

RED KITE MENU APRIL 2026 WEEK 3

27th April – 18th May – 15th June – 6th July 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	Cheese & Ham Turnover with Diced Potatoes & Baked Beans (Gluten Free Available) Gluten, Wheat, Egg, Milk	Cajun Chicken Pasta Bake with Garlic Bread & Peas (Gluten Free Available) Gluten, Wheat, Milk & Soya (contains Garlic)	Roast Gammon, Sage & Onion Stuffing, Roast Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy (Gluten free available) Gluten, Wheat, Egg, Milk, Sulphites	Crispy Chicken Wrap with Lettuce & Mayo, Vegetable Rice & Sweetcorn (Gluten Free Available) Gluten, Eggs	Breaded Fish Fillet Oven Chips Peas or Baked Beans (gluten free available) Gluten, Wheat, Fish
VEGETARIAN MEAL	Vegetarian Nuggets, Diced Potatoes & Baked Beans Gluten, Wheat, Milk	Vegetable Quesadilla with Rice & Peas (Gluten Free Available) Wheat, Milk, Soya, Celery, Gluten	Quorn Vegan Fillet with Roast Potatoes, Yorkshire Pudding, Stuffing, Carrots & Green Beans & Gravy Wheat, Gluten, Milk, Egg, Sulphites (Contains Pea Fibre)	Roasted Vegetable Lasagne with Garlic Bread & Sweetcorn (Gluten Free Available) Gluten, Wheat, Egg, Celery, Milk	Cheese & Tomato Pizza Slice Oven Chips Peas or Baked Beans (Gluten Free Option Available) Wheat, Gluten, Milk, Soya, Celery (contains Garlic)
PICNIC LUNCH	Brown Sandwich – Wheat, Gluten Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Diced Potatoes – Gluten, Wheat Vegetable Sticks – no allergens Any Dessert (as below)	Brown Sandwich – Wheat, Gluten Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Mini Cheese Pizza – Gluten & Milk Vegetable Sticks – no allergens Any Dessert (as below)	Brown Sandwich – Gluten, Wheat Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Mini Roast Potatoes – Sulphites Vegetable Sticks – no allergens Any Dessert (as below)	Brown Sandwich – Gluten, Wheat Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Kids Popcorn – No Allergens Vegetable Sticks – no allergens Any Dessert (as below)	Brown Sandwich – Gluten, Wheat Tortilla Wrap – Gluten, Wheat Gluten Free Bread Available – Egg Fillings Ham – no allergens Cheese – Milk Tuna Mayo – Fish, Egg Egg Mayo – Egg Oven Chips – no allergens Vegetable Sticks – no allergens Any Dessert (as below)
Dessert Choice	Lemon & White Chocolate Sponge & Custard – Wheat, Gluten, Milk, Egg, Soya Yoghurt Pot – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Sprinkle Shortbread Biscuit – Gluten, Wheat Vanilla Ice Cream – Milk	Strawberry Trifle – Wheat, Gluten, Egg, Milk Butterscotch Mousse – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Chocolate School Cake – Gluten, Wheat, Egg, Milk, Soya Vanilla Ice Cream – Milk	Apple Crumble & Custard – Gluten, Wheat, Oats, Milk, Barley Chocolate Mousse – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Smartie Cookie – Gluten, Wheat, Soya, Milk Vanilla Ice Cream – Milk	Toffee Cheesecake – Wheat, Gluten, Milk Yoghurt Pot – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Jammy Dodgers – Gluten, Wheat, Soya Vanilla Ice Cream – Milk	Jam Roly Poly & Custard – Wheat, Gluten, Egg, Milk Banana Mousse – Milk Jelly Pot – no allergens Fresh Fruit Pot – no allergens Fairy Cakes with Buttercream – Gluten, Wheat, Egg, Milk, Soya Vanilla Ice Cream – Milk
JACKET POTATO	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten Free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten free	Jacket Potato with a choice of 2 Toppings & House Salad Grated Cheese – Milk Baked Beans – no allergens Tuna Mayo – Fish, Egg Ham – no allergens Homemade Coleslaw – Egg Any Dessert (as above) Gluten Free