we hope to see you there. Parking: There is free parking at the church rooms which is accessed from Lyndsay Street, Kettering. **To reserve your free space please visit [The blue light supper - Police and Fire Stop Career Shop Tickets, Wednesday 22 July • 5 PM - 6:30 PM | Eventbrite](#)**



Care and Repair have funding to help keep your home warm

Do you live in North Northamptonshire?

We have been awarded funding to help you keep warm at home and save energy by carrying out repairs and improvements to your property! These works include: heating improvements, window and door repairs/replacements, gas boiler servicing and repairs, lighting, replacement showers, toilets and taps, smoke alarms, carbon monoxide detectors. We can also support you with, electrical works, home security improvements and falls prevention works.

Give our small, friendly team a call on 01604 782250 or email office@careandrepairnorthamptonshire.org.uk



North Northamptonshire Country Parks

North Northamptonshire County Parks are running a number of events in the Country parks for Children and families over the Summer Holidays each sessions costs £10 per child.

For more information and to book please visit their Eventbrite link here [North Northants Country Parks](#)



Need a Boost to Get Active? We've Got Your Back!

If you're an adult facing challenges that make it hard to join sport or wellbeing activities, our Activity Buddy scheme is here to help! We'll match you with like-minded buddies or groups already enjoying activities you're interested in. Whether it's walking, swimming, yoga, or just getting out and about — you'll have friendly support every step of the way.

Over a 12-week programme, you'll get: Tailored support at your pace, Weekly catch-ups, A safe, social space to build confidence and make new friends, Let's make moving more enjoyable — together!

Text BUDDY to 07483 130234 or visit [Activity Buddy scheme | North Northamptonshire Council](#) to get started.



Looking to get more active, meet new people, or enjoy a hobby with others?

Whether you're into sports, gardening, arts, or fitness, a buddy makes it more fun and motivating.

Developed by North Northamptonshire Council, this scheme helps adults overcome barriers to wellbeing and leisure activities. You'll be matched with a buddy or community who shares your interests, offering support and confidence-building in a safe, enjoyable setting.

Join the 12-week Activity Buddy Scheme in North Northamptonshire

Scan me

Getting started is easy:
visit www.northnorthants.gov.uk/activitybuddy
or text BUDDY to 07483 130234

North Northamptonshire Leisure

Can You See Through the Smoke - Vaping Awareness Workshop for Parents/Carers

By [NGAGE with Aquarius](#) **Thursday, July 30 • 6pm - 7:30pm** For Parents & Carers in North Northamptonshire, UK, Ngage offers an educational workshop on Vaping Awareness

Our specialist youth support service for young people in North Northamptonshire delivers early intervention and structured treatment to young people to build understanding and raise awareness of substance related harm. We recognise the correlation between vaping and young people developing harmful habits and are determined to do something about it. This parent session is open to any parent or carer, concerned about vaping and young people who live or go to school in North Northamptonshire. This workshop is in person, and we look forwards to meeting you, thank you.

To register to reserve your free space please visit our Eventbrite page [Can You See Through the Smoke - Vaping Awareness Workshop Tickets, Thursday, July 30 • 6 PM - 7:30 PM | Eventbrite](#)
Saint Mary's Church, Rushden, 1 High Street South, Rushden, NN10 0QU

Splash Park Opening for Additional Hours this Summer

Splash Park in Wellingborough will, once again, be open for additional days this summer. Following the success of last year's additional open days, the council has further extended the opening of the site as below:

- **From Saturday 18 July to Monday 31 August 2026 the park will be open daily for general use from midday to 6:30pm (as in previous years)**
- **From Tuesday 1 September to Friday 4 September and Monday 7 September to Friday 11 September 2026 (10am - 2pm) for pre-school children and their families**

Alongside the above, the park is open weekends and bank holidays until Sunday 27 September (midday to 6:30pm) Last year, we trialled opening the Splash Park for additional days before the main school holidays and this year, we are pleased to be able to further extend the number of

days the site is open. The Park is always popular, providing a fun and exciting day out for the youngest residents of North Northamptonshire. We hope that families make the most of the facilities on offer at the Splash Park this summer. Baby changing facilities will be available during the pre-school opening hours and all the opening hours [are available on the council's website](#).



The Special Educational Needs and Disabilities Local Offer

What is it? The Special Educational Needs and Disabilities (SEND) Local Offer is a “one-stop-shop” for information and resources about SEND support. It covers topics like support in school, local services, activities, benefits, preparing for adulthood and more!

Who is it for? The SEND Local Offer is here to support children and young people aged 0-25 with special educational needs and/or disabilities and their families.

Where can I find it? Scan the QR code or visit the website [North Northants SEND Local Offer](#)

Created with you and for you. The SEND local offer is a website that you can trust. It’s made with input from North Northants families and has information about Local Support and services available to you.

A flyer for the SEND Local Offer. On the left, there is a photograph of a young girl with blonde hair, wearing a pink shirt and blue overalls, smiling and being held by a woman. The flyer has a white background with blue and purple accents. The title 'The Special Educational Needs and Disabilities Local Offer' is prominently displayed. Below the title, there are sections for 'What is it?', 'Who is it for?', and 'Where can I find it?'. A QR code is provided for scanning. At the bottom, there is a purple box with the text 'Created with you, and for you.' and a footer with contact information for the North Northants Council.

send
Local Offer
NORTH NORTHANTS COUNCIL

The Special Educational Needs and Disabilities Local Offer

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Scan the QR code or visit the website at <https://localoffer.northnorthants.gov.uk>

Created with you, and for you.
The SEND Local Offer is a website that you can trust. It's made with input from North Northants families and has information about local support and services available to you.

North Northamptonshire Council
If you need an alternative way to access the information on the SEND Local Offer, please contact the Information, Advice and Guidance Team at LocalOffer@northnorthants.gov.uk or 01536805027.

Can you see through the Smoke? NGAGE with Aquarius

This summer 'can you see through the smoke?' with NGAGE is an exciting project to help young people and our communities better understand nicotine products. This FREE programme explore nicotine products through sessions that are engaging, informative, and creative, helping young people build knowledge.

Separate groups are available for those under 14 and those aged 14 and over, ensuring the content is tailored to each age group. For Enquiries and times please contact us by scanning the QR code or visit [NGAGE – Northamptonshire Young People's Service – Aquarius Charity](#)

Young Peoples Workshop Details

22 July, Thrapston Baptist Church, St Pauls Gardens, Thrapston, NN14 4FE – Under 14s 17:00pm to 18:30pm

23 July, Thrapston Baptist Church, St Pauls Gardens, Thrapston, NN14 4FE – Over 14s 17:00pm to 18:30pm

Can You See Through The Smoke?
NGAGE
With Aquarius

This summer 'can you see through the smoke?' with NGAGE is an exciting project to help young people and our communities better understand nicotine products.

This FREE programme explores nicotine products through sessions that are engaging, informative, and creative, helping young people build knowledge.

Separate groups are available for those under 14 and those aged 14 and over, ensuring the content is tailored to each age group.

For Enquiries and times please contact us by scanning the QR Code

Young Peoples workshop Details

- 4th June Kettering Family Hub, Montagu St, Kettering NN16 8RX - Under 14s
- 10th June Glamis Hall, Goldsmith Rd, Wellingborough NN8 3RU - Under 14s
- 11th June Kettering Family Hub, Montagu St, Kettering NN16 8RX - Over 14s
- 15th June Goldsmith Rd, Wellingborough NN8 3RU - Over 14s
- 24th June Hazelwood Neighbourhood Centre, Corby NN18 0QF - Under 14s
- 25th June Hazelwood Neighbourhood Centre, Corby NN18 0QF - Over 14s
- 29th June St Mary's Church Hall, Rushden NN10 2QE - Under 14s
- 6th July St Mary's Church Hall, Rushden NN10 2QE - Over 14s
- 22nd July Thrapston Baptist Church, St Pauls Gardens, Thrapston NN14 4FE - Under 14s
- 23rd July Thrapston Baptist Church, St Pauls Gardens, Thrapston NN14 4FE - Over 14s

Brightwayz - Join us this summer for a fantastic programme of activities!

From free cycle checks/fix to cycle confidence training, family fun days, e-cargo bike rides and refurbished bikes for sale, there's something for everyone.

Events take place throughout June, July and August at locations including [Stanwick Lakes](#), [Hanwood Park](#), Kettering [Kettering Carnival](#), Kettering by the sea and Highfield Park. Check out the poster below and individual events on the Brightwayz facebook page for full dates, times and locations [Brightwayz UK](#) We look forward to seeing you there.

Saturday 18 July, 1am to 4pm. Highfield Family Fun Day. Cycle check and lots of other activities, Highfield Park.

Saturday 25 July 11am to 3pm. Kettering by the Sea, cycle confidence (All ages) and 'ditch the stabilisers' training, refurb bikes for sale.

Saturday 1 August 11am to 3pm. Kettering by the Sea cycle confidence (All ages) and 'ditch the stabilisers' training, refurb bikes for sale.

Tuesday 11 August. 11am to 3pm. Kettering by the Sea cycle confidence (All ages) and 'ditch the stabilisers' training, refurb bikes for sale.

Saturday 29 August, 11am to 3pm. Cycle check, bikes for sale, Kettering Active travel hub, outside Royal Hotel.

FREE Local Activities This Summer	
	
Sat 13 June, 10-4	Kettfest-cycle check, smoothie bike, refurbished bikes for sale, 'have a go cycling' Lower Street, Kettering
Sun 14 June, 10-4	Stanwick Lakes- cycle check and learn to fix
Sat 20 June, 11-3	Hanwood Park Community Wellbeing Day-cycle check, refurb bikes for sale, ecargo bikerides
Sat 27 June, 11-4	Cycle check, refurb bikes for sale, Kettering Active Travel Hub, outside Royal Hotel
Sat 4 July, 11-3	Art on the route lunch party- cycle check, art activities and lots more, Pocket park, 11 Stamford Rd. Theatre Walking Trail 11am & 1pm Grange Place, Kettering, NN16 0NT
Sat 11 July 11-2	Join our procession at the Kettering Carnival bring a decorated cycle and meet at 11am at Grange Place
Sat 18 July 1-4	Highfield Family Fun Day- Cycle check and lots of other activities, Highfield Park
Sat 25 July 11-3	Kettering by the Sea- cycle confidence (all ages) & 'ditch the stabilisers' training, refurb bikes for sale,
Sat 1 Aug 11-3	Kettering by the Sea-cycle confidence (all ages) & 'ditch the stabilisers' training, refurb bikes for sale
Tues 11 Aug 11-3	Kettering by the sea -cycle check/security marking, cycle confidence (all ages) & 'ditch the stabilisers' training, refurb bikes for sale
Sat 29 Aug 11-3	Cycle check, bikes for sale, Kettering Active Travel Hub, outside Royal Hotel

SEND Family Event Saturday 1st August

It's back for its 4th year on August 1st! The original vibrant, inclusive celebration of the SEND community in North Northamptonshire! By families, for families! No politics here, just free fun & acceptance!

All our usual activities like [Just Karen](#), bouncy castle (wind permitting!), messy play, obstacle course, barrel rides, climbing, shooting, archery, go karts, axe throwing, [Vojosplaybus](#) and NEW this year ... [Vojosgamingvan](#)!

Our festival field is back with live performances whilst you picnic in the shade of the trees thanks to [The Cube Disability](#)! What a line up we have this year! Our information hall is back with the Meet the SEN teams initiative so you can get first hand support & advice! Over 250 tickets already sold so get your bookings in here before we book out! [Book A Service/Event](#)

There is the free option or options to make a donation if you wish to help us build on our success & make it even bigger & better next year (hopefully back in our usual dates)

[North Northamptonshire Parent Carer Voices](#) Saturday 1st August 10am to 5pm. Sir John Lowther Activity Centre, Rushton Rd, Glendon, Kettering NN14 1QF



North Northants SEND Annual Surveys

We are pleased to announce that the North Northants SEND Annual Surveys 2026 are now live.

The surveys provide an important opportunity for families and young people to share their experiences of SEND support and services across education, health and social care within North Northamptonshire.

Feedback gathered through the surveys helps us better understand what is working well, where improvements have been made, and where further development is still needed. Following the survey, a full report will be produced and published. This year's findings will also be evaluated and compared with previous survey reports to help identify improvements, ongoing challenges and any declines across different service areas.

We would really appreciate your support in sharing the surveys through:

Parent/Carer Survey [Independent SEND Annual Survey 2026 \(North Northamptonshire\)](#)

Young People's Survey (0–25 years) [Independent Young Peoples SEND Annual Survey Report 2026 \(North Northamptonshire\)](#)

 Surveys close on 5th August 2026. Thank you for helping us ensure the voices of children, young people and families across North Northamptonshire are heard



Help shape healthy lifestyle support in North Northamptonshire

North Northamptonshire Council is asking residents to share their views on food, nutrition, and healthy lifestyles.

There are two short online surveys:

- Parents and carers – to understand what supports healthy family lifestyles and the challenges faced

- Children and young people (aged 11+) – to hear young people's views and ideas for support

Parent/carers survey:

[Healthy lifestyles - food and nutrition: views of parents/carers - North Northamptonshire Council - Citizen Space](#)

Children & young people (11+) survey:

[Healthy lifestyles - food and nutrition: views of children and young people - North Northamptonshire Council - Citizen Space](#)

Closing date July 31st



Use the QR
code to
take part...



Parent/Carer

HEALTHY LIVES SURVEY

We want to better understand what helps families lead a healthy lifestyle, what challenges they may face, and what support or information they would find most useful.



This survey closes at
23.59pm on 19th June
2026



North
Northamptonshire
Council



Wellingborough



*Wellingborough and Surrounding Villages, Finedon, Wollaston, Irchester, Bozeat, Great
Doddington, Earls Barton and Grendon*

Wellingborough

Silent Disco

Pop on your headphones, pick your music channel, and dance like nobody's watching!

With 45 minutes of pure fun, laughter, and feel-good vibes, this is the ultimate party for kids this summer. For children aged 8 to 12 years. £3 per ticket, per session.

Friday 7 August - 1pm to 1:45pm and 2pm to 2:45pm - Palm Beach, Wellingborough, NN8 1ET

To book Please visit - [Wellingborough Silent Disco](#)



The Beach is coming back to Wellingborough

Join us in Wellingborough town centre for a whole month of seaside fun — right on your doorstep. There will be sand to play in, free activities, and something for everyone to enjoy throughout August.

[The Beach Wellingborough | Facebook](#) and [The Beach 2026 | Wellingborough Town Council](#)

1 to 31 August 2026 Open 10am to 4pm every day.

Balloon modelling. Character Appearances. Vintage Bus Rides. Facepainting. Mustang Car Display. Magician. Beach Games. Puppet Show. Rhyme Time. Opening with Wellingborough Beach Party!

Saturday 1 August. 10am to 4pm DJ live music and good vibes. Games, fun games for all ages. Activities, get involved, get active. Competitions take part and win prizes.

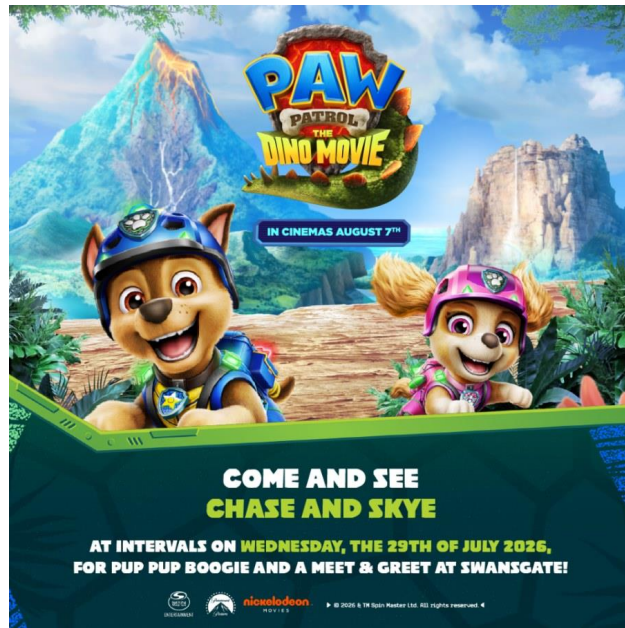


Chase and Skye are coming to Swansgate Wednesday 29th July 2026

At intervals from 11am they will be at Swansgate for Meet & Greet and Pup Pup Boogie sessions. You won't want to miss out on the action-packed fun! Check out our website for exact timings [Chase and Skye are coming to Swansgate! - Swansgate Shopping Centre](#) and [Chase and Skye are coming to Swansgate | Facebook](#)

11am - Pup Pup Boogie 12pm - Meet & Greet 1.30pm - Pup Pup Boogie

2.30pm - Meet & Greet 3.30pm - Pup Pup Boogie



Glamis Hall Family Festival 2026

Free entry and lots of Free Activities

Saturday 25th July 2026. 10am to 3pm

Donkey Rides and mini farm. Traditional Funfair Games. Stalls. Crazy Golf. Candy Floss. Stalls, Craft Zones, Face Painting, BBQ and Cafe and so much more.

If you would like your face painted extra charges apply, you **MUST** book a slot in advance.

Visit [Glamis Hall for All event tickets from TicketSource](#). Or call 01933 677 326 to book a space.



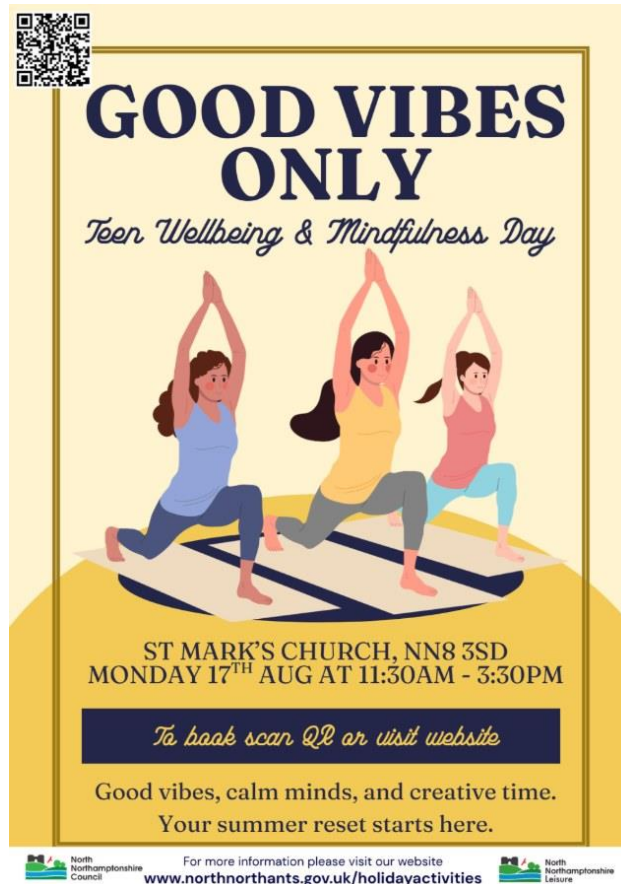
Good Vibes Only - Teen Wellbeing and Mindfulness Days

Delivered by the North Northamptonshire Active Communities team, at various locations across North Northamptonshire.

A calming and creative 4-hour retreat for teens aged 12 to 16. Lunch is provided Each session features yoga, journaling, mindful crafts, and space to unwind in a friendly and supportive setting. Held weekly in different North Northants locations. Limited paid tickets at £5. HAF Places available

Monday 17 August - 11:30am to 3:30pm - St Marks Church, Wellingborough, NN8 3SD

Paid spaces available at - [Wellingborough Good Vibes Only](#)



Wellingborough Museum Summer Activities

Need to figure out what to do with the kids this Summer Holiday?

We've got a range of different events happening this year - from medieval kings to Roman gladiators and everything in-between! **All our Summer events are FREE entry, with no booking required - just turn up on the day and prepare to have fun!**

Can't make any of the event days? Don't worry! During the week (Monday to Friday, July 27th to August 28th), there will be other activities and crafts about the museum for you to get involved with!

29 July Good King, Bad King, Sad King with the Select Society. Free entry 11am to 3pm

29 July Sword School with the Select Society. Free entry 11am to 3pm

8 August Anglo-Saxon and Viking day with the Kindred. Free Entry 11am to 3pm

12 August Meet the Archaeologist with the ARC. Free Entry 11am 3pm

19 August. Highwaymen and Pirates Puppet Show with the Select Society 11am to 3pm

28 August Roman Gladiators with the Vicus. Free 11am to 3pm.



Thriving in Life Drop In Wellingborough Library.

When: 3pm to 5pm. Monday 27 July, Tuesday 4 August, Monday 10 August, Tuesday 18 August, Monday 24 August. Activities, Games and Chill Space.

Drop in for 11- to 19-year-olds to talk to us about whatever's on your mind:

Emotional health. Healthy relationships, reducing risk and making healthy choices. Transition to Adulthood.

Thriving in Life Drop In

Where:
Wellingborough Library

When:
3pm-5pm
Mon 27th July
Tue 4th Aug
Mon 10th Aug
Tue 18th Aug
Mon 24th Aug

Activities, Games & Chill Space

Drop in for 11-19yos to talk to us about whatever's on your mind:

- Emotional health
- Healthy relationships
- Reducing risk & making healthy choices
- Transition to Adulthood

Thriving in Life Summer Workshops Wellingborough

Thriving in Life is a universal service for those aged 11 to 19 in North Northants

Service Six community Centre, Sassoon Close, NN8 3LT

Participate in workshops about managing emotions and transition to adulthood.

Tuesday 28 July (managing emotions) 2pm to 4pm Tuesday 11 August (Transition to adulthood) 2pm to 4pm.

Please register attendance via QR or [Thriving in Life summer workshops @ Service Six](#)

For more information contact the WEN thriving in life team at TilnorthWEN@nhft.nhs.uk



Get ready for an action-packed summer with our Active Play Fun Summer Activities!

Looking for something fun to keep the kids active over the holidays? Join us from 27th–31st July and 3rd–7th August, where children aged 5–11 can enjoy exciting sessions including Mini Me Mindfulness, Cricket and Football. Whether they love sports, trying something new, or making new friends, there's something for everyone!

£7.50 per child or Free HAF spaces

Running daily from 11.00am–3.00pm, our sessions are designed to keep children active, build confidence, encourage teamwork, and most importantly, have lots of fun in a safe and welcoming environment. Every child will also receive a free healthy lunch to keep them energised throughout the day.

Places are FREE for children eligible for Free School Meals, and just £7.50 per child, per day for all other families, helping to ensure every child has the opportunity to join in the fun. Don't forget to send your child with a full water bottle—it can be topped up throughout the day. Spaces are limited, so book now by scanning the EEUQ QR code on the poster or click the link for the sport you want to book: You'll also find full venue and session information there. Let's make this a summer to remember!

MiniMe Mindfulness [Active Play Fun with wellingborough Town Council · Eequ](#)

Football [Active Play Fun - Football with wellingborough Town Council · Eequ](#)

Cricket: [Active, Play, Fun - Cricket with wellingborough Town Council · Eequ](#)

11AM - 3PM **Wellingborough Town Council** **5 - 11 YEAR OLDS**

ACTIVE, PLAY, FUN

KIDS SUMMER ACTIVITIES

BOOK VIA THE QR CODE TODAY

FOOTBALL **28, 29 & 31 JULY**
NORTHAMPTON TOWN F.C. COMMUNITY
CROYLAND PARK, WELLINGBOROUGH, NN8 2EN

MINI ME **27, 28 & 29 JUL**
6 & 7 AUG
ALMA STREET CHURCH, WELLINGBOROUGH, NN8 4DH

CRICKET **6 & 7 AUG**
STEELBACKS FOUNDATION
CROYLAND PARK, WELLINGBOROUGH, NN8 2EN

FOR MORE INFORMATION PLEASE EMAIL
DEPUTYCLERK@WELLINGBOROUGHTOWNCOUNCIL.GOV.UK

Active Families Fundays 2026

Free Fun for all ages with activities to help you move more, arts & crafts, and more! Every Wednesday throughout August. 12noon to 4pm.

Wednesday 12 August, Castlefields Park, Wellingborough, NN8 1LW

Activities include Water slides, trampolines, circus skills, balloon animals, crazy golf, arts and craft activities, swing ball mania, bubble station. Beet Route radio. Water tattoos. Children's Soft

Play, Climbing Wall. Giant Garden Games. Basketball and football shootouts. Family sports led by local sports clubs and much more.



Manga Meet Up Party

Tuesday, August 4 • 3:30pm to 5pm

Come join us for a Summer Manga Meet up and enter our Manga's Got Talent!

Come and meet us for a Manga meet up this summer! There will be a talent competition, fun and snacks!

There's no need to book just come along!

Wellingborough Library, 7 Pebble Lane, Wellingborough NN8 1AS



Football Girls Only Sessions on Fridays

Premier League Kicks new Girls only session we are starting on Friday 3rd July at 4pm at Queensway Park, Queensway by Glamis Hall.

The sessions are free to attend for girls aged 8-18. Parents can sign up via the QR code on the poster below or by visiting [Premier League Kicks — Northampton Town FC Community Trust](#)

Further information about the Premier League Kicks programme can be found here: [Football Community Programme - Premier League Kicks](#)

PREMIER LEAGUE KICKS
GIRLS ONLY
FREE
FOOTBALL SESSION

Join us for a fun, friendly and inclusive football session for girls of all abilities

STARTING
Friday 3 July

TIME
4pm - 5pm

WHERE
Glamis Hall,
Queensway

BOOK NOW



 NORTHAMPTON TOWN F.C.
COMMUNITY



Wellingborough Library events and activities over the Summer

Sparkly CD Tune-a-Fish. Tuesday, July 21 • 10:30am to 11:30am. This event is for children aged 4-11 years old [Sparkly CD Tune-a-Fish Tickets, Tuesday, July 21 • 10:30 AM - 11:30 AM | Eventbrite](#)

Family Craft July 23 and 30. August 6, 13, 20 and 27. This activity is a drop in session and children up to the age of 12 can come and join in the fun. [Family Craft and Play Tickets, Multiple dates | Eventbrite](#)

Friday, July 24 • 2 pm to 3:30pm. Drumming Join us for a fun, structured, and highly interactive drumming experience! Children will explore exciting African rhythms, learn new skills, and play together in a lively, hands-on session. This event is suitable for children aged 4+ [Drumming Workshop with JanJan Drumming Tickets, Friday, July 24 • 2 PM - 3:30 PM | Eventbrite](#)

Monday, July 27 • 10am to 12 Noon. Board Games Drop In this event is for children aged 7+ and is a drop in event. [Board Game Drop In Tickets, Monday, July 27 • 10 AM - 12 PM | Eventbrite](#)

Saturday, August 1 • 10:30am to 11:30am. Creative on Canvas Create your work of art whilst thinking about musical inspiration. This event is for children aged 4-11 years old [Creative on Canvas Tickets, Saturday, August 1 • 10:30 AM - 11:30 AM | Eventbrite](#)

August 4. 3pm to 7pm Anime and Comic Club Meet other enthusiasts. Sketch, chat and share ideas. Watch video clips and relax. All cosplayers welcome. For 11- to 17-year-olds only [Anime and Comic Club Tickets, Multiple dates | Eventbrite](#)

"Read to the Beat" with Storyteller Mike Payton Join artist Mike Payton, for fun and interactive storytelling workshops, as part of the Summer Reading Challenge. Workshops will be a mix of performance and creation of a story and musical beats. Participants will work with Mike to create a story together, with the opportunity for children to create their own percussion and sound FX and tell the stories themselves. Workshops will be themed according to age groups, with some sessions suitable for ages 3+ and some suitable for ages 8+.

Wednesday, August 5 • 10am to 11am. This Session is suitable for children aged 3+ "Read to the Beat" with Storyteller Mike Payton 3+ Tickets, Wednesday, August 5 • 10 AM - 11 AM | Eventbrite

Wednesday, August 5 • 11:30am to 12:30pm This Session is suitable for children aged 8+ "Read to the Beat" with Storyteller Mike Payton 8+ Tickets, Wednesday, August 5 • 11:30 AM - 12:30 PM | Eventbrite

Wednesday, August 5 • 2pm to 3pm. This Session is suitable for children aged 3+ ["Read to the Beat" with Storyteller Mike Payton 3+ Tickets, Wednesday, August 5 • 2 PM - 3 PM | Eventbrite](#)

Wednesday, August 5 • 3:30pm to 4:30pm. This Session is suitable for children aged 8+ ["Read to the Beat" with Storyteller Mike Payton 8+ Tickets, Wednesday, August 5 • 3:30 PM - 4:30 PM | Eventbrite](#)

More August Events will be added throughout the Summer



SEEN. Every Saturday for young people aged 14-25

Your voice, your space. Supporting young people aged 14 to 25.

Not everyone who smiles is okay, it's your time to be seen.

A safe space to talk, be heard and build confidence. No pressure, just real support and real conversations.

Free Support. Drop-in Workshops 1.30pm to 4.30pm. Saturdays. Hope Church, NN8 4UH

1 to 1, "no filter" sessions (online). Private Support with no judgement.

For more information please contact youthborough@gmail.com



Youth Club Change of Venue

Change of Venue for the Swanspool Hub . Swanspool Hub for Age 14 to 18 Years.

NEW Venue: Wesleyan Reform Church Hall, Alma Street, NN8 4DG

Change of Venue from 29 May 2026 until 31 July 2026. Fridays 4pm to 6pm

It's FREE to attend, and we'll have drinks and snacks provided! Don't miss out on the fun, friends, and activities! See you there! For more information, please contact Jo on 07824665455 or Pep 07813366222



Daylight Centre Fellowship Emergency Food Support

We are here to help. Providing Emergency Food Aid for Wellingborough, Irchester, Finedon and Earls Barton.

Self refer for your first four food parcels. After this, a professional referral is required from a housing officer, Job centre, School etc.

Not a walk-in foodbank. Call or email us for support. Our volunteers deliver direct to your door.

Call: 01933 446490 Email: foodbank@daylightcf.org

We also offer help with budgeting and benefits. Emergency food support, not long-term assistance.

People can self-refer their first four food parcels. **After** this a **professional referral is required** from either a housing officer, job centre, school etc.

Contact: **01933 446490**. Email: foodbank@daylightcf.org



Comets Disability Football Sessions for 5-11year olds

Wellingborough Town are excited to announce the launch of their Comets Disability Football sessions!

Comets is a recreational, pan-disability football programme for disabled boys and girls aged between 5 and 11 hosted by [WTFC Limitless](#). Pan-disability is the largest format of disability football, which sees players with a broad range of impairments and health conditions play together. Coaches have received extensive training on supporting players with additional needs and delivering inclusive football sessions.

Comets offers a new, flexible and inclusive way of playing, one that's all about playfulness, friendships and having fun. More than anything, Comets is football that breaks the old rules and replaces them with a brand new one: JUST BE YOU.

- Day and Time: Tuesdays from 6pm to 7pm (starting 14th April)
- Location: Wellingborough School, London Road, NN8 2BX
- Cost: First month FREE! Then just £3 per session

Contact Coach Steve to sign up: wtfclimitless@gmail.com

COMETS
Disability * Football

Your place to play
A safe space for disabled children aged 5 - 11 to kickstart their football journey

Just be you!

First Month FREE!

Comets Disability Football with Wellingborough Town FC Limitless
Inclusive Football Opportunities for children aged 5-11 with special educational needs, disabilities, health conditions, or any other support needs or adjustments

Day and Time: Tuesdays from 6pm to 7pm
Location: Wellingborough School, London Road, Wellingborough, NN8 2BX
Contact: Steve (Coach) at wtclimitless@gmail.com
Cost: First month FREE! Then just £3 per session

STARTS 14TH APRIL

Get in touch to book your first session!

Daylight Centre will be a regular location for Citizens Advice Community Help & Information Point (CHIP) sessions.

If you need help finding a way forward, you can drop in and speak to someone who can:

- Listen and support
- Signpost you to the right services
- Connect you with expert advice

Daylight Centre, 10 High Street Place, Wellingborough, NN8 4HP

Every Tuesday 11:30am – 1:30pm No appointment needed If things feel complicated or overwhelming, you don't have to navigate them alone. Just come along.

Find your Local Citizens Advice

Community Help & Information Point - CHIP



Your nearest CHIP:
Location: Daylight Centre Fellowship
Address: 10 High St, Place, Wellingborough NN8 4HP
When: Every Tuesday
Time: 11:30am – 1:30pm
No appointment necessary

Need help finding a way forward?
 Community Help & Information Points (CHIPs) are here for you.
 We can:

- ✓ Signpost you to the right services
- ✓ Connect you with expert advice
- ✓ Listen and support you

Find locations & times Scan the QR code or visit: cawnac.org.uk/access-our-services

 West Northants & Cherwell



Autism Kids Club is on Every Saturday

A fun, relaxed space where autistic children can play, explore, and just be themselves. No pressure, no expectations, come and enjoy at your own pace. We've got: Creative activities & crafts, Puzzles & board games, Lego & bricks, Reading area, Toy house & pretend play kitchen, Educational table, Big toy box

Parents and carers can enjoy tea & coffee, with free fruit for the kids Free to attend, no need to book, all ages welcome! Autism Kids Club. Learning to make friends through play.

We offer a welcoming, free Saturday morning space at Mill Road Baptist Church (64 Thomas Street, NN8 1DU)

Every Saturday, typically 10:00 AM - 11:00 AM (sometimes extended to 12:00 PM).



Finedon, Wollaston, Irchester, Bozeat, Great Doddington, Earls Barton and Grendon Thriving in Life Summer Workshops Wollaston

Thriving in Life is a universal service for those aged 11 to 19 in North Northants.

Wollaston Library, 21 Newton Road, Wollaston, NN29 7QN

Participate in workshops about stress and body image.

Thursday 23 July (Stress) 1pm to 3pm and Thursday 20 August (body image) 1pm to 3pm.

Please register attendance by QR code or [Thriving in Life summer workshops @ Wollaston Library](#)

For more information contact the WEN Thriving in life team at TilnorthWEN@nhft.nhs.co.uk



Northants Knights at The Grange Earls Barton Free Entry

If you've never experienced American football live, **Saturday 25th July** is the perfect opportunity. The Northants Knights U16s return to The Grange, Earls Barton (NN6 0HL) for another action-packed day of football, with two games against some of the best young talent in the country.

12:00 – Northants Knights vs Birmingham Lions

14:00 – Northants Knights vs Sheffield Giants

Expect big hits, incredible catches, long touchdowns and an atmosphere that's unlike anything else in the county. It's everything people love about the NFL... Only faster.

No three-hour games. No TV ad breaks. Just non-stop action from the opening kickoff. And the best part? Entry is completely FREE. Hit the link in the comments and grab yours today

[Northants Knights Academy Facebook](#)

There's plenty happening away from the field too: Win a signed Dick Butkus jersey in our raffle. Hot food from KG Catering. Licensed bar serving refreshments throughout the day. Official Northants Knights merchandise available

Bring the family, bring your friends and come and see why more and more people are discovering American football right here in Northampton. We'll see you at The Grange

jack.obeirne@knightsfootball.co.uk , [About](#) | [Northants Knights American Football](#)

Earls Barton United Football is for girls.

Calling all year 1, 2 and 3 girls.

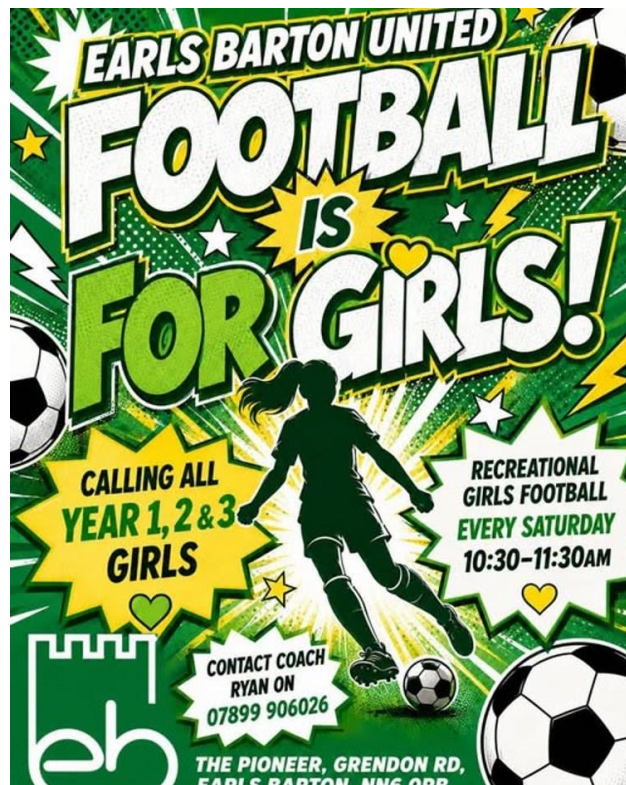
Recreational girls football every Saturday 10:30 to 11:30am

Contact Coach Ryan on 07899 906026 [Girls - EBUFC](#)

The Pioneer, Grendon Road, Earls Barton, NN6 0RB

[EBUFC](#) | [Where development, safety and fun come first](#)

[Facebook-FriendsofEBUFC](#)



Irchester Scout Group opens Squirrels section for ages 4-6

Great News!! 1st Irchester Scout Group will be opening their new Squirrels section from September 21st.

For ages 4-6, meeting Mondays from 17:00-18:00 Irchester Village Hall.

For more information Email scoutgroupirchester@gmail.com.

We have 2 New Leaders starting their journey to be ready for your little ones.

If you think that you might like to be part of the team, use the same email address, or pop in on a Monday evening when we are in the village Hall.

Wollaston Victoria Youth Football Club New under 13's Girls team

Under 13's Girls Football Team Fun Friendly and inclusive, build confidence and make friends,

For more information please 07375856421

Welcome to Wollaston Victoria Youth FC – where young footballers from age 4 and up kick off their journey!

We're a friendly, inclusive club dedicated to developing skills, confidence, and a lifelong love of the game in a safe, fun environment. Whether your child is taking their first steps on the pitch or chasing competitive success, we've got the perfect team waiting.

Join us and be part of the Wollaston family!

Email us at phil.cotter@wollastonvictoriayouthfc.co.uk to enquire about a trial space for your child.

Please include their current age and DOB and any previous teams they may have played for.

[Home - Wollaston Victoria Youth FC](#)



UpLiftHours New Drop In Youth Group Finedon Community Centre

Ages 10-18 (up to 25 with SEND)

Mondays and Thursdays 3.00pm-6.00pm

Saturdays 12.00pm-4.00pm

Just Walk in - Arts and Crafts, Table Tennis, Boxing, Podcasting and Social Media, Basketball, Guitar Lessons, CV Writing, DJing, Open Mic, Poetry

Free Entry Finedon Community Centre, 71 Wellingborough Road, Finedon NN9 5LG

For more information please contact admin@bacupcic.co.uk or telephone 01933 698347

Open Now!

UPLIFT HOURS

Delivered by
BAK UP CIC

Million Hours Fund



Funded by:
Department of Culture, Media & Sports
(DCMS) and National Lottery Fund

For ages 10-18 up to 25 with SEND

Monday - 3.00pm - 6.00pm Thursday
Saturday 12noon - 4.00pm

**Free Extra Hours
Activities**

just **Walk-In**.

- | | |
|-----------------------------|------------------|
| ✓ Art & Craft | ✓ Guitar Lessons |
| ✓ Table Tennis | ✓ CV Writing |
| ✓ Boxing | ✓ DJ |
| ✓ Podcasting & Social Media | ✓ Open Mic |
| ✓ Basket Ball | ✓ Poetry |

Parents with youngsters can book or just turn up on any of the days. **Free entry and exit!**



Location:

Finedon Community Centre,
71 Wellingborough
Road, Finedon NN9 5LG



@uplifthours



uplifthours_27



uplifthours



01933-698347



admin@bakupcic.co.uk



www.bakupservices.co.uk

East Northants



Rushden and Higham Ferrers, Raunds, Irthlingborough, Thrapston, Oundle

Rushden and Higham Ferrers

Thriving in Life Drop In

No appointment needed. Just come and chat to us about anything that's on your mind. Rushden Library: Every Monday between 3.30pm to 5.30pm We can talk about:

Feelings and Stress, anxiety, low mood, school worries and bullying.

Future and growing up. Education and work options, finance and living independently.

Safe Support. Confidential and judgement free.

We can help with Healthy relationship advice, Family issues, sexual health and contraception.

Healthy Choices, issues with sleep, food/diet, vaping, Puberty and continence.

Scan the QR code on the bottom right corner of the image to find out more.



Thriving in Life



Northamptonshire Healthcare
NHS Foundation Trust

Thriving in Life Drop In

No appointment needed.
Just come and chat to us about anything that's on your mind!

**Rushden Library:
Every Monday - 3:30pm - 5:30pm**



Feelings & Stress

Anxiety, low mood, school worries,
bullying



Future & Growing Up

Education & work options, finance,
living independently



Safe Support

Confidential and judgement free



Healthy Relationships

Family issues, sexual health,
contraception



Healthy Choices

Sleep, food/diet, vaping, puberty,
continence



We have some wonderful summer holiday activities for you starting next week, so get your spaces booked on TicketSource to avoid disappointment. We do have a maximum room capacity so please ensure you book for each adult and child attending.

[Higham Ferrers Town Council event tickets from TicketSource.](#)

Story Telling with 'Standing in the wings' Higham Ferrers Community Library and Wellbeing Hub, Higham Ferrers, NN108DN **£1.50 Tuesday 21st July 2026 Children's story telling session followed by Stay & Play and refreshments.** Please book using TicketSource [Story Telling with 'Standing in the wings' at Higham Ferrers Community Library and Wellbeing Hub event tickets from TicketSource](#)

Family Calm and Connection £1.50 Tuesday 28th July 2026

An interactive session where families can learn simple ways to notice emotions in the body, explore calming techniques together and leave with practical tools they can continue using at home. Fun movement, simple breathing and grounding practices. Run by 'Wellness Hub by Ashley please book using ticket source [Summer Holiday activities - Family Calm and Connection at Higham Ferrers Community Library and Wellbeing Hub event tickets from TicketSource](#)



Celebrate Literacy Year – Stories in the Walled Garden, Rushden

A special book-themed workshop will also take place in The Walled Garden on Thursday 6 August. **This free, drop-in event offers a relaxed and welcoming opportunity for all ages to enjoy storytelling in a beautiful outdoor setting.**

Time: 10:00am – 3:00pm Picnic break: 12:00 – 1:00pm Location: The Walled Garden, Rushden

Drop in for a story throughout the day, Bring along your favourite book to share or enjoy, Bring your book related bear/soft toy to enjoy the picnic, Bring a picnic and enjoy the gardens, Ice-cream available to purchase from Ang's Ice Cream

A relaxed, family-friendly atmosphere celebrating reading, creativity, and imagination This event aims to encourage a love of storytelling and literacy in a fun, accessible way for the whole community.

Rushden Town Council looks forward to welcoming families to another enjoyable summer of activities at Hall Park.

Rushden Rangers - Summer Specials!

£1.50 per child, parents' ticket is free Rushden Lakes Shopping Centre, Northampton Road, Rushden NN10 6FH Rushden Rangers are back this Summer for a midweek adventure, every week, with The Wildlife Trust. Join for nature inspired fun!

To book tickets please visit [Rushden Rangers - Summer Special! Tickets, Multiple dates | Eventbrite](#)

Please order a child ticket for each child in your booking. Please order a general ticket for each accompanying adult in your booking. Join the Rushden Rangers for nature inspired interactive fun this summer. There are 4 pre-bookable sessions every Wednesday at 10.30am, 11.30am, 1.30pm and 2.30pm. With a different theme each week, there's plenty to explore at Rushden!

July 22nd: Water for Wildlife

Starting off with a refreshing (pond) dip. We will be finding out what lives below the surface of Rushden Lake, how to help keep our ponds and pools healthy, and how a huge part of us is made up of.... You guessed it.....WATER! Expect some surprises, and be ready to go home with top tips to create water stops for mini beasts that can visit your gardens and window sills. Getting Rushden Rangers off to a Splashingly Super Start.

July 29th: Brilliant Beavers

Come and learn all about the Brilliant Beavers that have made Rushden their home. Boudica, Alan and their 8 cubs have been very busy since they arrived last year.

They've got straight to work building, and all the wood they've cleared has allowed other animals to move in. Nature's best engineers are cleared space for light, nests, and spawning spaces for other species.

Get busy with the Rushden Rangers and learn how to build like a brilliant beaver (no gnawing required).

August 5th: Terrific Trees

Small, tall, thin and thick these wooden wonders in our world can mostly go unnoticed. This week Rushden Rangers are getting up close and curious about how trees help us in lots of ways, from breathing by cleaning the air, to feeding us with fruit, to keeping us cool with shade. And they don't just help humans, trees support all sorts of creatures and the whole plant. We'll dig into the science behind these majestic marvels, and celebrate their terrific-ness with some tree inspired art to boot.

August 12th: Wild Weather & Climate Control

Whether the English Summer is sizzling or soggy we love to talk about the weather. So Rushden Rangers are investigating how ocean currents move, how the wind has a forms, and what is the green house effect? They'll be asking why is it hot in summer and cold in winter? How is it getting hotter? And what can we do to help be green and look after our delicate climate control. Inspiring stuff for everyone to understand our worlds weather and eco up our homes and lives.

August 19th: Brilliant Bugs (Small and Mighty)

Bug Bingo is back ! Get your dobbers at the ready as we go searching for the small and might bugs and mini-beasts. And as you're checking them off the bingo cards learn about how insects pollinate plants to help grow food for all, how they keep pests as bay, and how they make fertiliser from everything. And celebrating natures own transformers with the amazing method some bugs grow. Rushden Rangers will also be sharing how we can care for these important creatures and make sure they're not surviving but thriving.

August 26th: Wildlife Gardening in the Community Garden

Rushden Rangers are returning to the hive of activity and beautiful bounty of the Community Gardens. Learn all about the wonderous world and work of worms. Find out some of the important jobs insects do. See how healthy soil supports flowers, fruit and vegetables to flourish. And of course.... We will be sharing how to grow your own and grow an home with some easy ways to get a green space going.

Join us at the designated meeting point near the entrance to the Nene Wetlands Visitor Centre. From here, families will be led by the Rangers on themed educational activity trails near the lake. Once booked, you will be notified with an e-ticket to confirm your space(s). Please arrive 10 minutes early to sign in with our Rangers and don't forget to wear sensible footwear!



Higham and Rushden Judo Club

Not Kicking. Not punching. Just the original martial art.

Judo teaches children real self-defence, focus and resilience and it's one of the most fun things they'll ever do on a mat.

At Higham and Rushden Judo Club your child gets:

Real judo throws and competitions

Belt gradings every three months.

Life skills programme.

A community that feels like family.

First month Half Price, Free Taster Session [Higham Rushden Judo Club - Martial Arts in Higham Rushden](#)

Book free lesson here [Timetable - Higham-rushden-judo-club](#)



Good Vibes Only - Teen Wellbeing and Mindfulness Days

Delivered by the North Northamptonshire Active Communities team, at various locations across North Northamptonshire.

A calming and creative 4-hour retreat for teens aged 12 to 16. Lunch provided. Each session features yoga, journaling, mindful crafts, and space to unwind in a friendly and supportive setting. Held weekly in different North Northants locations. Limited paid tickets at £5. HAF Places available

Tuesday 18 August - 11:30am to 3:30pm - The Pemberton Centre, Rushden, NN10 9YP

Paid - [Rushden Good Vibes Only](#)

Active Families Fundays 2026

Free Fun for all ages with activities to help you move more, arts & crafts, and more! Every Wednesday throughout August. 12noon to 4pm.

Wednesday 19 August, Spencer Park, Rushden, NN10 6UL

Activities include Water slides, trampolines, circus skills, balloon animals, crazy golf, arts and craft activities, swing ball mania, bubble station. Beet Route radio. Water tattoos. Children's Soft Play, Climbing Wall. Giant Garden Games. Basketball and football shootouts. Family sports led by local sports clubs and much more.



Thank you to The Oakland Foundation for funding this event.



Summer Commonwealth Multi Sport Event

The [Healthy Communities North Northamptonshire](#) team are hosting a Summer Commonwealth Multi Sport Event at [The Pemberton Centre](#). **Pop in to book!** Join us this summer at [The Pemberton Centre](#) for our exciting Commonwealth Multi-Sport Event! Children will have the opportunity to try a range of fantastic sports, including:

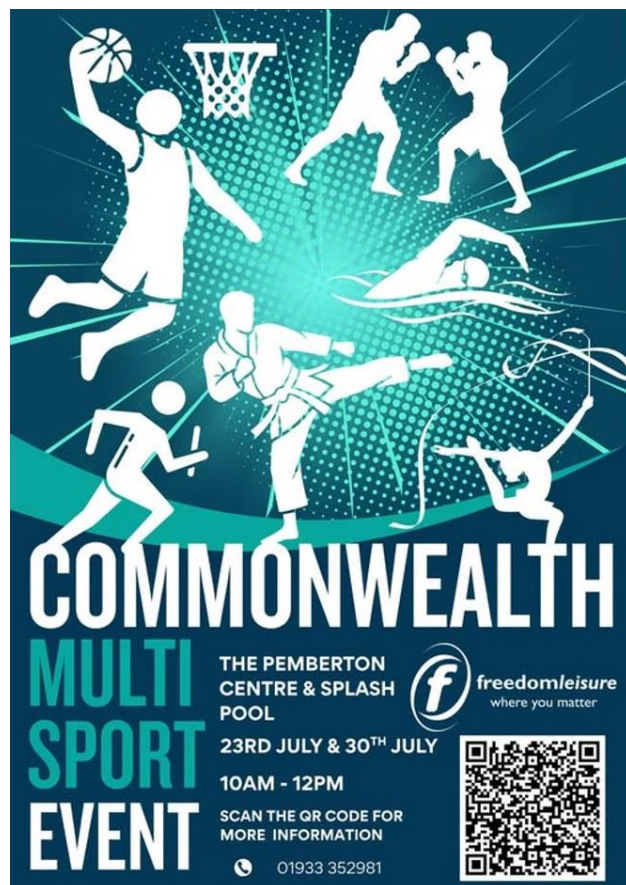
Basketball, Boxing, Judo, Athletics, Rhythmic Gymnastics, Swimming

23rd July | 10am - 12pm and 30th July | 10am - 12pm

£7.50 per day or both days for £12 To book your place, please visit reception to complete a booking form and collect your challenge card.

Children aged 8–13 years can take part in an exciting day of sport, fun, and new experiences! A fantastic opportunity for young people to get active, try something new, and enjoy a day inspired by Commonwealth sports!

Collect stamps as you take part in each activity and be entered into our prize draw. Spaces are limited, so book early to avoid disappointment. For more information please visit [facebook-the pemberton centre](#) or [Commonwealth Multi Sport Event | Freedom Leisure](#)



Rushden Library Summer Activities and Events

Rushden Library, Newton Road, Rushden NN10 0PT

Lego Club 18, 25 July. 1, 8, 15, 22, 29 August.

This is a free event but you need to book your free space on our Eventbrite page to attend. [Lego Club Tickets, Multiple dates | Eventbrite](#)

Saturday, July 18 • 11am to 3pm Summer Reading Challenge - Launch Party

Join us for a day of fun, music and games! Celebrate the launch of this year's Summer Reading Challenge Read To The Beat. This is a free event but you need to be able to book your place on our Eventbrite page to attend [Summer Reading Challenge - Launch Party Tickets, Saturday, July 18 • 11 AM - 3 PM | Eventbrite](#)

Wednesday 29th July 10.30-11.30am Summer Reading Challenge - Little Red Reading Hood

Hall Park 81 Saint Mary's Avenue Rushden NN10 9ES Please reserve your free space on our Eventbrite page [Summer Reading Challenge - Little Red Reading Hood Tickets, Wednesday, July 29 • 10:30 AM - 11:30 AM | Eventbrite](#)

Friday, July 31 • 2:30pm to 3:30pm Summer Reading Challenge - Scrap Drumming

Workshop Rushden Library, Newton Road, Rushden NN10 0PT To reserve your free space please visit our Eventbrite page [Summer Reading Challenge - Scrap Drumming Workshop Tickets, Friday, July 31 • 2:30 PM - 3:30 PM | Eventbrite](#)

Monday, August 3 • 10am to 11:30am Summer Reading Challenge - The Wildlife Trust BCN

To reserve a spot please visit our Eventbrite page to book a ticket [Summer Reading Challenge - The Wildlife Trust BCN Tickets, Monday, August 3 • 10 AM - 11:30 AM | Eventbrite](#)

Musical Flower Bracelets Friday, August 7 • 10am to 11am Summer Reading Challenge - To

reserve your free space please visit our Eventbrite page [Summer Reading Challenge - Musical Flower Bracelets Tickets, Friday, August 7 • 10 AM - 11 AM | Eventbrite](#)

More August Activities will be added later



Give Rugby a Try - Girls

Date 19 July 2026

Time: 10.30am to 12 Noon.

Location: Manor Park, Bedford Road, Rushden, NN10 0SA

Girls only event for 10 to 14 years old.

More info at: rugby@rhrufc.org or by 07825 219264

You can sign up at the QR code on the picture above or visit [Rushden & Higham RUFC](https://www.rushdenandhighamrugbyclub.co.uk/)



Rushden and Higham Community Boxing Club

Calling all Junior Boxers, build, improve, perform.

So if anyone ever fancied giving the sport a chance but were to nervous please reach out. No experience necessary, equipment provided in our friendly gym. Don't have to want to compete (but can work towards this), can simply come along and get fit in a new environment.

Age Range: Junior Boxers 10 to 15 years old. All Abilities Welcome. Only £4 per session. Tuesdays and Thursdays 6pm to 7pm.

Telephone number for more information: 07585603156 Get ready, get strong, belong.



RUSHDEN LIFE: Summer Community Events 2026

Rushden Town Council is pleased to support and promote Rushden Life's upcoming Summer Community Events 2026, organised by the churches of Rushden in partnership with local organisations.

A varied programme of events will take place across the town from Saturday 27 June to Saturday 11th 2026, including family entertainment, talks and discussions, and a range of activities such as meals, concerts, and local gatherings.

Events will be held at venues across Rushden, including churches and community spaces.

27 June – 11 July 2026

Various venues across Rushden

Full programme details are available at:

[Rushden Life](#)

Residents are invited to explore and take part in the events taking place across the town this summer.

AFC Rushden & Diamonds are pleased to confirm we will be hosting open trials for our Women's and Girls' Pathway.

Interested in playing in the Junior Premier League?

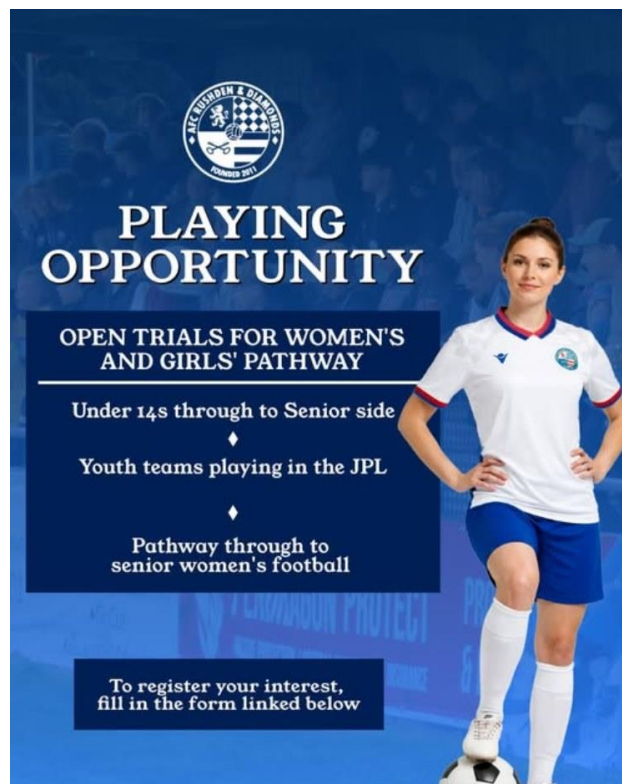
Or wanting to be part of a new senior women's side?

We are looking for aspiring and talented female footballers in and around Northamptonshire to join our structured Women's and Girls' performance pathway, a new section of the AFC Rushden & Diamonds family.

Dates of the trials will be confirmed at a later date, but register your interest by completing the online form linked below:

[AFC Rushden & Diamonds Women & Girls Pathway expression of interest form](#)

We will contact you with details, including the locations which days the individual team trials will take place closer to the time.



Rush2TheDen Rushden Swap Shop

Rush2TheDen Rushden Swap Shop. Free Entry

Every first Saturday of the month 2pm to 4pm The next one is Saturday 1st August

Please ensure all items donated are clean and in good condition.

Donations to support storage costs gratefully received. Fitzwilliam Street, NN10 9YW.

Fitzwilliam Street, NN10 9YW.

Free parking at Duck Street Car Park.

For more information on this and all of the groups that Rush2The Den offer please visit [RUSH2The DEN](#)



Raunds, Stanwick and Ringsted

Silent Disco

Pop on your headphones, pick your music channel, and dance like nobody's watching! With 45 minutes of pure fun, laughter, and feel-good vibes, this is the ultimate party for kids this summer. For children aged 8 to 12 years. £3 per ticket, per session.

Friday 31 July - 1pm to 1:45pm and 2pm to 2:45pm - Stanwick Village Hall, Stanwick, NN9 6LT

To book please visit - [Stanwick Silent Disco](#)



Silent Disco

Pop on your headphones, pick your music channel, and dance like nobody's watching! With 45 minutes of pure fun, laughter, and feel-good vibes, this is the ultimate party for kids this summer. For children aged 8 to 12 years. £3 per ticket, per session.

Friday 28 August - 1pm to 1:45pm and 2pm 2:45pm - Saxon Hall, Raunds, NN9 6LT

To book please visit - [Playwaze.com](https://www.playwaze.com)



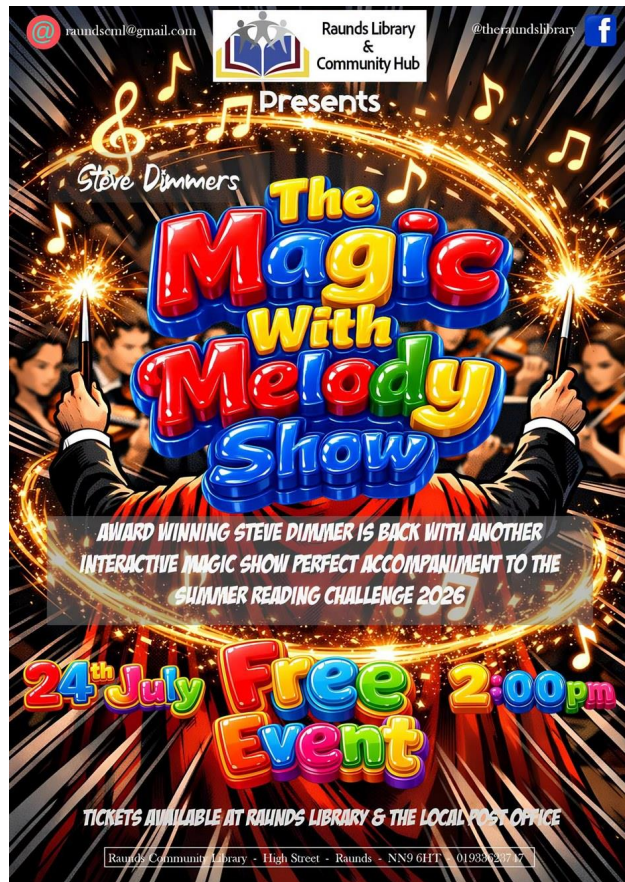
Raunds Library Summer

What's on

24 July, Magic Show at 2pm. Steve Drummer is back with his interactive magic show. Free to attend but tickets must be held. Available from Raunds Library and Raunds Post Office

Raunds Community Library, High Street, Raunds, NN9 6HT Telephone 01933623747





Raunds Youth Drop In

A place for those in Years 7 to 13. (ages 11-18)

Most Fridays during term-time. We open up for table tennis, pool, games consoles, board games, crafts and more. The best part? It's all totally free!

The only thing that you'll have to do is pay for Tuck Shop (Items from 10p).

Fridays 3.30pm to 5pm. Saxon Hall, Thorpe Street, Raunds, NN9 6LT (Behind Town Hall).

Free

"Shoots" Nature based play for you and your family.

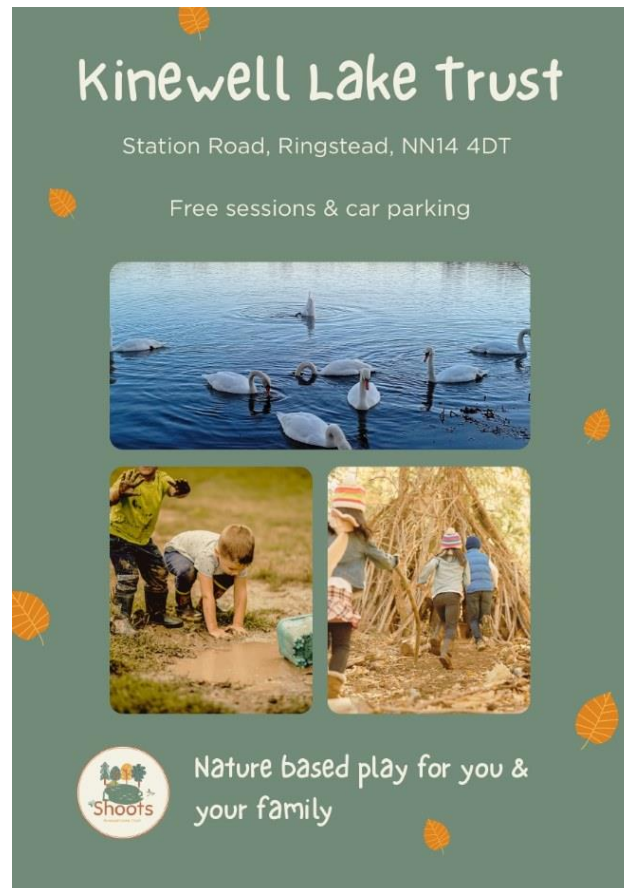
Kinewell Lake Trust [Kinewell Lake | Home](#)

Station Road, Ringstead, NN14 4DT.

Free sessions and car parking.

Kinewell Lake is nestled within one of the largest pocket parks in Northamptonshire. Recognised as a site of special scientific interest, we take pride in our park

and community orchard. Join us for our family sessions to connect with friends and explore nature together!

A poster for Kinewell Lake Trust with a dark green background and orange leaf icons. It features three photos: a lake with swans, children digging in the dirt, and children near a straw structure. The text includes the trust's name, address, and a description of the sessions.

Kinewell Lake Trust

Station Road, Ringstead, NN14 4DT

Free sessions & car parking



 Nature based play for you & your family

Kinewell Lake is nestled within one of the largest pocket parks in Northamptonshire. Recognized as a site of special scientific interest, we take pride in our park & community orchard.

Join us for our family sessions to connect with friends and explore nature together!

2026

Muddy Meander - lake side walk & story	0-5s	8th April	10am
Balsam bashing & litter picking	All ages	9th May	10 am
Muddy Meander - lake side walk & scavenger hunt	0-5s	13th May	10am
Muddy Meander - lake side walk & den building	0-5s	10th June	10am
Fairy & Elf lake side procession & crafts	5-10	21st June	10 am
Muddy Meander - lake side walk & teddy bears picnic	0-5s	8th July	10am
Balsam bashing & litter picking	All ages	11th July	10 am
Muddy Meander - lake side walk & pond dipping	0-5s	12th Aug	10am
Bat Walk: lakes side walk & bat detecting	8+	28th Aug	8pm
Muddy Meander: lake side walk & bug house building	0-5s	9th Sept	10am
Muddy Meander - lake side walk & autumnal craft	0-5s	14th Oct	10am
Autumn Nature Walk with bark & leaf rubbings	5-10s	30th Oct	10 am
Muddy Meander - Lake side walk & den building	0-5s	11 Nov	10am
Muddy Meander: bug bugs and lovely bugs	5-10s	9 Dec	10 am
Mid winter walk & carols around the fire pit	All ages	21st Dec	3pm

Book at: kinewell.lake.enquiries@gmail.com

Irthlingborough

Summer picnic bash returns to Irthlingborough Recreation Ground

Something Wonderful is Returning... Last summer, lots of people joined us for an afternoon filled with laughter, music, friendship and community spirit...

So, we're delighted to announce that the Summer Picnic Bash is back!

Wednesday 29th July 11am – 3pm

Pack a picnic, bring the family and enjoy a relaxing afternoon together.

There'll be entertainment, music, activities, games, stalls and plenty to keep everyone smiling. Enjoy live entertainment including Punch & Judy, music, activities for all ages, stalls, games and more.

At I-Grow we believe that bringing people together is good for our health and wellbeing. Whether you're coming with young children, teenagers, grandparents or simply meeting friends, there's something special about spending a summer afternoon with your community.

Free entry – all welcome!

Recreation Ground, Scarborough St, Irthlingborough, Wellingborough NN9 5TT - 01933 303020



Irthlingborough Food Bank

We have moved from Thursday 12 March.

Our new location is Warren Close NN9 5TJ. Please note: Access is at the end of the close on the left via several steps.

Access the Food Bank's website [Home](#) and Facebook page [facebook irthlingborough foodbank](#)

For more information or call 07804 857 119



Thrapston

Wellbeing Monthly Walk at Lyveden

We have an exciting monthly new wellbeing walk at Lyveden! Our walk leaders have been out testing the route and got a little wet during a hailstorm!! It's a lovely addition to the programme; we look forward to the first one!!!!

Meeting in the main car park PE8 5AT at 1:15pm for a relaxed pace 3-mile walk

Wednesday 15th July, Wednesday 19th August, Wednesday 16th September, Wednesday 14th October

To find out more about all of the wellbeing walks taking place across North Northamptonshire, visit: [Wellbeing Walk schedule](#) | [North Northamptonshire Council](#)

Nene Valley Parents Support Group

You are warmly invited to join the Nene Valley Parents Support Group, led by Nene Valley Surgery and hosted at Hermitage House care home.

This friendly group is for parents and carers of children aged 0 to 4 years. We hope it will be a welcoming and supportive addition to the Thrapston community, a space to meet others, share experiences, and enjoy time together.

All sessions start 10am. A suggested donation of £1 is appreciated to help cover the cost of refreshments, kindly provided by Hermitage House Care Home. **Dates for your diary: Monday 3 August, Monday 14 August, Monday 26 October and Monday 7 December.** Learn more on: 01832 732456, Kingfisher Road, Thrapston, NN14 4GN. [Country Court Care](http://www.countrycourtcare.com)

We're pleased to be launching a new Parent Support Group at Nene Valley Surgery for parents and carers of children aged 0–4 years. This group will be a welcoming space to connect with other families, share experiences and access support during those early years.



The flyer is a vertical rectangular card with a light cream background and decorative leaf patterns in yellow and green along the left and right edges. At the top, the Hermitage House logo (a house icon with a heart inside) is followed by the text 'Hermitage House' and 'A Country Court Care Home' in a small font. Below this, the title 'Nene Valley Parent Support Group' is written in a large, bold, purple font. The main body of text is in a black sans-serif font, inviting parents to join the group, describing its purpose for children aged 0-4, and stating that sessions start at 10am with a suggested £1 donation. A row of logos is displayed in the middle, including Nene Valley Surgery, UC Universal Credit, Baby Basics, Family Hubs, North Northamptonshire Council, and a logo for North Northamptonshire Learning and Neonatal Partnership. Below the logos, the dates for the sessions are listed in a purple font: Monday 30th March, Monday 11th May, Monday 22nd June, Monday 3rd August, Monday 14th August, Monday 26th October, and Monday 7th December. At the bottom, the contact information is provided in a purple font, including the phone number 01832 732 456, the address Kingfisher Road, Thrapston, NN14 4GN, and the website www.countrycourtcare.com.

Hermitage House
A Country Court Care Home

Nene Valley Parent Support Group

You're warmly invited to join the Nene Valley Parent Support Group, led by Nene Valley Surgery and hosted at Hermitage House Care Home.

This friendly group is for parents and carers of children aged 0-4 years. We hope it will be a welcoming and supportive addition to the Thrapston community a space to meet others, share experiences, and enjoy time together.

All sessions start at 10am.

A suggested donation of £1 is appreciated to help cover the cost of refreshments, kindly provided by Hermitage House Care Home.

nene valley surgery

UC Universal Credit

Baby Basics

Family Hubs

North Northamptonshire Council

North Northamptonshire Learning and Neonatal Partnership

Dates for your diary:
Monday 30th March, Monday 11th May,
Monday 22nd June, Monday 3rd August,
Monday 14th August, Monday 26th October
and Monday 7th December

Learn more on: 01832 732 456
Kingfisher Road, Thrapston, NN14 4GN
www.countrycourtcare.com

Souster Youth Drop In's

We're back! Open to all young people

- Monday 3.45pm to 6pm
- Tuesday 3.45pm to 6pm
- Friday 3.45pm to 6pm

30 Market Road Thrapston. For more information please visit [The Souster Youth Trust](#)



Oundle

Read to the Beat and Family Activities at Oundle Library

What's on at Oundle Library for Families in July

Tuesday Rhymetime 11am to 11.30am. 7 and 14 July. Under 5s. Booking required.

Board Games afternoon. 7 and 14 July 1pm to 4.30pm. Drop-in.

Board Games Day. 21 and 28 July. 9.30am to 4.30pm. Drop-in.

Wednesday Storytime and Craft. 10am to 11am. 1, 8 and 15 July. Under 5s. Booking Required.

Friday Baby Time. 10am to 11am. 3, 10 and 17 July. Under 1s Booking required.

To book a place for bookable sessions, please visit the Oundle Library Eventbrite page [Oundle Library](#) Alternatively, you can scan the QR code on the image below.

If you need further information about thus please email us at Oundle.libraryplus@northnorthants.gov.uk call us on 0300 126 3000 option 5 option 3 or message us on Facebook.

Summer Reading Challenge What's on at Oundle Library

Saturday 18 July. Drop in 10.30am to 1pm. Music Collage Art (Age 3+)

Thursday 23 July Bookable. 10.30am to 11.30am. Just Karen disco and bubbles (Ages 4 to 8) [Summer Reading Challenge Just Karen disco and giant bubbles session Tickets, Thursday, July 23 • 10:30 AM - 11:30 AM | Eventbrite](#)

Saturday 25 July. Bookable. 10.30am to 12 Noon. Guitar Art (Ages 3+) [Summer Reading Challenge Guitar Art Tickets, Saturday, July 25 • 10:30 AM - 12 PM | Eventbrite](#)

Thursday 30 July. Bookable. 10.30am to 12 Noon. Make a Nature Jungle Stick (Age 5+) [Summer Reading Challenge Make a nature jingle stick Tickets, Thursday, July 30 • 10:30 AM - 12 PM | Eventbrite](#)

Saturday 1 August. Drop in. 10.30am to 1pm. Make a harmonical (Ages 5+)

Thursday 6 August. Bookable 10.30am to 12 Noon. Decorate a Wooden Maraca (Age 5+) [Summer Reading Challenge Decorate a wooden maraca Tickets, Thursday, August 6 • 10:30 AM - 12 PM | Eventbrite](#)

Saturday 8 August. Bookable 10.30am to 11.45am. Steve Dimmer Magic with Melody Show (ages 3 to 12) [Summer Reading Challenge Steve the Magician 'Magic with melody' show Tickets, Saturday, August 8 • 10:30 AM - 11:45 AM | Eventbrite](#)

More to add

What's on at Oundle Library (for Families) **JULY LibraryPlus**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Rhymetime 11:00-11:30 7th, 14th Under 5's Booking required	 Board Games afternoon 7th, 14th 13:00-16:30 Drop-in	 Storytime and Craft 10:00-11:00 1st, 8th, 15th Under 5's Booking required	 Baby Time 10:00-11:00 3rd, 10th, 17th Under 5's Booking required	 Summer Reading Challenge launch with activities 10:00-14:00 4th Drop-in	

Please see the separate Summer Reading Challenge What's On guide for all our FREE summer events.

To book a place for bookable sessions please visit the Oundle library Eventbrite page, either by searching for us on the Eventbrite website / app or by using the link below. Alternatively, you can scan the QR code overleaf.

<https://www.eventbrite.co.uk/o/oundle-library-121137754795>

If you need further information about this please email us at oundle.libraryplus@northnorthants.gov.uk, call us on 0300 126 3000 option 5 option 3, or message us on Facebook.



 North Northamptonshire Council

    			
Summer Reading Challenge What's On at Oundle Library		Summer Reading Challenge What's On at Oundle Library	
Saturday 4th July	Drop-in 10.00am-2.00pm	Summer Reading Challenge launch	Bookable 10.30am-12.00pm
Saturday 11th July	Drop-in 10.30am-1.00pm	Musical instrument junk modelling (age 3+)	Bookable 11.00am-12.00pm
Saturday 18th July	Drop-in 10.30am-1.00pm	Music collage art (age 3+)	Bookable 2.00pm-4.00pm
Thursday 23rd July	Bookable 10.30am-11.30am	Just Karen disco and bubbles (ages 4-8)	Drop-in 10.30am-1.00pm
Saturday 25th July	Bookable 10.30am-12.00pm	Guitar Art (age 3+)	Bookable 10.30am-11.00am
Thursday 30th July	Bookable 10.30am-12.00pm	Make a nature jingle stick (age 5+)	Bookable 11.15am-12.00pm
Saturday 1st August	Drop-in 10.30am-1.00pm	Make a harmonica (age 5+)	Drop-in 10.30am-1.00pm
Thursday 6th August	Bookable 10.30am-12.00pm	Decorate a wooden maraca (age 5+)	Drop-in 10.30am-1.00pm
Saturday 8th August	Bookable 10.30am-11.45am	Steve Dimmer Magic with Melody show (age 3-12)	Bookable 11.00am-1.00pm
Thursday 13th August	Bookable 10.30am-12.00pm	Make and decorate a wind chime (age 5+)	Bookable 11.00am-12.00pm
Saturday 15th August	Bookable 11.00am-12.00pm	Mini DJ workshop (age 6+)	Bookable 11.00am-12.00pm
Thursday 20th August	Bookable 2.00pm-4.00pm	Dancing Lego robotics and coding (ages 9-13)	Bookable 11.00am-12.00pm
Saturday 22nd August	Drop-in 10.30am-1.00pm	Musical Saturday Play (all ages)	Bookable 10.30am-11.00am
Thursday 27th August	Bookable 10.30am-11.00am	Richard York musical storyteller (age 5-7)	Bookable 11.15am-12.00pm
Saturday 29th August	Drop-in 10.30am-1.00pm	Richard York musical storyteller (age 7-11)	Drop-in 10.30am-1.00pm
Thursday 3rd September	Bookable 10.30am-12.00pm	Rhyming Rap Creation Station (age 5+)	Drop-in 10.30am-1.00pm
Saturday 5th September	Drop-in 10.30am-1.00pm	Musical Lego challenges (all ages)	Bookable 11.00am-1.00pm
Saturday 10th September	Bookable 11.00am-1.00pm	SRC finishers party (age 4+)	Bookable 11.00am-1.00pm



To book a place for the bookable sessions please visit the Oundle library Eventbrite page, either by searching for us on the Eventbrite website / app or by using the link below. Alternatively, you can scan the QR code on here.

<https://www.eventbrite.co.uk/o/oundle-library-121137754795>

Illustrations © Henry Woodgate 2020.
Read to the Beat © The Reading Agency 2020.
registered charity number 1053413 England and Wales

Wildcats Girls Football

Don't forget, Wildcats Girls' Football is back this evening! It's the perfect place for girls aged 5-11 to get active, learn new skills, and make a whole new squad of friends.

Whether she's the next superstar or has never kicked a ball before, everyone is welcome!

Make Friends, play Football, have fun!

Who: For girls aged 5 to 11

When: Thursdays 6 to 7pm

Where: Oundle Town FC.

£2.50 per session. Message Amy on 07850 429815 for further information or to secure your place.



Come see the Social Inclusion Team for Advice on Benefits and Support, Household Budgeting and Credit Union

Stop the wolves from knocking on your door. Come and see the Social Inclusion Team for advice on:

Benefits and Support: We can offer advice on how to claim housing benefit, council tax support and Department of Work and Pensions benefits.

Household Budget We can help you look at your household budget and discuss ways to reduce your bills, apply for charity grants, reduce your household bills and make arrangements with creditors.

Credit Union Account We can help set up a Credit Union account and help arrange for your income to be paid directly in and your bills to be paid out of the account.

Drop-in Surgery at Fletton House, Glapthorn Road, PE8 4JA from 1pm to 3pm. 31 July 2026. 28 August 2026. 25 September 2026, 23 October 2026, 20 November 2026, 18 December 2026.

The Credit Union is open Monday to Friday 9am to 5pm at North Northamptonshire Council offices on Bowling Green Road. Appointments are available outside of those hours by prior arrangement. The Email is: creditunion.KBC@northnorthants.co.uk Telephone: 01536 534 247



Stop the wolves from knocking on your door. Come along and see the Social Inclusion team for advice on:

Benefits and Support
We can offer you advice on how to claim housing benefit, council tax support and DWP benefits.

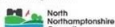
Household Budget
We can help you look at your household budget and discuss ways to reduce your bills, apply for charity grants, reduce your household bills and make arrangements with creditors.

Credit Union Account
We can help set up a Credit Union account and help arrange for your income to be paid directly in and your bills to be paid out of the account.

Drop-in Surgery at Fletton House, Glapthorn Rd, PE8 4JA
From 1.00pm to 3.00pm

- 16 January 2026
- 13 February 2026
- 13 March 2026
- 10 April 2026
- 8 May 2026
- 8 June 2026
- 3 July 2026
- 31 July 2026
- 28 August 2026
- 25 September 2026
- 23 October 2026
- 20 November 2026
- 18 December 2026

Contact Details
The Credit Union is open Monday - Friday, 9am - 5pm at North Northamptonshire Council offices on Bowling Green Road. Appointments are available outside of these hours by prior arrangement.

  creditunion.KBC@northnorthants.co.uk  01536 534 247

Comets – Your Place to Play -A safe space for disabled children aged 5-11 to kickstart their football journey

Inclusive Football Opportunities for children aged 5-11 years with special educational needs, disabilities and health conditions, or anyone that needs support and adjustments.

Fridays from 7pm-8pm

Oundle School Sports Centee, Milton Road, Oundle, PE8 4AB Contact Mark comets_oundletown@outlook.com

All Sessions are FREE



Your place to play

A safe space for disabled children aged 5 - 11 to kickstart their football journey



Just be you!



All sessions free!

Inclusive Football Opportunities for children aged 5-11 with special educational needs, disabilities, health conditions, or any other support needs or adjustments

Time and Date: Fridays from 7pm to 8pm, on:
7th November, 14th November, 28th November, 5th December,
and 19th December (recommencing in the New Year)

Location: Oundle School Sports Centre, Milton Road, Oundle, PE8 4AB

Contact: Mark

Email: comets_oundletownfc@outlook.com



Get in touch to book your first session!

Kettering



Kettering, Burton Latimer and Barton Seagrave, Desborough and Rothwell

Kettering

Silent Disco

Pop on your headphones, pick your music channel, and dance like nobody's watching! With 45 minutes of pure fun, laughter, and feel-good vibes, this is the ultimate party for kids this summer. For children aged 8 to 12 years. £3 per ticket, per session.

Friday 21 August - 1pm to 1:45pm and 2pm 2:45pm - Cornmarket Hall, Kettering, NN15 7QA

To book please visit - [Kettering Silent Disco](#)



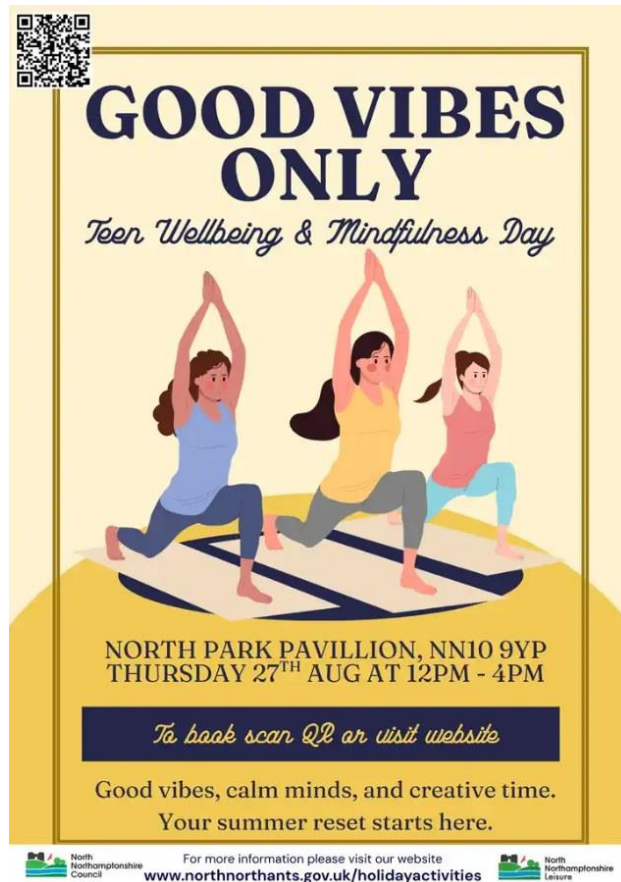
Good Vibes Only - Teen Wellbeing and Mindfulness Days

Delivered by the North Northamptonshire Active Communities team, at various locations across North Northamptonshire.

A calming and creative 4-hour retreat for teens aged 12 to 16. Each session features yoga, journaling, mindful crafts, and space to unwind in a friendly and supportive setting. Held weekly in different North Northants locations. Limited paid tickets at £5. HAF Places available

Thursday 27 August, 12noon to 4pm - North Park Pavilion, Kettering, NN10 9YP

Paid - [Kettering Good Vibes Only](#)



ARTworks Creative Space is getting ready for a good series of Summer workshops

Thursday 23 July. Portrait Day Shared Experience Workshop 9 to 90 years from 10.30am to 1pm.
£5 (children go free)

Free Themed Workshops: For Children

Wednesday 29 July. Dinosaurs Workshop

Wednesday 5 July. Beach Workshop

Wednesday 12 August. Games

Wednesday 19 August. Superhero

Wednesday 26 August. Bugs

Volunteer lead. 11am to 2pm for 7 to 90 years Children under 16 must be accompanied by an adult. Look out for more information posters and on Facebook [ARTworks](#) or Contact Barb on 07748591065. ARTworks, Newlands Shopping Centre, Unit 39, The Mall, Gold St, Kettering NN16 8JA

ARTworks
creative SPACE

*Summer Holiday Workshops
and Exhibition opening*

Thursday 23rd July
Portrait Day Shared Experience Workshop
9 to 90 years 10.30am -1pm £5.00 (children free)
Free Themed Workshops : for children
Wednesday 29th July - Dinosaurs Workshop
Wednesday 5th August - Beach Workshop
Wednesday 12th August - Games
Wednesday 19th August - Superhero
Wednesday 26th August - Bugs
Volunteer lead
11 am – 2 pm for 7 to 90 years
Children under 16 must be accompanied by an adult
Look out for more information posters
and on facebook
Contact Barb 07748591065
ARTworks Exhibition open Fri/Sat/Sun 10am-4pm

 39 The Mall, Newlands Centre
Supporting art
in Kettering
Friends Charity No 216048



Quinton Green Poetry & Performance Workshop

Ages 9 to 16 Tuesday, July 21 • 2:30pm to 4:30pm

Poetry and performance workshop with celebrated poet, author, rapper, and social change advocate, Quinton Green for ages 9 to 16! We are proud to host celebrated poet, author, rapper, and social change advocate, Quinton Green, for a wonderful FREE poetry and performance workshop!

Full of practical advice, tips, and insight, this workshop is suitable for 9-16 year olds looking to start their journey into the world of spoken word, writing, and performance, with a thoughtful and conscious core.

If you have to cancel for any reason, please cancel through Eventbrite so as to allow others to attend. **To reserve your free space please visit our Eventbrite page [Quinton Green Poetry & Performance Workshop: Ages 9 to 16 Tickets, Tuesday, July 21 • 2:30 PM - 4:30 PM | Eventbrite](#)** Kettering Library, Sheep Street, Kettering NN16 0AY



Ranger Rita's Summer Safari!

Laugh Out Loud Theatre Company

Ranger Rita's Summer Safari! A wild 30 minute, action packed, interactive family theatre production set in the African Savanna

Kettering-by-the-sea, Kettering market place.

3 and 10 August, 10.15am 11.15am and 12.15pm and 5 and 8 August. 10.30am, 11.30am, 1pm, 2pm and 3pm.



Thriving In life Kettering Community Workshops for Young People

We have a range of different workshops running over the summer for 11-19 year olds:

24/07/26 - Emotional Wellbeing workshop - 11-1pm

31/07/26 - Anxiety and Stress workshop - 11- 1pm

07/08/26 - Vaping Workshop - 11-1pm

14/08/26 - Transition to Adulthood - Finances workshop - 11-1pm

21/08/26 - Sexual health workshop - 11-1pm

28/08/26 - Transition to Adulthood workshop - 11- 1pm

William Knibb Centre, Montagu St, Kettering, NN16 8AE


Thriviving in Life




Northamptonshire Healthcare
NHS Foundation Trust

Kettering Community Workshops

William Knibb Centre,
Montagu St, Kettering,
NN16 8AE

	Workshop	Date	Time	
	Emotional Wellbeing Workshop	24 th July	11-1pm	
	Anxiety and Stress Workshop	31 st July	11-1pm	
	Vaping Workshop	7 th August	11-1pm	
	Transition to Adulthood Workshop	14 th August	11-1pm	
	Sexual Health Workshop	21 st August	11-1pm	
	Transition to Adulthood Workshop	28 th August	11-1pm	





Ages 11-19





The Play Patch SEN Stay and Play ages 3-11years

SEN stay and play sessions will be held at the crescents community centre every Thursday from 10am-11am in the school holidays. If you are unfamiliar with the centre there is parking, local shops nearby and a small park next to the centre. Naomi and Sarah will be at the door ready to great you and your family's for some messy fun, a chat / cuppa! And most of all to support you in any way we can. We look forward to seeing you all please feel free to share this up-to-date post/advertisement with your friends and family **these sessions are for ages 3-11 years and cost £3.50 per child**

We offer a discount bundle price for childminders 10 pound for 5 children or 2 pound a child and sibling discount is also 2 pounds. At the moment it is turn up on the day but we have been fully blown away by all the followers we have had and we are looking into a booking system (if arrange a booking system will walk you through it and keep you posted). Cash on the door only.



Kettering by the Sea

Tuesday 21 July to Tuesday 11 August 10am to 4pm Kettering Market Place, Sheep Street, Kettering NN16 0AJ

We're bringing the seaside to Kettering this summer with our very own giant pop-up beach in the Market Place! Throughout July and August, families can enjoy a fun, free day out as the square is transformed into a traditional British seaside escape - complete with deckchairs, buckets and spades, and a huge sandpit filled with 18 tonnes of sand.

Alongside the beach itself, there's a packed programme of free daily activities to keep children entertained all summer long. Try out your balance and technique in our skateboard skills sessions, enjoy classic Punch and Judy performances, and pick up a few surprises in our magic workshops. Budding performers can learn circus skills, while creative minds can get stuck into a variety of arts and crafts activities. Everything is designed to be fun, family-friendly and completely free - just drop in, play, and enjoy the holiday atmosphere

Tuesday 21 July

11am to 1.30pm - Magic & Balloons

11am to 1pm - Steel Drumming

12.30pm to 3.30pm NNC Leisure Activities (Boccia and Pop-Up Badminton)

1pm to 3pm Skateboarding with Illicit Skate School

Wednesday 22 July

10.30am to 12.30pm Dinosaur Puppets

1pm to 3pm Skateboarding with Illicit Skate School

1pm to 3pm Bubbles and Circus Skills

Thursday 23 July

10.30am to 12.30pm Balloons and Circus Skills

11am to 1pm Steel Drumming

1pm to 3pm Skateboarding with Illicit Skate School

Friday 24 July

10am to 3pm Kettering Library Activities: Free Crafts, Lucky Dip, Children's Book Sale and sign up for The Summer Reading Challenge.

10am to 3pm Museum and Art Gallery free Activities and meet the team!

10.30am to 12.30pm Bubbles and Circus Skills

Saturday 25 July

10am to 3pm Juggling Walkabout and Have-a-Go Circus Skills

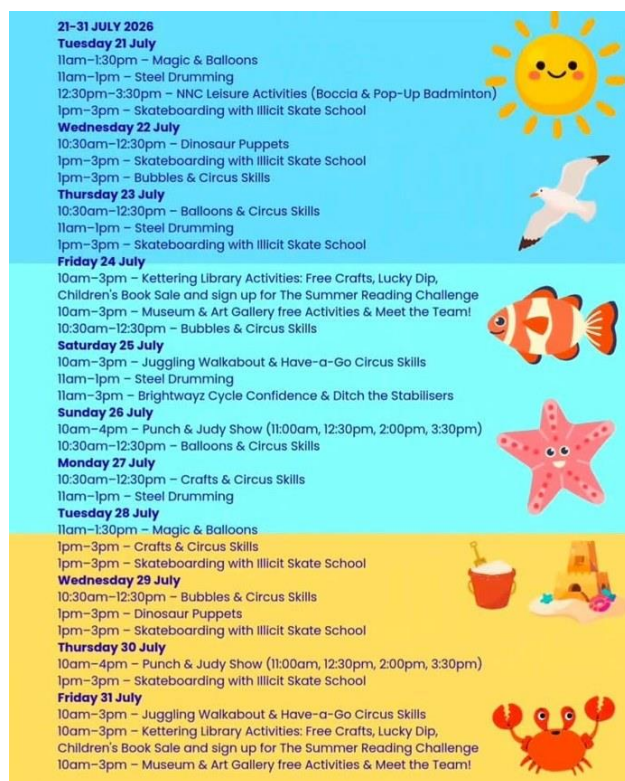
11am to 1pm Steel Drumming

11am to 3pm Brightwayz Cycle Confidence and ditch the stabilisers

Sunday 26 July

10am to 4pm Punch and Judy Show (11am, 12.30pm, 2pm to 3.30pm)

10.30am to 12.30pm Balloons and Circus Skills



SEND by the Sea

A quieter space for those with an additional need.

Open 10am to 4pm daily from Tuesday 21 July to Tuesday 11 August near the Parish Hall, Market Place, Kettering.

Come and join us if you need time away from the busier, bigger sandpit and activities.

We have a gazebo and secure outside area, soft foam tile flooring and sand play trays, toys and activities, colouring, large balls and bubbles. Ear defenders and fidget toys are also available.

Please note, parents must attend with their children.



Summer Event at Twywell Hills and Dales Saturday 18th July

Join us on the 18th of July, 11:00am - 3:00pm for our first ever Summer Event at Twywell Hills & Dales!

Spend the day exploring a range of local wildlife groups, animal and nature-themed stalls, unique craft stalls, and even a tractor!

It's the perfect opportunity to enjoy the outdoors, discover more about local wildlife, and meet the team behind the nature reserve. Whether you're a nature enthusiast, looking for a family day out, or simply want to support local groups and makers, there's something for everyone.

We can't wait to see you there! **Twywell Hills & Dales, Twywell, Kettering, East Northamptonshire ,NN14 3AL** [Twywell Hills & Dales Summer Event | Facebook](#)



HUGE summer vibe incoming..... Youthfest 2026 is here!

Live music, free food, and epic activities at The Green Patch. Don't miss it! School is out, the sun is out, and the biggest youth event of the summer is officially locked in.

If you are looking for the perfect way to kick off your summer holiday, grab your friends and head down to The Green Patch for a massive night of live music, food, and festival energy.

When: Friday 17th July 2026 Time: 4:00 PM – 9:00 PM

Where: The Green Patch, Kettering

We are packing out the garden with massive energy from afternoon till dark:

Live Music & DJs: Dropping the perfect summer soundtrack all night.

Silent Disco

Free Festival Food: Wood-fired pizzas, mocktails, and sweet treats (all free while it lasts!).

The Activity Zone: Giant inflatables, gaming rigs, and sports challenges.

Creative Spaces: Live street art demos, glitter stations, face painting and henna.

Chill Lounge: Hammocks, beanbags, and good vibes to just hang out with friends.

Entry is completely free. Note for Parents & Guardians Youthfest 2026 is a fully supervised, safe, drug-and-alcohol-free event managed by experienced youth work staff. Secure bag checks will be in place at the gate to ensure a safe, positive environment for all attendees aged 11–18.



Active Families Fundays 2026

Free Fun for all ages with activities to help you move more, arts & crafts, and more! Every Wednesday throughout August. 12noon to 4pm.

Wednesday 26 August, North Park, Kettering, NN16 9JT

Activities include Water slides, trampolines, circus skills, balloon animals, crazy golf, arts and craft activities, swing ball mania, bubble station. Northampton 1 radio. Water tattoos. Children's Soft Play, Climbing Wall. Giant Garden Games. Basketball and football shootouts. Family sports led by local sports clubs and much more.



Thank you to The Oakland Foundation for funding this event.



Kettering Skateboarding Days

29 August 2026 11am-4pm

Ise Lodge Skate Park, Grantown Close

These events are open to all, from beginners to experts, and run by [Illicit Skate, Kettering](#). There will be prizes to be won with a series of competitions throughout the day.

Plus, there is the chance to work on your skills with a fully qualified coach. August is an end of summer celebration.



Youth Works Counselling

Here at Youth Works, we offer FREE counselling sessions to anyone aged 11-25 (up to 25 if you have a special educational needs/disabilities and access mainstream state funded school/college.) who live in the Boroughs of Corby or Kettering. The course of sessions tends to last 6-8 weeks with a 50-minute session at the same time each week.

To refer, fill in the form on our website: [Youth Works Referral](#)

This form can be filled out by the young person, or their parent/carer or professional.

Any questions? Do not hesitate to send us a DM on Facebook, email (enquiries@youthworksnorthamptonshire.org.uk) or call 01536 518339

YOUTH WORKS
COUNSELLING

We offer **FREE** counselling to any young person **aged 11 to 18 years old** ****** living in the **boroughs of Corby or Kettering.**

**or 25 years if you have a special educational needs/disabilities and access mainstream state funded school/college.

SCAN THE QR CODE TO REFER INTO OUR COUNSELLING SERVICE.

This form can be completed by a young person, or by their parent, carer or professional.

WE HAVE 2 COUNSELLING LOCATIONS!

CORBY

KETTERING

We will ask which location best suits you when we call to book.

YOUTH WORKS

Burton Latimer and Barton Seagrave

Burton Latimer Baptist Church Children's Summer Activities

23 July 2026 craft and play

24 July 2026 craft and play Lunch too

6 August 2026 craft and play

13 August 2026 day trip

27 August 2026. Party Day

John Yeomans Hall, Meeting Lane, NN15 5LS

For more information call Hannah on 0787 3353212 or email blbccfw@outlook.com

More details will follow soon so keep a look out and please check our Facebook page [Burton Latimer Baptist Church](#)



Thriving in Life Drop Ins at Burton Latimer Library

Burton Latimer Library, High Street, NN15 5RH

23rd July 2-5pm and 20th August 2-5pm

We can support you with healthy choices, future decisions, feelings and stress and healthy relationships. Open to all 11-19 year olds. Pop in and have a chat

 youth_works_northamptonshire ...

 **Thriving in Life**  **REACH**  **NHS**
Northamptonshire Healthcare
NHS Foundation Trust

Thriving in Life Drop-In Support Burton Latimer

No appointment needed. Just drop-in and chat to us about whats on your mind!

What we can support you with:

-  **Making healthy choices** - e.g. sleep, food/diet, vaping
-  **Future decisions** - e.g education/work, finance
-  **Feelings & stress** - e.g. anxiety, low mood, bullying
-  **Healthy relationships** - e.g. family issues, sexual health

 **Burton Latimer Library, High St, Kettering, NN15 5RH**

Dates 	Times 
23 rd July	2 - 5pm.
20 th August	2 - 5pm.

Open for 11-19 year olds only! **Safe Support**
All support is confidential and judgement free.

Wacky Wednesdays at Burton Latimer Library

Wednesday 22 July 11am at 12 Noon. Slimetime! Make Slime to take home (Bookable event)
Ages 3+ £2 per family

Wednesday 29 July 10am to 3pm. Craft – Make a bookmark (Drop in event). Free Event

Wednesday 5 August 10am to 11am Bubble Workshop with Karen (bookable event) £2 per family.

Wednesday 12 August 10am to 3pm CRAFT – make windchimes. (Drop in event) Ages 3+. Free Event

Wednesday 19 August 10.30am to 12 Noon. Meet the Minibeasts (Bookable event) £2 per family

Wednesday 26 August 10am to 3pm. Craft Make a musical instrument. Ages 3+. Free

Wednesday 2 September. 11am to 12 Noon. Roarsome Dinosaurs. Ages 8 and under. £2 per family.

Wacky Wednesdays

Summer holiday fun for all the family!

Date	Time	Activity	Age guide	Cost
Wed 22nd Jul	11am-12pm	Slime-time! Make slime to take home	3+	£2 per family
Wed 29th Jul	10am-3pm	CRAFT- Make a bookmark*	3+	FREE
Wed 05th Aug	10am-11am	Bubble Workshop with Karen	Family	£2 per family
Wed 12th Aug	10am-3pm	CRAFT- Make windchimes*	3+	FREE
Wed 19th Aug	1030am-12pm	Meet the Minibeasts	Family	£2 per family
Wed 26th Aug	10am-3pm	CRAFT- Make a musical instrument*	3+	FREE
Wed 02nd Sep	11am-12pm	Roarsome Dinosaurs	8 and under	£2 per family

Booking essential
 Call: 01536 532414. Email: library@burtonlatimertown.gov.uk OR book in person at the front desk.
 Activities marked with * are run on a drop in basis with no booking required

Rothwell and Desborough

Good Vibes Only - Teen Wellbeing and Mindfulness Days

Delivered by the North Northamptonshire Active Communities team, at various locations across North Northamptonshire.

A calming and creative 4-hour retreat for teens aged 12 to 16. Each session features yoga, journaling, mindful crafts, and space to unwind in a friendly and supportive setting. Held weekly in different North Northants locations. Limited paid tickets at £5. HAF Places available

Tuesday 4 August - 11:30am - 3:30pm - Rothwell Town Library, Rothwell, NN14 6EP

Paid - [Rothwell Good Vibes Only](#)

Thriving in Life. Rothwell Community workshops.

Anxiety and Stress Wednesday 29 July 12.30pm to 3.30pm

Vaping Monday 17 August. 2.30pm to 5.30pm

For ages 11 to 19 only

Rothwell Community Centre, Well Lane, Rothwell, Kettering, NN14 6BE.

All support is safe, confidential and judgement free


Thriviving in Life


REACH
COLLABORATIVE
SUPPORTING THE COMMUNITY TO THRIVE


Northamptonshire Healthcare
NHS Foundation Trust

Rothwell Community Workshops

	Workshop	Date	Time
	Anxiety and Stress	Wednesday 29 th July	12:30- 3:30pm
	Vaping	Monday 17 th August	2:30- 5:30pm

For ages 11-19 only!

Rothwell Community Centre, Well Ln, Rothwell, Kettering, NN14 6BE

Safe Support

All support is confidential and judgement free.

St Giles Holiday Club 27th-31st July

St Giles Holiday Club is back this year with Polar Explorers from 27th - 31st July.

Suitable for ages 6 - 11 years.

For further information or to book please email

St Giles Church Desborough, Lower St, Desborough, Kettering NN14 2NP Please visit [Holiday Club](#)



Holy Trinity Church, Rothwell, Northants. Open Day 2026

Saturday July 18 11am to 3pm

Something of interest for all ages. Conversations and Community. Discover more about our Historic Church. Find out about groups, activities and events.

Messy Church, Eco Church, Sunbeams, Discoverers and much more.

Bone Crypt tours and refreshments available.

All welcome.

[Welcome - Holy Trinity, Rothwell](#)



Rothwell Community Social Hub

Just pop in. The Holy Trinity Rothwell church social hub is carrying on every Tuesday morning 9 - 12 with complementary refreshments, access to historic site, book stall, etc Leg-go club (though we are sorting bricks etc currently).

Space to chat or be on own, parents or caregivers with toddlers, just visitors, we are a big space open every Tuesday if people need a space locally to run groups that fit in with our general social Christian ethos. iscales11@icloud.com Just visit and ask.

[Welcome - Holy Trinity, Rothwell](#)

The Holy Trinity Church, Squires Hill, Rothwell, Kettering, Northamptonshire, NN14 6BQ

Holy Trinity Church, Rothwell

COMMUNITY SOCIAL HUB

A space for complimentary refreshments, visits to historical site, parents & toddlers, toy bricks club, newspapers, book stall, etc. All welcome.



Family Forest School Stay and Play

Saturday 25th July from 1-3pm

Willowbrook Farm Desborough - 07561313770

We are super excited to announce that we have a family stay and play booked in for July! Our family sessions are so popular, we have such a fun time! Spaces are limited so please book in advance to avoid disappointment.

Booking link [Upcoming events - Booking by Bookwhen](#)

FAMILY FOREST SCHOOL STAY AND PLAY

Our stay and play is back! Join us for 2 hours of family fun! Children of all ages welcome, parents you get to join in too!

- ✓ Water, sand & mud play
- ✓ Craft, bug hunting, stories
- ✓ Hammocks, climbing net & swings
- ✓ Hot dogs around the fire



+ so much more fun to be had!

 **Saturday**
25th July 2026

 **1pm - 3pm**

 **Willowbrook Farm, Desborough**



BOOKING LINK



<https://bookwhen.com/foren/enwildoutdoorsic>

 07561313770

Desborough Town Pythons football team looking for new players Under 9s. Season 2026/27

Desborough Town Pythons are looking for some new players

Current Year 3 (Y4 sep) Mixed gender team

Training development team available Training Friday at Desborough Leisure Centre

Match Day Sundays at Kettering North Park For more information or to register your interest:

Facebook: DesboroughTownJuniors

Email: SecretaryDTJFC@gmail.com

Phone/WhatsApp: Luke 07301580977



Rothwell Mental Health and Wellbeing Drop In Support

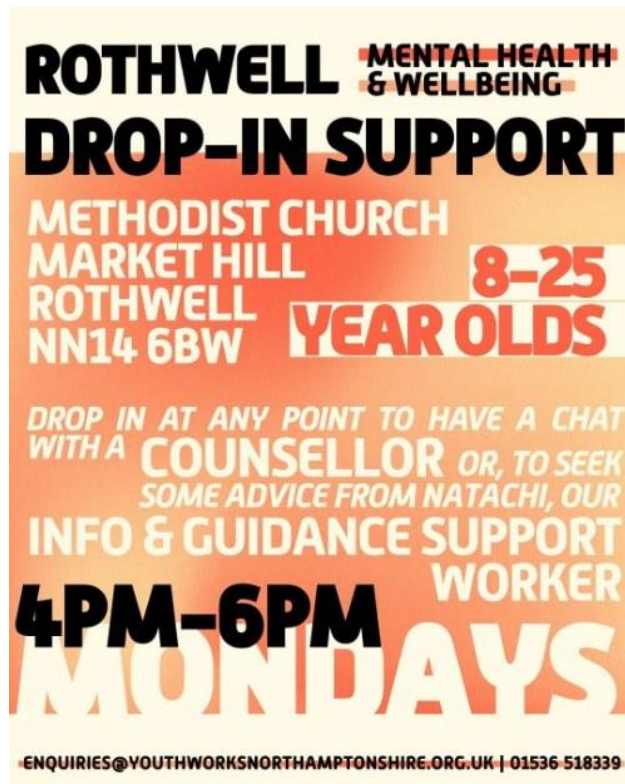
For ages 8-15 years

Methodist Church, Market Hill, Rothwell, NN14 6BW

Drop in at any point to have a chat with a co9unsellor or to seek some advice and guidance from our support worker Natachi

4pm-6pm every Monday

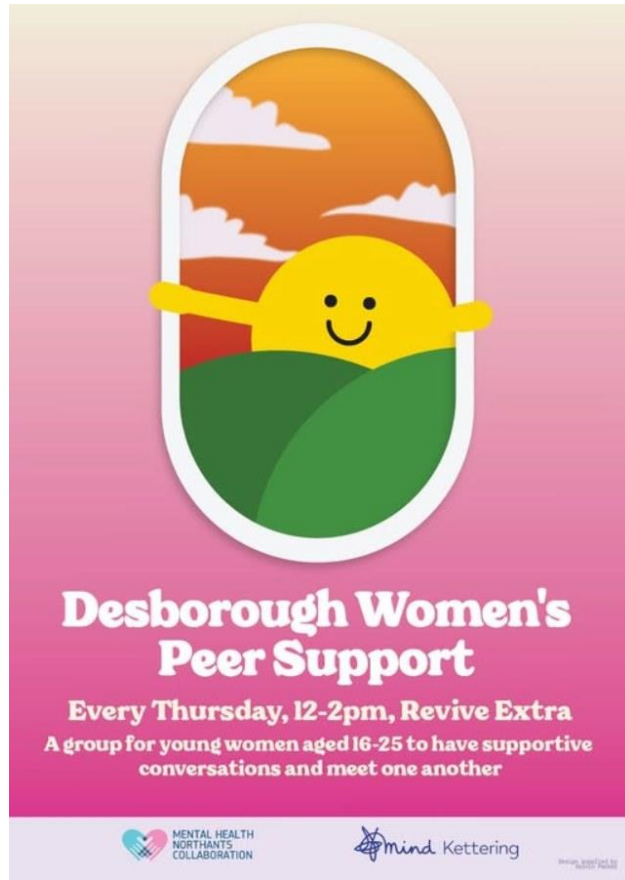
For more information, please email enquiries@youthworksnorthamptonshire.org.uk or call 01536 518339



Desborough Womens Support Group - Kettering Mind

A new women's peer for ages 16-25 support group every Thursday from 12:00-2.00pm at Revive Extra in Desborough.

This is a peer support group for young women aged 16-25 to have supportive conversations and meet like minded people. This has been set up by one of our Community Wellbeing Champions Eva who looking to make a positive difference in our local community. We are extremely proud of all of our Community Wellbeing Champions who are bringing such positive groups to the local area



Rothwell Foodbank - New Venue - Holy Trinity Church

The Market House Pantry established 2025. Do you need help or know someone who does?

The Market House pantry is Rothwell's food bank, founded on the principles of compassion and community support. We provide essential services to individuals and families in a time of crisis, ensuring that no one in the area has to go hungry.

Tuesday and Thursday 10am to 2pm Holy Trinity Church, High Street, Rothwell, NN14 6BQ

For more information, contact Lisa Judge, Health & Wellbeing Officer on 07908 913056 or email healthandwellbeing@rothwelltowncouncil.gov.uk



Opening
Tuesday 2nd
September



PANTRY

ESTD 2025



Do you need help or know someone who does?

The Market House Pantry is Rothwell's food bank, founded on the principles of compassion and community support. We provide essential services to individuals and families in a time of crisis, ensuring that no one in the area has to go hungry.

Tuesday and Thursday

10am to 2pm

Market House, Market Hill, Rothwell NN14 6BW

For more information, contact Lisa Judge, Health & Wellbeing Officer on 07908 913056 or email healthandwellbeing@rothwelltowncouncil.gov.uk



Corby

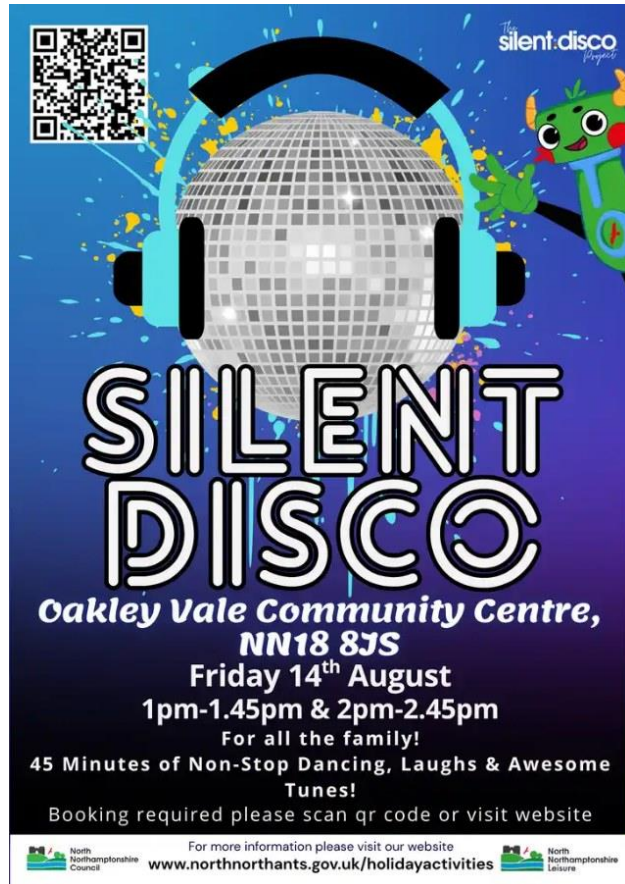


Silent Disco

Pop on your headphones, pick your music channel, and dance like nobody's watching! With 45 minutes of pure fun, laughter, and feel-good vibes, this is the ultimate party for kids this summer. For children aged 8 to 12 years. £3 per ticket, per session.

Friday 14 August - 1pm to 1:45pm and 2pm to 2:45pm - Oakley Vale Community Centre, Corby, NN18 8JS

To book please visit - [Playwaze.com](https://www.playwaze.com)



Good Vibes Only - Teen Wellbeing and Mindfulness Days

Delivered by the North Northamptonshire Active Communities team, at various locations across North Northamptonshire.

A calming and creative 4-hour retreat for teens aged 12 to 16. A lunch will also be provided. Each session features yoga, journaling, mindful crafts, and space to unwind in a friendly and supportive setting. Held weekly in different North Northants locations. **Limited paid tickets at £5. HAF Places available**

Tuesday 11 August - 12noon to 4pm - Coronation Park Pavilion, Corby NN17 1SY

To book for paid spaces - [Corby Good Vibes Only](#)

Turn Up and Play.

Free Multi-Sports Sessions for 8-14 Years.

Every Thursday from July 30 to August 27. Priors Hall Amphitheatre NN17 5ER.

10.30am to 12.30pm

Please note there is no toilet access and bring a water bottle.



Kingswood Urban Development Free Summer Sessions for Children and Young People July

Monday 20 July VR Session 10am to 3pm (Bookable event)

Tuesday 21 July Kwik Cricket 1pm to 3pm

Thursday 23 July Circus Skills (SEND) 1pm to 2pm (Bookable event)

Thursday 23 July Circus Skills 2pm to 3pm (Bookable event)

Friday 24 July Crazy Golf 1pm to 2.30pm

Monday 27 July. VR session (Bookable Event). 10am to 3pm

Tuesday 28 July Climbing wall 10am to 4pm

Wednesday 29 July. Kwik Cricket 1pm to 3pm

Friday 31 July Silent Disco (SEND) (Bookable event) 11am to 12 Noon.

Friday 31 July Silent Disco (Bookable event) 1pm to 2pm

August

Monday 3 August Safari Stu (Bookable event) 10am to 10.45pm

Monday 3 August Safari Stu (SEND) (Bookable event) 11am to 11.45am

Monday 3 August Safari Stu (SEND) (Bookable event) 1pm to 1.45pm.

Monday 3 August. Safari Stu (Bookable event) 2pm to 2.45pm

Wednesday 5 August VR Session (Bookable Event) 10am to 3pm.

Thursday 6 August Dance with Bowie (Bookable Event) 10am to 3pm

Friday 7 August Utterly Butterly Ukelele Challenge (Bookable event) 10am to 11.30am

Friday 7 August Utterly Butterly Ukelele Challenge (Bookable event) 12.30pm to 2pm

more August events to add

All Held at Kingswood neighbourhood Centre, Alberta Close, Corby

To book call 07462 656754 or email robert.lovegrove@kudproject.org





KUD Project weekly Activity programme will run as normal throughout the summer

KUD Project weekly Activity programme will run as normal throughout the summer, alongside all additional Summer Activity Programme activities.

Monday

Premier League kicks 4.30pm to 5.30pm MUGA/Field

Calisthenic sessions 5.30pm to 6.30pm Calisthenic Rig

Tuesday

Skateboard sessions 3.45pm to 5.15pm Skatepark

SEND Social group 4pm to 5pm Main Hall

Wednesday

KUD Football 3.30pm to 4.15pm Main Hall

MMAP Workshop 6pm to 7.30pm Youth Room

Thursday

Multi sports/fitness 4.30pm to 5.15pm Main Hall

Karate 6pm to 6.45pm Youth Room

Contact robert.lovegrove@kudproject.org for information or follow us on Facebook [KUD Project](#)



The poster is a vertical blue rectangle with white text. At the top left is the KUD Project logo. The main text states: 'KUD Project weekly Activity programme will run as normal throughout the summer, alongside all additional Summer Activity Programme activities.' Below this are four white rounded rectangular boxes, each containing a day of the week and a list of activities with times. The days are MONDAY, TUESDAY, WEDNESDAY, and THURSDAY. At the bottom, it says 'Contact robert.lovegrove@kudproject.org for info, or follow us on Facebook' next to a QR code.

Day	Activities
MONDAY	Premier League kicks 4:30pm - 5:30pm - MUGA/Field Calisthenic sessions 5:30pm - 6:30pm - Calisthenic Rig
TUESDAY	Skateboard sessions - 3:45pm - 5:15pm - Skatepark SEND Social group - 4:00pm - 5:00pm - Main Hall
WEDNESDAY	KUD Football 3:30pm - 4:15pm - Main Hall MMAP Workshop - 6:00pm - 7:30pm - Youth Room
THURSDAY	Multi sports/fitness - 4:30pm - 5:15pm - Main Hall Karate 6:00pm - 6:45pm - Youth Room

Contact robert.lovegrove@kudproject.org for info, or follow us on Facebook

Picnic in the Sensory Garden.

Are you a carer for adults or a Child Minder or just a Mum, Dad or Grandparent then come along and enjoy entertainment, garden games and music, bring your own picnic and we will supply the ice cream, all welcome, free event, suitable for all ages.

Friday 31 July 11am till 1pm in the sensory garden.

Coronation Park, Cottingham Road, Corby, NN17 2UN.



Active Families Fundays 2026

Free Fun for all ages with activities to help you move more, arts & crafts, and more! Every Wednesday throughout August. 12noon to 4pm.

Wednesday 5 August, West Glebe Park, Corby, NN17 1SZ

Activities include Giant sand pit, water slides, small rides, circus skills, crazy golf, trampolines, arts and craft activities, swing ball mania, bubble station. Corby radio. Water tattoos. Children's Soft Play, Climbing Wall. Giant Garden Games. Basketball and football shootouts. Family sports led by local sports clubs and much more.

Displays and special activities include: NN Leisure Fitness Team.



Free Poetry Workshops with Mr Shay (Ages 12-17)

We are excited to be bringing a special two-day poetry workshop experience for young people aged 12–17 with the incredible Mr Shay to Corby this summer. This will be a small, supportive group with a maximum of 12 participants, giving young people the chance to develop their creativity, build confidence, explore spoken word and poetry, and express themselves through writing and performance.

Dates: Thu 6- Fri 7 August

Time: 12pm – 3pm each day

Location: The Project M Space, Corby Town Centre (Opposite Chisholm House NN17 1PD)

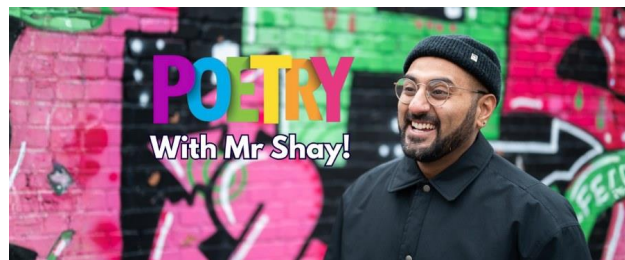
Akshay Sharma better known as Mr Shay, is a Leicester based Poet & Rapper. He was titled Leicester's first Poet Laureate in September 2025. Shay is influenced by social topics such as cultural heritage, immigration and identity. His poetry is a melting pot of intricate rap flows fused with Indian classical roots. Shay also works as a community arts practitioner, leading poetry, rap and music workshops with young people across the UK.

Poetry Competition Opportunity. Young people who attend the workshops will have the opportunity to submit their work to the David Laing CBE Young People's Poetry Award in either the 11–14 or 15–17 age category.

The winner of each category will be invited to perform their poem at the Northamptonshire Community Foundation Annual Awards Event in November 2026. In addition, all competition entries will be included in a public exhibition celebrating young people's creativity and talent.

Register Your Interest by visiting [Click here to apply](#) Please note that submitting a form does not guarantee a place on the workshops Deadline to apply is Mon 20 July 10am but may close sooner due to volume of applicants Thank you for your interest. We look forward to sharing further details soon.

[Free Poetry Workshops with Mr Shay \(Ages 12-17\) - The Core at Corby Cube](#)



Wings a FREE 5 day performing arts programme

Free 5-day performing arts programme! An inclusive, fun space to develop your confidence and creativity.

Learn from industry professionals and perform in a showcase at the end of the programme.

Monday 24 to Friday 28 August 10am to 3pm

The project M Space, Corby town centre, (opposite Chisholm House, NN17 1PD) Open to young people aged 14 to 17 years. Limited spots available. **Deadline to apply Monday 10 August 10am**

[Wings - A Free Performing Arts Programme \(Age 14-17\) - The Core at Corby Cube](#)

WINGS - A PERFORMING ARTS PROGRAMME



FREE 5-DAY PERFORMING ARTS PROGRAMME!

An inclusive, fun space to develop your confidence and creativity!

Learn from industry professionals & perform in a showcase at the end of the programme.

MON 24 - FRI 28 AUGUST 10AM - 3PM
THE PROJECT M SPACE, CORBY TOWN CENTRE
(OPPOSITE CHISHOLM HOUSE NN17 1PD)

Open to young people aged 14-17 years

LIMITED SPOTS AVAILABLE
 Deadline to apply
 Mon 10 August 10am
www.thecorecorby.com/wings



Fineshade Wood Walks

Fineshade Wood is giving woodland walk fantasy with a range of walks to suit anyone and everyone!

Smelters' Walk – a gentle, accessible 2-mile route with 3,000 years of history beneath your feet and wheels

Dales Wood Trail – a scenic 3-mile route

Mill Wood Trail – a longer route with open skies, birds of prey, and peaceful woodland (perfect for a proper escape)

It really is one of the best times to be in the woods – why not get out and explore [Fineshade Wood - Forestry England?](#)

Find your route: [Walking trails at Fineshade Wood | Forestry England](#) Forestry England Visitor Centre, Fineshade, Corby NN17 3BB



Women's Support Group in Corby and Surrounding Areas

My name is Iryna Shportenکو. I hold a Master's degree in Psychology and I am an accredited member of the British Psychological Society. I currently volunteer with Northamptonshire Mind. As part of my volunteer work, I have created a weekly support group for women, offering a friendly and safe space to connect over a cup of coffee. I warmly invite women living in Corby and nearby towns and villages who would value a space for connection, support and mutual understanding.

Venue: Coffee#1 Corby, Unit 7b Willow Place, Corby NN17 1BH, (next to TK Maxx in Corby town centre)

When: Every Thursday, Time: 12:00 PM – 2:00 PM (approximately)

Free to attend

During our meetings we will have the opportunity to talk, share experiences, discuss challenges related to adapting to life in the UK, loneliness, stress, worries, and explore ways to support our emotional wellbeing. Please note: this is not psychotherapy or individual counselling. It is a supportive wellbeing group delivered as part of Northamptonshire Mind's community activities, focused on connection, mutual support and sharing experiences.

I would be delighted to meet anyone who is looking for support, new connections and a warm community of women



Corby Library Family Activities July 2026

Monday Storytime 10:30am to 11:30am 6th Term Time Only. Under 5s Booking Required

Tuesday AuDHD Parent Support Group Drop In. 9.30am to 11.30am 14 July. Supporting families who care for someone with ADHD and Autism.

Wednesday Summer Reading Challenge activities – see additional leaflets for more information.

Thursday Rhyme Time 9.30am to 10am. 11.30am to 12 Noon. 2 and 9 July. Term Time Only. Under 5s. Drop-in.

Rainbow Circle LGBTQ+ Group. 4pm to 5.30pm 2 Ages 11 to 16. 1 and 3rd Thursday of the month term time only. Drop-in

Saturday Saturday Play 10am to 4pm. 11 and 25 July. Drop in

Construction Corner 10am to 4pm. 4 and 18 July. Drop in

Please note that staffing may not be available at all above activities, therefore, adult supervision is essential.

These sessions are FREE to attend and are suitable for all ages. Booking opens a week in advance of the session date for those sessions requiring booking. Email:

Corby.libraryplus@northnorthants.gov.uk Telephone: 0300 126 3000 option 5 followed by option 3. Facebook: @CorbyLibrary



Corby Library - Read to the Beat Activities

Saturday 18 July all 'Have a go' with musical toys. Drop In

[Summer Reading Challenge - "Have a Go" with Musical Toys Tickets, Saturday, July 18 • 10 AM - 4 PM | Eventbrite](#)

Saturday 25 July 10.30am to 11.30am. Make your own tin drum (Booking Required)

[Summer Reading Challenge - Make your own Tin Can Drum Tickets, Saturday, July 25 • 10:30 AM - 11:30 AM | Eventbrite](#)

Tuesday 28 July 11.30am to 1.30pm Children and Young People's Wellbeing Team, music and crafts. Drop In.

[Summer Reading Challenge - Music Craft Tickets, Tuesday, July 28 • 11:30 AM - 1:30 PM | Eventbrite](#)

Wednesday 29 July 10.30am to 11.30am. Make Junk Model Instruments. Booking Required.

[Summer Reading Challenge - Make Junk Model instruments Tickets, Wednesday, July 29 • 10:30 AM - 11:30 AM | Eventbrite](#)

Saturday 1 August 10.30am to 11.30am. Make Musical Rain Sticks. Booking Required.

[Summer Reading Challenge - Make Musical Rain Sticks Tickets, Saturday, August 1 • 10:30 AM - 11:30 AM | Eventbrite](#)

Monday 3 August 10am 0-7 Years. 11.30am 8+ years. 2pm 0-7 years. 3.30pm 8+ years.

Made with Many Musical Activity. Booking Required.

[Summer Reading Challenge - Musical Story Workshop with Made with Many Tickets, Monday, August 3 • 10 AM - 11 AM | Eventbrite](#)

[Summer Reading Challenge Musical Story Workshop with Made with Many Tickets, Monday, August 3 • 11:30 AM - 12:30 PM | Eventbrite](#)

[Summer Reading Challenge Musical Story Workshop with Made with Many Tickets, Monday, August 3 • 2 PM - 3 PM | Eventbrite](#)

[Summer Reading Challenge Musical Story Workshop with Made with Many Tickets, Monday, August 3 • 3:30 PM - 4:30 PM | Eventbrite](#)

Wednesday 5 August 12 Noon to 4pm West Glebe Park Funday. Join us there! Drop in.

[Summer Reading Challenge - West Glebe Park Fun Day Tickets, Wednesday, August 5 • 12 PM - 4 PM | Eventbrite](#)

Summer Reading Challenge - Just Dance Wii Game

Saturday, August 8 • 10:30am to 11:30am

[Summer Reading Challenge - Just Dance Wii Game Tickets, Saturday, August 8 • 10:30 AM - 11:30 AM | Eventbrite](#)

Bookable events can be booked through our Eventbrite Page [Corby Library](#) Booking for all events will open 7 days before each event at 1pm. You can click the 'Remind Me' button on an event listing to receive a reminder from Eventbrite when the tickets go live. If you have any difficulties with the Eventbrite website and are unable to book or cancel a ticket, please contact the library. You can call us on 0300 126 3000 or email us at corby.libraryplus@northnorthants.gov.uk



The poster features logos for The Reading Agency, Universal Music Group, and Read to the Beat. The title is 'Corby Library Summer Reading Challenge Activities 2026'. Below is a table of activities with columns for Date, Time, Activity, and Drop in or Book. At the bottom are logos for North Northamptonshire Council and LibraryPlus, along with a small copyright notice.

Date	Time	Activity	Drop in or Book
Saturday 4th July	All day	Summer reading Challenge Launch!	Drop In
Saturday 11th July	10.30am - 11.30am	Make some simple Musical Instruments	Booking required
Saturday 18th July	All day	'Have a go' with musical toys	Drop In
Saturday 25th July	10.30am - 11.30am	Make your own tin drum	Booking Required
Tuesday 28th July	11.30am - 1.30pm	Children and Young People's Wellbeing Team Music Crafts	Drop In
Wednesday 29th July	10.30am - 11.30 am	Make Junk Model Instruments	Booking Required
Saturday 1st August	10.30am - 11.30am	Make Musical Rain sticks	Booking Required
Monday 3rd August	10am 0-7 years 11.30am 8+ years 2pm 0-7 years 3.30pm 8+ years	Made with Many Musical Activity	Booking Required
Wednesday 5th August	12.00pm - 4.00pm	West Glebe Park Fun Day – Join us there!	Drop In

North Northamptonshire Council LibraryPlus

Illustrations © Harry Woodgate 2026. Read to the Beat © The Reading Agency 2026, registered charity number 3085443 England and Wales

Youth Games - Thursday 30 July 10.30am to 12.30pm

The Amphitheatre Priors Hall Park, 1 Croyland Mews, Corby, NN17 5ES

Sports, Games, Crafts and much more [Youth Games in the Amphitheatre - 2026](#) | [Facebook](#)

Back for the sixth-year running, come along to Priors Hall Park's Amphitheatre for a range of FREE activities, including:

Sports and games from North Northamptonshire Active Communities

Craft tent and activities by St Mary's Church Weldon / Weldon Parish Council MYO Sun Catchers. Jenga. Arts and Crafts with Youth Inspired

Information on local services for families and young people from North Northamptonshire Council Safer Communities Team



Thrive in Life 11 to 19 in Corby Summer Programme 2026

Wellbeing support for 11 to 19 year olds throughout the summer holidays. Providing workshops, wellbeing sessions, creative activities, coffee mornings and drop-ins. Providing support for emotional wellbeing, transition to adulthood, sexual health and more.

Coffee morning for young people and parents/carers 26 July 10am 1pm White Hart Corby

Emotional Wellbeing Workshop 28 12am to 2pm. Coronation Park Pavillion

Drop in 28 July 2pm to 4pm. Coronation Park Pavillion

Health Lifestyle Workshop and activities. 28 July 12pm to 2pm. Coronation Park Pavillion

Drop in. 4 August 2pm to 4pm. Coronation Park Pavillion

Transition to Adulthood Workshop. 11 August 12pm to 2pm. Coronation Park Pavillion.

Healthy Lifestyle Workshop. 13 August 12pm to 2pm. Beanfield Community Centre.

Thriving in Life 11-19 Corby Summer Programme 2026



What we offer:

Wellbeing support for 11-19 year olds throughout the summer holidays. Providing workshops, wellbeing sessions, creative activities, coffee mornings and drop-ins. Providing support for emotional wellbeing, transition to adulthood, sexual health and more.

Book a Workshop Here



What's on?	When?	Where?
Coffee morning for young people and parent/carer	28 th July 10am-1pm	White Hart Corby
Emotional Wellbeing Workshop and activities	28 th July 12pm-2pm	Coronation Park Pavilion
Drop in	28 th July 2pm-4pm	Coronation Park Pavilion
Healthy Lifestyle Workshop and activities	4 th August 12pm-2pm	Coronation Park Pavilion
Drop in	4 th August 2pm-4pm	Coronation Park Pavilion
Transition to Adulthood Workshop	11 th August 12pm-2pm	Coronation Park Pavilion
Healthy Lifestyle Workshop	13 th August 12pm-2pm	Beanfield Community Centre
Drop in	13 th August 2pm-4pm	Beanfield Community Centre
Coffee morning for young people and parent/carer	18 th August 10am-1pm	White Hart
Anxiety and Stress Workshop and activities	18 th August 12pm-2pm	Coronation Park Pavilion
Drop in	18 th August 2pm-4pm	Coronation Park Pavilion
Step up to Secondary workshop	25 th August 12pm-2pm	Coronation Park Pavilion
Drop in	25 th August 2pm-4pm	Coronation Park Pavilion
Step up to Secondary Workshop	27 th August 12pm-2pm	Beanfield Community Centre
Drop in	27 th August 2pm-4pm	Beanfield Community Centre

Community Food Support in Corby

Mondays and Fridays

Corby Foodbank, St Peter & St Andrews Centre

Beanfield Avenue, NN18 0EH 1.30-3.00pm

Tuesdays and Thursdays

Foodbank at Kingswood Neighbourhood Centre

Alberta Close, NN18 9HU 10.30-11.30am

Community Food Projects

Monday to Friday: O'Neill's Café, Danesholme Road, NN18 9EJ and Pytchley Court NN17 2QD

Free toast to all children before school

Tuesdays: Café Nellie, Living Centre, 170 Cottingham Road, NN17 1SY

Free refreshments, Foodbank service available on request 10.00am-1.00pm

The Phoenix, Beanfield Avenue near Farmstead Road shops, NN18 0AY Free Lunch 12noon-3.00pm

Wednesdays: Project Hope at The Hungry Hossee, Dale Street, NN17 2BQ, soup kitchen, 2.00-4.00pm



FOODBANKS

Mondays & Fridays

Corby Foodbank, St Peter & St Andrew's Centre,
Beanfield Avenue, NN18 0EH
1.30pm-3pm

Tuesdays & Thursdays

Kingswood Neighbourhood Centre, Alberta Close, NN18 9HU
10.30am-11.30am

COMMUNITY FOOD PROJECTS

Monday to Friday

O'Neills Cafe, 14 Danesholme Road, NN18 9EJ &
Pythchley Court, NN17 2QD
Free toast to all children before school

Tuesday

Cafe Nellie, Living Centre, 170 Cottingham Road, NN17 1SY
Free refreshments. Foodbank service available on request
10am-1pm

The Phoenix, 129 Beanfield Avenue, NN18 0AY
Free lunch
12 noon-3pm

Wednesday

Project Hope (The Hungry Hossee), Dale Street, NN17 2BQ
Soup kitchen
2pm-4pm

**Food support
in corby**

Creative Art Workshops for Children

Suitable for Children aged 5 plus.

Join us every Saturday for fun, creative art sessions where young artists can:

Paint, draw, explore mixed media, learn new artistic skills, make new friends and have fun.

When: Every Saturday 11:30am to 12.30pm.

Where: At the Rooftop Arts Centre.

Cost: Only £5 per session.

For bookings and info, email info@rooftopartscentre.co.uk or call us on 01536 267101

Rooftop Arts Centre 27 New Post Office Square, Corby NN17 1PB



One Love Youth Group For Young Adults with Disabilities

Age 14 to 18. Opening Wednesday July 1. 6pm to 8pm every Wednesday.

£4 Youth member entry. Support Free. One Love Youth is an inclusive social group for young adults with disabilities, socialise, dance, sing, play games, make memories.

When: Every Wednesday. Time 6pm to 8pm. Where: The White Hart Pub, Corby, NN17 1UX

Open to young people aged 14 to 18.

Under 18s must have a parent/carers or responsible adult available on site.

A parent/carers may supervise more than one young person with parental consent.

18 Year Olds may attend independently if appropriate a support person may be required if additional needs cannot be safely met within the group. WhatsApp: 07457418667 Email:

OLSC.onelove@gmail.com



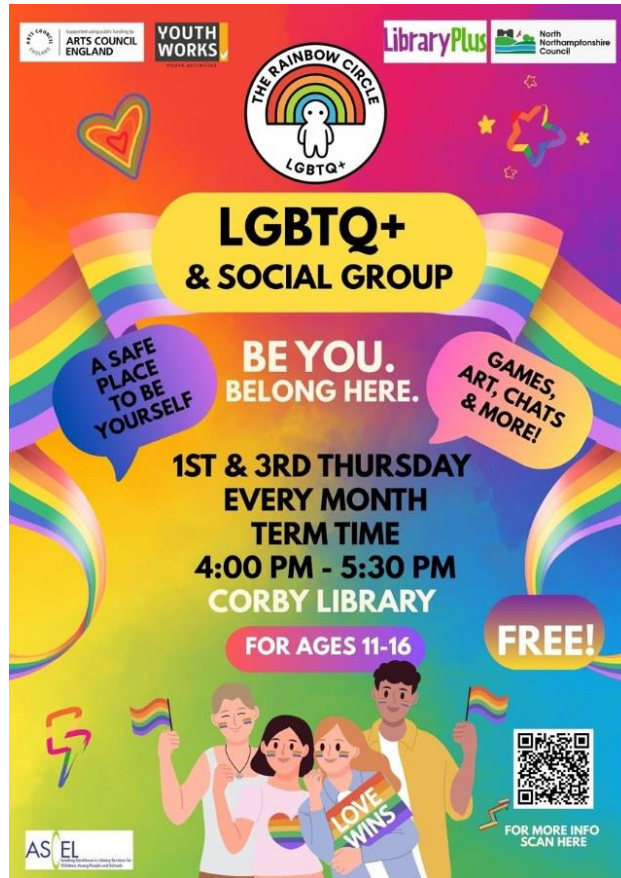
The Rainbow Circle LGBTQ+ and Social Group.

A safe place to be yourself. Games, Art, Chats and more,

Be you. Belong here. First and 3rd Thursday every Month, in term time, 4pm to 5.30pm. Corby Library.

Free and for ages 11 to 16.

Scan the QR code on the poster above for more information.



Sparklers SEN Club and Toy Swop

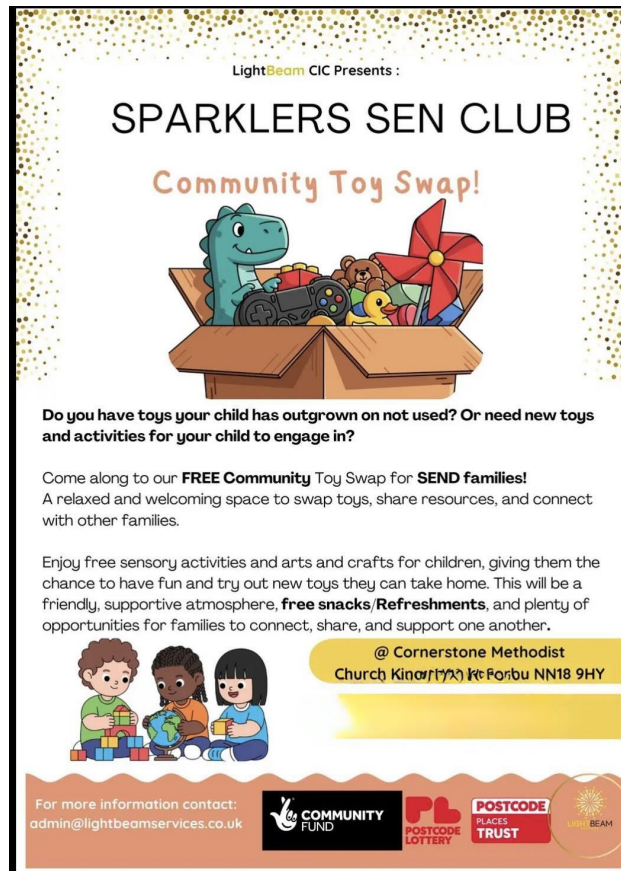
Join us on Saturdays for engaging activities tailored just for our amazing kids. This group is for children aged between 3-8 years old. Next session 18th July from 10-11.15am

Our activities include sensory circuits, sensory play, arts and crafts and interactive games. Cornerstone Methodist Church, Kingsbrook Corby, NN18 9HY

To help us keep offering the best experience (including using two rooms regularly for more space and activities!), we'll be **introducing a small charge of £1.50 per child from now on**. Adults will remain free so when booking please only book for your child/children. We want Sparklers to stay accessible to everyone, so if the cost would be a barrier for you, please don't hesitate to message us privately.

Registration is required to attend – please sign up here: [Events | Light Beam](#) We're excited to share that our next events will be our Sparklers Community Swap sessions. Join us at Cornerstone Methodist Church, Corby for a welcoming space to swap toys and sensory resources, meet with other families, and enjoy activities for children

Spaces are limited and booking is required. Book your place via our website: light-beamx.com
We can't wait to see you there!



Pen Green Groups for Children 0-5 years in Corby

Groups for Children and Families (0–5s) in Corby

Our Children's Centres in Corby offer a wide range of free groups and support for families with children from birth to 5 years. This includes antenatal and postnatal support, early learning activities, parenting courses, and targeted support for families who may need extra help. Groups are led by qualified practitioners, with both drop-in and referral-based options available.

Find out more and view our full timetable [Group Timetable](#) | [Pen Green Children's Centre](#)



Pen Green Centre
for children and their families

Group Timetable

Drop in
or get in touch
enquiries@pengreen.org

Visit pengreen.org
for full details

Groups and Services for Children and Families

Pen Green Centre for children and their families, kingswood, Woodnewton, Exeter

Youth Works Counselling

Here at Youth Works, we offer FREE counselling sessions to anyone aged 11-25 (up to 25 if you have a special educational needs/disabilities and access mainstream state funded school/college.) who live in the Boroughs of Corby or Kettering. The course of sessions tends to last 6-8 weeks with a 50-minute session at the same time each week.

To refer, fill in the form on our website: [Youth Works Referral](#)

This form can be filled out by the young person, or their parent/carer or professional. Any questions? Do not hesitate to send us a DM on Facebook, email (enquiries@youthworksnorthamptonshire.org.uk) or call 01536 518339

YOUTH WORKS COUNSELLING

We offer **FREE** counselling to any young person aged **11 to 18** years old ****** living in the boroughs of **Corby or Kettering**.

**or 25 years if you have a special educational needs/disabilities and access mainstream state funded school/college.

SCAN THE QR CODE TO REFER INTO OUR COUNSELLING SERVICE.

This form can be completed by a young person, or by their parent, carer or professional.



Housing and/or Financial Advice in Corby

Need Housing or Financial Advice in Corby? Accommodation Concern are at **Pen Green** every **Tuesday, 9am–12pm**.

Offering **FREE** support with: Housing issues (eviction, homelessness, repairs, applications), Debt advice & budgeting help, Emergency support (energy vouchers, food parcels, white goods), Benefits checks, claims & appeals

Can't make it? Call 01536 416560 or email Help@a-c.org.uk

Pen Green Children's Centre, Rockingham Rd, Corby NN17 1BJ

Need advice?


Accommodation Concern
 Advice, support and housing for a better tomorrow
Accommodation Concern are at Pen Green every Tuesday!
 9am - 12pm

1 Housing Advice?

- Eviction paperwork
- Rights and responsibilities of tenants & landlords
- Liaise with council/housing associations
- Court representation
- Homelessness
- Access to social or private housing
- Repairs
- Legal obligations of tenants
- Application to social housing (Keyways)



2 Debt Advice?



- Budgeting
- Negotiating payments with creditors
- Sourcing cheaper gas/electric providers

3 Benefits Advice?

- Maximising income/Benefit checks - are you claiming everything you are entitled to?
- Claiming and appealing Welfare benefits
- PIP claims/Appeals
- Employment Support Allowance claims/appeals



4 Emergency Support?



- Food voucher and food parcels
- Carpets & flooring
- Emergency energy vouchers (gas/electric)
- White goods
- Tenancy deposits/first months rent (max £700)


Can't make it? Call or email us!
 01536 416560 - Help@a-c.org.uk


Declaration and Information

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.

If you would like to contact the Community Connector team about submitting information to this newsletter or updating us about your organisations information please send an email to cfss@nctrust.co.uk and mark the email Stay Connected.

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