



Red Kite Special Academy Safeguarding Newsletter – Spring Term

Welcome to our Spring Term Safeguarding Newsletter. Each term we'll share key information to help keep our children safe in and out of school. If you feel that there is a topic or issue that you would like to see in our newsletters, please email samantha.sawyer@redkite.school.

This term we're focusing on:

- *Online safety*
- *Family hub*

World Book Day and Easter Family Learning Week

Thank you for all your support celebrating World Book Day on March 5th. It was an amazing day celebrating the love of reading and books.

We are looking forward to our Easter Family Learning week on the 23rd to the 26th March. The classes are busy arranging lots of fun activities and we will finish the week off in style with our Easter disco. Hope you are able to join us for some dancing!

Social media

With the government considering banning social media for children under the age of 16, this newsletter starts by focusing on this issue with what the dangers are and how parents can best keep their children and young people safe online.

What are the Risks?

As social media is so deeply invested in the lives of many children and young people, it offers many opportunities for them to connect across many platforms, create content of their own and explore many corners of the Internet world.



The NSPCC list risks as:

- **Unwanted contact:** Unsolicited messages, friend requests, or group invites can lead to uncomfortable or even dangerous situations.
- **Exposure to inappropriate content:** Group chats, disappearing messages, and peer pressure all present dangers. We all know how social media algorithms can also suggest content that is entirely unsuitable.
- **Distorted body image and unrealistic standards:** Filters, editing tools, and curated posts often present an idealised version of reality. Comparing themselves unfairly can affect their self-esteem and body image.
- **The pressure of likes and comments:** We all want to be liked. Likes, shares, and comments can feel like a measure of self-worth. Children may seek popularity through online influences, leading to anxiety and an unhealthy need for validation.

Target

TARGET

Parent/Carer Online Safety Advice and Support

Targeting And Reducing Grooming, Exploitation and Trading of children and young people online

We are now offering advice and support sessions for parents and carers, focused on helping you support your child's online safety.

The sessions aim to increase parents' understanding of online harms, build practical skills for managing online challenges, and empower them to have open conversations with their child/young person. We can also help with issues such as parental controls, reporting online safety concerns and how to spot the signs of grooming.

Support is available via:

- Telephone conversations or zoom calls directly with parents
- Workshops within schools for larger groups

For more information or to make a referral contact us:
referrals@servicesix.co.uk
01933 277520

Service Six

Advice and Support

As part of Family Learning Week, we also have a session on Staying Safe in a Digital World: A Parent's Guide, hosted by Service Six, that is going to be held in the Kettle on **Tuesday 24th March 10-11am**

STAYING SAFE IN A DIGITAL WORLD: A PARENT'S GUIDE
JOIN SERVICE SIX AT THE KETTLE FOR A FREE WORKSHOP

THE KETTLE

TUESDAY, 24th MARCH
10:00 AM - 11:00 AM
THE KETTLE

WHAT YOU WILL LEARN:

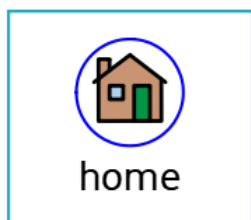
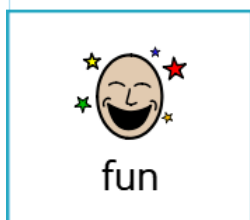
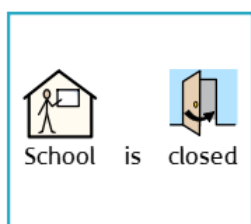
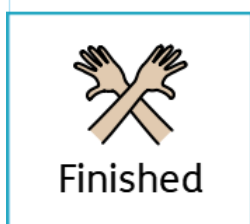
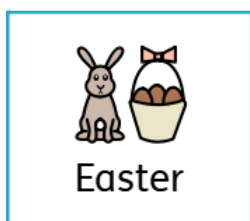
- Tackling online grooming & exploitation.
- Understanding parent digital trends.
- Building safer online family habits.

ABOUT SERVICE SIX:

- FREE online safety support for children (5-25) & parents in Wellingborough.
- Specializing in 1-1 support, group sessions, and the TARGET project.

REGISTER AT:
[Website/QR Code/Email]

Service Six



If you would like more information on family help or would like support please contact samantha.sawyer@redkite.school or Debbie.smith@redkite.school

Useful Websites

- Childline: <https://www.childline.org.uk/>
- UK Safer Internet Centre: <https://saferinternet.org.uk/>
- Children's 0-19 Team: <https://www.nhft.nhs.uk/0-19/>
- NSPCC: <https://www.nspcc.org.uk/>
- Childnet: <https://www.childnet.com/>
- Place2Be: <https://www.place2be.org.uk/>
- ThinkUKnow: <https://www.thinkuknow.co.uk/>
- Mind: <https://www.mind.org.uk/>
- Barnardo's: <https://www.barnardos.org.uk>

North Northamptonshire Family Help Strategy



Summary for Families

Families First: Right Help • Right Time • Right Person

The North Northamptonshire Family Help Strategy has been created with many different organisations and services that support families and young people aged 0–19 (or up to 25 for those with SEND). It explains how we will work over the next four years to plan and improve services for families across North Northamptonshire.

It describes how different organisations - like your health visitor, social worker, teacher, voluntary sector worker or family hub practitioner - will work together to give “joined-up support” to make sure that your child gets the right help, at the right time, from the right person. It is an agreement that people working with families in your local area will focus on:

Safety - creating a safe and supportive place for families

Trust - building good relationships and clear communication

Collaboration - working with families every step of the way

Impact - helping families to feel proud of their progress



Family Help Conversations are an important part of how we support families. Anyone working with a family - like a teacher, GP, health visitor or youth worker - can start one with the family’s permission. After the conversation, a main person will be chosen to keep in touch with the family to make sure that the support is working well.

The four priorities and commitments of the Strategy are explained on the back of this page.

To read the Strategy in full, visit
cms.northnorthants.gov.uk/media/17377/download
or scan the QR code.



Our Priorities & Commitments

01 Locality-based Inclusive, Accessible & Timely Support For All

We want to make sure everyone feels welcome and gets the help they need. This means making sure our services are easy to use, fair for everyone, and respectful of different backgrounds and cultures. We will do this by launching and supporting Best Start Family Hubs across the local area, developing our digital offer and by creating a “single point of access” where you only need to tell your story once.

02 Think Family, Act Together - Through Strength-Based Relational Practice

We support the whole family because we know children and young people do best when their families are doing well too. Our services are designed to help parents, carers, and siblings, not on their own, but as part of one connected family. We will use **Family Help Conversations** to take the whole family into consideration, work closely with services for support and focus on what works well for each family.

03 Right Support, Right Time, Right Person

We will make sure that staff working with families have the right skills and tools to support families in the best way. We will create a Workforce Development Plan to provide training for staff, continue to support each other across different organisations to create “one team”, and communicate to families to make sure that they feel supported and kept up-to-date.

04 Family Voices Meet Evidence-based Action

We will listen to children, young people and families to understand what works best for them. Their voices will help shape the services and support that we offer. We will use data and the lived experiences of families to improve our services, and make sure that what we offer is what families tell us works best for them.