

North Northamptonshire April 2026 Stay Connected



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

This is a live document and will be updated throughout the month with new events added and events that have happened removed so keep checking back.

To navigate to the location you wish to search for use the small grey box in the righthand corner of the screen.

Countywide



County Lines Awareness (For Parents/Carers)

Wednesday, Apr 15 from 12 pm to 1:30 pm Catch22 is delivering a session for all parents/carers who wish to understand more about County Lines and Child Criminal Exploitation (CCE)

This session is aimed at parent/carers(including foster carers/grandparents) to gain a understanding on the important issues surrounding county lines, as well as the impact that it can have on young people and their families, and the support that is available to young people who are impacted/suffering from County Lines and Criminal Exploitation. Topics will include:

- County Lines, child criminal exploitation (CCE) and financial exploitation,
- Stages of recruitment,
- Push and pull factors,
- The National Referral mechanism,

- The psychological impacts,
- Social media, and
- Debt bondage.
- Confidentiality

Please note that you will not be able to discuss individual children/young people in this session due to confidentiality and safeguarding. However, if you need to speak to someone confidentially about an individual child or young person, we will be able to refer or signpost you to specialist advice during or following the session.

This session is for parents/carers only To book your free space please visit our Eventbrite page [County Lines Awareness \(For Parents/Carers\) Tickets, Wednesday, Apr 15 from 12 pm to 1:30 pm GMT+1 | Eventbrite](#)

Know a young poet?

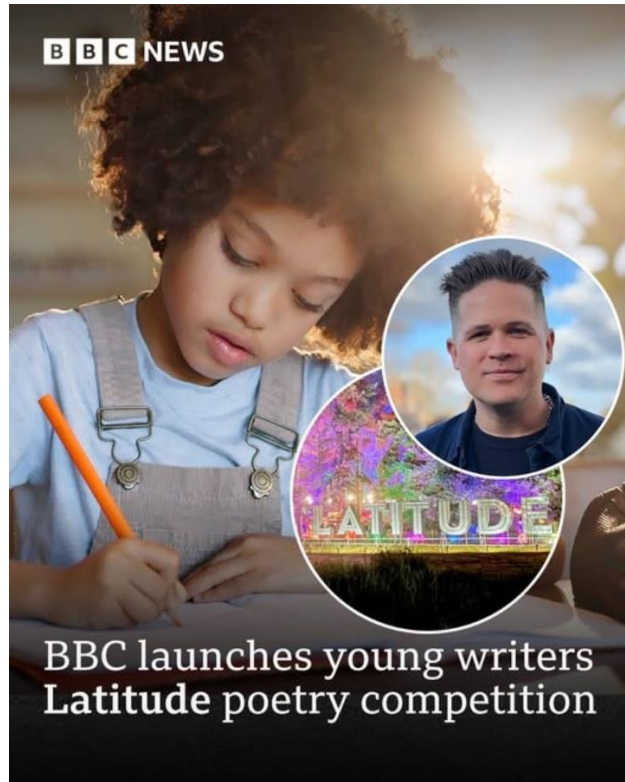
We've launched an amazing poetry competition with Latitude Festival for children aged 7–11 on the theme Generations. It needs to be an original work up to 200 words.

Six finalists, from across the BBC East region, will get a family ticket to the festival and the chance to read their work on the Waterfront Stage... with the overall winner also getting an exclusive backstage tour.

Entries close Friday 24 April at midday.

Please visit this website to find out more [Young poets sought as Latitude Festival turns 20 - BBC News](#)

Poems can be submitted here [BBC - Children's Poetry Competition 2026 for BBC East and the Latitude Festival](#)



Time Out for Couples

We are running this session online on April 10th 7.30pm-9.30pm and we still have spaces available.

Whatever stage you are at in your relationship, we are here to support you.

Time Out for Couples is designed for any committed couple, at whatever age or stage of relationship.

These single session events provide ideal opportunities for couples to take time out to invest in their relationship.

For all details and booking visit our website: [Events — Hope For Families](#)



Time Out for Couples



CHERISH

Time Out for Couples is designed for any committed couple, at whatever age or stage of relationship. These single session events provide ideal opportunities for couples to take time out to invest in their relationship.

Friday 10th April
7.30pm-9.30pm

Online via zoom

£10 per couple.
Registration includes a posted pack which contains all course materials plus additional, bonus resources.



Using videos from 'Care for the Family' and discussion time with your partner, couples will be encouraged and equipped for everyday life.

For all details and to book your place, visit our website:
hopeforfamilies.org.uk/events

Hope for Families is a charity registered in England and Wales.
Registered charity number 1194541

Join us for Time Out for Parents - The Teenage Years course

6 weekly online sessions, starting Wednesday 15th April- 20th May 7.30pm-9.30pm

This 6-session course helps parents and carers of teenagers to embrace the changes brought about by the teenage years. These sessions will help you to stay connected to your child and to build a strong relationship during this time.

This course will be held on Zoom

Registration includes an accompanying parent handbook (RRP £9.99), additional resources and goodies.

£20 per household(supported places are available).

To Book Please visit [Book here](#) Booking closes on April 7th



I'm Being Exploited

'I'm Being Exploited' is a powerful short film launched by the [Northamptonshire Safeguarding Children Partnership](#) (NSCP), and produced in conjunction with Northamptonshire Police and partners across Northamptonshire, to raise awareness to parents of a growing issue in the UK – known as 'Child Exploitation' (CE).

Child Exploitation is when a child or young person is targeted by an individual or criminal gang and manipulated or coerced into committing crimes or sexual acts.

This film seeks to help parents and other trusted adults spot the signs of a problem, and highlight the crucial part they can play by taking appropriate action.

To access the film please visit [I'm Being Exploited | Northamptonshire Police](#)

“We want to encourage parents and others to watch the film and consider if a child’s change in behaviour could be due to adults criminally or sexually exploiting them. If something doesn’t feel right, it might not be. If any parents are concerned that their child is being exploited please report your concerns.”

If you think someone you know might be being exploited, there are people you can talk to who can help. The following links and numbers can offer advice and guidance.

- Police: 101 (or 999 in an emergency)
- [Crimestoppers: 0800 555 111](#)
- If you are under 18, [Fearless: 0800 555 111](#)

- [NSPCC: 0808 800 5000](https://www.nspcc.org.uk/08008005000)
- [Childline: 0800 1111](https://www.childline.gov.uk/contact/08001111)



Northamptonshire Children's Trust Positive Parenting Programmes

Positive Parenting Programme for parents of teenagers

Programme attendance is for 9 weeks, every Tuesday, 09:30 to 11:30, from 21st April 2026 through to 9th June 2026 Term Time only at Wellingborough Family Hub

GROUP TEEN TRIPLE P IS A POSITIVE PARENTING PROGRAMME FOR PARENTS AND CARERS OF CHILDREN AGED 11 UPWARDS

Teenagers behaviour becoming too much for you to manage?

There is probably a lot of shouting and very little agreement.

Maybe you do not bother trying to talk anymore.

But you are worried. Where will this all end?

Maybe it is not that bad. It is just that you realise things can change very quickly.

Teen Triple P can give you the support you need.

AIMS AND OBJECTIVES:-

build a strong relationship with your child, encourage positive behaviours

resolve conflict, manage problem behaviours, help your child stay safe

A PRACTICAL PARENTING PROGRAMME HELPING PARENTS MANAGE TEENAGE ISSUES -

- Create a safe, interesting environment - create an environment that allows kids to explore safely and develop their skills.
- Have a positive learning environment - give them positive attention, even if only for a minute or so. Encourage their ideas and opinions.
- Use assertive discipline - set clear rules and boundaries and follow through with fair consequences.
- Have realistic expectations - Nobody's perfect – remember, we all make mistakes sometimes.
- Take care of yourself as a parent - It's all about balance.

GROUP TEEN TRIPLE P IS A GREAT CHANCE TO MEET OTHER PARENTS IN SIMILAR SITUATIONS WITH SIMILAR CONCERNS

At the Positive Parenting Programme for Parents of Teenagers, you'll be given tips and suggestions to suit the needs of your family. Your workbook will give you the tools you need to start positive parenting right away.

To book please visit [Positive Parenting Programme for parents of teenagers Tickets, Tuesday, Apr 21 to Tuesday, Jun 9 | Eventbrite](#)



Positive Parenting Programme for parents of children with additional needs

Programme attendance is for 9 weeks, every Tuesday from 12:30-14:30 from 12th May through to 14th July 2026, Term Time only at Blackthorn Children Centre

SURVIVAL GUIDE FOR FAMILIES WITH A CHILD WHO HAS A DISABILITY AGED 0 -12

A free 9 week programme for parents/carers positive parenting group to support parents and carers of disabled children aged up to 12 years with a developmental delay, including those with sensory or physical impairments. Stepping stones is delivered by the NCT Children and Family Support Services in various ways, either virtually online or at children's centres across Northamptonshire.

It helps you to encourage the behaviour you prefer; cope with stress; teach your child new skills and build better family relationships.

POSITIVE PARENTING PROGRAMME FOR PARENTS OF CHILDREN WITH DISABILITIES CAN HELP YOU WITH:

Developing a safe, interesting and positive learning environment

Ways to manage misbehaviour and challenging behaviour

Adapting to having a child with a disability

Having realistic expectations

Encouraging you to be part of the community

Taking care of yourself as a parent

GROUP STEPPING STONES IS A GREAT CHANCE TO MEET OTHER PARENTS IN SIMILAR SITUATIONS FACING SIMILAR ISSUES. SOMETIMES JUST KNOWING YOU ARE NOT ALONE IS VERY IMPORTANT.

At Group Stepping Stones, you'll be given tips and suggestions to suit the needs of your family. Your provider will guide you every step of the way and even provide backup phone support as you put your new skills into practice. your workbook will give you the tools you need to start positive parenting right away.

To book please visit [Positive Parenting Programme for parents of children with additional needs Tickets, Tuesday, May 12 to Tuesday, Jul 14 | Eventbrite](#)



Children with additional needs 0-12 yrs

Parenting a child with additional needs can be both rewarding and challenging, but the support is here for you! The Triple P Parenting for Children with Additional Needs course offers practical strategies and support to help you create a positive, nurturing environment for your child to thrive.

For parents of children with additional needs (0-16 years)

- Learn tailored ways to manage challenging behaviours
- Improve communication and understanding with your child
- Build strong, supportive connections
- Boost your confidence in meeting your child's unique needs

Whether it's navigating sensory challenges, emotional support, or everyday routines, Positive Parenting gives you the tools to empower both you and your child. Together, we can help your child grow, learn, and flourish.

For more information about support for parents and carers visit [nct.nhs.uk - support for children and families - parenting support and resources](https://nct.nhs.uk/support-for-children-and-families-parenting-support-and-resources) or use the QR code



Positive Parenting Programme for parents of children 0 to 12

Programme attendance is for 9 weeks, every Tuesday, 10:00 - 12:00, from 23 April 2026 through to 25th June 2026, Term Time only Blackthorn Children Centre

IS THIS YOUR FAMILY?

Your child constantly misbehaves, Other families don't seem to have it as tough as you

Your family life is full of anger and tears, There's probably a lot of shouting, From breakfast to bedtime, its a battle

If this sounds familiar, then Group Triple P could be for you.

GROUP TRIPLE P IS A POSITIVE PARENTING PROGRAMME FOR PARENTS AND CARERS OF CHILDREN UP TO THE AGE OF 12

Group Triple P is a positive parenting programme that shows parents and carers how the key principles of positive parenting can help their families. It helps build positive behaviour in

children and confidence in parents/carers abilities. It does this by offering strategies and ideas to support parents/carers to build a positive relationship with their child. It helps parents to learn how to respond in a consistent way and how to ensure that they take care of themselves as parents.

GROUP TRIPLE P CAN HELP YOU:

Encourage behaviour you like

Deal with problem behaviour

Become confident as a parent

Be realistic about parenting

Take care of yourself

To book please visit [Positive Parenting Programme for parents of children 0 to 12 Tickets, Thursday, Apr 23 at 10 am to Thursday, Jun 25 at 12 pm | Eventbrite](#)



POSITIVE PARENTING PROGRAMMES
Building strong and positive connections between parents and children

Triple P 0-12 years
Group Triple P is a positive parenting programme for parents and carers of children up to the age of 12.

This course shows parents and carers how the key principles of positive parenting can help their families. It helps build positive behaviour in children and confidence in parents/carers abilities. It does this by suggesting ways and ideas to support parents/carers to build a positive relationship with their child. It helps parents to learn how to respond in a consistent way and how to ensure that they take care of themselves as parents.

Group Triple P can help you:

- Encourage behaviour you like
- Deal with unwanted behaviour
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

For more information about support for parents and carers visit nctust.co.uk - support for children and families: parenting support and resources or use the QR code



Free Music Project for young people affected by bereavement

Calling young people aged 11–18 who love music (or want to try!) 4 day ‘Pop up Studio Residency’

You don’t need any music experience to take part. Whether you love writing, producing, singing, rapping, or you’re just curious to try something new this is for you.

Tues 26th – Fri 29th May 2026 (inclusive) 11am – 4pm

NMPAT, 125 Kettering Rd, Northampton (NN1 4AZ) What3Words:///cooks.rang.voting

- Co-produce an original EP with professional artists
- Write original lyrics, make beats & record your own tracks

- Build confidence, skills and creative connections

Click the link to register your interest: [Concept Music Project Registration Form](#)

CONCEPT
FREE MUSIC PROJECT

CALLING
YOUNG PEOPLE WHO
ENJOY PLAYING AND/OR
MAKING MUSIC

YOUR MUSIC.
YOUR WAY.

DATE: TUES 26TH - FRI 29TH MAY
2026 (INCLUSIVE)
TIME: 11AM - 4PM
LOCATION: NMPAT, 125 KETTERING RD,
NORTHAMPTON, NN1 4AZ
WHAT3WORDS: ///COOKS.RANG.VOTING

11-18
YEARS

- 4 day 'Pop Up Studio Residency'
- Co-produce an original EP with professional artists
- Write original lyrics, make beats and record your own tracks.
- To sign up scan the QR code or visit <https://tinyurl.com/TNAPConcept26>

pedestrian Never Alone Project **YOUTH**

Save the Date ENFEST Enfold's Family Fun Day

Join us for our annual Family Fun Day with SEND Marketplace.

All proceeds go towards supporting Northamptonshire's Autistic community.

9 May 2026. 10.30am to 2.30pm

Christ the King Church, Kettering, NN15 7AA.

Fete Games & Bouncy Castle. Refreshments, Craft Stalls. Information Stalls.

For more information please visit [Enfold - Your local autism information hub](#) or [Facebook - Enfold Northamptonshire Autism Support](#)

Email: info@enfold.org.uk



Family Learning Online Free Parenting Course

We are happy to announce our new FREE online parenting course on parenting neurodivergent children, teens and young adult is now live

Raising a neurodiverse child can be joyful, but also complex and overwhelming. This course is designed to support you with compassionate, practical strategies that meet your and your child's unique needs. In this online course, we will explore responsive and low demand parenting strategies, managing change and transitions, communication, distressed behaviours, sensory issues, carer burnout, looking after yourself and more. This course is aimed at parents and carers of neurodivergent children, teens and young adults whether there is a diagnosis or not.

To sign up please visit [Parenting neurodivergent children online parenting course | Family Lives](#)

**Parenting neurodivergent children
FREE online parenting course**

The course covers:

- Low demand parenting
- Tuning into your child
- Managing change and transitions
- Meltdowns, shutdowns, burnout & masking
- Communication
- Sleep issues
- Sensory regulation
- Carer burnout
- Compassion fatigue
- Self-care
- Downloadable resources
- And much more

Sign up today and work at your own pace

WWW.FAMILYLIVES.ORG.UK 

Wild Skills, Bright Futures Project for Children In Care and Children With a Social Worker

We are pleased to invite you to support referrals to our *Wild Skills, Bright Futures* pilot project, delivered in partnership with Stanwick Lakes, the John Lewis Partnership, North Northamptonshire Council, and Northamptonshire Children's Trust. This initiative offers an exciting opportunity for children in care and children with a social worker to build confidence and develop a range of skills.

In line with the aims of the funder, we are particularly encouraging referrals for children in care, and hope they will make up a significant proportion of each cohort. However, we also welcome referrals for children with a social worker who would benefit from this experience. It may be helpful to discuss potential referrals for this group with your Designated Safeguarding Lead (DSL) or Family Support Worker (FSW), as signposting from these colleagues may support identifying children.

We would be grateful if you could share this opportunity with eligible young people and their carers, and support them to make the initial referral by emailing the address provided on the attached flyer (nature@rftrust.org.uk). A registration form will then be shared, which includes a choice of sessions.

Attached is a schedule of dates and activities outlining the aims and content of each session. There will be two session slots available for each day 10:00am - 12:00 noon and 1:00pm - 3:00pm. The programme consists of four interactive outdoor sessions during school holiday periods, from March through August. We are encouraging young people to attend four sessions

in total so they can build their skills and confidence throughout the programme. Their work will then be showcased at the Stanwick Lakes Visitor Centre at the end of the project.

- There are ten spaces per session.
- Siblings may attend with parents/carers and their details can be added during registration.
- Children must attend with a parent, carer, or other appropriate adult.
- Support is available for travel costs and any required outdoor clothing.
- Parking at Stanwick Lakes will be free, details of car registrations will be taken at the Visitor Centre.
- Allocation is on a first come, first served basis.

We hope this pilot will give young people a meaningful opportunity to connect with nature, learn new skills, and enjoy positive shared experiences with their parents/carers and peers.

If you have any questions, please contact the Virtual School (virtualschool@northnorthants.gov.uk), or use the email address on the flyer (nature@rftrust.org.uk)

Wild Skills, Bright Futures

Explore the wild, learn new skills and connect with nature.

Join the "Wild Skills" team to explore the nature reserve at Stanwick Lakes while discovering its fascinating history and amazing wildlife!

You'll meet new people, have new adventures, learn practical skills and take action to protect nature.



- Wild Skills, Bright Futures has been designed for care experienced young people and children with a social worker aged 10-18, accompanied by a parent, carer or appropriate adult. •

* Taking part in Wild Skills, Bright Futures is FREE thanks to the John Lewis Partnership Foundation Building Happier Futures Fund. There is also support for travel and outdoor clothing costs.



Learn more: email nature@rfrtrust.org.uk or speak to your designated teacher at school.

Stanwick Lakes, managed by Rockingham Forest Trust - Registered Charity No. 1050157

01933 625 522 | info@rfrtrust.org.uk | www.stanwicklakes.org.uk

[f](#) [t](#) [i](#) [@stanwicklakes](#) [@stanwick_lakes](#)

WILD SKILLS, BRIGHT FUTURES: Session information

SESSION	DATES	ACTIVITIES	SKILLS DEVELOPMENT
Session 1: EXPLORE	Easter Holidays – Mon 30 th & Tues 31 st March Thurs 9 th & Fri 10 th April	EXPLORE Stanwick Lakes nature reserve and find out what makes it so special for people and wildlife. Use a map to help you find different habitats including lakes, meadows and woodlands.	<ul style="list-style-type: none"> • Communication and social • Map reading • Route finding
Session 2: DISCOVER	May half term Tues 26 th – Fri 29 th May	DISCOVER the animals that live on the reserve and become a citizen scientist as you observe and record them. Take action to improve habitats for animals.	<ul style="list-style-type: none"> • Teamwork • Wildlife knowledge • Scientific survey
Session 3: BE THE CHANGE!	Tues 21 st – Fri 24 th July	Find out what you can do to BE THE CHANGE and make a difference. Learn skills to take action for the planet where you live. This session includes a campfire!	<ul style="list-style-type: none"> • Communication • Social • Organisation and planning
Session 4: EXPRESS & CELEBRATE	Mon 3 rd and Tues 4 th August, (and optional session on Friday 7 th August)	EXPRESS how you feel about nature and CELEBRATE your time at Stanwick Lakes. Work with an artist to create an artwork which will be displayed in the Visitor Centre at Stanwick Lakes.	<ul style="list-style-type: none"> • Heritage crafts • Creative • Collaboration

SEN Kids Disability Discos – Easter Disco 2026

We're excited to invite families to our SEN Kids Disability Disco – Easter Special

A calm, inclusive and family-friendly daytime disco created especially for children with disabilities, special needs or learning difficulties. Children are free to enjoy the disco at their own pace — whether that's dancing, watching, taking breaks or just enjoying the music.

Tuesday 31st March 2026 2:00pm – 3:15pm Palm Beach, Wellingborough

Ages 4–11 (siblings welcome) £5 per child (includes a free kids soft drink)

Adults go FREE

Sensory-aware, relaxed environment, Community-led & not-for-profit, Bar open for snacks & refreshments

Please RSVP to help us plan numbers (pay on the door): [club palm beach sen-kids-disability...](#)

These events are run by Community Projects Base C.I.C and hosted at Palm Beach, providing a safe, welcoming space for families to enjoy together. Feel free to share with anyone who might benefit.

Dates for your diary:

Halloween Fancy Dress Disco - Friday 30 October 2026. 2pm to 3.15pm. Fancy Dress encouraged.

Christmas Jumper Snow Party. 2pm to 3.15pm. Christmas jumpers welcome.

Ages 4 to 11. £5 per child (includes a free kids soft drink) Adults go Free. Bar open for snacks and refreshments. Community-led and Not for Profit. A relaxed, inclusive event run by Community Projects Base C.I.C. Please RSVP to help us plan numbers, pay on the door.



Care and Repair

Care & Repair is a long-established charitable home improvement agency which carries out a range of repairs, improvements and adaptations in the home to help keep vulnerable householders safe, warm and secure. We support householders of all ages and in all tenures of property and work with a range of partners including councils and housing associations.

We have a number of funded schemes available to support those most vulnerable and in need, including:

Home safety and energy assessments, Gas Safety Scheme – checks, servicing, boiler repairs, small appliances, Electrical Safety scheme – electrical safety checks, sockets, lighting, showers, switches, etc, Home energy and heating improvements – includes small energy saving measures (draught exclusion, LED lighting, radiator foils) and larger measures (TRVS, thermostats, heating improvements, window and door repairs, window and door replacement), dealing with mould

Essential home repairs and improvements – home security, smoke alarms, carbon monoxide detectors, taps, toilets, showers, plumbing works, putting up curtain rails and blinds, repairing leaks, connecting white goods, supply of white goods for those most vulnerable

Minor adaptations to support mobility, including grab rails, stair rails, shower seats, half steps and key safes

Access to replacement boiler service (currently closed, will re-open later this year)

We can also carry out privately funded works such as kitchen and bathroom installations, level access showers, refurbishments and fencing. Referrals can be made to us by calling 01604 782250, emailing our small office team office@careandrepairnorthamptonshire.org.uk



Keeping Homes Across
Northamptonshire
Warm, Safe & Secure
Trading Standards Approved
Charitable Organisation

Do you need help with home repairs, improvements or handyman works?

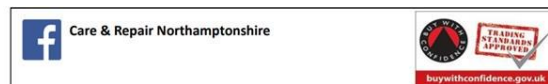
Our trusted reliable service is here to support you:

Plumbing, electrics & carpentry ♦ Lighting ♦
Home Security & Key Safes ♦ Smoke alarms ♦
Falls prevention & disability adaptations ♦
Kitchens and Bathrooms ♦ Heating ♦ Gas Safety ♦
Fencing & Gating ♦ Larger building works

You may be eligible for charitable funding toward the cost of works needed, subject to funding availability

 **01604 782250**

Office@careandrepairnorthamptonshire.org.uk



Care & Repair (Northamptonshire) Ltd
25 Tenter Road, Moulton Park
Northampton NN3 6AX



Registered society under the Co-operative and Community Benefit Societies Act 2014, 25783R

October 2023

What's on at Northamptonshire MIND

We have community hubs in Wellingborough, Rushden, Corby, Daventry, Towcester, and Northampton and you can see what's on at each hub by visiting our website.

We offer a year-round crisis café, counselling, and a selection of groups designed to improve mental health.

Visit our website to find out more: [Northamptonshire Mind timetables](#)



SEND Mumma's March Events

Here are our upcoming April Events. Everyone is welcome to come along for a chat, support, and some lovely activities together.

Clay and Painting. Peachfield Studio (near Kettering) Tuesday 31 March and Wednesday 1 April - Two time slots available.

Wellness Class Mes Amie's Dance Studio. Saturday 4 April. 10.30am to 1pm.

Hideway Wood Farm Meet Up. Near Daventry - Thursday 9 April. 10am to 1pm.

Blossom Workshop: Sensory Circuits and Communication. Saturday 11 April - 2pm to 4pm. Moulton Community Centre.

Outdoor Food Adventure with Flourish360 Sunday 19 April - 1pm Home Farm Bugbrooke





TARGET Parent/Carer Online Safety Advice and Support.

Targeting and Reducing Grooming, Exploitation and Trading of Children and Young People Online. (TARGET). **We are now offering advice and support sessions for parents and carers, focused on helping you support your child's online safety.**

The sessions aim to increase parent's understanding of online harms, build practical skills for managing online challenges and empower them to have open conversations with their child/young person. You can also help with issues such as parental controls, reporting online safety concerns and how to support the signs of grooming.

Support is available via:

- Telephone conversations or zoom calls directly with parents.
- Workshops within schools for larger groups.

For more information or make a referral contact us. Referrals@servicesix.co.uk 01933 277520

TARGET

Parent/Carer
Online Safety Advice and
Support

Targeting
And
Reducing
Grooming,
Exploitation and
Trading of children
and young people online

We are now offering advice and support sessions for parents and carers, focused on helping you support your child's online safety.

The sessions aim to increase parents' understanding of online harms, build practical skills for managing online challenges, and empower them to have open conversations with their child/young person. We can also help with issues such as parental controls, reporting online safety concerns and how to spot the signs of grooming.

Support is available via:

- Telephone conversations or zoom calls directly with parents
- Workshops within schools for larger groups



Service Six

For more information or to make a referral contact us:

referrals@servicesix.co.uk

01933 277520

North Northants



North Northants Council Easter Fun Activities for Families

The Easter school holidays run from Monday 30 March to Friday 10 April, and North Northamptonshire Council's leisure centres in Kettering, Wellingborough, Rushden, Corby and Thrapston are offering two weeks of fun activities for families.

Enjoy a range of swimming options including family sessions, fun floats, inflatables and 1–1 intensive lessons.

Kids and teens can stay active with football, pickleball, tennis, basketball, badminton, plus junior and teen gym sessions.

Families can also join free Xplorer outdoor navigation challenges in local parks.

Make this Easter active, exciting and full of adventure.

Programme details: [North Northants Holiday Activities](#)



Xplorer Easter Holiday Events

North Northamptonshire Council's **Leisure** team in collaboration with **Freedom Leisure**, are excited to offer **FREE family Xplorer events** during the **Easter Holiday's**.

What is Xplorer?

Xplorer is a fun, family-friendly navigation challenge that combines **physical activity with problem-solving**. Using a simple map, families work together to find markers and complete puzzles – a great way to get outdoors, be active, and boost wellbeing.

Rushden – Hall Park (NN10 9ES) Thursday 2nd April, 1:00–3:00pm

Wellingborough – Swanspool Gardens (NN8 2BZ) Tuesday 7th April, 1:00–3:00pm

Corby – Kingswood Neighbourhood Centre (NN18 9HU) Wednesday 8th April, 1:00–3:00pm

Twywell Hills and Dales (NN14 4DZ) Thursday 9th April, 10:00am–12:00pm

Kettering – The Green Patch (NN16 0LU) Thursday 9th April, 1:00–3:00pm

Cost: FREE – No booking required Children must be **supervised by a parent or guardian** at all times.

These are **family activities**, designed for everyone to take part together.

For more information about the events please email activefamilies@northnorthants.gov.uk




Xplorer is a family friendly navigation challenge that is educational and fun and gives children a sense of adventure as they explore the park to find markers.

Easter 2026 events:

- **Monday 30th March 1 – 3pm:** Thrapston, Peace Park (NN14 4JU)
- **Thursday 2nd April 1 – 3pm:** Rushden, Hall Park (NN10 9ES)
- **Tuesday 7th April 1 – 3pm:** Wellingborough, Swanspool Gardens (NN8 1BP)
- **Wednesday 8th April 1 – 3pm:** Corby, Kingswood Neighbourhood Centre (NN18 9HU)
- **Thursday 9th April 10am – 12:** Twywell Hills and Dales (NN14 4DZ)
- **Thursday 9th April 1 – 3pm:** Kettering, The Green Patch (NN16 0LU)

NO NEED TO BOOK **FREE TO JOIN**

For more information contact:
activefamilies@northnorthants.gov.uk



SEND Reform and Inclusion Workshops

Shaping the Future of SEND in North Northamptonshire Children and young people with SEND deserve a system that works — for them, their families, and the professionals supporting them.

Shaping the Future of SEND in North Northamptonshire is a **single, all-in-one event** bringing together **parent carers, schools, health partners, voluntary organisations, and local authority teams** to share views and help shape the future of SEND locally. At these events we will explore **two key areas** through focused workshops, giving you the chance to hear updates, discuss challenges, and influence how services develop.

Local SEND Reform Plan National SEND reforms mean every area must now develop a **Local SEND Reform Plan**.

While the reforms are set nationally, **how they work locally is something we can shape together**. This session will bring partners together to discuss what the reforms mean for North Northamptonshire and how we translate national direction into practical solutions for children, families and services.

Put simply: none of us can change the reforms themselves — but everyone in the room has a voice in **how they are delivered locally**.

Improving Home to School Transport

North Northamptonshire Council is working with Impower to review and improve the **Home to School Transport service**.

Earlier this year families and schools shared their experiences, identifying **five priority areas for improvement**. In this workshop we'll explore updates and ideas around:

- Communication and engagement
- The role of drivers and travel assistants
- Personal Travel Budgets
- Independent Travel Training
- Working with schools to support travel to school

This is your chance to **discuss feedback and help shape how the service develops moving forward. Your voice matters**. Join us for **one event covering both the Local SEND Reform Plan and Home to School Transport**, and help shape the future of SEND in North Northamptonshire.

Book to attend by visiting [Book A Service/Event](#)



SEND REFORM AND INCLUSION WORKSHOPS

We invite parents and carers of children and young people aged 0-25 with SEND, as well as professionals who work within this field, to join us, at these IMPORTANT workshops.

 15th Apr 2026 9:30 - 12:30	 CORBY Council Chamber, Corby Cube, George Street, Corby, NN17 1QG	 Book to attend
 17th Apr 2026 09:30 - 13:00	 KETTERING Council Chambers, Bowling Green Rd, Kettering, NN15 7QX	 Book to attend
 22nd Apr 2026 18:00 - 21:00	 WELLINGBOROUGH Council Chambers, Swanspool House, Doddington Road, NN8 1BP	 Book to attend
 28th Apr 2026 09:30 - 13:00	 THRAPSTON Council Chambers, Cedar Drive, Thrapston, NN14 4LZ	 Book to attend

These events will focus on:

- SEND Reform and Inclusion
- SEND Transport Consultation - Lead by IMPOWER
- Coproducing Solutions
- Developing The Local Plan

Your Voice Matters

Are you an unpaid carer or local person who is passionate about how care services are delivered in North Northamptonshire? Have you accessed Adult Social Care services?

Do you live with a disability or a long term health condition? Do you identify as part of a community that is often underrepresentation

We want to hear from you.

Share your experiences, influence real decisions and make a difference in your community, learn and grow, connect with others

Interested - contact us to find out more by emailing expertsbyexperience@northnorthants.gov.uk

call 0300 126 3000 option1, then 2, then 1

Or visit [Get involved with Adult Social Care | North Northamptonshire Council](#)

North Northamptonshire Council

Your voice matters

Are you an unpaid carer or local person who is passionate about how care services are delivered in North Northamptonshire?

Have you accessed adult social care services?

Do you live with a disability or long-term condition?

Do you identify as part of a community that is often under-represented?

We want to hear from you!

Why take part?


- Share your voice and experiences** – your story can help to create better services for everyone
- Influence real decisions and make a difference in your community** – shape policies, projects and services in our area
- Learn and grow** – build skills and confidence with provided training and support
- Connect with others** – join friendly, welcoming people with shared experiences

How to get involved

- Attend our monthly Together for Care Forum
- Join in workshops and focus groups
- Take part in staff recruitment and training
- Help to design new services or improve existing ones
- Share your views on policies and budget-setting
- Testing new ideas and solutions

Interested? Contact us to find out more:

- ExpertsbyExperience@northnorthants.gov.uk
- 0300 126 3000 (Option 1, then 2, then 1)
- www.northnorthants.gov.uk/ASCgetinvolved



Co-production
North Northamptonshire Council

Future:Fest 2026: SEND IASS North Northants' Ultimate Preparing for Adulthood Event!

BOOKING IS NOW LIVE! This year's event is bigger, braver, more hands-on! **Thursday 23rd April 2026 The Corby Cube, George Street, NN17 1QG**

We are SO excited to finally be able to share with you our big plans! Join us for a FREE, action-packed day filled with interactive workshops, real-world experiences, and a buzzing marketplace of organisations ready to inspire the next generation. We have stall-holders from colleges, services, employers, and community groups and workshops encompassing:

- Trades & Electrical
- Emergency Services
- Podcasting & Broadcasting
- Animal Care
- Health & Beauty
- Healthy Eating

- VR Experience and Digital Design
- First Aid

AFTERNOON SESSION (2pm-5pm) OPEN TO ALL.

This year, we're especially proud to open Future:Fest to ALL young people and their families, including:

- Home-educated young people
- Young people not currently accessing education
- Parent carers & families
- Young people exploring options, ideas or next steps
- SEND community groups & support networks

Future:Fest 2026 is designed to be welcoming, inclusive and accessible, giving every young person the chance to explore their future with confidence, creativity and excitement. Let's celebrate potential and spark aspirations! **Spaces are limited! Book now:**

www.sendiassnorthnorthants.co.uk/events

Professionals: If we haven't reached out to you yet and you would like to be involved, we would love to hear from you! Future:Fest is all about creating opportunities and ensuring no young person is left behind. Get in touch: SENDIASS@northnorthants.gov.uk



New Phone Number for Family Hubs North Northants

Our new Family Hubs phone lines is live! **The number to call is 01536 805244.**

Our staff will be able to assist you with any queries that you may have about upcoming sessions and where to find the right support for you. Our lines will be open from 9:00am to 5:00pm, Monday to Friday.



Sea of Support Evening Meeting - April

Evening Meeting. Tuesday 14 April . Join us for our evening meeting at Kingsley Special School in Kettering 7.30pm to 9.30pm.

At our Evening Meeting in April we are lucky to be joined by two special guests. We have Aiesha Bailey who developed the OCIR app which is a specialised communication and educational app which is designed for children with special needs and their parents/carers and educators. We will be shown a demo of the app and how to get it in your child's setting. We also have Lucy from Flourish360uk, who is a dietician and has just written her first children's book so is also now an author too. she will be coming to speak about ARFID. We also have the lovely SSS available for 1:1 conversations should you need them. As always our sensory and toy stall will be open and we will have refreshments available. We hope to see you there. Any questions please do let us know

Please do come by if you can and join us at Kingsley Special Academy, Churchill Way, Kettering NN15 5DP Please drop us an email at s.o.s.kettering@gmail.com if you have any questions.

Evening Meeting
Tuesday 14th April

Join us for our evening meeting at Kingsley Special School in Kettering
7.30-9.30pm

We are lucky to be joined by Alesha from OCIR and Lucy from Flourish360UK. Alesha developed the OCIR app which is a specialised communication and educational app for SEND. Lucy is a dietician and she is coming to speak about ARFID. We also have SSS available for 1:1 appointments as well.

Please do come by if you can and join us.

Professional Speaker
OCIR App Demo and Flourish360UK

s.o.s.kettering@gmail.com

We will have refreshments and our Sensory Toy shop open.

Family Action Supportive Steps - Maternal Rage

If you are experiencing maternal rage, please know you are not alone and that there is support available.

If you are an expectant parent, a new parent and or have children under 2 years old in North Northamptonshire and are struggling, please reach out to us today! Contact us today by: supportivesteps@family-action.org.uk

Or we have our FamilyLine team Free, confidential support for anyone facing parenting or family worries. 0808 802 6666 or 07537 404 282 familyline@family-action.org.uk

Mon–Fri, 9am–7pm (closed bank holidays) Out of hours? Text FAMILYACTION to 85258 (Shout)

Call, text, or email – we’re here when you need us.

MATERNAL RAGE

It doesn't just come out of nowhere



@_drboyd

Northamptonshire Carers - Parent Carer Wellbeing Hub North.

Kettering, Corby and surrounding areas.


We meet on the third Thursday of the month. 10.30am to 12.30pm. Venues alternate between Corby and Kettering.

Corby Saxon Crown (Weatherspoons). 100, Elizabeth Street, Corby, NN17 1FN. Alternate months starting 19 February 2026.

Earl of Dalkeith (Weatherspoons) 13 to 15 Dalkeith Place, Kettering, NN16 OBS

Alternate months starting 15 January 2026. Join us for a break, enjoy refreshments, activities, a chance to share the load and make friends with other carers.

Option to join Parent Carer WhatsApp information only group. **For further information phone Lucy at Northamptonshire Carers on 01933 677907. Please ring before attending if you are a "new to us" Carer**



Northamptonshire Carers
PARENT CARER
WELLBEING HUB NORTH

Kettering Corby and Surrounding Areas

We meet on 3rd Thursday of the month
 10.30am – 12.30pm

Venues alternate between
 Corby and Kettering

Corby Saxon Crown (Wetherspoons) 100 Elizabeth Street Corby NN17 1FN Alternate months starting 19th Feb 2026	Earl of Dalkeith (Wetherspoons) 13 - 15 Dalkeith Place Kettering NN16 0BS Alternate months starting 15th Jan 2026
--	---

Join us for a break, enjoy refreshments, activities, a chance to share the load and make friends with other Carers.

Option to Join Parent Carer What's-App information only group

For further information phone Lucy at Northamptonshire Carers on 01933 677907. Please ring before attending if you are a "new to us" Carer

Registered Charity Number: 1061417 Company Limited by guarantee No:3328459

Relaxed Singalongs by NMPAT. Northamptonshire Music and Performing Arts Trust.
 NMPAT Kettering Spring/Summer Terms 2026 **Specifically designed for children and young people with special needs.**

Multi-sensory effects, switches, Makaton signing and instruments.

Relaxed and supportive atmosphere. Family groups encouraged!

FREE for all attendees! Time: 10.30am to 11.30am Dates: 16 May, 13 Jun, 4 July (NB: all dates are Saturdays)

Place: The Masque Theatre, Latimer Arts Collage, NN15 6ST.

NMPAT

Northamptonshire Music and Performing Arts Trust

Relaxed Singalongs

NMPAT Kettering - Spring/Summer Terms 2026

- ★ Specifically designed for children & young people with special needs
- ★ Multi-sensory effects, switches, Makaton signing and instruments
- ★ Relaxed and supportive atmosphere
- ★ Family groups encouraged!

FREE for all attendees!

Time: 10:30am-11:30am

Dates: 17th Jan, 7th Feb, 7th Mar, 16th May, 13th Jun, 4th Jul

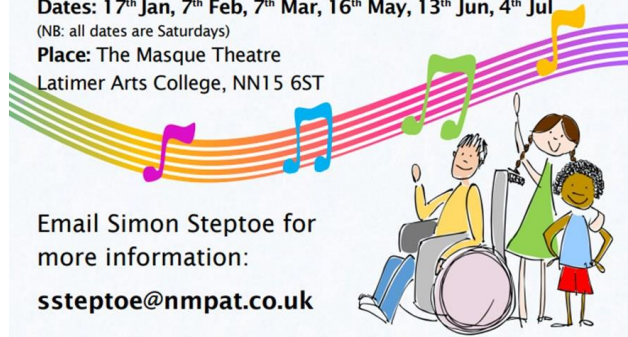
(NB: all dates are Saturdays)

Place: The Masque Theatre

Latimer Arts College, NN15 6ST

Email Simon Steptoe for more information:

ssteptoe@nmpat.co.uk



North Northamptonshire Parent Carer Voices Family Walk in the Park.

Come together, walk, play, run (your way).

Friday 10 April 2026. Meet at 10am. Barnwell County Park.

Email: enquiries@NPCV.co.uk



Online Yoga and Meditation - NPCV

Take an hour just for you. £5 per household 22nd April

This gentle online session is designed especially for parent carers who would benefit from a moment to pause, breathe, and recharge.

Jess (Founder of the Pyjama Yoga Club and Time Seekers - Women's Wellbeing) will guide us through simple, accessible yoga to release tension from the body, followed by a calming guided meditation to help settle the mind.

No experience is needed, and you can join from the comfort of your own home.

This is a welcoming space to rest, reset, and reconnect with yourself alongside others who understand the unique demands of caring.

Come as you are — a yoga mat, blanket, and a quiet space are all you need.

Book your space here: [Online Yoga & Meditation for Parent Carers](#)

Online Yoga & Meditation for Parent Carers [Online Yoga & Meditation for Parent Carers | Facebook](#)

ONLINE YOGA & MEDITATION



Take an hour just for you. ♥

This gentle online session is designed especially for parent carers who would benefit from a moment to pause, breathe, and recharge. Jess, will guide us through simple, accessible yoga to release tension from the body, followed by a calming guided meditation to help settle the mind.

22ND APRIL 2025

12:00-13:00

£2



[northamptonshireparentcarervoices](https://www.facebook.com/northamptonshireparentcarervoices)

enquiries@NPCV.co.uk

Wellingborough



*Wellingborough and Surrounding Villages, Finedon, Wollaston, Irchester, Bozeat, Great
Doddington, Earls Barton and Grendon*

Wellingborough

Wellingborough Eco Hub Easter Fun for the whole Family

Swanspool Pavillion, Swanspool Parade, NN8 2BZ

Friday 3rd April 6pm-8pm

Easter Themed Fun and Games

Saturday 4th April 12noon –2pm

Easter Egg Hunt

Tuesday 7th April 1pm-4pm

Rock Painting and seed Planting

Thursday 9th April 11am-1pm

Spring Toilet roll Crafts

EASTER EVENTS

FREE TO ATTEND, NO NEED TO BOOK

- **TUESDAY 31ST MARCH**

1PM TO 4PM

Card making

Fork tulip painting

- **THURSDAY 2ND APRIL**

11AM TO 1PM

Easter worksheets & colouring

- **FRIDAY 3RD APRIL**

6PM TO 8PM

Easter themed

family fun and games

- **SATURDAY 4TH APRIL**

12NOON TO 2PM

Egg hunt

- **TUESDAY 7TH APRIL**

1PM TO 4PM

Rock painting

Seed planting

- **THURSDAY 9TH APRIL**

11AM TO 1PM

Spring toilet roll crafts



SWANSPOOL PAVILLION, SWANSPOOL PARADE, NN8 2BZ



Queensway Community Fun Day

Thursday 2nd April 12.00-3.00pm

Queensway Park, Wellingborough, NN8 3QT

Everyone is Welcome. Come and say hello, find out about the local services near to you and enjoy some free activities.

Toddlers soft play area, archery, inflatable axe throwing, mini golf, inflatable football shootout, crafts.



Comets Disability Football Sessions for 5-11year olds

Wellingborough Town are excited to announce the launch of their Comets Disability Football sessions!

Comets is a recreational, pan-disability football programme for disabled boys and girls aged between 5 and 11 hosted by [WTFC Limitless](#). Pan-disability is the largest format of disability football, which sees players with a broad range of impairments and health conditions play together. Coaches have received extensive training on supporting players with additional needs and delivering inclusive football sessions.

Comets offers a new, flexible and inclusive way of playing, one that's all about playfulness, friendships and having fun. More than anything, Comets is football that breaks the old rules and replaces them with a brand new one: JUST BE YOU.

- Day and Time: Tuesdays from 6pm to 7pm (starting 14th April)
- Location: Wellingborough School, London Road, NN8 2BX
- Cost: First month FREE! Then just £3 per session

Contact Coach Steve to sign up: wtfclimitless@gmail.com

COMETS
Disability * Football

Your place to play
A safe space for disabled children aged 5 - 11 to kickstart their football journey

Just be you!

First Month FREE!

Comets Disability Football with Wellingborough Town FC Limitless
Inclusive Football Opportunities for children aged 5-11 with special educational needs, disabilities, health conditions, or any other support needs or adjustments

Day and Time: Tuesdays from 6pm to 7pm
Location: Wellingborough School, London Road, Wellingborough, NN8 2BX
Contact: Steve (Coach) at wtclimitless@gmail.com
Cost: First month FREE! Then just £3 per session

Get in touch to book your first session!

STARTS 14TH APRIL

Free Easter Fun: The Great Dino Discovery Day

Are you looking for the ultimate free family event in Wellingborough this Easter? Step back in time at Swansgate Shopping Centre for The Great Dino Discovery Day! We're bringing a prehistoric world to life with an immersive dinosaur hatchery, life-sized giants, and interactive trails that the whole family will love.

Experience the Dinosaur Hatchery Join us on Thursday 2nd April | 11am – 3pm

For one day only, our Dinosaur Hatchery will be in the centre! This hands-on experience is perfect for curious little explorers and budding palaeontologists. Watch baby dinosaurs hatch right before your eyes, learn fascinating facts from our expert handlers, and get up close with our incredibly realistic baby dinosaur puppets for the perfect photo opportunity.

Explore the Interactive Dinosaur Trail Available from 30th March – 12th April

The adventure lasts all through Easter holiday!

From the end of March through to mid-April, life-sized dinosaurs will be taking over Swansgate. As you do your Easter shopping, see if you can spot these massive prehistoric beasts stationed around the centre.



The Wellingborough Museum - Spring into our events this April.

Wildlife Pawprint Trail From March 30 March to April 11. 10am to 4pm.

Creepy Crawlies with A.R.I.A. Tuesday 31 March from 11am. Come and meet some amazing creepy crawlies with the Amphibian Reptile and Insect Association.

C.J's Birds of Prey. Thursday 2 April. 11am to 3pm. CJ's are back for another day of hoots, with their owls and large birds.

Easter Arts and Crafts. Good Friday, Easter Saturday and Easter Sunday. 11am to 3pm.

Join us for some fun wildlife inspired Easter arts and crafts over the Easter weekend.

13th Wellingborough Bus Rally & Running Day. Join us for a weekend of vintage buses and transport stalls. St George's Day Saturday 25, 11am to 3pm. It's St George's Day and we are celebrating with some dragon-themed crafts

The Wellingborough Museum 12 Castle Way, Wellingborough NN8 1XB Telephone number: [01933 276838](tel:01933276838) Email address: info@wellingboroughmuseum.org



**THE
WELLINGBOROUGH
MUSEUM**



SPRING INTO OUR EVENTS THIS APRIL

Wildlife Pawprint Trail

From March 30th to April 11th, 10am – 4pm

Creepy Crawlies with A.R.I.A

Tuesday 31st March, from 11am

Come and meet some amazing creepy crawlies with the Amphibian Reptile & Insect Association.

CJ's Birds of Prey

Thursday 2nd April, 11am -3pm

CJ's are back for another day of hoots with their owls and large birds!

Easter Arts & Crafts

Good Friday, Easter Saturday, and Easter Sunday, 11am – 3pm

Join us for some fun wildlife inspired Easter arts and crafts over the Easter Weekend.

13th Wellingborough Bus Rally & Running Day

Saturday 18th and Sunday 19th, 10am – 5pm

Join us for a weekend of vintage buses and transport stalls.

St George's Day

Saturday 25th, 11am – 3pm

It's St George's Day and we are celebrating with some dragon-themed crafts!

**FREE
EVENTS**

FREE Pre School Music and Movement

18months to 4 years Local childminders also welcome Please call on 01933 677300 to book your spot

17 April from 9.45am. 24 April 9.45am. 1 May 9.45am and 8 May 9.45am.

Join us for a fun-filled music and movement session on Friday mornings from 9.56am to 10.30am. This engaging event is designed for children aged 18 months to 4 years and is completely free of charge. It's a wonderful opportunity for little ones to explore rhythm and dance and coordination through playful activities and lively tunes. Come and let your child experience the joy of movement in a welcome and nurturing environment. We look forward to seeing you there.

Olympic Primary School, Olympic Way, Wellingborough



Family Easter Disco at Palm Beach 31st March

Join us for a fun-filled Easter disco for the whole family! From 12.00-1.30pm

- Disco & party games
- Meet the Easter Bunny
- Free chocolate for every paying child
- Crafts table & Easter bonnet prize
- Hotdogs & refreshments available

Children £5 | Adults FREE | Under 2s FREE

Pre-booking required – tickets via Skiddle only. No tickets on the door

Book now: [Tickets: Family Easter Disco | Palm Beach Wellingborough Wellingborough Tue 31 March 2026](#)



Community Gathering – Made with Many

We are planning for the next 3 years of Made With Many and would love your input and bright ideas!

No need to book - doors open 30 minutes early, and light refreshments will be available for free.

Community Gatherings | WACA - Saturday 18th April from 1pm to 3pm

Rock Street, Wellingborough NN8

Community Gatherings | Wellingborough Museum Thursday 14th May from 6pm to 8pm

12 Castle Way, Wellingborough NN8 1XB

Please note that Community Gatherings are aimed at adults – children are welcome to come along but must be supervised by an adult throughout the evening. Find out more by visiting:

[made with many - community](#)



MADE WITH MANY

Community Gatherings

Got any bright ideas? We'd love your input!

Help shape the next three years of the Made With Many programme by joining one of our Community Gatherings
Light refreshments will be available. Community Gatherings are primarily for adults; children are welcome if supervised throughout the event.

Saturday 18th April | 1pm – 3pm (Doors open 12:30pm)
WACA, Rock Street, Wellingborough NN8 4LW

Thursday 23rd April | 6pm – 8pm (Doors open 5:30pm)
The Raven Hall, 63 Rockingham Road, Corby NN17 1AG

Thursday 14th May | 6pm – 8pm (Doors open: 5:30pm)
Wellingborough Museum, 12 Castle Way NN8 1XB

Visit: www.madewithmany.org/community

  Supported using public funding by 

New Youth Club in Wellingborough from 10th April

Exciting News! **A brand new Youth Club is launching at Swanspool Pavilion for young people aged 14-18!**

Join us starting Friday April 10th from 4 PM to 6 PM.

It's FREE to attend, and we'll have drinks and snacks provided!

Don't miss out on the fun, friends, and activities! See you there!

For more information, please contact Jo on 07824665455 or Pep 07813366222



FREE Water Safety Courses – Spaces Available - Weandel are running free water safety course.

18th April - Get Water Safe Course details:

- Suitable for ages 8+
- Children under 12 must attend with an adult
- Aimed at older children and adults
- 12 spaces per session
- 2 hours classroom-based learning
- 2 hours in the pool
- Learn how to stay safe around rivers, lakes, the sea, canals, and open water
- Covers survival and rescue techniques

Everyone who's taken part so far says it's life-changing knowledge. **It's really worthwhile — and completely FREE.**

For more information, please contact: rachelparish@pfpleisure.org



St Marks Church Queensway Good Friday Activity Morning
Good Friday Activity Morning (Friday 3rd April) for Young People

Call 07931180208 to book a space for £1.00 per child

Join us this Good Friday, 10am–12 noon for a fun-filled morning

- Lots of crafts
- Fun activities
- Hear the Easter story in an engaging, child-friendly way
- A great chance to get creative, make friends, and explore the meaning of Easter together.

Under fives must be accompanied by an adult All are very welcome – feel free to bring a friend!
We'd love to see you there



Daylight Centre will be a regular location for Citizens Advice Community Help & Information Point (CHIP) sessions.

If you need help finding a way forward, you can drop in and speak to someone who can:

- Listen and support
- Signpost you to the right services
- Connect you with expert advice



Daylight Centre, 10 High Street Place, Wellingborough, NN8 4HP

Every Tuesday 11:30am – 1:30pm

No appointment needed If things feel complicated or overwhelming, you don't have to navigate them alone. Just come along.

Find your Local Citizens Advice

Community Help & Information Point - CHIP






Your nearest CHIP:
Location: Daylight Centre Fellowship
Address: 10 High St, Place, Wellingborough NN8 4HP
When: Every Tuesday
Time: 11:30am – 1:30pm
No appointment necessary

Need help finding a way forward?
 Community Help & Information Points (CHIPs) are here for you.
 We can:

- ✓ Signpost you to the right services
- ✓ Connect you with expert advice
- ✓ Listen and support you

Find locations & times Scan the QR code or visit: cawnac.org.uk/access-our-services

 West Northants & Cherwell



Wellingborough Tabletop Games

Every Friday Games Night from 7pm to 11pm

At Kingsway Centre, Wellingborough.

Welcoming community. A variety of games played. Event nights. Intro/Demo Games. Hobby Corner.

First night is free. For ages 13+ but under 17's must be accompanied by an adult.

Gard games, board games, war games, roleplay games. We have an active community on Facebook and Discord. Find us online at [Wellingborough Table Top Games](#)

WAR GAMES - ROLEPLAY GAMES	 <p>EVERY FRIDAY GAMES NIGHT FROM 7PM - 11PM</p> <p>AT KINGSWAY CENTRE, WELLINGBOROUGH</p> <p>WELCOMING COMMUNITY A VARIETY OF GAMES PLAYED EVENT NIGHTS INTRO/DEMO GAMES HOBBY CORNER</p> <p>FIRST NIGHT FREE</p> <p>13+ UNDER 16'S ACCOMPANIED BY AN ADULT</p>	CARD GAMES - BOARD GAMES
-----------------------------------	---	---------------------------------

SUPPORTED BY   ACTIVE COMMUNITY ON  

www.wellingboroughtabletopgames.co.uk

Swanspool Squirrels

The sessions will run every Friday morning. Led by Jonathan, our Facilities Officer, we are going to be working to improve and maintain Swanspool Pavilion and Gardens.

If love the Pavilion and Gardens, and want to help, do join us! We will start by walking around looking at the jobs that need doing, and then you choose a job. We will help get you started and there's free tea and coffee available for all volunteers.

Join us for a forage and fix this and every Friday morning 10-12!

The group is as much about building a community and friendships, as it is working. You will have a choice of specialist Red Jobs or simple Grey Jobs to do. All tools will be supplied, Grey Jobs will include litter picking, gardening and decorating.

Plus we have a new [Swanspool Squirrels](#) Facebook group for you to join too, there for you to share ideas, share what you/we have done, for reporting issues and for working together. Do also follow our [Swanspool Pavilion and Gardens](#) Facebook page for events, and for information about the Pavilion and Gardens.



Autism Kids Club is on Every Saturday

A fun, relaxed space where autistic children can play, explore, and just be themselves. No pressure, no expectations, come and enjoy at your own pace.

We've got: Creative activities & crafts, Puzzles & board games, Lego & bricks, Reading area, Toy house & pretend play kitchen, Educational table, Big toy box

Parents and carers can enjoy tea & coffee, with free fruit for the kids Free to attend, no need to book, all ages welcome!

Autism Kids Club. Learning to make friends through play.

A huge thank you to Sue, the Speech and Language Therapist, for joining us at Autism Kids Club!

Don't miss Sue at the club on: 18th April 9th May and 6th June

Sue's sessions are a great chance for parents to get practical tips and guidance on supporting communication.

A big thank you to [Reporting Data Systems - RDS](#) for making these sessions possible

We offer a welcoming, free Saturday morning space at Mill Road Baptist Church (64 Thomas Street, NN8 1DU)

Every Saturday, typically 10:00 AM - 11:00 AM (sometimes extended to 12:00 PM).



Kinship Carers Wellbeing Hub

Are you a Kinship Carer? Would you like to meet other Kinship Carers? If so, please join us on the **2nd Tuesday of the month** at Northamptonshire Carers, 123 Midland Road, Wellingborough, NN8 1LU, from 10am to 12 Noon. This is an adult only group running term time only. Refreshments and a warm welcome and a warm welcome provided.

For more information, please contact Northamptonshire Carers on 01933 677907.

Northamptonshire Carers, supporting Carers countrywide.

For more information please visit Northamptonshire Carers Association



Kinship Carers Wellbeing Hub

Are you a Kinship Carer?
Would you like to meet other Kinship Carers?

If so, please join us on the 2nd Tuesday of the month at **Northamptonshire Carers**,
123 Midland Road, Wellingborough,
NN8 1LU
From 10.00am-12.00pm
This is an adult only group.
Term time only.
Refreshments and a warm welcome provided.

For more information please contact
Northamptonshire Carers on
01933 677907

Northamptonshire Carers, supporting Carers countywide.
www.northamptonshire-carers.org
Registered Charity number 1061417.

Finedon, Wollaston, Irchester, Bozeat, Great Doddington, Earls Barton and Grendon Doddington Nurseries Easter Workshops

Come and join us this Easter! Looking for a fun and creative way to make special memories this Easter? We've got you covered! We're hosting 4 fantastic Easter workshops, perfect for getting crafty and celebrating the season together. From designing your very own Easter bonnet to creating beautiful garden cane toppers, there's something for everyone to enjoy.

Our workshops are a great way to get creative and make something truly special to take home. Spaces are limited, so be sure to book early! £5.00 per child

Book via Eventbrite [Doddington Nurseries Events - 4 Upcoming Activities and Tickets | Eventbrite](#) Or call us on 01933 220595

We can't wait to celebrate Easter with you!

1 April at 10am. Create your own felt insect.

Unleash your creative flare, sew and stuff a felt insect to make your very own stuffed animal.

1 April at 2pm. Make your own garden cane toppers.

Unleash your inner artist and decorate your own unique garden cane toppers to use around your garden.

8 April at 10am. Create your own Easter Bonnet

Unleash your creative flare, create your very own Easter Bonnet and decorate with paints, feathers, ribbons and much more.

8 April at 2pm. Create your own Easter Wreath.

Unleash your creative flare, create your own felt Easter Wreath and decorate with animals, feathers. Ribbons and much more.

Workshop details: Bring an Adult, each child must be accompanied by an adult. 1-hour sessions. Just about the right amount of time for crafting and creativity.



UpliftHours New Drop In Youth Group Finedon Community Centre

Ages 10-18 (up to 25 with SEND)

Mondays and Thursdays 3.00pm-6.00pm

Saturdays 12.00pm-4.00pm

Just Walk in - Arts and Crafts, Table Tennis, Boxing, Podcasting and Social Media, Basketball, Guitar Lessons, CV Writing, DJing, Open Mic, Poetry

Free Entry Finedon Community Centre, 71 Wellingborough Road, Finedon NN9 5LG

For more information please contact admin@bakupcic.co.uk or telephone 01933 698347



Open Now!

UPLIFT HOURS Million Hours Fund

Delivered by BAK UP CIC

Funded by:
Department of Culture, Media & Sports (DCMS) and National Lottery Fund

For ages 10-18 up to 25 with SEND

Monday - 3.00pm - 6.00pm
Thursday

Saturday 12noon - 4.00pm

Free Extra Hours Activities just **Walk-In**.

- ✓ Art & Craft
- ✓ Table Tennis
- ✓ Boxing
- ✓ Podcasting & Social Media
- ✓ Basket Ball
- ✓ Guitar Lessons
- ✓ CV Writing
- ✓ DJ
- ✓ Open Mic
- ✓ Poetry

Parents with youngsters can book or just turn up on any of the days. **Free entry and exit!**

Location: Finedon Community Centre,
71 Wellingborough Road, Finedon NN9 5LG

@uplifthours_

uplifthours_27

uplifthours

01933-698347

admin@bakupcic.co.uk

www.bakupservices.co.uk



East Northants



Rushden and Higham Ferrers, Raunds, Irthlingborough, Thrapston, Oundle

Rushden and Higham Ferrers

This Easter half-term Topple Academy are coming to Higham Ferrers for a domino toppling drop-in workshop!

On Thursday the 9th of April at The Bede House in the grounds of St Mary's Church, Higham Ferrers, a drop-in domino toppling session will be running from 12:30pm-3:30pm open to all skill-levels of domino toppling!

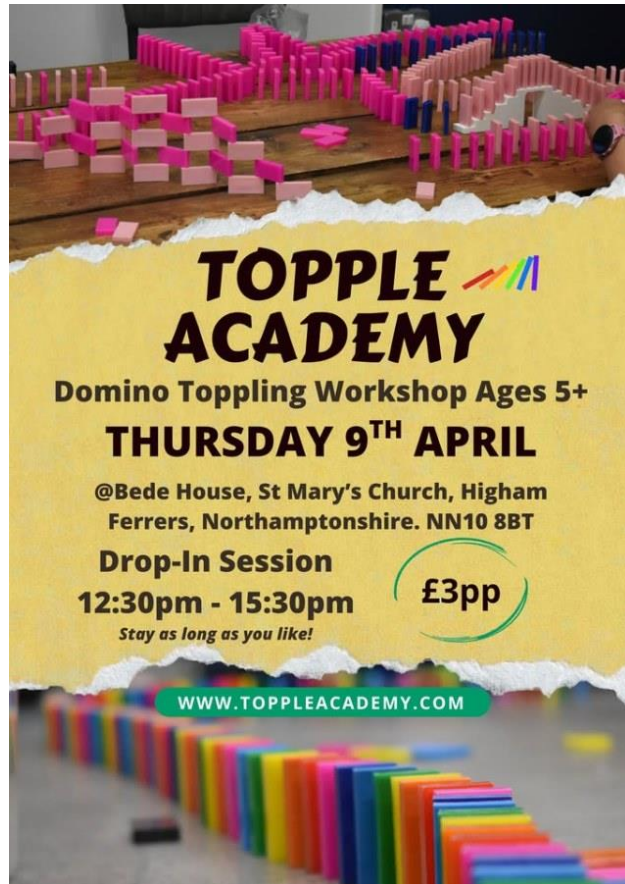
There is no booking for this event as it is a drop-in, however entry will cost £3 per child with adult attendance free - unless they would like to build too! The recommended age for this event is 5+, with no upper limit.

*Domino Starter kits and dominoes will be on sale at this event!

The specific address can be found as The Bede House, St Mary's Church, Higham Ferrers, Northamptonshire, NN10 8BT. Free parking within walking distance of St Mary's grounds can be found throughout Higham.

[Drop-In Domino Toppling Session @ The Bede House, St Mary's Higham Ferrers | Facebook](#)

St Mary's, Higham Ferrers 10 Market Square, Rushden, NN10 8BT



[Join 858 Rushden Squadron - Royal Air Force Air Cadets.](#)

Are you ready for adventure, learning new skills and unforgettable experiences?

858 Rushden Squadron of the Royal Air Force Air Cadets (RAFAC) is recruiting now!

Who can join - Young people aged 12-17

Recruitment Open Evening - Monday 20th April

What you can experience:

* Flying opportunities

- * Adventure training & camps
- * Leadership and teamwork
- * Parades and community events
- * Make new friends and build confidence

Whether you're interested in aviation, adventure or just want to try something new, the Air Cadets offer something for everyone. Interested in joining us - **Please register your interest via our websites: [858 Squadron – Rushden Air Cadets](#) or [Royal Air Force Air Cadets](#) | [Royal Air Force Air Cadets](#)**



Rushden Lakes Kids Club Presents: Easter Take & Make & Silly Science Slime Lab Easter Take & Make Workshop

Rushden Lakes Shopping Centre, Northampton, NN10 6FH Tuesday 31st March 2026 or Tuesday 7th April 2026


Leisure Terrace Level 1 – opposite Cineworld Rushden Lakes Kids Club Presents: Easter Take & Make & Silly Science Slime Lab!

Join us across two exciting Easter dates for creative crafts and silly science fun designed especially for children aged 4+. You can book one workshop, book both on the same day, or return the following week to enjoy the second experience — the choice is yours!







Easter Take & Make Workshop – £2.50 Get creative this Easter with our hands-on craft session. A calm, creative workshop perfect for little makers who love to get crafty.


Each child will:


- Choose a ceramic or wooden Easter-themed item
- Decorate it using colourful paint pens
- Take their finished masterpiece home
- Enjoy a FREE face paint design

Don't forget to book our  Silly Science – The Slime Lab too – £4 Step into our Easter Slime Lab for a giggle-filled science adventure!


Children will:

-  Take part in a fun foam “slime activation” experiment
-  Dress up in silly science goggles (optional!)
-  Watch exciting demonstrations led by our silly scientists
-  Take home a sealed slime pot
-  Receive a mini fidget toy
-  Enjoy a FREE face paint

 Workshop Times (Both Dates) Five bookable 30-minute sessions per day:


11:00 – 11:30  Slime Lab

11:40 – 12:10  Take & Make

12:20 – 12:50  Slime Lab

(20-minute break)

13:20 – 13:50  Take & Make

14:00 – 14:30  Slime Lab

Limited spaces per session — early booking recommended.

To book please visit [Rushden Lakes kids club event tickets from TicketSource.](#)

Rushden Family Hub Easter Time Table

Monday 30th March Explorer Event Thrapston 1pm to 3pm 30 March only. Drop-in Peace Park, NN14 4JU

Closed Monday 6 April

Tuesday Health Visitor Clinic. 9am to 12 Noon. Appointment Only. Activity Room.

Wednesday Tea and Toast 9.15am to 10am. Bookable via QR Code. Activity Room.

And Buggy Walk. 10am to 11am. Bookable via QR code. Reception Area

Thursday Explorer Event Rushden 1pm to 3pm. 2 April Only. Drop-in, Hall Park, NN10 9ES and stay and play 1.30pm to 2.30pm. 9 April Only. Bookable via QR code. Activity Room.

Closed Friday 3 April

The number to call is 01536 805244.



The poster is titled "Rushden Family Hub — Timetable" and includes an "Easter Holiday" notice for Monday 30th March and Friday 3rd April. It features a grid with columns for Monday, Tuesday, Wednesday, Thursday, and Friday. Monday lists an Explorer Event at Thrapston (1:00-3:00pm) on 30th March only, with a note "Closed Monday 6th April". Tuesday lists a Health Visitor Clinic (9:00am-12:00pm) by appointment in the Activity Room. Wednesday lists Tea and Toast (9:15-10:00am) bookable via QR code in the Activity Room, and a Buggy Walk (10:00-11:00am) bookable via QR code in the Reception Area. Thursday lists an Explorer Event at Rushden (1:00-3:00pm) on 2nd April only, and Stay and Play (1:30-2:30pm) on 9th April only, both bookable via QR code in the Activity Room. Friday is marked as "Closed Friday 3rd April". A QR code is provided for more event information, and a note states "All activities are FREE for families in North Northants".

Monday	Tuesday	Wednesday	Thursday	Friday
Explorer Event Thrapston 1:00 - 3:00pm 30th March Only Drop-in Peace Park, NN14 4JU	Health Visitor Clinic 9:00am - 12:00pm Appointment Only Activity Room	Tea and Toast 9:15 - 10:00am Bookable Via QR code Activity Room	Explorer Event Rushden 1:00 - 3:00pm 2nd April Only Drop-in Hall Park, NN10 9ES	Closed Friday 3rd April
Closed Monday 6th April		Buggy Walk 10:00 - 11:00am Bookable Via QR code Reception Area	Stay and Play 1:30 - 2:30pm 9th April Only Bookable via QR code Activity Room	All activities are FREE for families in North Northants

The Hub in Higham Ferrers Easter Children's Activities

Spring crafts and seed planting Thursday 2nd April 1.30-3.00pm

Stories and Crafts Thursday 9th April 1.30-3.00pm

Face Painting and Crafts Friday 10th April 10.00-11.30am

Tickets from [Higham Ferrers Town Council event tickets from TicketSource.](#)

£1.50 per child

**EASTER HOLIDAY
CHILDREN'S
ACTIVITIES**

The Hub

Spring Crafts & Seed Planting
Thursday 2nd April
1.30pm - 3pm

Stories and Crafts
Thursday 9th April
1.30pm - 3pm

Cost: £1.50 per person

Face Painting & Crafts
Friday 10th April
10 am - 11.30am

Please book your spaces using the link or QR code below

<https://www.ticketsource.co.uk/higham-ferrers-wellbeing-hub>



Easter Bunny Express

Hop aboard our **Easter Bunny Express** for a cracking family day out!

Sunday 5th and Monday 6th April

Every ticket includes a ride on our diesel train, an Easter egg for children (please let us know about any dietary requirements), a visit with Chris and his fascinating minibeast collection, plus a fun Easter hunt to enjoy along the way.

Train rides: 11:00am · 11:45am · 12:30pm · 1:15pm · 2:00pm · 2:45pm · 3:30pm

Our Buffet Carriage will be open serving sandwiches, cakes, and hot drinks. The bar opens as usual from 12pm and be sure to pop into our transport museum while you're here.

Advance booking is essential to book please visit [Easter Bunny Express 2026 at Rushden Historical Transport Society event tickets from TicketSource](#)

For more information: administrator@rhts.co.uk



Rush2TheDen Rushden Swap Shop

Rush2TheDen Rushden Swap Shop. Free Entry

Every first Saturday of the month 2pm to 4pm The next one is Saturday 4th April

Please ensure all items donated are clean and in good condition.

Donations to support storage costs gratefully received. Fitzwilliam Street, NN10 9YW.

Fitzwilliam Street, NN10 9YW.

Free parking at Duck Street Car Park.

For more information on this and all of the groups that Rush2The Den offer please visit [RUSH2The DEN](http://RUSH2TheDEN)



Raunds

Feeding Friends. Bringing together expectant and new parents for feeding support.

Come and meet the Infant Feeding Team to discuss all things infant feeding. For anyone expecting a baby or caring for an infant up to 1 years old.

We provide a safe, supportive space to: Ask questions about infant feeding. Share experiences with other families. Gain confidence and reassurance in your feeding journey.

Open to Expectant Parents. Parents and carers with babies and young children up to 1 year old. Everyone is welcome, however you feed your baby.

Raunds Methodist Church, Brook Street, Raunds, NN9 6LP.

On the third Thursday of the month. Next session 16th April Drop in at anytime between 10am and 11.30am. On street parking and carpark nearby.

To find out more: Phone: 07795 110109 Monday to Friday, 9am to 5pm (please do not text this number) or Email: infantfeedingteam@nhft.nhs.uk

Feeding Friends

Bringing together expectant and new parents for feeding support




What it it?

Come and meet the Infant Feeding Team to discuss all things infant feeding!
For anyone expecting a baby or caring for an infant up to 1 years old
We provide a safe, supportive space to:

- Ask questions about infant feeding
- Share experiences with other families
- Gain confidence and reassurance in your feeding journey



Who can come?

- Expectant parents
- Parents and carers with babies and young children up to 1 year old
- Everyone is welcome, however you feed your baby

When and Where?

First Group 19th March



Rounds Methodist Church
Brook Street
Rounds
NN9 6LP

On the 3rd Thursday of the Month
Drop in at anytime between 10am and 11.30am
On street parking and carpark nearby

Find out more

Phone : 07795 110109 Monday to Friday, 9am to 5pm (please do not text this number)
Email: infantfeedingteam@nhft.nhs.uk

Stanwick Lakes at Easter

Join our rangers for a pond dipping session this Easter!

Using nets, trays and magnifying glasses and guided by one of our rangers, come and discover the creatures that live in the ponds at Stanwick Lakes! After a safety briefing and an introduction to the creatures we're likely to find, we'll head to the pond dipping platform where you will be given a pond dipping kit! The Ranger will be on hand with identification keys to help you work out which creatures you have caught as well as to share knowledge about the pond ecosystem and the many species that call it home.

This activity is suitable for children aged 4+. 10.30am, 11.45am or 12.30pm sessions

Sessions last approx. 30 minutes and a responsible adult must be present throughout.

Meet at the Ranger Cabin 5 mins before and your chosen, ticketed start time.

Please check our website on the day of your session for information regarding flooding – wellies may be advisable!

Please take a moment to check the date and time and make sure they work for your plans before booking, as tickets are non-refundable.

[Pond Dipping - 31st March | Stanwick Lakes](#) £4.50

[Pond Dipping - 7th April | Stanwick Lakes](#) £4.50

Easter Egg Trail

Come and find our colourful eggs designed by local schools and community groups and find out what spring means to them! Don't forget to collect an Easter treat from the Visitor Centre at the end!

No booking necessary. Our trail leaflet can be purchased from the Visitor Centre. Suitable for all ages, allow around 45 minutes to 1 hour for the experience.

Trail sheet available from our visitors centre for £4.00

Free Crochet Classes

Join our crochet class and weave your creativity into beautiful.

Class Fee: Free Mondays and Tuesdays 12 Noon to 1pm and 11am to 12 Noon. Stanwick Village Hall.

Class Materials: Basic stitches, Rounds and flat crochet, Colour work and Finishing Tips.

Register Now. For more information message [Facebook/Crochet](#)

Learn a new skill to share with your family



Crochet Class

Join our crochet class and weave your creativity into beautiful

CLASS MATERIALS

- Basic stitches
- Rounds & flat crochet
- Colorwork
- Finishing tips

CLASS FEE
free

Monday's & Tuesdays
12pm-1pm 11am-12pm

Stanwick Village Hall

REGISTER NOW!

FOR MORE INFORMATION CHLOE WALKER MESSENGER GROUP (CROCHET LESSONS)

Irthlingborough

Easter Egg Hunt

Looking for a family friendly, community lead activity over Easter?

On Easter weekend we're hiding some 'easter eggs' throughout Irthlingborough. Find as many as you can for a chance to win a prize.

Go to [The irthlingborough.net](https://www.irthlingborough.net) [Easter Egg Hunt 2026](#) to find out more



IGrow Easter Town Trail is back!

We're delighted to say that our annual IGrow Easter Town Trail will be running throughout the school holidays, giving families a fun reason to get out and explore Irthlingborough.

Follow the trail around town, look for the clues, and let each one guide you to the next. The route forms a gentle circular walk, highlighting some lovely areas of Irthlingborough along the way with plenty of spots to pause, enjoy the scenery and discover parts of the town you might not usually notice. The trail has been designed with everyone in mind – it's pushchair and

mobility friendly, making it easy for families with little ones, grandparents and anyone who prefers an accessible walk.

Trail sheets will be available from Friday 27th March

Completed sheets must be returned by Friday 10th April to be entered into the prize draw.

Taking part is completely free – each group can collect one trail sheet free of charge.

If you'd like extra sheets, they will be £1 each as a small donation to IGrow to help support the community events we run throughout the year. Trail sheets can be collected from [Bywater Herring Sales and Lettings](#), who are kindly sponsoring this year's Easter Trail. As a local estate agent supporting the community, we're very grateful for their help in making this event possible.

One lucky entry will win a GIANT Easter Egg! You can take part any day during the holidays, so pick a sunny day, gather the kids, and enjoy a little Easter adventure around Irthlingborough.



Irthlingborough Food Bank

We have moved from Thursday 12 March.

Our new location is Warren Close NN9 5TJ. Please note: Access is at the end of the close on the left via several steps.

Access the Food Bank's website [Home](#) and Facebook page [facebook irthlingborough foodbank](#)

For more information or call 07804 857 119



Irthlingborough
Foodbank
07804 857 119



**WE HAVE
MOVED**

FROM THURSDAY 12TH MARCH
NEW LOCATION
WARREN CLOSE
NN9 5TJ



**Please note : access is at the end of the close on
the left via several steps - please ring door bell**

ACCESS THE FOOD BANK'S WEBSITE AND FACEBOOK PAGE
FOR MORE INFORMATION OR CALL 07804 857 119.

- WEBSITE: WWW.IRTHLINGBOROUGHFOODBANK.CO.UK
- FACEBOOK PAGE: [IRTHLINGBOROUGH FOOD BANK 07804 857 119](https://www.facebook.com/IRTHLINGBOROUGHFOODBANK).



11:43



Irthlingborough
Foodbank
07804 857 119

WARREN CLOSE NN9 5TJ

Thrapston

Nene Valley Parents Support Group

You are warmly invited to join the Nene Valley Parents Support Group, led by Nene Valley Surgery and hosted at Hermitage House care home.

This friendly group is for parents and carers of children aged 0 to 4 years. We hope it will be a welcoming and supportive addition to the Thrapston community, a space to meet others, share experiences, and enjoy time together.

All sessions start 10am. A suggested donation of £1 is appreciated to help cover the cost of refreshments, kindly provided by Hermitage House Care Home.

Dates for your diary: **Monday 30 March**, Monday 11 May, Monday 22 June, Monday 3 August, Monday 14 August, Monday 26 October and Monday 7 December.

Learn more on: 01832 732456, Kingfisher Road, Thrapston, NN14 4GN. [Country Court Care](http://www.countrycourtcare.com)

We're pleased to be launching a new Parent Support Group at Nene Valley Surgery for parents and carers of children aged 0–4 years. This group will be a welcoming space to connect with other families, share experiences and access support during those early years.



The flyer is for the Nene Valley Parent Support Group. It features a decorative border with green and yellow leaves. At the top, the Hermitage House logo is displayed, with the text 'Hermitage House A Country Court Care Home'. The main title 'Nene Valley Parent Support Group' is in a large, bold, purple font. Below the title, the text reads: 'You're warmly invited to join the Nene Valley Parent Support Group, led by Nene Valley Surgery and hosted at Hermitage House Care Home. This friendly group is for parents and carers of children aged 0-4 years. We hope it will be a welcoming and supportive addition to the Thrapston community a space to meet others, share experiences, and enjoy time together. All sessions start at 10am. A suggested donation of £1 is appreciated to help cover the cost of refreshments, kindly provided by Hermitage House Care Home.' The flyer includes logos for 'nene valley surgery', 'UC Universal Credit', 'Baby Basics', 'Family Hubs', 'NORTHAMPTONSHIRE Maternity and Neonatal Voices Partnership', and 'North Northamptonshire Council'. The dates for the diary are listed as: 'Monday 30th March, Monday 11th May, Monday 22nd June, Monday 3rd August, Monday 14th August, Monday 26th October and Monday 7th December'. At the bottom, it provides contact information: 'Learn more on: 01832 732 456', 'Kingfisher Road, Thrapston, NN14 4GN', and 'www.countrycourtcare.com'.

Souster Youth Drop In's

We're back! Open to all young people

- Monday 3.45pm to 6pm
- Tuesday 3.45pm to 6pm
- Friday 3.45pm to 6pm

30 Market Road Thrapston. For more information please visit [The Souster Youth Trust](http://www.sousteryouthtrust.com)



1st Try - Childrens Rugby Sessions

Want your child to be the next rugby star?

Just 10 minutes from Thrapston, rugby sessions are continuing!

First Try Rugby is a pathway to playing for a club affiliated with Northampton Saints.

Location: Old Weston Village Hall. PE28 5LL.

Session Times and Ages: Ages 2 to 3.5 years 9.30am to 10.15am, Ages 3.5 years to 6 years.
10.30am to 11.15am

Pre-Booking required via WhatsApp 07521 089289

Organised and run by Matthew Stenson, an England Rugby Level 2 qualified coach with experience coaching at Huntingdon Stags and within the Northampton Saints Player Pathway. Have fun, learn confidence and first skills.



NEW RUGBY SESSIONS FOR KIDS!
Launching 10th January

1ST TRY

Start Date: 10th January – 9:30AM start
Location: Old Weston Village Hall, PE28 5LL

Session Times & Ages:
🕒 Ages 2–3.5 years 9:30 – 10:15
🕒 Ages 3.5–6 years 10:30 – 11:15
£5 per session

Pre-booking required via WhatsApp
📞 **07521 089289**

Organised and run by **Matthew Stenson**, an England Rugby Level 2 qualified coach with experience coaching at **Huntingdon Stags** and within the **Northampton Saints** player pathway.

FUN CONFIDENCE FIRST SKILLS

Oundle

Free Easter Crafts at Oundle Library

Thursday 2nd April from 10.30am-12.00pm

Suitable from age 3+

We will have different craft stations set up around the library for you to take part in to create some fun Easter-themed items.

Make sure that you wear old clothes. Painting aprons will be available for the session

For booking and further information please visit our Eventbrite page at [Easter craft session for ages 3+ Tickets, Thursday, Apr 2, 2026 from 10:30 am to 12 pm | Eventbrite](#)



Lego robotics and coding workshop for ages 8-13

Oundle Library on April 9th 10.00am -12.00pm

Join PrepareRobo at Oundle library for an exciting, fun-packed Lego robotics and programming workshop. This is for children aged 8-13.

In this hands-on workshop children will design and build their own LEGO racing robots. The children will work in small teams and use their own ideas to design a robot that can move as fast as possible.

Once the robots are built, participants will program them and test them, experimenting with speed, steering and design improvements.

The workshop focuses on creativity, teamwork and problem-solving, while introducing children to the basics of robotics and programming in a fun and practical way.

Suitable for ages 8–13. No previous experience required.

To book please visit [Lego robotics and coding workshop for ages 8-13 Tickets, Thursday, Apr 9 from 10 am to 12 pm | Eventbrite](https://www.eventbrite.co.uk/o/oundle-library-121137754795)



Oundle Family Hub Easter Timetable

Monday - Health Visitor Clinic, 9.am to 3pm Appointment only. Moon Room and xplorer Event Thrapston 1pm to 3pm 30 March only. Drop-in Peace Park, NN14 4JU

Closed Monday 6 April

Tuesday Tea and Toast. 10.15am to 10am. Bookable via QR code. Earth Room and Bumps and Babies. 12 Noon to 1.30pm. Bookable via QR code. Moon Room.

Wednesday Stay and Play (0 to 11). 1.30pm to 2.30pm. Bookable via QR code. Moon Room.

Thursday Craft and Games. 10am to 11am 9 April Only. Bookable via QR code. Moon Room

Closed Friday 3 April

All activities are FREE for families in North Northants

The number to call is 01536 805244.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Health Visitor Clinic 9:00am - 3:00pm Appointment only Moon Room</p> <p>Explorer Event Thrapston 1:00 - 3:00pm 30th March Only Drop-in Peace Park, NN14 4JU</p> <p>Closed Monday 6th April</p> <p>Scan the QR code or visit the link for our full list of upcoming events, updated weekly!</p> 	<p>Tea and Toast 10:15 - 11:00am Bookable via QR code Earth Room</p> <p>Bumps and Babies 12:00 - 1:30pm Bookable via QR code Moon Room</p> 	<p>Stay and Play (0-11) 1:30 - 2:30pm Bookable via QR code Moon Room</p>	<p>Craft and Games 10:00 - 11:00am 9th April Only Bookable via QR code Moon Room</p> 	<p>Closed Friday 3rd April</p> <p>All activities are FREE for families in North Northants!</p>

familyhubs.northnorthants.gov.uk/th-oundle

Come see the Social Inclusion Team for Advice on Benefits and Support, Household Budgeting and Credit Union

Stop the wolves from knocking on your door. Come and see the Social Inclusion Team for advice on:

Benefits and Support: We can offer advice on how to claim housing benefit, council tax support and Department of Work and Pensions benefits.


Household Budget We can help you look at your household budget and discuss ways to reduce your bills, apply for charity grants, reduce your household bills and make arrangements with creditors.

Credit Union Account We can help set up a Credit Union account and help arrange for your income to be paid directly in and your bills to be paid out of the account.

Drop-in Surgery at Fletton House, Glaphorn Road, PE8 4JA from 1pm to 3pm. 10 April 2026, 8 May 2026, 8 June 2026, 3 July 2026, 31 July 2026. 28 August 2026. 25 September 2026, 23 October 2026, 20 November 2026, 18 December 2026.

The Credit Union is open Monday to Friday 9am to 5pm at North Northamptonshire Council offices on Bowling Green Road. Appointments are available outside of those hours by prior arrangement.

The Email is: creditunion.KBC@northnorthants.co.uk Telephone: 01536 534 247



Stop the wolves from knocking on your door. Come along and see the Social Inclusion team for advice on:

Benefits and Support
We can offer you advice on how to claim housing benefit, council tax support and DWP benefits.



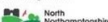
Household Budget
We can help you look at your household budget and discuss ways to reduce your bills, apply for charity grants, reduce your household bills and make arrangements with creditors.

Credit Union Account
We can help set up a Credit Union account and help arrange for your income to be paid directly in and your bills to be paid out of the account.

Drop-in Surgery at Fletton House, Glaphorn Rd, PE8 4JA
From 1.00pm to 3.00pm

- 16 January 2026
- 13 February 2026
- 13 March 2026
- 10 April 2026
- 8 May 2026
- 8 June 2026
- 3 July 2026
- 31 July 2026
- 28 August 2026
- 25 September 2026
- 23 October 2026
- 20 November 2026
- 18 December 2026

Contact Details
The Credit Union is open Monday - Friday, 9am - 5pm at North Northamptonshire Council offices on Bowling Green Road. Appointments are available outside of these hours by prior arrangement.

   01536 534 247

Comets – Your Place to Play -A safe space for disabled children aged 5-11 to kickstart their football journey

Inclusive Football Opportunities for children aged 5-11 years with special educational needs, disabilities and health conditions, or anyone that needs support and adjustments.

Fridays from 7pm-8pm

Oundle School Sports Centee, Milton Road, Oundle, PE8 4AB

Contact Mark comets_oundletown@outlook.com

All Sessions are FREE

COMETS
Disability Football

Your place to play
A safe space for disabled children aged 5 - 11 to kickstart their football journey

Just be you!

All sessions free!

Inclusive Football Opportunities for children aged 5-11 with special educational needs, disabilities, health conditions, or any other support needs or adjustments

Time and Date: Fridays from 7pm to 8pm, on:
7th November, 14th November, 28th November, 5th December,
and 19th December (recommencing in the New Year)

Location: Oundle School Sports Centre, Milton Road, Oundle, PE8 4AB

Contact: Mark

Email: comets_oundletownfc@outlook.com

Get in touch to book your first session!

Kettering



Kettering, Burton Latimer and Barton Seagrave, Desborough and Rothwell

Kettering

Groundwork Northamptonshire Youth Forum

Ages 10+. Free. 1st Thursday of the month.

Challenge. Empower. Support. Inspire.

A community conversation about issues impacting young people.

Delivering your own projects and activities.

Representing your peers.

Facilitating conversations with key decision makers.

Telephone: 07738070681 or email Edgeworth.tanderera@groundwork.org.uk For more information please visit [Groundwork Northamptonshire - Groundwork](#)



Unleash your creativity at Wicksteed Park!

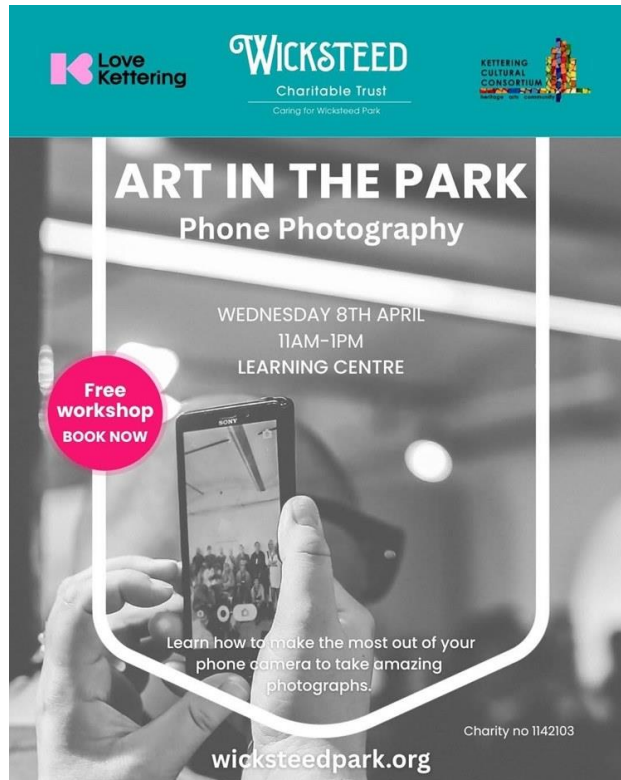
Join us on the 8th of April 2026 from 11am until 1pm for Art in the Park – Phone Photography workshop in the Learning Centre.

This session will focus on the art of photography using your own phone, teaching you how to make the most of your phone camera and take amazing photographs. It is suitable for all skill levels, so anyone is welcome to join whether they are new or experienced. The session will be led by Ben and Amber from [Love Kettering](#).

Art in the Park has been made possible at Wicksteed Park thanks to funding from [Kettering Cultural Consortium](#).

Art in the Park is free to attend, but spaces are limited. Book your free space online now to avoid disappointment! Get your phones ready, we can't wait to see you there!

***Wicksteed Park's regular parking charges apply. To book please visit [Wicksteed Park- Home](#) and go onto their events page.**



Easter Holiday Timetable Kettering Family Hub

Monday (closed Monday 6th April)

Family Easter Play and Learn all ages 10.00-11.30am Bookable Activity room

Milk and You 10.00-11.30am Weekly Bookable via Facebook groups or call 01327 220705

Family Action under 2's stay and play 12.30-2.00pm Drop in

Easter Half term fun with Sea of Support 5-11year olds with parents 3.45-4.45pm Drop In

Tuesday

Best Start in Life Tea and Toast Easter Theme 0-11years 9.15-10.30am Bookable

Family Fun with active Families 0-11years 10.30am-12.00pm Drop In

Family Buggy Walk to Rockingham Road Park 31.03.26 1.00-2.30pm Bookable

Easter Arts and Crafts 0-11 years 1.30-2.30pm Bookable

Wednesday

NCT Stay and Play 10.00-11.00am and 11.30am-12.30pm Bookable via Eventbrite

Easter Sing and Story/Sign along 1.30-2.30pm Drop in

Thursday

Shaw Trust 10.00am-12.00pm Drop In

Bumps and Babies 1.00-2.00pm Drop In

Friday (closed Friday 3rd April)

Buggy Walk to the Green Patch meet at Family Hub 9.30-11.00am Bookable

Family Easter Play and Learn all ages 1.00-2.30pm Bookable Activity room

The number to call is 01536 805244.

Easter Half Term
at Kettering Family Hub - Mornings

EASTER HOLIDAY
Monday 26th March 2026
Friday 10th April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Closed Easter Monday 6 th of April	Best Start in Life Tea and Toast- EASTER theme 0-11 years old 09:15 - 10:30am Bookable Meeting Room	NCT Stay and Play 10:00 - 11:00am & 11:30-12:30pm Bookable via Eventbrite Activity Room	Shaw Trust 10:00 - 12:00pm Drop-in Beech Room	Closed Good Friday 3 rd of April
Family Easter Play and learn all ages 10:00 - 11:30am Bookable Activity Room	Family Fun with Active Families 0-11 years 10:30 - 12:00pm Drop-in Activity Room			Buggy Walk to Green Patch All ages 09:30 - 11:00am Bookable Meeting point - Kettering Family Hub
Milk & You 10:00 - 11:30am Weekly Bookable via Facebook group or call 01537 220705 Meeting Room				
All activities are FREE for families in North Northants	Scan the QR code or visit the link for our full list of upcoming events, updated weekly			

familyhubs.northnorthants.gov.uk/fh-kettering



Easter Half Term
at Kettering Family Hub - Afternoons

EASTER HOLIDAY
Monday 26th March 2026
Friday 10th April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Closed Easter Monday 6 th of April	Family Buggy Walk to Rockingham Road Park Date: 31.03.2026 1:00 - 2:30pm Bookable	Easter Sing and Story/Sign Along 0-11 years 1:30 - 2:30pm Drop-in Activity Room	Bumps & Babies 1:00 - 2:30pm Drop-in Activity Room	All activities are FREE for families in North Northants
Family Action Under 2's Stay & Play 12:30 - 2:00pm Drop-in Activity Room	Easter Arts and Crafts 0-11 years Date: 07.04.2026 1:30 - 2:30pm Bookable Activity Room			Family Easter Play and learn sessions 0-11 years 1:00 - 2:30pm Drop-in Activity Room
EASTER Half-Term Fun! With Sea of support 5-11 years old with parents 3:45 - 4:45pm Drop-in Activity Room				Music Therapy Post NICU Group 2:00 - 3:00pm Weekly sessions Bookable via miranda.bray@thomasfund.org Meeting Room
All activities are FREE for families in North Northants	Scan the QR code or visit the link for our full list of upcoming events, updated weekly			

familyhubs.northnorthants.gov.uk/fh-kettering



Kettering Town Easter Trail

Come and take part in our free trail for children around the town this Easter!

Grab a trail sheet from the library and follow the clues to crack the code. There's a free sweet treat at the end if you can solve the puzzle.

From Friday 27 March until Saturday 11 April (excluding Sundays and bank holidays) 10am - 5pm

Find the eggs Unscramble the letters Crack the code! Check out the list of shops taking part in the Easter Trail this year!

- Kettering Library
- Kafe Bloc
- Sugarbush Bakery
- Retro Mania
- Eunice Artisan Bakery Shop Kettering
- Kitsch Mitch
- Geek Retreat Kettering
- Market Harborough Building Society
- That Pink Shop
- Waterstones Kettering
- Millington Travel
- The Shop

For more information and download the trail sheet visit our website: [Easter | Kettering Town Council](#) And tell us you're coming on Facebook using [Kettering Easter Trail | Facebook](#)



Kettering Mind - Mental Health Navigator Drop In's and Support

Our mental health navigators, Jen and Cory, provide support in the community to help people improve their general wellbeing. If you're experiencing stress, anxiety, depression or recovering from a mental health condition and are struggling to move forward and find the right support, then a Mental Health Navigator may be for you.

Our navigators can:

- Meet you in a public venue of your choosing between the hours of 9-5, Monday-Friday
- Actively listen to what you want to do to make positive changes to improve your wellbeing
- Help you assess whether you are ready to make those changes and support you in planning a pathway for them
- Give information of appropriate support agencies that you may wish to use
- Motivate and empower you to make those changes and maintain them in the long term

Please just come along to any of our drop-ins or give us a call on 01536 523216. Follow the link below to see all of our drop-ins. [Mental Health Navigators - Kettering Mind](https://www.ketteringtowncouncil.gov.uk/easter)



Easter Family Fun Day.

Saturday 4 April. 1pm to 4.30pm.

Hanwood Park, Eastwood Avenue, Kettering.

Join us for an afternoon of Easter fun.

Easter Egg Hunt, Bouncy Castle, Variety of Stalls, Ice Cream Van, Games and more surprises.

£2 per Wristband.

Fun for the whole family, come along and celebrate Easter with us. Everyone welcome.



Bright Sparks Art (18 years +) Collaging Sessions

The lovely [BrightSparks Arts](#) have booked in a run of creative collaging sessions at [Kettering Arts Centre](#).

The Creative Collage Collective is for anyone who enjoys getting creative with magazines, pictures and words while having a really good chuckle with a lovely bunch of people. And the best part, all sessions are absolutely free and you can just turn up on the day.

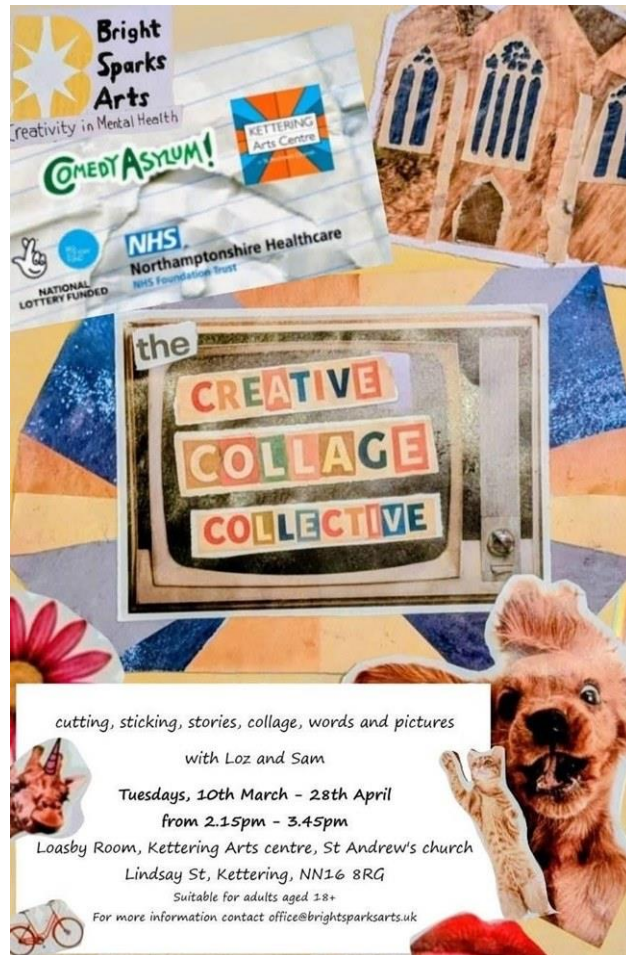
I have been running art journalling sessions at St Mary's hospital for a few years now, and I still can't quite believe the impact of having some time and space to express some wholesome and simple creativity can have on wellbeing and mental health.

I'm hugely proud to be able to take this to the community and I hope it gives others the chance to shut the world out for an hour or so and explore their creativity. You don't need to be good at art. You don't need any fancy equipment. Just an open mind and a tiny spark of wanting to create something.

We will have a short 1-week break once the Humour Hub finishes and welcome you all back on **Sessions will run every Tuesday afternoon 2:15pm until the end of April**. You'll find us in the

Loasby Room at Kettering Arts Centre. All welcome. (It's 18+ due to some of the more grown-up humour that occurs, partly my fault)

For more information please visit [Facebook/BrightSparksArts](https://www.facebook.com/BrightSparksArts)



Kettering Family Hub Sensory Room Open to Book

Our sensory room is filled with equipment and tools that stimulate and soothe the senses.

Children often use these rooms to support with:

- Autism spectrum disorder (ASD)
- ADHD
- Sensory processing disorder
- Anxiety or developmental delays

Wednesdays and Fridays 3-5pm Location: Kettering Family Hub, Montagu Street, Kettering, NN16 8RX. Reserve your space with reception



Kettering Sensory Room

Bookable Through Reception

Available 3-5pm Wednesdays and
Fridays



Youth Works Counselling

Here at Youth Works, we offer FREE counselling sessions to anyone aged 11-25 (up to 25 if you have a special educational needs/disabilities and access mainstream state funded school/college.) who live in the Boroughs of Corby or Kettering. The course of sessions tends to last 6-8 weeks with a 50-minute session at the same time each week.

To refer, fill in the form on our website: [Youth Works Referral](#)

This form can be filled out by the young person, or their parent/carer or professional.

Any questions? Do not hesitate to send us a DM on Facebook, email (enquiries@youthworksnorthamptonshire.org.uk) or call 01536 518339

YOUTH WORKS COUNSELLING

We offer **FREE** counselling to any young person aged **11 to 18** years old ****** living in the boroughs of **Corby or Kettering**.

******or 25 years if you have a special educational needs/disabilities and access mainstream state funded school/college.

SCAN THE QR CODE TO REFER INTO OUR COUNSELLING SERVICE.

This form can be completed by a young person, or by their parent, carer or professional.



WE HAVE 2 COUNSELLING LOCATIONS!

CORBY

KETTERING

We will ask which location best suits you when we call to book.

YOUTH WORKS

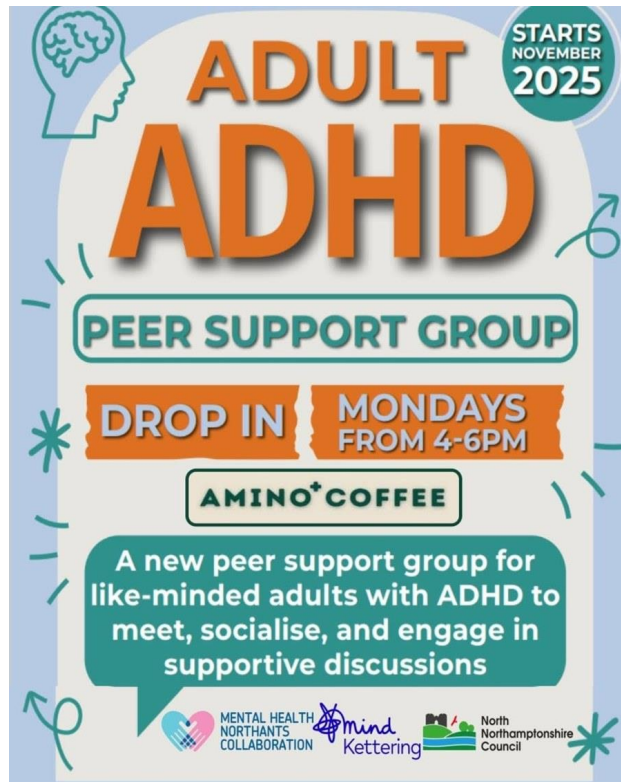
Adult ADHD Peer Support Group

Adult ADHD Peer Support Group. Starts November 2025

Peer Support Group. Drop in Mondays from 4pm to 6pm.

Amino+ Coffee, Unit 1, Market Street, Kettering, NN16 0AH

A new peer support group for like-minded adults with ADHD to meet, socialise, and engage in supportive discussions.



Burton Latimer and Barton Seagrave

The Big Barton Seagrave Clean Saturday 18th April

Meet at the Village Green – 9:30am. Together we'll be:

- Litter picking
- Refreshing benches and small features including notice boards
- Tidying green spaces
- Helping improve areas around the village

The more people who join us, the more areas of Barton Seagrave we can tackle, so please bring family, friends and neighbours along.

All welcome – whether you can stay for an hour or the whole morning. Litter pickers, bags and hoops will be provided – please bring gloves if you have them.

Let's work together to keep our village looking its best. Hosted by and supported by Barton Seagrave Parish Council working for the local community



Burton Latimer Baptist Church invites you to Messy Easter

Come and join us for some Easter fun!

We're having lunch too, so booking is essential please!

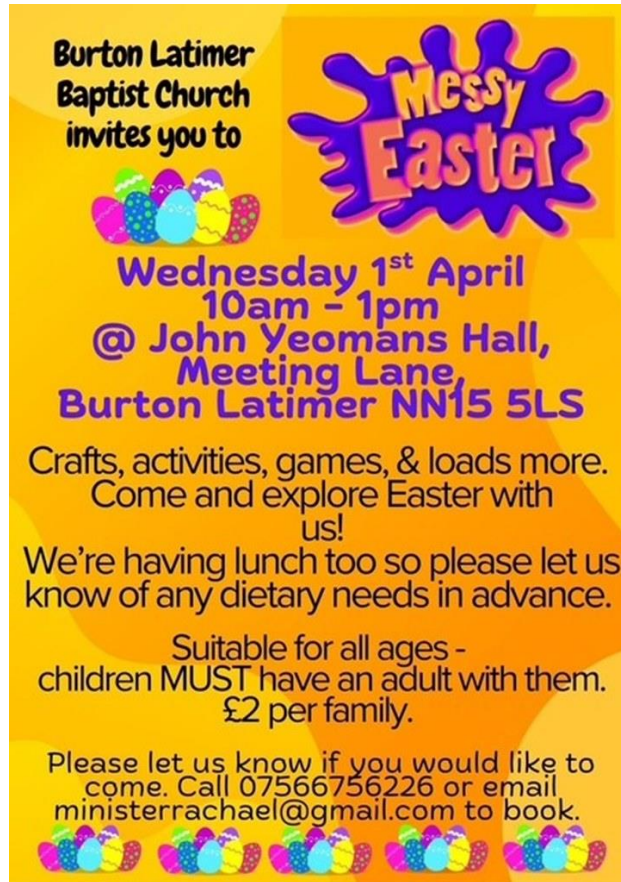
Wednesday 1 April 10am to 1pm at John Yeomans Hall, Meeting Lane, Burton Latimer, NN15 5LS.

Crafts, activities, games and loads more. Come and explore Easter with us!

We're having lunch too so please let us know of any dietary restrictions in advance.

Suitable for all ages. Children must have an adult with them. £2 per family.

Please let us know if you would like to come. Call 07566 756226 or email ministerrachael@gmail.com to book.



Welcome to SMUFs, a place for Pre-school worship and play.

Come and join us every Tuesday morning (term time) from 10.30 to 11:30

Every week we explore a different theme from the Bible as well as singing songs and learning to pray for the world around us. We then have a time of free play with toys, colouring and a biscuit.

All children under five (including babies) are welcome to come along with their parent or carers.

SMUFs is free, although we do take a no obligation collection during the group, which covers the cost of hiring the Hall.

If you are interested in coming along, SMUFs is held at: **Burton Latimer Guiding Centre, 16 Alexandra Street, Burton Latimer, NN15 5SF** For any more information contact: Emma Barrow on 07759 224 002



Rothwell and Desborough

Rothwell Mental Health and Wellbeing Drop In Support

For ages 8-15 years

Methodist Church, Market Hill, Rothwell, NN14 6BW

Drop in at any point to have a chat with a counsellor or to seek some advice and guidance from our support worker Natachi

4pm-6pm every Monday

For more information, please email enquiries@youthworksnorthamptonshire.org.uk or call 01536 518339

ROTHWELL **MENTAL HEALTH & WELLBEING**

DROP-IN SUPPORT

METHODIST CHURCH
MARKET HILL
ROTHWELL
NN14 6BW

8-25
YEAR OLDS

DROP IN AT ANY POINT TO HAVE A CHAT WITH A **COUNSELLOR** OR, TO SEEK SOME ADVICE FROM NATACHI, OUR **INFO & GUIDANCE SUPPORT WORKER**

4PM-6PM
MONDAYS

ENQUIRIES@YOUTHWORKSNORTHAMPTONSHIRE.ORG.UK | 01536 518339

Friday Family Fub at St Giles Community Centre

Friday Family Fun is back in the Community Centre on Friday 10th April

All are welcome to join us from 5pm for craft activities, stories, music and a family meal. Hope to see you there!

Every 2nd Friday of the Month

Free to attend

St Giles Community Centre, Desborough, Kettering NN14 2NP

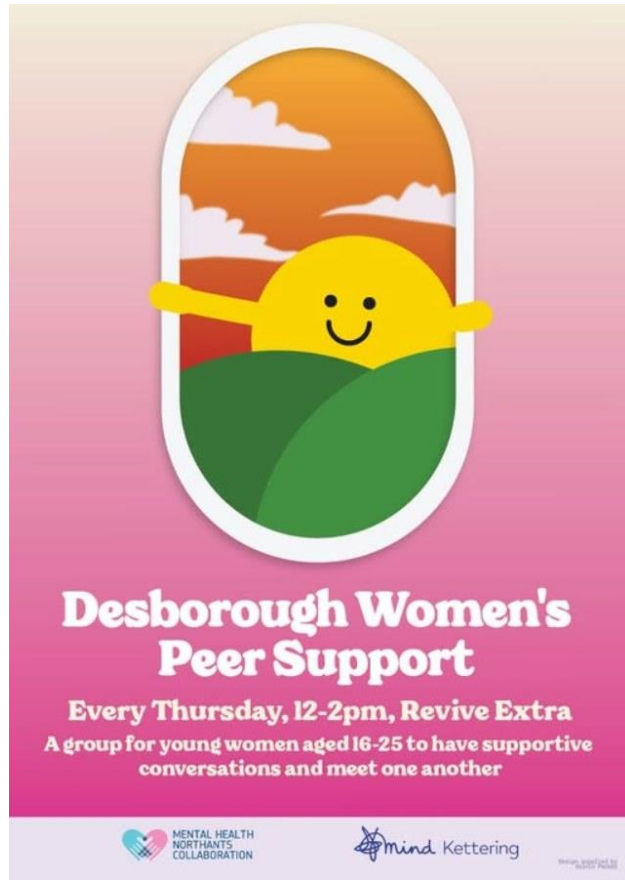
For more information email karenmabbutt@hotmail.com



Womens Support Group - Kettering Mind

A new women's peer for ages 16-25 support group every Thursday from 12:00-2.00pm at Revive Extra in Desborough.

This is a peer support group for young women aged 16-25 to have supportive conversations and meet like minded people. This has been set up by one of our Community Wellbeing Champions Eva who looking to make a positive difference in our local community. We are extremely proud of all of our Community Wellbeing Champions who are bringing such positive groups to the local area



Easter Bunny Hunt and Easter Crafting for Kids at Rothwell Library

As the sun is starting to be out and about.

Why don't you hop on down to the library between the 28th March & 10th April.

To find the hidden Easter bunnies.

Friday 10 April. 2pm to 3.30pm. £2 per child.

Buy your ticket at the library.

Only 10 places available.

Rothwell Community Library. Market Hill, Rothwell NN14 6EP



Rothwell Community Library

Hop on over for our

EASTER

BUNNY HUNT

28th March - 10th April

Free for all ages

Find the Easter Bunnies around the Library

Write down the letter

Make a word

Win a Prize





Desborough Youth Club

Youth Centre, Paddock Lane.

Now for ages year 5 and above

Every Tuesday 6.30pm to 8pm. £1.50 entry.

Paddock Lane Come and join us for crafts, sports and music or just a safe space to meet up with friends.

Desborough Youth club

Year 5 and above

Every Tuesday

6.30-8pm

£1.50 entry

Paddock Lane

Come and join us for crafts, sports
and music or just a safe space to
meet up with friends.



The Market House Pantry - Rothwell Foodbank

The Market House Pantry established 2025. Do you need help or know someone who does?

The Market House pantry is Rothwell's food bank, founded on the principles of compassion and community support. We provide essential services to individuals and families in a time of crisis, ensuring that no one in the area has to go hungry.

Tuesday and Thursday 10am to 2pm Market House, Market Hill, Rothwell, NN14 6BW.

For more information, contact Lisa Judge, Health & Wellbeing Officer on 07908 913056 or email healthandwellbeing@rothwelltowncouncil.gov.uk



Opening
Tuesday 2nd
September

PANTRY

ESTD 2025

Do you need help or know someone who does?

The Market House Pantry is Rothwell's food bank, founded on the principles of compassion and community support. We provide essential services to individuals and families in a time of crisis, ensuring that no one in the area has to go hungry.

Tuesday and Thursday

10am to 2pm

Market House, Market Hill, Rothwell NN14 6BW

For more information, contact Lisa Judge, Health & Wellbeing Officer on 07908 913056 or email healthandwellbeing@rothwelltowncouncil.gov.uk



Corby



Hop into Easter Fun at Priors Hall Park!

Our Easter Egg Trail is back again, with more FREE activities for your little ones and so many chocolate eggs to win!

Thursday 2nd – Monday 6th April

10 eggs hidden across Priors Hall Park

Find them, scan them, WIN chocolate!

It's easier than ever to join in the fun over on the Priors Hall Park Community App, simply visit the link below to find out everything you need to know.

[Priors Hall Park Easter Trail 2026](#)

PLUS! Visit all sales suites for FREE Easter activities - perfect for keeping little ones entertained!

Priors Hall Park, Barnwell Gardens, Corby NN17 5ET



Kingswood Urban Development Project KUD Easter activities are on the way!

All sessions are completely free, with something for every age and interest across the holiday period.

Make sure to have a look at the individual posters for session info, locations and sign-up details.

Mini Golf Fun Day

Tuesday 31 March. 1pm to 3pm. Join us for Mini Golf Adventures No need to book, waiting times may vary.

Kwik Cricket Session

Thursday 9 April. 11am to 1pm. Kingswood Neighbourhood Centre. Main Hall. All abilities welcome.

Join us for a Silent Disco Party.

Friday April 10. 12.30pm to 1.30pm Kingswood Neighbourhood Centre, NN18 9HU. In the youth room.

Step into Adventure VR Fun.

Join us for an exciting VR session. Explore, Play and Imagine.

Thursday 2 April 10am to 2pm. Email robert.lovegrove@kudproject.org to book your 45 minute slot.

For more information, email robert.lovegrove@kudproject.org



Mini Golf Fun Day!

Join Us for Mini Golf Adventures!



**Tuesday 31st March
1pm - 3pm**

**Kingswood Neighbourhood
Centre, NN18 9HU**

**No need to book
- waiting times may vary**



Step Into Adventure VR Fun

Join us for an exciting VR session! –
– Explore, Play, and Imagine!



Kingswood Neighbourhood Centre, NN18 9HU
Thursday 2nd April – 10am – 2pm

**email robert.lovegrove@kudproject.org to book your
45 minute slot**



Join us for a



silent Disco!

Party!

Friday, April 10th

12:30pm - 1:30pm

Kingswood neighbourhood Centre,
NN18 9HU - Youth Room



EMAIL ROBERT.LOVEGROVE@KUDPROJECT.ORG
TO BOOK YOUR TICKET



Bloom & Create – Easter Workshop

Join us for a meaningful and creative Easter experience for children and families, where we bring together English and Romanian language, culture, and creativity. During this workshop, participants will:

- Decorate real eggs using natural, eco-friendly materials
- Create beautiful crafts from recycled items
- Learn about Easter traditions in both cultures
- Practice simple English & Romanian in a fun, natural way
- This is more than a workshop—it's a chance to:
 - Encourage kindness and support families.
 - Promote an environmentally friendly mindset
 - Build connections within our community

We are also looking for volunteers to support the activities and help us make a difference. Let's create, learn, and give back together this Easter! **Beanfield Community Centre, 31st March and 7th April from 3.45pm-5.30pm**



You're not alone - New Support Group

We are launching a confidential support group for men experiencing unhealthy relationships — emotional, psychological, financial, coercive or physical.

Want to talk in a safe, respectful space?

Message us confidentially to find out more.

Carol.McFarlane@northnorthants.gov.uk or Kerry.McNulty@northnorthants.gov.uk

01536 400068 or 07917 050014

Taking the first step can feel difficult — but you don't have to do it alone.

Pen Green Centre
for children and their families

Pen Green Centre is launching a confidential support group for men experiencing unhealthy relationships - emotional, psychological, financial, coercive or physical.

YOU'RE NOT ALONE

Want to talk in a safe, respectful space?
Message us confidentially to find out more.

✉ Carol.McFarlane@northnorthants.gov.uk
Kerry.McNulty@northnorthants.gov.uk

☎ 01536 400068
07917 050014

Taking the first step can feel difficult — but you don't have to do it alone.

Pen Green Groups for Children 0-5 years in Corby

Groups for Children and Families (0-5s) in Corby

Our Children's Centres in Corby offer a wide range of free groups and support for families with children from birth to 5 years. This includes antenatal and postnatal support, early learning activities, parenting courses, and targeted support for families who may need extra help. Groups are led by qualified practitioners, with both drop-in and referral-based options available.

Find out more and view our full timetable [Group Timetable | Pen Green Children's Centre](#)



The poster features the Pen Green Centre logo at the top left, with the text 'Pen Green Centre for children and their families'. The background shows a building with 'PENGREEN' written on it. The title 'Group Timetable' is written in a large, white, cursive font across the middle. Below the title, it says 'Drop in or get in touch enquiries@pengreen.org'. To the right, there is a small image of a timetable grid with the text 'Visit pengreen.org for full details'. At the bottom, there are logos for Pen Green Centre, Kingswood, Woodnewton, and Exeter.

Beginners Callisthenics Class



5.30-6.30pm Every Monday

Kingswood Neighbourhood Centre, Alberta Close, Corby.

For more information email robert.lovegrove@kudproject.org

Join Us for Fun Fitness

**BEGINNERS
CALLISTHENICS
CLASS**



5:30 pm to 6:30 pm
Every Monday

Kingswood
Neighbourhood
Centre

email robert.lovegrove@kudproject.org
for more information

Corby Lions Easter Trail - East Carlton Country Park

The annual Easter Trail is fast approaching. Corby & District Lions Club will be hiding Easter Characters in the woods at East Carlton Park and for £4.00 per child, buy an entry form then follow the route and find the hidden characters and on completion they will receive a Chocolate Easter Egg!!!!

The event is on 5th April 2026 from 11.00am-3.00pm and entry forms can be purchased from the Log Cabin with cash or card.

They will also have a Tombola and all the profits will go to charity.

East Carlton Park near Corby, LE16 8YF

Details: lionsofcorby@hotmail.com Telephone: Mike 07801 520987

CORBY & DISTRICT LIONS CLUB

All profits to Charity

EASTER
Egg Trail

£4 Includes EASTER EGG

TICKETS FROM LIONS STALL

Sunday 5th April 2026

11.00am - 3.00pm

**East Carlton Park
near Corby
LE16 8YF**

Supported by: North Northamptonshire Council

Details: lionsofcorby@hotmail.com
Mike 07801 520987

Corby Dodgeball Club

A welcoming community led sports organisation using dodgeball to build confidence, teamwork and physical wellbeing.

Fun and Inclusive sessions for children and young people of all abilities with a strong focus on empowering beginners and underserved communities.

Your first session is free, then it's just £3 for each session you attend


Tuesdays 7.00-9.00pm ages 6-17 years at Corby Business Academy

For more information please email corby-dodgeball-club@hotmail.co.uk

COMPANY NUMBER 09628805

CORBY DODGEBALL CLUB
DODGEBALL TO BUILD CONFIDENCE, TEAMWORK, AND INCLUSION ACROSS ALL AGES

FIRST FREE SESSION



Tuesday 7:00pm - 8:00pm 6 - 17 Years Old Corby Business Academy (NN17 5EB)

SAFE • INCLUSIVE • SUPPORTIVE

- Led by qualified coaches
- Fully Insured – DBS checked staff
- Pathway to compete internationally

JOIN TODAY AND GROW WITH US

We are a welcoming, community-led sports organisation using dodgeball to build confidence, teamwork, and physical wellbeing. We deliver fun, inclusive sessions for children and young people of all abilities, with a strong focus on empowering beginners and underserved communities. Our aim is to grow the sport locally while creating positive, supportive pathways for everyone to enjoy and succeed in dodgeball.

 CORBY DODGEBALL CLUB  CORBY-DODGEBALL-CLUB@HOTMAIL.CO.UK



Community Gathering – Made with Many - New date for Corby

We are planning for the next 3 years of Made With Many and would love your input and bright ideas!

No need to book - doors open 30 minutes early, and light refreshments will be available for free.

Community Gatherings | Raven Hall - Thursday 23rd April from 6pm to 8pm 63 Rockingham Road, Corby NN17 1AG

Please note that Community Gatherings are aimed at adults – children are welcome to come along but must be supervised by an adult throughout the evening.

Find out more by visiting: [made with many - community](#)



MADE WITH MANY

Community Gatherings

Got any bright ideas? We'd love your input!

Help shape the next three years of the Made With Many programme by joining one of our Community Gatherings
Light refreshments will be available. Community Gatherings are primarily for adults; children are welcome if supervised throughout the event.

Saturday 18th April | 1pm – 3pm (Doors open 12:30pm)
WACA, Rock Street, Wellingborough NN8 4LW

Thursday 23rd April | 6pm – 8pm (Doors open 5:30pm)
The Raven Hall, 63 Rockingham Road, Corby NN17 1AG

Thursday 14th May | 6pm – 8pm (Doors open: 5:30pm)
Wellingborough Museum, 12 Castle Way NN8 1XB

Visit: www.madewithmany.org/community

CREATIVE PEOPLE IN PLACES LOTTERY FUNDING
Supported using public funding by ARTS COUNCIL ENGLAND

The Never Alone Project Bereavement Support - Walk and Talk - Adults - East Carlton Country Park

We're thrilled to announce a new Walk & Talk happening once a month for those on this side of the county!

Location: East Calton Country Park, LE16 8YF

First Walk: Tuesday 31st March Time: 10:30 AM Led by: Our wonderful volunteer Lisa

Come along for a relaxed walk, a chance to chat, and some fresh air! Our regular walks at Sywell will continue with Beth, so you're welcome to join one or both walks. Please let us know if you'll be joining us – we can't wait to see you there! [March Walk and Talk East Carlton](#)

For more information on the Never Alone Project please visit [The Never Alone Project – Support for grieving children and their families/carers](#)



Project M – The Space (Age 12-17) Youth Music Project

Location – The Project M Space, Corby Town Centre. (Opposite Chisholm House)

Project M is a youth music project for young people aged 12 – 17 years. Whether you are interested in listening to music, playing music, writing lyrics, writing poetry or just hanging out in a warm space it doesn't matter, this is the space to be. you will dive into making beats, writing lyrics, jamming or just chilling with other music lovers, this is the space to be.

Whether you're a total beginner or already producing tracks, this is a space to create, connect and have fun. Led by an amazing team of music professionals, you'll get access to awesome music gear, empowering support in our well-being area and most importantly, inspiration to become who you want to be.

With a chance to perform on the big stage, this might be the place to uncover your hidden talents. No pressure, just passion. Get involved, get creative, get down to Project M.

Project M is completely free but participants will need to sign up in advance. Annual re-registration is required for 2026 even if you have previously been a regular participant. This is to ensure that all details are up to date. You can register [HERE](#) for Project M 2026 and will be contacted to confirm when the first session in the new year will be.

Please note that it is not possible to sign up and be admitted on the same day. Please allow 5 days for your application to be reviewed and checked by the Project M team.

Please read the Participant Pack in advance of attendance at your first session – you can find a copy [HERE](#)

Website [Project M - The Space \(Age 12-17\) - The Core at Corby Cube](#)



Family Activities. Corby Library – April

Family Activities. Corby Library

Scan our QR code to find more activities at our library. For bookable activities speak to staff, drop us a line on Facebook, email us at Corby.libraryplus@northnorthants.gov.uk or call us on 0300 126 3000 option 5 option 3.

Please note that staffing may not be available at all above activities therefore, adult supervision is essential. These sessions are FREE to attend and are suitable for all ages. Booking opens a week in advance of the session date for those sessions requiring booking.

UPDATE: Corby Swap Shop – New Address

CORBY Swap Shop 3rd Saturday 1-3pm each month

We wanted to share an important update about the Corby Swap Shop.

The Corby Swap Shop has moved to a new location! You can now find it at: Shelton Road, Unit M, Willowbrook East Industrial Estate, Corby, Northamptonshire, NN17 5XH

The Swap Shop continues to be a brilliant community resource, helping families share, reuse, and support one another – and we're really pleased to be able to pass this update on. If you use the Corby Swap Shop, please make a note of the new address and feel free to share this post so others don't miss out

As always, thank you for supporting local community initiatives alongside RUSH 2The DEN



Youth Works Counselling

Here at Youth Works, we offer FREE counselling sessions to anyone aged 11-25 (up to 25 if you have a special educational needs/disabilities and access mainstream state funded school/college.) who live in the Boroughs of Corby or Kettering. The course of sessions tends to last 6-8 weeks with a 50-minute session at the same time each week.

To refer, fill in the form on our website: [Youth Works Referral](#)

This form can be filled out by the young person, or their parent/carer or professional. Any questions? Do not hesitate to send us a DM on Facebook, email (enquiries@youthworksnorthamptonshire.org.uk) or call 01536 518339

YOUTH WORKS COUNSELLING

We offer **FREE** counselling to any young person aged **11 to 18** years old ****** living in the boroughs of **Corby or Kettering**.

**or 25 years if you have a special educational needs/disabilities and access mainstream state funded school/college.

SCAN THE QR CODE TO REFER INTO OUR COUNSELLING SERVICE.

This form can be completed by a young person, or by their parent, carer or professional.



WE HAVE 2 COUNSELLING LOCATIONS!

CORBY

KETTERING

We will ask which location best suits you when we call to book.

YOUTH WORKS



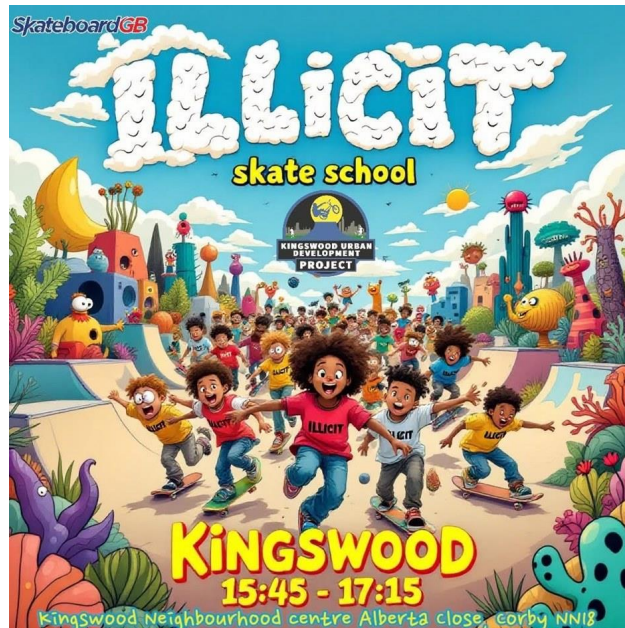
Illicit Skate School is back!

We're really excited to share that Illicit Skate School is returning to Kingswood today. The last sessions were such a hit — loads of smiles, loads of progress, and a brilliant mix of young people giving it a go.

If your child is brand new to skating or already practising tricks, they'll be welcomed, supported, and encouraged. It's all about building confidence, learning safely, and having a genuinely good time.

Tuesdays 15:45 to 17:15.

Kingswood Neighbourhood Centre, Albert Close, Corby, NN18 9HU



Premier League Kicks at Corby Kingswood.

Premier League Kicks inspires children and young people to achieve their potential and improve their wellbeing; working together to build stronger, safer and more inclusive communities.

The programme aims to regularly engage children and young people of all backgrounds and abilities in football, sport and personal development. We offer FREE weekly football sessions across the county with opportunities to take part in local and regional tournaments.

Your local session is on Monday's at: Kingswood Neighbourhood Centre, Alberta Close, Corby. NN18 9HU. 4:30PM TO 5:30PM (School year groups 5 to 13).

For more information, please contact Eadie Simons at Eadie.Simons@ntfc.co.uk or scan the QR code to sign up.





PREMIER LEAGUE KICKS

CORB Y KINGSWOOD

Premier League Kicks inspires children and young people to achieve their potential and improve their wellbeing; working together to build stronger, safer and more inclusive communities.

The programme aims to regularly engage children and young people of all backgrounds and abilities in football, sport and personal development. We offer FREE weekly football sessions across the county with opportunities to take part in local & regional tournament.

Your local session is on Monday's at:
 Kingswood Neighbourhood Centre Alberta
 Cl, Corby NN18 9HU
 16:30 - 17:30 (School year groups 5-13)

For more information please contact Eadie Simons at Eadie.Simons@ntfc.co.uk or scan to sign up -->





Epic Rollers Corby Every Saturday

We are BACK! Open to continue our 2025/26 Skate Season

Come along for a Fantastic Family Fun Roller Skate Session with Tuition Provided

EPIC Rollers CORBY Lodge Park Sports Centre, Corby, NN17 2SG

Every Saturday 4.15pm - 5.45pm

Online Tickets Only Skate Entry : £6, Skate Hire Available : £2

Quad & Inline Skates Available or Bring your own

Free Tuition Provided

Click the 'BOOK NOW' button or visit: [Tickets – EPIC Rollers UK](#) Let's Roll



AUDHD Community Embraced CIC

If you need support from those who get it or just a catch up then [AUDHD Community Embraced CIC](#) have the opportunity.

Daytime support meetings 9.30am to 11.30am 1 April.

West Glebe Park Pavillion, Corby NN17 1SX

Peer Support from those who 'get it' A safe space to chat freely with no judgement

Tea, Coffee, Juice and sweet treats

Children welcome.

Scan the QR code on the poster to join the online community

**AuDHD
Community
Embraced**

Daytime Support meeting

9.30 - 11.30am

7th January	4th March
21st January	18th March
4th February	1st April
18th February	

**West Glebe Park Pavilion
(Corby - NN17 1SX)**

- 👋 Peer Support from those who 'get it'
- 👋 A safe space to chat freely with no judgement
- 👋 Tea, Coffee, Juice & sweet treats
- 👋 Children welcome

Scan here to join our online community

The Rainbow Circle LGBTQ+

LGBTQ+ and Social Group

A safe place to be yourself. Be you. Belong here. Games, Art, Chats and more!

1st and 3rd Thursday every month, term time 4pm to 5.30pm. Corby Library.

For ages 11 to 16.

Corby Cube, George Street, Corby NN17 1QG Corby

For more information please contact corby.libraryplus@northnorthants.gov.uk



Kinship Carers Wellbeing Hub

Are you a Kinship Carer? Would you like to meet other Kinship Carers?

If so, please join us on the **2nd Thursday of the month** at Little Jimmy's, Pen Green Children's Centre, Rockingham Road, Corby, NN17 1BJ, from 12.30pm to 2.30pm.

This is an adult only group running term time only. Refreshments and a warm welcome and a warm welcome provided.

For more information, please contact Northamptonshire Carers on 01933 677907.

Northamptonshire Carers, supporting Carers countrywide.

For more information please visit [Northamptonshire Carers Association](#)

A colorful poster for a Kinship Carers Wellbeing Hub. The background features a stylized landscape with trees in shades of blue, yellow, and orange, a white dog, and a group of people walking. The text is in black and purple. At the bottom left is a QR code, and at the bottom right is the Northamptonshire Carers logo.

**Kinship Carers
Wellbeing Hub**

Are you a Kinship Carer?
Would you like to meet other Kinship Carers?

If so please join us on the 2nd Thursday of the month at **Little Jimmy's**, Pen Green Children's Centre, Rockingham Road.
Corby NN17 1BJ
From 12.30pm-2.30pm
This is an adult only group.
Term time only.
Refreshments and a warm welcome provided.

For more information please contact
Northamptonshire Carers on
01933 677907

Northamptonshire Carers, supporting Carers countywide.
www.northamptonshire-carers.org
Registered Charity number 1061417.

Northamptonshire Carers

Housing and/or Financial Advice in Corby


Need Housing or Financial Advice in Corby? Accommodation Concern are at **Pen Green every Tuesday, 9am–12pm.**

Offering FREE support with: Housing issues (eviction, homelessness, repairs, applications), Debt advice & budgeting help, Emergency support (energy vouchers, food parcels, white goods), Benefits checks, claims & appeals

Can't make it? Call 01536 416560 or email Help@a-c.org.uk

Pen Green Children's Centre, Rockingham Rd, Corby NN17 1BJ

Need advice?

 Accommodation Concern
Advice, support and housing
for a better tomorrow

Accommodation Concern are at Pen Green every Tuesday!
9am - 12pm

1 Housing Advice?

- Eviction paperwork
- Rights and responsibilities of tenants & landlords
- Liaise with council/housing associations
- Court representation
- Homelessness
- Access to social or private housing
- Repairs
- Legal obligations of tenants
- Application to social housing (Keyways)



2 Debt Advice?

- Budgeting
- Negotiating payments with creditors
- Sourcing cheaper gas/electric providers

3 Benefits Advice?

- Maximising income/Benefit checks - are you claiming everything you are entitled to?
- Claiming and appealing Welfare benefits
- PIP claims/Appeals
- Employment Support Allowance claims/appeals

BENEFITS



4 Emergency Support?

- Food voucher and food parcels
- Carpets & flooring
- Emergency energy vouchers (gas/electric)
- White goods
- Tenancy deposits/first months rent (max £700)



Cant make it? Call or email us!
01536 416560 - Help@a-c.org.uk



Declaration and Information

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.

If you would like to contact the Community Connector team about submitting information to this newsletter or updating us about your organisations information please send an email to cfss@nctrust.co.uk and mark the email Stay Connected.