

North Northamptonshire February 2026 Stay Connected



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

This is a live document and will be updated throughout the month with new events added and events that have happened removed so keep checking back.

To navigate to the location you wish to search for use the small grey box in the righthand corner of the screen.

Countywide



TARGET Parent/Carer Online Safety Advice and Support.

Targeting and Reducing Grooming, Exploitation and Trading of Children and Young People Online. (TARGET).

We are now offering advice and support sessions for parents and carers, focused on helping you support your child's online safety.

The sessions aim to increase parent's understanding of online harms, build practical skills for managing online challenges and empower them to have open conversations with their child/young person. You can also help with issues such as parental controls, reporting online safety concerns and how to support the signs of grooming.

Support is available via:

- Telephone conversations or zoom calls directly with parents.

- Workshops within schools for larger groups.

For more information or make a referral contact us. Referrals@servicesix.co.uk 01933 277520

TARGET

Parent/Carer
Online Safety Advice and
Support

Targeting
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For more information or to make a referral contact us:
referrals@servicesix.co.uk
01933 277520


Service Six

Epic Futures – helping young people to start their own businesses

Epic Future is a CIC that supports young people aged 16 to 25 who are facing or have faced, adversity or disadvantage. Their work focuses on helping young people explore, start or grow a business or mini enterprise, building confidence alongside practical skills.

What Epic Future Offers?

Epic Future provides a structured programme of support, including:

Educational Masterclasses (approx. 1 hour each, delivered online or in person):

- Business Planning
- Project Planning
- Financial Planning
- Marketing
- Legal and Intellectual Property (IP)

Additional Support:

- 1-to-1 mentoring to guide, encourage and build confidence
- Grants of up to £500 to help young people get their ideas off the ground
- Access to a Business Directory, connecting young people with professionals and services to support business growth

Epic Future also delivers a “Build a Business” workshop, often used as a taster session to engage young people and introduce them to the programme.

[HOME | EPIC Young Entrepreneurs](#)



Start your own side
hustle or business

Business Programme for
young people

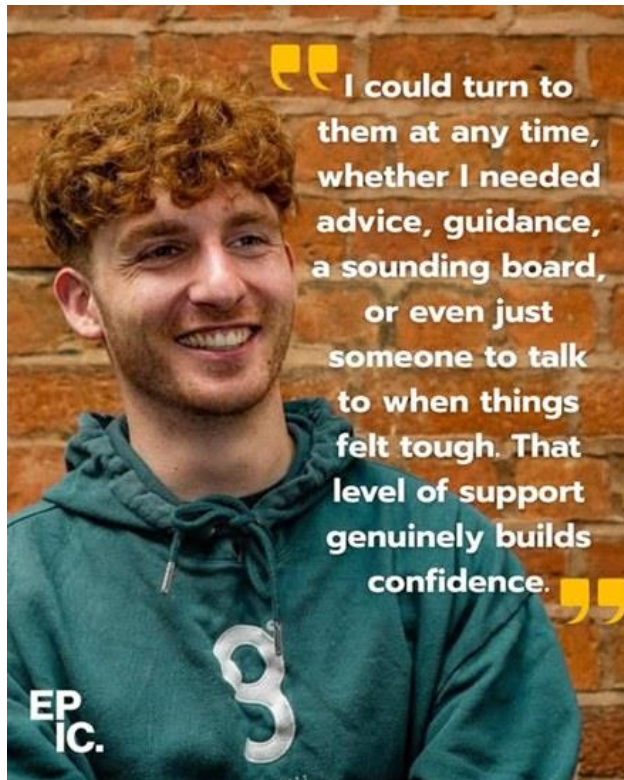
Business Programme for
16-25 year olds who have
faced adversity

www.epicfuture.co.uk

£500 Grant

Workshops Mentoring

team@epicfuture.co.uk



Hope For Families - Left to their own devices, Time Out for Dads, Time Out for parents

We have spaces on these upcoming online courses all starting in February.

Each of our courses have two main aims - to help build your confidence as a parent and to equip you to build a strong and lasting relationship with your child.

For details on these courses and to book your place, visit our website.

[Events — Hope For Families](#)

We can't wait to meet you!

Never Alone Project - Our Next Children's Group and Young Persons Group

Children's Group

Stories. Rhythm. Movement

Our upcoming Children's Group introduces African rhythm and culture in a playful, accessible way. Children will: Explore through music and stories, Express themselves freely, Feel confident, connected, and included

Stanwick Lakes 10am, Thursday 19th Feb

To register please visit [Storytelling and drumming session registration form](#)

Young People's group

Grief can feel heavy, restless, or confusing. In this session, we'll explore how stress and strong emotions show up in the body and how rhythm, drumming, and movement can help bring calm, focus, and a sense of connection.

Through music, you'll: Safely release tension and emotions, Find moments of calm in the middle of stress, Connect with others who understand and share your journey

Stanwick Lakes 11.45am, Thursday 19th Feb

To book please visit [Feb Young People's Group](#)



Children's Group



**Storytelling &
Drumming Session**

Thursday 19th February 2026
10am

Stanwick Lakes





Young Person Group



Beat the Stress

Drumming Workshop

Thursday 19th February 2026

11.45am

Stanwick Lakes



Room on the Broom Trail at Salcey Forest

What to expect on the Room on the Broom trail Join Witch and her friends on an enchanting adventure at Salcey Forest. This interactive family trail is packed with Room on the Broom themed activities, fascinating forest facts and plenty of hands-on fun. As you explore, help Witch find her lost hat, bow and wand, and collect the special ingredients she needs to complete her spell – but watch out for Dragon along the way!

Once you've finished the trail, snap a photo with Witch and her animal friends on their magnificent new broom.

Start your adventure with a Room on the Broom trail pack, available for just £4 from the Information Point or cafe. Each pack is filled with everything you need to bring the magic to life, including:

Kraft bag to colour in, and a pencil, Room on the Broom lanyard to wear, ingredient stickers and spell cards to fill in, craft card with pop-out star to make to your own witchy wand.

Share your experiences and photos with us using #RoomOnTheBroomTrail for more information please visit [Room on the Broom trail at Salcey Forest | Forestry England](#)

Salcey Forest, Wootton Road, Hartwell, Northampton, NN7 2HX

Trans Joy Project NN

Trans Joy Project NN is the new name for the group previously known as Trangst.

We're still the same team, still run under the Q Space ([@qspacenorthants](#)) umbrella, and still exist to run trans social events and provide support, it's just time for a new chapter and a new name. Trans Joy Project NN, or TJP for short, is a group run by and for trans people to provide social groups, community, and support to trans people and their loved ones in

Northamptonshire. As we are a small team most events will be held in Northampton, but suggestions from the community of activities we could hold in wider Northamptonshire are encouraged.

We recognise that the climate towards trans people in the UK is becoming increasingly hostile and we hope that building an intentional community of support will help us all survive and thrive.

February Tuesday 24th: Quiz hosted by Annie - Castle Hill URC - 6:30 - 8:30pm

March Saturday 21st: Creative Writing with Bea - Castle Hill URC - 2:30 - 4:30pm

Tuesday 31st: Trans Day Of Snack Potluck (Trans Day Of Visibility) - Details TBC

April Saturday 11th: Name Change/Deed Poll/Gender Marker Change Help Session - Details TBC

Tuesday 21st: Movie Night - Details TBC

All of these events are run by trans people for trans people. If you are 18+ and trans in Northamptonshire you are welcome to come along. If you would like to bring anyone **under 18** along to a Trans Joy Project event (such as your own children or a young trans person you are supporting) they will be permitted as long as they are accompanied by someone over 18 who is responsible for their wellbeing. If you'd like support to attend any of our events please do message on Instagram or call or text us on 07504508325



**Brighter Beginnings: Toilet training children with SEND
0-5's**

Thursday 5th Mar from 7pm to 9pm

Part of the [Brighter Beginnings: Early Years \(0-5\) workshops](#) collection

Advice and strategies for parent carers on how to toilet train a child (aged 0-5) with additional needs or disabilities.

All children learn to use the toilet at a different stage in their life. Children with additional needs may take longer to be ready to start toilet training and to learn the process.

To book please visit [Brighter Beginnings: Toilet training children with SEND \(age 0-5\) England Tickets, Thu 5 Mar 2026 at 19:00 | Eventbrite](#)

Older Children

Wednesday 10th March from 7pm to 9pm

Advice and strategies for parent carers on how to toilet train an older child with additional needs or disabilities.

This workshop is for parent carers of children aged 6-25 who have additional needs or disabilities (with or without a diagnosis) in the UK.

To Book please visit [Toilet training for older children with SEND - Driving Digital Inclusion Tickets, Tue 10 Mar 2026 at 19:00 | Eventbrite](#)



Knife Crime & County Lines: Understanding the Hidden Link By Catch22

Are you a parent or carer? Do you want to know more about Knife Crime, County Lines and the Hidden Link within. If so, this webinar is for you.

These sessions are aimed at parent/carers (including foster carers/grandparents) to gain a understanding on the important issues surrounding knife crime, county lines and how they interlink, as well as the impact and support that this has on young people and their families, affected by knife crime and county lines

Topics will include

How county lines exploitation contributes to knife crime among young people, Identifies common weapons involved, Examines why these knives are chosen, How the pressures of county lines activity normalise violence for exploited young people, The wider impact on communities and the serious legal consequences of knife possession. The importance of early intervention, education, and strong multi-agency safeguarding to prevent both exploitation and knife carrying.

To reserve your free space please visit our Eventbrite page [Knife Crime & County Lines: Understanding the Hidden Link Tickets, Mon, Feb 23, 2026 at 10:30 AM | Eventbrite](#)

To reserve your free space please visit our Eventbrite page [County Lines Awareness Webinar \(For Parent/Carers Only\) Tickets, Mon, Mar 2, 2026 at 5:30 PM | Eventbrite](#)

To reserve your free space please visit our Eventbrite Page [Knife Crime & County Lines: Understanding the Hidden Link\(Parents/Carers\) Tickets, Wed, Mar 4, 2026 at 4:30 PM | Eventbrite](#)

To reserve your free space please visit our Eventbrite Page [County Lines Awareness Webinar \(For Parent/Carers Only\) Tickets, Thu, Mar 5, 2026 at 10:00 AM | Eventbrite](#)

NHFT CrisisCafes for over 18's Mental Health Support

As we step into a new year, it's okay if things feel uncertain or overwhelming. If you need someone to talk to, our Crisis Cafés are here for you.

These welcoming drop-in spaces are run by mental health professionals and Mind support workers who will listen, offer coping strategies, and guide you to further help if needed. No appointment is needed - just come along to one of our Northamptonshire locations. You'll be welcomed by our friendly team and given a hot drink.

Open to anyone aged 18 or over who needs mental health support.

Find the latest timetable here: [NHFT crisis-cafe timetable](#)

You don't have to face this alone – we're here for you.

DA and the Silent Solution - Make Yourself Heard

If you're at risk of domestic abuse, remember the silent solution. When you need to call 999 but can't talk - the Silent Solution can help. The Silent Solution is a system that filters out large numbers of accidental, or hoax 999 calls while ensuring people can alert police and get help when they are in genuine need but unable to speak.

1. Dial 999
2. Listen to the questions from the operator

3. Respond by coughing or tapping the handset if you can
4. If prompted press 55. This lets the call operator know it's a genuine emergency and you will be put through to the police



Resilience and Stress Management Training (Northamptonshire, UK)

Open to all Northamptonshire Residents - Online event Feb 12 from 10am to 12pm

By Aquarius Northamptonshire Resilience and Stress Management Training Learn about life's pressures. Find out how to prioritise yourself. Form healthy habits.

Resilience and Stress Management Learning objectives: Understand stress and it's causes, Understand stress and mental wellbeing, Understand resilience to stress, To develop your way of managing stress, To apply your strategy practically, Learn about useful resources, Prioritise your mental health

To Book please visit [Resilience and Stress Management Training \(Northamptonshire, UK\) Tickets, Thu 12 Feb 2026 at 10:00 | Eventbrite](#) Other dates available please see [Aquarius Northamptonshire Events - 7 Upcoming Activities and Tickets | Eventbrite](#)

If you have any accessibility requests or any other requirements, please email us at northamptonshire@aquarius.org.uk



Parent Talk - Down-to-earth parenting advice you can trust.

We're here for you, when you need us. Find answers to parenting questions in our advice articles. Or talk to a parenting coach about anything that's worrying you. It's all free, and no topic is too big, small, or embarrassing.

You can connect via live chat, WhatsApp or phone

- Topics include Behaviours and Emotions
- Developmental needs
- School Life and SEND

Please visit [Parent Talk - Support for Parents from Action For Children](#)



Parent Talk

Need parenting advice? Parent Talk can help!

Parent Talk offers free, expert guidance for parents and carers.

Topics include:

- ★ Behaviour & emotions
- ★ Developmental needs
- ★ School life & SEND



Parents can connect via live chat, WhatsApp, or phone.

For tips and support, visit:

<https://parents.actionforchildren.org.uk/>

North Northants



Family Hubs North Northants

Looking for support as a parent or carer?

[Family Hubs North Northants](#) are safe, friendly spaces that bring together a wide range of services to support you and your family — from pregnancy through early childhood and beyond.

Our Family Hubs provide advice, support, and activities for children and young people up to age 19, or up to 25 if they have Special Educational Needs or Disabilities (SEND).

Find your nearest Hub here: [family-hubs-north-northants](#)

Contact Emails

Wellingborough Family Hub – wellfamilyhub@northnorthants.gov.uk

Kettering Family Hub – kettfamilyhub@northnorthants.gov.uk

East Northants Family Hub – enfamilyhub@northnorthants.gov.uk

Timetables for all hubs

[Wellingborough Timetable](#) [Wellingborough Family Hub](#)

[Rushden Timetable](#) [Rushden Family Hub](#)

[Oundle Timetable](#) [Oundle Family Hub](#)

[Kettering Timetable](#) [Kettering Family Hub](#)



North Northants Home to School Transport Have your Say

North Northamptonshire Council is currently carrying out a review of its Home to School Transport service (SEND) and is seeking feedback from those with direct experience of the service.

- **[A Parent and Carer survey](#), for parents and carers of children who currently receive Home to School Transport.**

The survey explores what works well, where challenges arise, and where there may be opportunities to improve how the service operates in practice. Feedback will help shape future developments, including how the service supports young people's needs, independence and effective use of public resources.

Each survey takes around **10 minutes** to complete. Participation is voluntary and all responses are **anonymous**. The survey closes on the 24th of February.

Find out more about Home Education

Thinking about Home Education? Join us for a Drop-in and Chat session with our friendly Inclusion Officers! Whether you're already home educating or just exploring your options, the team are here to offer advice, support, and guidance.

Corby Library: Feb 24th 10am to 12pm.

Can't make this but would love to contact the team? Email:

theadmin.ncc@northnorthants.gov.uk

Hosted by the Education Inclusion and Partnership Team at North Northamptonshire Council.



February Half term Activities Across North Northamptonshire!

Looking for fun and engaging ways to keep your children active this February half term? We're delighted to offer a fantastic range of activities across North Northamptonshire from Monday 16th to Friday 20th February. Families can enjoy everything from swim sessions and giant pool inflatables to multisport activities, creative holiday camps, and exciting outdoor adventures.

We are offering 1–1 intensive swimming lesson at our local pools—an ideal opportunity for children to boost their confidence and develop their skills in a supportive environment, visit the below website to find out more details for your local pool.

Activities are taking place in Corby, Kettering, Rushden, Wellingborough, and surrounding areas.

To explore the full programme and secure your child's place, please visit:

www.northnorthants.gov.uk/holidayactivities

We look forward to welcoming your family for a fun-filled half term!

A promotional poster for 'SCHOOL Holiday'. The word 'SCHOOL' is written in large, colorful, bubbly letters with a rainbow gradient. Below it, 'Holiday' is written in a green, stylized font. The background is a light green and yellow gradient with a sun and clouds. A blue rectangular box in the center contains the following text: 'February Half Term', 'Monday 16 to Friday 20 February', 'Join us for a wide range of activities across North Northamptonshire', and 'Visit our website: www.northnorthants.gov.uk/holidayactivities'. At the bottom of the poster, there are logos for 'North Northamptonshire Leisure', 'Places Leisure', 'freedomleisure', and 'North Northamptonshire Council'.

Sleep and your child ages four to eleven years old Free Online Course

Join this three session course to help you understand sleep in primary aged children. You will look at myths about sleep, sleep needs for 4 to 11 year old's, how to manage your child's sleep and sleep problems.

Friday 27 February 2026. 9.30am to 11am. Virtual Classroom Google Classroom.

Course Code SFLE15

Book your place for FREE online by visting [Northamptonshire Adult Learning SFLE14 Sleep And Your Child: 1-3 Years](#) or scan the QR code.

Website [Adult Learning | North Northamptonshire Council](#) and full course listing [Northamptonshire Adult Learning Course List](#)

Any queries or for more information please contact adultlearning@northnorthants.gov.uk

Adult Learning
Northamptonshire

Sleep and your child 4-11 Years old

Course Information

Join this three session course to help you understand sleep in primary aged children. You will look at myths about sleep, sleep needs for 4-11 year olds, how to manage your child's sleep and sleep problems.

Times & Location

Friday 27th February
9:30am-11:00am (3 weeks)
Virtual Classroom - Google Classroom
Course code - SFLE15

Book your place for FREE online

✉ adultlearning@northnorthants.gov.uk

🌐 www.northantsadultlearning.ac.uk

North Northamptonshire Council | West Northamptonshire Council

Sleep and your child one to three years old Free Online Course

Join this three session course to help you understand sleep in early childhood. You will look at myths about sleep, sleep needs for 1 to 3 year olds, how to manage your child's sleep and sleep problems.

Times and Location. Wednesday 25 February 9.30am to 11am (Three weeks). Virtual Classroom. Google Classroom Course Code SFLE14

Book your place for FREE online by visiting [Northamptonshire Adult Learning SFLE15 Sleep And Your Child: 4-11 Years](#) or scan the QR code.

Website [Adult Learning | North Northamptonshire Council](#) and for full course listing [Northamptonshire Adult Learning Course List](#)

Any queries or for more information please contact adultlearning@northnorthants.gov.uk

Adult Learning
Northamptonshire

Sleep and your child
1 - 3 years old

Course Information

Join this three session course to help you understand sleep in early childhood. You will look at myths about sleep, sleep needs for 1-3 year olds, how to manage your child's sleep and sleep problems.

Times & Location

Wednesday 25th February
9:30am-11:00am (3 weeks)
Virtual Classroom - Google Classroom
Course code - SFLE14

Book your place for FREE online

✉ adultlearning@northnorthants.gov.uk

🌐 www.northantsadultlearning.ac.uk

North Northamptonshire Council | West Northamptonshire Council

Supported Internships Conference - Online

National Development Team for Inclusion - NDTi would like to invite you to their parent/carer webinar as part of the Internships Work Conference 2026. The purpose of this webinar is to help families navigate supported internships.

Date: Tuesday 24 February 2026

Time: 18:00–19:30

Online – join from home

This evening session is for parents and carers who want to understand supported internships and how they can help young people move into work.

Find out what supported internships are and the support available, Bust common myths, Hear real stories from families and young people

Book your place here by visiting [Booking form Internships Work Conference 2026 - Online \(Page 1 of 4\)](#)



**Northamptonshire Carers - Parent Carer Wellbeing Hub North.
Kettering, Corby and surrounding areas.**

We meet on the third Thursday of the month. 10.30am to 12.30pm.

Venues alternate between Corby and Kettering.


Corby Saxon Crown (Weatherspoons). 100, Elizabeth Street, Corby, NN17 1FN. Alternate months starting 19 February 2026.

Earl of Dalkeith (Weatherspoons) 13 to 15 Dalkeith Place, Kettering, NN16 0BS

Alternate months starting 15 January 2026.

Join us for a break, enjoy refreshments, activities, a chance to share the load and make friends with other carers.

Option to join Parent Carer WhatsApp information only group. **For further information phone Lucy at Northamptonshire Carers on 01933 677907. Please ring before attending if you are a "new to us" Carer**



Northamptonshire Carers
PARENT CARER
WELLBEING HUB NORTH

Kettering Corby and Surrounding Areas

We meet on 3rd Thursday of the month

10.30am – 12.30pm

Venues alternate between

Corby and Kettering

Corby Saxon Crown (Wetherspoons) 100 Elizabeth Street Corby NN17 1FN Alternate months starting 19th Feb 2026	Earl of Dalkeith (Wetherspoons) 13 - 15 Dalkeith Place Kettering NN16 0BS Alternate months starting 15th Jan 2026
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Join us for a break, enjoy refreshments, activities, a chance to share the load and make friends with other Carers.

Option to Join Parent Carer What's-App information only group

For further information phone Lucy at Northamptonshire Carers on 01933 677907. Please ring before attending if you are a "new to us" Carer

Registered Charity Number: 1061417 Company Limited by guarantee No:3328459

February Half Term Xplorer Events

North Northamptonshire Council's **Leisure** and **Healthy Schools** teams, in collaboration with **Freedom Leisure**, are excited to offer **FREE family Xplorer events** during **February Half Term** as a continuation of **Children's Mental Health Week**.

What is Xplorer? Xplorer is a fun, family-friendly navigation challenge that combines **physical activity with problem-solving**. Using a simple map, families work together to find markers and complete puzzles – a great way to get outdoors, be active, and boost wellbeing.

Event Details:

- **Wellingborough – Swanspool Gardens (NN8 2BZ) Monday 16th February, 1:00–3:00pm**
- **Kettering – The Green Patch (NN16 0LU) Tuesday 17th February, 12:00–2:00pm**
- **Corby – Boating Lake (NN17 1QQ) Wednesday 18th February, 1:00–3:00pm**
- **Rushden – Hall Park (NN10 9ES) Thursday 19th February, 11:00am–1:00pm**

Cost: FREE – No booking required Children must be **supervised by a parent or guardian** at all times. These are **family activities**, designed for everyone to take part together.

For more information about the events please email activefamilies@northnorthants.gov.uk



Children's Mental Health Week 2026



Xplorer is a family friendly navigation challenge that is educational and fun and gives children a sense of adventure as they explore the park to find markers.

February Half term events:

- **Monday 16th February 1-3pm:** Wellingborough, Swanspool Gardens (NN8 2BZ)
- **Tuesday 17th February 12- 2pm:** Kettering, Green Patch (NN16 0LU)
- **Wednesday 18th February 1 – 3pm:** Corby, Boating Lake (Start point near cafe - NN17 2UN)
- **Thursday 19th February 11 – 1pm:** Rushden, Hall Park (NN10 9ES)

NO NEED TO BOOK **FREE TO JOIN**

For more information contact: activefamilies@northnorthants.gov.uk



Relaxed Singalongs by NMPAT. Northamptonshire Music and Performing Arts Trust.
 NMPAT Kettering Spring/Summer Terms 2026 **Specifically designed for children and young people with special needs.**

Multi-sensory effects, switches, Makaton signing and instruments.

Relaxed and supportive atmosphere. Family groups encouraged!

FREE for all attendees!

Time: 10.30am to 11.30am

Dates: 7 Mar, 16 May, 13 Jun, 4 July (NB: all dates are Saturdays)

Place: The Masque Theatre, Latimer Arts Collage, NN15 6ST.

NMPAT
Northamptonshire Music and Performing Arts Trust

Relaxed Singalongs


NMPAT Kettering - Spring/Summer Terms 2026

- ★ Specifically designed for children & young people with special needs
- ★ Multi-sensory effects, switches, Makaton signing and instruments
- ★ Relaxed and supportive atmosphere
- ★ Family groups encouraged!

FREE for all attendees!

Time: 10:30am-11:30am
Dates: 17th Jan, 7th Feb, 7th Mar, 16th May, 13th Jun, 4th Jul
 (NB: all dates are Saturdays)
Place: The Masque Theatre
 Latimer Arts College, NN15 6ST

Email Simon Steptoe for more information:
ssteptoe@nmpat.co.uk



North Northants Parent Carer Voices Free Workshops and Training Sessions Spring 2026

We are delighted to share details of a series of free workshops and training sessions for parent/carers of children and young people with diagnosed or suspected Special Educational Needs and/or Disabilities (SEND), as part of the PINS Program. These sessions will take place across a variety of locations in North Northamptonshire. They provide an excellent opportunity for parents/carers to:

- Gain practical strategies to support their child's learning and wellbeing
- Understand SEND challenges and approaches
- Connect with other families and local support services

All workshops and training are completely free of charge.

Staff within your setting are also very welcome to attend.

For full details of the sessions, dates, and locations, please see below,

To book any of the below sessions please use this link: [Book A Service/Event](#)

Self-Care Sessions Open to PINS schools & NPCV members

In partnership with [Northamptonshire Mind](#) - Open to PINS schools & NPCV members

Caring for a child or young person with SEND (whether diagnosed or suspected) takes strength, patience and resilience. These sessions are just for you.

Join us for a supportive, gentle and empowering self-care session designed specifically for parent carers, led by the wonderful team at Northamptonshire Mind.

You'll explore practical ways to build resilience, reduce stress, and prioritise your own wellbeing while connecting with other parents who truly get it.

Learn tools you can actually use, Take time to pause and reset, Feel less alone on the journey

We have two dates available, so please choose the one that works best for you:

5th March 2025 | 9:30–11:45 Corby Mind

Spaces are limited — we'd love you to join us

To Book Please Visit [Book A Service/Event](#)

**WHO CARES FOR YOU
NURTURING SELF CARE**

Do you have a young person with Special Educational Needs and Disabilities (SEND), either diagnosed or suspected.

Join us for an insightful session focused on building resilience and self-care, led by the wonderful team at Northamptonshire MIND.

This is a great chance to learn valuable strategies and connect with other parents. We can't wait to see you there and support each other on this journey!

We have 2 dates available so please choose the one that works best for you!

**22ND JAN 2025 - 9:30-13:00
RUSHDEN MIND
INCLUDING SOUND BATH**

**5TH MARCH 2025 - 9:30-11:45
CORBY MIND**

f northamptonshireparentcarervoices

enquiries@NPCV.co.uk

ADHD Workshop – Back by Popular Demand!

We're excited to welcome back this highly popular ADHD workshop, delivered by [ADHD Wise UK](#) for parent carers and professionals supporting children and young people with SEND aged 0–25 in North Northamptonshire.

What the workshop will cover:

- Understanding why children and young people with ADHD behave as they do
- Practical strategies to support positive change
- Separating fact from fiction about ADHD
- Exploring ADHD beyond common stereotypes
- Building a strong foundation to support the best possible futures

This interactive session is designed to increase understanding, confidence and consistency across home, education and professional settings.

23rd March 9:30am – 11:30am At Holiday Inn Corby

These sessions always fill quickly, so keep an eye out for booking details.

To book please visit [Book A Service/Event](#)

ADHD WORKSHOP

This interactive ADHD workshop is open to professionals and parent carers of children and young people with SEND aged 0-25 living in North Northamptonshire.

Workshop aims:

- Understand some of the underlying reasons why children and young people behave as they do
- Learn practical strategies to support positive change
- Separate fact from fiction about ADHD
- Explore ADHD beyond common stereotypes
- Gain a strong starting point to help build the best possible future for children and young people

This session is designed to increase understanding, confidence, and consistency in supporting children and young people with ADHD across home, education, and professional settings.

23RD MARCH
09:30-11:30
HOLIDAY INN CORBY



 northamptonshireparentcarervoices  enquiries@NPCV.co.uk

Unwind Your Anxious Mind Parent Carer Anxiety and Well-Being Sessions

Parent Carer Anxiety & Wellbeing Sessions - Delivered with the expert team at [Northamptonshire Mind](#) because looking after your own mental health is not optional — it's essential

Open to PINS schools & NPCV members

If you're a parent carer of a child or young person with SEND (diagnosed or suspected), anxiety can feel like a constant background noise — the meetings, the waiting, the fighting for support, the uncertainty about the future. You are not alone.

Unwind Your Anxious Mind is a supportive, understanding session created specifically for parent carers, recognising the real and valid causes of anxiety in SEND parenting. Led by the compassionate team at Northamptonshire Mind, we'll gently explore where anxiety comes from, how it shows up in our bodies and thoughts, and — most importantly — how we can manage it in ways that actually fit busy, emotionally stretched lives.

- Understand why parent carers experience heightened anxiety
- Learn practical, evidence-based tools to reduce overwhelm

- Build confidence in managing anxious thoughts and stress responses
- Connect with other parents who truly understand your journey
- Take time for you — without guilt

This session offers space for meaningful discussion, reflection and shared understanding — not judgement, not pressure, just support.

19th March 9.30-11.30 Rushden Mind

We can't wait to welcome you & support you! **To book please visit [Book A Service/Event](#)**

UNWIND YOUR ANXIOUS MIND

Do you have a young person with Special Educational Needs and Disabilities (SEND), either diagnosed or suspected.

Join us for an insightful session focused on anxiety, led by the wonderful team at Northamptonshire MIND.

This is a great chance to learn valuable strategies, and connect with other parents, and hold meaningful discussions.

We can't wait to see you there and support each other on this journey!

We have 2 dates available so please choose the one that works best for you!

**5TH FEBRUARY - 9:30-11:30
CORBY MIND**

**19TH MARCH - 9:30-11:30
RUSHDEN MIND**

SELF CARE o'clock

facebook northamptonshireparentcarervoices enquiries@NPCV.co.uk

Tackling School Attendance, EBSA and Exclusion risks

One of the strongest themes we raised last year was Emotionally Based School Avoidance (EBSA) and neurodivergent attendance challenges.

Parent carers helped us highlight that:

- Attendance policies are often not trauma- or neurodiversity-informed
- Anxiety, PDA, sensory overload and unmet needs are drivers — not defiance

- Punitive responses increase exclusion, isolation and mental health harm

Because of parent voice, these concerns are now firmly on the local risk register, influencing policy reviews and inclusion work.

Attendance can't improve without inclusion first.

Our upcoming workshop is a strong start to continuing this theme into 2026!

Monday 23rd March 12.30pm-2.30pm at Holiday Inn Corby

To Book please visit [Book A Service/Event](#)

For more information please visit [Emotionally Based School Avoidance | Facebook](#)



Brotherhood Men's Groups - Need a place to talk?

Try one of our weekly Men's groups

Are you going through a rough time?

Do you struggle to find a safe place to talk about what's going on, or maybe you just need a place to vent?

Join a weekly men's group open to all men 18+

Men need men to talk to, where they are supported and feel safe. The brotherhood is a place to talk and be heard without judgement. More info please visit [Brotherhood](#) There is no charge for the Brotherhood but donations to keep it running are welcomed.



NEED A PLACE TO TALK?

TRY ONE OF OUR WEEKLY MEN'S GROUPS

ARE YOU GOING THROUGH A ROUGH TIME?
DO YOU STRUGGLE TO FIND A SAFE PLACE TO
TALK ABOUT WHAT'S GOING ON, OR MAYBE YOU
JUST NEED A PLACE TO VENT?

**JOIN A WEEKLY MEN'S GROUP
OPEN TO ALL MEN 18+**

MEN NEED MEN TO TALK TO, WHERE THEY
ARE SUPPORTED AND FEEL SAFE. THE
BROTHERHOOD IS A PLACE TO TALK AND
BE HEARD WITHOUT JUDGEMENT.

MORE INFO: BROTHERHOODMENSGROUPS.COM

THERE IS NO CHARGE FOR THE BROTHERHOOD
BUT DONATIONS TO KEEP IT RUNNING ARE WELCOMED.

Wellingborough



Wellingborough and Surrounding Villages, Finedon, Wollaston, Irchester, Bozeat, Great Doddington, Earls Barton and Grendon

Wellingborough

Daylight Centre will be a regular location for Citizens Advice Community Help & Information Point (CHIP) sessions.

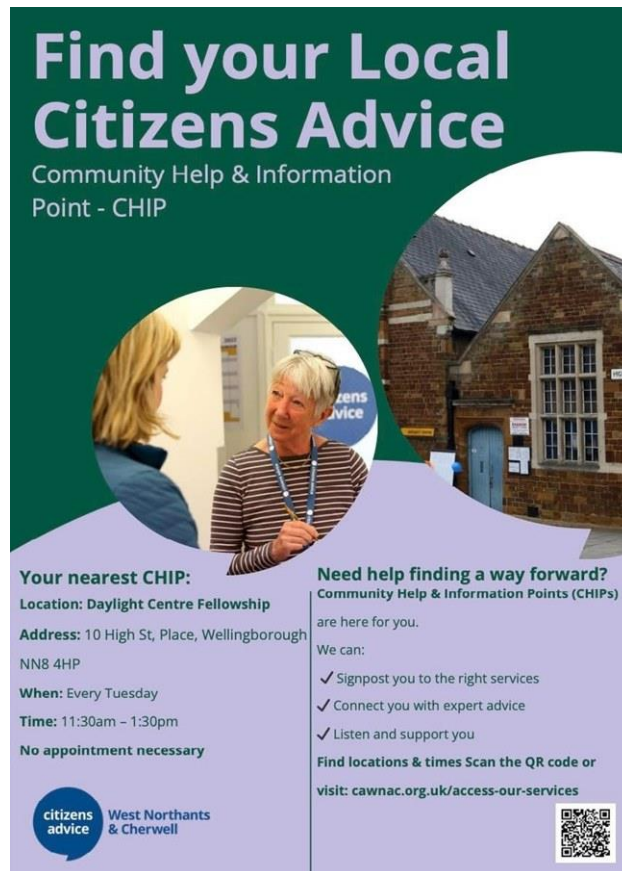
If you need help finding a way forward, you can drop in and speak to someone who can:

- Listen and support
- Signpost you to the right services
- Connect you with expert advice

Daylight Centre, 10 High Street Place, Wellingborough, NN8 4HP

Every Tuesday 11:30am – 1:30pm

No appointment needed If things feel complicated or overwhelming, you don't have to navigate them alone. Just come along.



Find your Local Citizens Advice
Community Help & Information Point - CHIP


Your nearest CHIP:
Location: Daylight Centre Fellowship
Address: 10 High St, Place, Wellingborough NN8 4HP
When: Every Tuesday
Time: 11:30am - 1:30pm
No appointment necessary

Need help finding a way forward?
Community Help & Information Points (CHIPs) are here for you.
We can:

- ✓ Signpost you to the right services
- ✓ Connect you with expert advice
- ✓ Listen and support you

Find locations & times Scan the QR code or visit: cawnac.org.uk/access-our-services

citizens advice West Northants & Cherwell



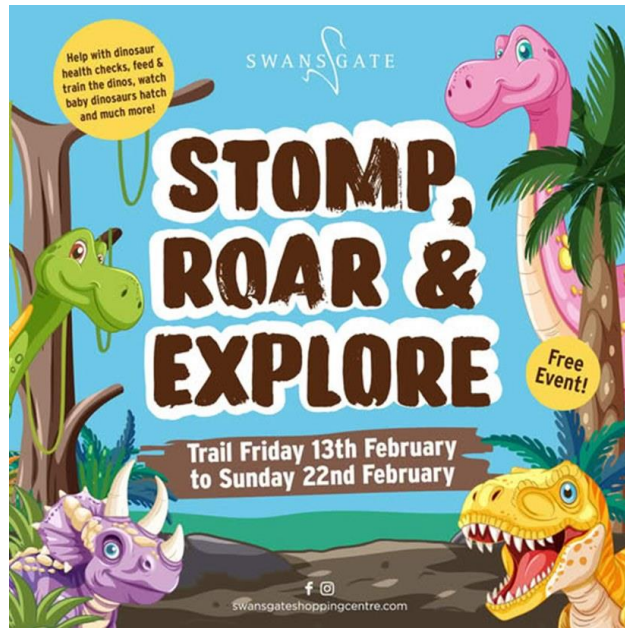
Get Ready to STOMP, ROAR & EXPLORE at Swansgate!

Looking for the ultimate February half-term adventure? Experience a prehistoric takeover as dinosaurs come alive at Swansgate Shopping Centre! This is an immersive experience the whole family will love.

From the 13th of February to the 22nd of February, take part in our dinosaur trail around the centre for a chance to enter a prize draw

Plus, join us for a FREE one-day event at the 'Dino Control Centre', where you can meet baby dinos, learn how to become a dino handler, help with dinosaur health checks, and watch baby dinosaurs hatch.

Tuesday 17th February 11am - 3pm. It will be a roarsome time!



Community Gathering - Help Plan the next 3 years of Creative Events and Programmes in Wellingborough

We are planning for the next 3 years of Made With Many and would love your input and bright ideas! Save the date for a Community Gathering at [Wellingborough Museum](#) on 26th February from 6pm – 8pm and keep your eyes on our social channels for more info!

Doors open 5:30pm for a 6pm start and light refreshments will be available. Please note that Community Gatherings are aimed at adults – children are welcome to come along but must be supervised by an adult throughout the evening.

Date: 26/02/2026

Time: 6:00 pm - 8:00 pm

Place: Wellingborough Museum, 12 Castle Way, Wellingborough NN8 1XB

Cost: Free

Additional Date - Saturday 18th April: 1pm – 3pm (doors open 12:30) at WACA, Rock Street, Wellingborough NN8 4LW



MADE WITH MANY **Community Gatherings**

Got any burning bright ideas? We'd love your input!

Help shape the next three years of the Made With Many programme by joining one of our Community Gatherings. Light refreshments will be available. Community Gatherings are primarily for adults; children are welcome if supervised throughout the evening.

Thursday 26th February | 6pm – 8pm (Doors open: 5:30pm)
Wellingborough Museum, 12 Castle Way NN8 1XB

Saturday 18th April | 1pm – 3pm (Doors open 12:30pm)
WACA, Rock Street, Wellingborough NN8 4LW

Visit: www.madewithmany.org/community
Or scan the QR for more info

CREATIVE PEOPLE AND PLACES LOTTERY FUNDED | Supported using public funding by ARTS COUNCIL ENGLAND

Join Made with Many and the Tale of the Loneliest Whale

Made With Many are delighted to give Wellingborough families an opportunity to experience [The Tale of the Loneliest Whale](#), a magical and interactive show presented by [Half Moon Theatre](#) in partnership with [Hoglets Theatre](#)

Join Whale as he dives through glowing coral, dodges wibbly jellyfish, and faces wild-eyed sea monsters in an unforgettable quest for connection. Will he ever find a friend who hears his song?

Packed with beautiful puppets, original songs, and hilarious sea creatures, The Tale of the Loneliest Whale is a celebration of friendship, difference, and the beauty of being yourself. Developed with children's insights into neurodiversity, this is a truly unique and heartfelt show ideal for primary aged children and their families.

Date: Saturday 7th March

Times: 11:00 am and 2pm (approx 45mins).

Place: Glamis Hall, Goldsmith Road, Wellingborough NN8 3RU

Tickets are FREE for residents of our funded Wellingborough area including - Bozeat, Earls Barton, Ecton, Finedon, Great Doddington, Grendon, Hardwick, Isham, Irchester, Isham, Little Harrowden, Orlingbury, Sywell, Wellingborough, Wilby & Wollaston. You must be a Wellingborough resident to book.

Book via: madewithmany.eventbrite.com

Visit: madewithmany.org/whats-on for more information, including a link to download the Visual Storytelling pack to support neurodiverse children and adults



MADE WITH MANY

Age 4+

The Tale of the Loneliest Whale

Saturday 7th March 11am & 2pm
(approx 45 mins)

Glamis Hall, Goldsmith Rd, Wellingborough NN8 3RU

Made With Many are delighted to give Wellingborough families an opportunity to experience The Tale of the Loneliest Whale, a magical and interactive show presented by Half Moon Theatre in partnership with Hoglets Theatre.

Packed with beautiful puppets and original songs, this show celebrates friendship, difference, and the beauty of being yourself.

Book your FREE tickets: madewithmany.eventbrite.com

For more info, visit: madewithmany.org/whats-on

CREATIVE PLACES
LOTTERY FUNDED
ARTS COUNCIL ENGLAND
Half Moon
HOGLETS THEATRE

Wellingborough Carnival Court selection 2026

Saturday 7 March at 1pm at Wellingborough Museum, NN8 1XB.

All applicants must live in the Borough of Wellingborough, aged from 9 years, available to attend events at weekends and must be accompanied by parent/legal guardian at the Selection Event.

The only qualification you need is a BIG SMILE, commitment, enthusiasm and lots of energy!

Entry forms available by email: wellingboroughcarnivalcourt@gmail.com

Facebook Wellingborough Carnival Association: [Wellingborough Carnival](https://www.facebook.com/WellingboroughCarnival)



Wellingborough Art Call Out. Have your artwork on display at Northampton Film Festival 2026.

Wellingborough Art Call Out. Have your artwork on display at Northampton Film Festival 2026.

Prompt: "Northants is county of rebels and revolutionaries, misfits and mavericks, creatives and change makers".

How: Submit a piece of artwork, in any medium, inspired by the prompt and see your work on display at the Opening Gala (28th February).

Open to all ages and abilities. Awards for the most creative pieces will be presented at the award ceremonies on Sunday 8th March 2026 for the 18 and under category and adults. All submissions get 10% off two NFF Tickets.

We are running a series of sessions + an Exhibition in Wellingborough so you can contribute to Northampton Film Festival 2026! For all ages and abilities, free to come along, have a play, and get creative. (materials provided).

When & Where?

Sat 14 Feb: Wellingborough Library and **Thu 19 Feb** (half term): Swansgate Shopping Centre, Wellingborough

Both 9.30am - 5.30pm

Exhibition 24-31 March: Wellingborough Library

This is a free event, to reserve your spot please visit our Eventbrite page [Wellingborough creative sessions Tickets, Sat 14 Feb 2026 at 09:30 | Eventbrite](#)

ALL AGES

**WELLINGBOROUGH
ART CALL OUT**

**HAVE YOUR
ARTWORK ON
DISPLAY AT**

**NORTHAMPTON FILM
FESTIVAL 2026**

PROMPT:
**'NORTHANTS IS A COUNTY OF
REBELS AND REVOLUTIONARIES,
MISFITS AND MAVERICKS,
CREATIVES AND CHANGEMAKERS'**

HOW?
SUBMIT A PIECE OF ARTWORK - IN ANY MEDIUM - INSPIRED BY THE PROMPT & SEE YOUR WORK ON DISPLAY AT THE OPENING GALA (28TH FEB), OPEN TO ALL AGES AND ABILITIES. AWARDS FOR THE MOST CREATIVE PIECES WILL BE PRESENTED AT THE AWARD CEREMONIES ON SUNDAY 8TH MARCH FOR THE 18 & UNDER CATEGORY AND ADULTS. ALL SUBMISSIONS GET 10% OFF 2 NFF TICKETS.

Commissioned by:

MADE WITH MANY

CREATIVE AND PEOPLE PLACES

LOTTERY FUNDED

Supported using public funding by
ARTS COUNCIL ENGLAND

Northampton Film Festival
Sat 28th Feb - Sun 8th March
northamptonfilmfestival.co.uk
@nfffilmfestival

The Creative Place

Email: nncreativeplace@gmail.com with submissions or for more info + T&Cs
nncreativeplace.org
@nncreativeplace

WELLINGBOROUGH
CREATIVE SESSIONS

FREE, DROP-IN MATERIALS PROVIDED

CREATIONS WILL GO ON DISPLAY AT NORTHAMPTON FILM FESTIVAL 2026 WITH A PRIZE FOR MOST CREATIVE IN BOTH ADULT CATEGORIES AND 18 & UNDER

When & Where?
Sat 14 Feb: Wellingborough Library
Thu 19 Feb (half term): Swansgate Shopping Centre, Wellingborough
 Both 9.30am - 5.30pm

Exhibition
 24-31 March: Wellingborough Library

KEY FESTIVAL DATES
 ART COMPETITION EXHIBITION: SAT 28th FEB
 NFF AWARDS EVENT: SUN 8th MARCH

Commissioned by:

MADE WITH MANY
 CREATIVE PEOPLE AND PLACES
 ARTS COUNCIL ENGLAND
 NORTHAMPTON FILM FESTIVAL
 The Creative Place
 SWANS GATE
 LibraryPlus

The Good Grief Fair at Wellingborough Library

Thursday 26 February 2026. 10am to 3pm Wellingborough Library.

The kettle is on, join us for a day of open conversation about death, grief and bereavement. Meet local support services, charities and faith groups working around the Wellingborough area.

Including Northamptonshire Carers, Made with Many, Kelly's Heros, Voice, Family Support Link, Seddon Legacy Project and more.

Join Guest speakers for Q and A's between 11am and 1pm

LibraryPlus

THE GOOD GRIEF FAIR

**Thursday 26th February 2026
10am - 3pm
Wellingborough Library**

FREE ENTRY

The kettle is on...
Join us for a day of open conversation about death, grief and bereavement

Meet local support services, charities and faith groups working around the Wellingborough area
Including Northamptonshire Carers, Made with Many, Kelly's Heroes, Voice, Family Support Link, Seddon Legacy Project, and more...

Join Guest speakers for Q&As between 11am and 1pm

There's no time limit on grief
Let's talk about it

#deathpositivelibrary

North Northamptonshire Council

Free Take Away Event

A reminder that Wellingborough will be having another take-away event

Friday 27th February from 10am!

The Swansgate Shopping Centre, Wellingborough. Hope to see you there!

Take Away – Clothing, household items, toys and more – for free

Take-Away

Clothing, household items, toys and more...

Pop in and take what you need- for free!

Join us at The Swansgate Shopping Centre, Wellingborough.

January 23rd
February 27th
From 10.00am
Contact the LIVE Team for more information on 01536 859235

LIVE
LEARNING • INDEPENDENCE
VOLUNTEERING • INCLUSIVE

Wellingborough Tabletop Games

Every Friday Games Night from 7pm to 11pm

At Kingsway Centre, Wellingborough.

Welcoming community. A variety of games played. Event nights. Intro/Demo Games. Hobby Corner.

First night is free. For ages 13+ but under 17's must be accompanied by an adult.

Gard games, board games, war games, roleplay games. We have an active community on Facebook and Discord. Find us online at Wellingborough Table Top Games

WAR GAMES - ROLEPLAY GAMES

WELLINGBOROUGH TABLETOP GAMES

EVERY FRIDAY

GAMES NIGHT

FROM 7PM - 11PM

AT KINGSWAY CENTRE,
WELLINGBOROUGH

WELCOMING COMMUNITY
A VARIETY OF GAMES PLAYED
EVENT NIGHTS
INTRO/DEMO GAMES
HOBBY CORNER

FIRST NIGHT FREE

13+ UNDER 16'S
ACCOMPANIED BY AN ADULT

GARD GAMES - BOARD GAMES

SUPPORTED BY

Wellingborough Town Council

ACTIVE COMMUNITY ON

Facebook

Discord

www.wellingboroughtabletopgames.co.uk

Redwell Leisure Centre Active Play & Bounce

Let your little ones burn off energy, explore, and make new friends!

Fridays 9:30am – 11:30am

Soft play, climbing frame, jungle bouncy castle, ball pool, and more — fun for all!

No need to book, just turn up and play

0-12m £1.05

1-4 years £3.15

5- 8years £4.15

Redwell Leisure Centre, Barnwell Road, Wellingborough NN8 5LP You can just turn up on the day but if you want to book in advance please visit Redwell Leisure Centre's Website [Redwell Leisure Centre | Wellingborough](#)

Thriving In Life Focus Groups

Are you aged 11 to 19 and living/going to school in Wellingborough?

If so, we would love you to come along and share your opinions on topics like Mental Health, Relationships, Risky behaviour and transition to adulthood but also have fun.

Thriving in life focus groups. Fun, Opinions and Snacks.

Where: Service Six Community Centre. 16 Sassoon Mews, Wellingborough, NN8 5LT.

Who can I contact? Text/Phone/Whatsapp AJ on 07483 066 473.

Monday February 23, 2026. 5.30pm to 7.30pm

Are you aged 11-19 and living/going to school in Wellingborough?

If so, we would love you to come along and share **your opinions** on topics like **mental health, relationships, risky behaviour and transition to adulthood** but also have a fun!

Thriving In Life Focus Groups

Fun! Opinions! Snacks!

Where?
Service Six Community Centre
16 Sassoon Mews Wellingborough NN8 5LT

Who can I contact?
Text/Phone/Whatsapp AJ on
07483 066 473

When?
Monday Dec 8th 5:30pm-7:30pm
Monday Jan 19th 5:30pm-7:30pm
Monday Feb 23rd 5:30pm-7:30pm

ESOL for Families

A free course for parents and carers looking to improve their English in a supportive and non-judgemental environment. It will focus on practical communication and help you feel more

confident in everyday situations like school, shopping, and appointments. It will also be a good opportunity to meet others and share experiences.

Time and Location: Wednesday 25 February 10am to 12 Noon (5 weeks).

Wellingborough Family Hub, Penrith Drive, NN8 3XL.

Free to enrol please visit [Northamptonshire Adult Learning SFLM25 ESOL For Families](#) or scan QR code in poster.

For any queries or more information please visit Adultlearning@northnorthants.gov.uk

For full course list visit [Northamptonshire Adult Learning Course List](#) Website [Adult Learning | North Northamptonshire Council](#)

Family Learning

ESOL for Families

Course Information

A free course for parents and carers looking to improve their English in a supportive and non-judgmental environment! It will focus on practical communication and help you feel more confident in everyday situations like school, shopping, and appointments. It will also be a good opportunity to meet others and share experiences.

Times & Location

Wednesday 25th February
10:00am - 12:00pm (5 weeks)
Wellingborough Family Hub, Penrith Drive, NN8 3XL

Free to enrol - Scan QR code

adultlearning@northnorthants.gov.uk

www.northantsadultlearning.ac.uk

North Northamptonshire Council | West Northamptonshire Council | Adult Learning Northamptonshire

Swanspool Squirrels

The sessions will run every Friday morning. Led by Jonathan, our Facilities Officer, we are going to be working to improve and maintain Swanspool Pavilion and Gardens.

If love the Pavilion and Gardens, and want to help, do join us! We will start by walking around looking at the jobs that need doing, and then you choose a job. We will help get you started and there's free tea and coffee available for all volunteers.

Join us for a forage and fix this and every Friday morning 10-12!

The group is as much about building a community and friendships, as it is working. You will have a choice of specialist Red Jobs or simple Grey Jobs to do. All tools will be supplied, Grey Jobs will include litter picking, gardening and decorating.

Plus we have a new [Swanspool Squirrels](#) Facebook group for you to join too, there for you to share ideas, share what you/we have done, for reporting issues and for working together. Do also follow our [Swanspool Pavilion and Gardens](#) Facebook page for events, and for information about the Pavilion and Gardens.



Pet Food Available for those on a low income

Available for Dogs, Cats, Rabbits and more.

Open to Universal Credit Claimants

Contact us via email or Facebook DM to apply by visiting [Facebook Animals in Need](#)
Admin@animals-in-need.org

Animals in Need. Pine Tree Farm, Little Irchester, Wellingborough

**PET FOOD
AVAILABLE**

- ✓ AVAILABLE FOR DOGS, CATS, RABBITS, AND MORE
- ✓ OPEN TO UNIVERSAL CREDIT CLAIMANTS
- ✓ CONTACT US VIA EMAIL OR FACEBOOK DM TO APPLY

admin@animals-in-need.org

Flip Out for Fun at the Wellingborough Pancake Race!

Ready, set, *flip*! Gather your friends, family, or colleagues and join the **Wellingborough Pancake Race** on **Saturday, 14th February 2026!**

Where: Market Street, Wellingborough

When: From 11am

Entry Fee: Absolutely FREE! ?

Whether you're a pancake-flipping pro or a first-time flipper, this is your chance to show off your skills, have a laugh, and race for glory.

Enter your team today. Dress up, flip pancakes, and race to win a shiny medal ?!

How to Enter: Select the number of entrants by clicking on the ticket option and complete your details. Hurry—spaces are limited, and you won't want to miss the most flippin' fun event of the year!

Let's make this year's race the best one yet. To Book your free ticket(s) Please visit [Wellingborough Pancake Race! | Wellingborough Town Council](#)



Autism Kids Club is on Every Saturday

A fun, relaxed space where autistic children can play, explore, and just be themselves. No pressure, no expectations, come and enjoy at your own pace.

We've got: Creative activities & crafts, Puzzles & board games, Lego & bricks, Reading area, Toy house & pretend play kitchen, Educational table, Big toy box

Parents and carers can enjoy tea & coffee, with free fruit for the kids Free to attend, no need to book, all ages welcome!

Autism Kids Club. Learning to make friends through play.

A huge thank you to Sue, the Speech and Language Therapist, for joining us at Autism Kids Club!

Don't miss Sue at the club on:

7th March 18th April 9th May and 6th June

Sue's sessions are a great chance for parents to get practical tips and guidance on supporting communication.

A big thank you to [Reporting Data Systems - RDS](#) for making these sessions possible

We offer a welcoming, free Saturday morning space at Mill Road Baptist Church (64 Thomas Street, NN8 1DU)

Every Saturday, typically 10:00 AM - 11:00 AM (sometimes extended to 12:00 PM).



Kinship Carers Wellbeing Hub

Are you a Kinship Carer? Would you like to meet other Kinship Carers? If so, please join us on the **2nd Tuesday of the month** at Northamptonshire Carers, 123 Midland Road, Wellingborough, NN8 1LU, from 10am to 12 Noon. This is an adult only group running term time only. Refreshments and a warm welcome and a warm welcome provided.

For more information, please contact Northamptonshire Carers on 01933 677907.

Northamptonshire Carers, supporting Carers countrywide.

For more information please visit [Northamptonshire Carers Association](#)



CANVAS Free Creative Group -Plan and Co-Produce the Well Creative Festival

CANVAS is a free creative group for young people aged 13-18 who live in Wellingborough.

Made with Many Canvas

We would love you to join us in planing and co-producing Well Creative Festival with us, a combined arts festival in Wellingborough town centre on 21 March 2026.

Planning sessions are held on Tuesdays 10 February, March 3, 10 and 17.

Free Pizza.

4.30pm to 6.30pm. Town Centre location (to be confirmed on sign up)

FIND OUT MORE by visiting: [Canvas youth group | Arts & Community Events Wellingborough | Made With Many](#)

SIGN UP by visiting: [CANVAS Registration Dec 25 - Mar 26](#)

Aged 13-18 and live in the Wellingborough area?

madewithmany.org/canvas

Sign up: bit.ly/joincanvas26



CANVAS

We would love you to join us in planning and co-producing Well Creative Festival with us, a combined arts festival in Wellingborough town centre on 21st March 2026.

Introductory Session: Monday 15th December

Planning sessions held on the following Tuesdays
 January: 13th 27th February: 10th March: 3rd 10th 17th

WELL CREATIVE 2026: 21st March

4.30pm - 6.30pm
 Wellingborough Library

FREE PIZZA



Wellingborough Library Activities for February

Monday

9th February 10.30 to 11.15. Buggy Walk. Children's Area.

9 February 2pm to 4pm. Service Six visit. Library Floor.

9,16 and 23 February 3.30pm to 4.40pm. Coding Club (Ages 8 to 11) Bookable event. YA area.

9, 16 and 23 February 3.30pm to 6pm. Dungeons and Dragons D&D (Ages 11 to 17). Lrn Zone.

Tuesday

10, 17 and 24 February. 2pm to 3pm. Under 1s Fun. Children's Area.

17 February. 4pm to 5pm. Anime and Comic Club. Lm Zone.

10 February 4.30pm to 6pm. MWM Canvas Youth Group. Pod Z.

Wednesday

11, 18 and 25 February. 9.45 to 10.15. Library Rhyme time. Children's Area.

11 February 10.30 to 12.30. Ace Parent Support Group. Pod 2.

11, 18 and 25 February. Library Bounce and Rhyme. Children's Area.

Thursday

12,19 and 26 February. 9.30 to 10.30 and 10.30 to 11.30. Preschool Play. Children's Area

12 February 9am to 12 Noon. Nursery Admissions Fair. Library Floor.

12 February 2pm to 4pm Service Six and Mental Health Support Visit. Library floor.

19 February 2pm to 3pm Half Term Craft Bookworms and Bookmarks (bookable) Chn's area.

12,19 and 26 February. 3.30pm to 5pm. Next Gen Crochet Group. (7 to 16 year old). Library floor

Friday

13, 20 and 27 February 9:45am to 10:15. Storytime. Children's Area.

Saturday

14 and 28 February 10.30am to 11.30am Family Fun Club Children's Area.

7, 14, 21 and 28 February 10am to 4pm Construction Corner. Library Floor.

14 February 10am to 1pm Made with Many Film Festival Pod 2.

February 2026 Activities for Families

Monday		Chi's Area	Dates in Feb.
10.30-11.15	Buggy Walk	Chi's Area	9th
2.00 - 4.00	Service Six visit	Lib. Floor	9th
3.30-4.30	Coding Club (8-11) Bookable	YA Area	2nd, 9th, 16th, 23rd
3.30-6.00	D & D (11-17)	Lm Zone	2nd, 9th, 16th, 23rd
Tuesday			
2.00 - 3.00	Under 1s Fun	Chi's Area	3rd, 10th, 17th, 24th
4.00 - 5.00	Anime and Comic Club	Lm Zone	3rd, 17th
4.30-6.00	MWM-Canvas Youth Group	Pod 2	10th
Wednesday			
9.45 - 10.15	Library Rhyme time	Chi's Area	4th, 11th, 18th, 25th
10.30-12.30	ACE Parent Support Group	Pod 2	11th
11.00 - 11.30	Library Bounce & Rhyme	Chi's Area	4th, 11th, 18th, 25th
4.30-6.00	MWM-Canvas Youth Group	Pod 2	4th
Thursday			
9.30 - 10.30 & 10.30 - 11.30	Preschool Play	Chi's Area	5th, 12th, 19th, 26th
9.00-10.00	Nursery Admissions Fair	Lib. Floor	12th
2.00 - 3.00	Half Term Craft - Bookworms & Bookmarks (bookable)	Chi's Area	19th
2.00 - 4.00	Service Six & MH Support Team visit	Lib. Floor	12th
3.30 - 5.00	Next Gen Crochet Group (7 - 16 yrs)	Lib. Floor	5th, 12th, 19th, 26th
Friday			
9.45 - 10.15	Storytime	Chi's Area	6th, 13th, 20th, 27th
Saturday			
10.30 - 11.30	Family Fun Club	Chi's Area	14th, 28th
10.00 - 4.00	Construction Corner	Lib. Floor	7th, 14th, 21st, 28th
10.00 - 1.00	Made With Mary Film Festival	Pod 2	14th

Key: White = Under 5s Purple = 5 and Up Blue = Older Children/Teens
Green = Family friendly Orange = Parents



Wellingborough youth activities

Wellingborough Youth Club.

Free. Every Thursday, term time only, 4pm to 5.30pm.

At Swanspool Pavillion, Swanspool Parade, Wellingborough NN8 9SR.

Ages 10 to 18 (25 with SEND)

Join us at the Swanspool Pavillion.

NCT 0-5 years Stay & Play at the Wellingborough Family Hub

Come join us at Wellingborough Family Hub for a fun-filled Monday morning of play for children aged 0-5 years from 10:00am to 11:30am

Wellingborough Family Hub, Penrith Drive Penrith Drive Wellingborough NN8

To ensure the safety of all adults and children who join us, we ask that adults don't take any photos within the sessions and keep their phones away. We would also like to remind parents they are required to stay with their children throughout the session and that they are their responsibility during this time. We also ask that parents respect all staff and other parents attending the group.

Booking is required to join us for the event, if you are not booked on staff can advise you of how to do this for the following week. Only 1 booking is required per family e.g. a parent with 2 children will only need to book 1 ticket.

If you have any questions or problems please contact the Wellingborough Family Hub on: 01604 526776

To book please visit [NCT 0-5 years Stay & Play at the Wellingborough Family Hub: 10:00am-11:30am Tickets, Multiple Dates | Eventbrite](#)



Enfold – The Mis-Understood Crowd Neurodiverse Group

1st Tuesday of the Month from 10am-12noon

Come along and join us for a coffee and a chat, in a supportive environment with other neurodivergent people **age 16+**

Tesco Community Room, Victoria Park, Wellingborough, NN8 2EB

(The room is situated at the back of the shop to the right of the phone shop)

For more information please contact info@enfold.org.uk



**Finedon, Wollaston, Irchester, Bozeat, Great Doddington, Earls Barton and Grendon
UpLiftHours New Drop In Youth Group Finedon Community Centre**

Ages 10-18 (up to 25 with SEND)

Mondays and Thursdays 3.00pm-6.00pm

Saturdays 12.00pm-4.00pm

Just Walk in - Arts and Crafts, Table Tennis, Boxing, Podcasting and Social Media, Basketball, Guitar Lessons, CV Writing, DJing, Open Mic, Poetry

Free Entry

Finedon Community Centre, 71 Wellingborough Road, Finedon NN9 5LG

For more information please contact admin@bacupcic.co.uk or telephone 01933 698347

Open Now!

UPLIFT HOURS Million Hours Fund 

Delivered by **BAK UP CIC**

Funded by:
Department of Culture, Media & Sports (DCMS) and National Lottery Fund

For ages 10-18 up to 25 with SEND

Monday - 3.00pm - 6.00pm Thursday
Saturday 12noon - 4.00pm

Free Extra Hours Activities just **Walk-In**.

- ✓ Art & Craft
- ✓ Table Tennis
- ✓ Boxing
- ✓ Podcasting & Social Media
- ✓ Basket Ball
- ✓ Guitar Lessons
- ✓ CV Writing
- ✓ DJ
- ✓ Open Mic
- ✓ Poetry

Parents with youngsters can book or just turn up on any of the days. **Free entry and exit!**

Location: **Finedon Community Centre,
71 Wellingborough Road, Finedon NN9 5LG**

 @uplifthours_

 uplifthours_27

 uplifthours



 01933-698347

 admin@bakupcic.co.uk

 www.bakupservices.co.uk

Finedon - Build and Brick Show

Join us for the Build and Brick show.

We provide the bricks; you provide the imagination.

Saturday 28 February 10am to 4pm and Sunday 1 March 10am to 4pm

Finedon Community Centre, 71 Wellingborough Road, Finedon, NN9 5LG

Entry £5 per person. All children must be accompanied by an adult.

Lego Displays, Lego Building and Competitions. Refreshments and Raffle.

Come along and build one of the 1400+ kits we have available.

Please do NOT bring any Lego with you.

Organised by the 2nd Desborough (URC) Scout Group.



Join us for the

Build & Show



We provide the Bricks you provide the imagination!

<p>Saturday 28th February 10am - 4pm</p> <p>Sunday 1st March 10am - 4pm</p> <p>Finedon Community Centre 71 Wellingborough Road, Finedon, NN9 5LG</p>	<p>Entry £5 per person</p> <p>All children must be accompanied by an adult</p>
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Lego Displays | Lego Building & Competitions
Refreshments | Raffle

Come along and build one of the 1400+ kits we have available
Please **DO NOT** bring any Lego with you.

Organised by the 2nd Desborough (URC) Scout Group




www.finedoncc.co.uk
 Reg. Charity no. 291383



Brilliant Birds Activity Morning at Summer Leys Summer Leys Nature Reserve

Tickets from £5.73 **Feb 18 from 10:30am to 1pm**

Join us for a morning of bird themed activities before ending with roasting marshmallows over a campfire!

- Visiting a bird hide to see what we can spot whilst we play bird bingo
- Learning all about different bird adaptations
- Creating bird feeders
- Owl pellet dissection
- Bird themed crafts

We'll end the session with some time to relax in our private education area, where you can learn some fire lighting skills to create a small campfire for us to toast marshmallows over! If you'd like to bring any other snacks or lunch to enjoy around the campfire for this section please feel free to.

CAR PARKING: Car parking charges apply for Summer Leys and can be paid for on the day (card payments only). Parking for members of the Wildlife Trust BCN is FREE - Members **MUST** register their vehicles to access free parking, for more information please visit [here](#). Please note

our visitor centre will be closed for the winter months on this date, the toilets will still be available for use. For event terms and conditions visit [here](#).

To purchase a ticket please visit our Eventbrite page [Brilliant Birds Activity Morning at Summer Leys Tickets, Wed, Feb 18, 2026 at 10:30 AM | Eventbrite](#)



Irchester Community Library Rhymetime

Songs and rhymes for everyone to join in.

Weekly on Thursdays during term time. 9:30am to 10am at the library.

All children under 5 and their carers are welcome! No booking necessary and no fee!

Irchester Library 33-35 High st. Irchester NN29 7AA Wellingborough



East Northants



Rushden and Higham Ferrers, Raunds, Irthlingborough, Thrapston, Oundle

Rushden and Higham Ferrers

Youth Involvement Group - Thriving in Life

Be part of a Thriving in Life Youth Involvement Group

for 11- to 18-year-olds in East Northamptonshire.

Share your opinions on topics around mental health, risky behaviours, relationships and transition to adulthood.

Where: Waitrose Community Room, Crown Park, Rushden, NN10 6AR.

When: Monday March 2nd, 5.30pm to 7.30pm.

Who can I contact?

Text/Email Nav on 07813366262 Navdeep.Laplant@nhft.nhs.uk





Be part of a Thriving in Life Youth Involvement Group

For 11-18 year olds in East Northamptonshire

Share your opinions on topics around mental health, risky behaviours, relationships and transition to adulthood.

Help shape services for young people

Where?
 Waitrose
 Community Room
 Crown Park,
 Rushden NN10
 6AR

When?
 Monday Jan 12th
 - 5:30-7:30
 Monday Feb 2nd
 - 5:30-7:30
 Monday March 2nd - 5:30-7:30

Who can I contact?
 Text/Email Nav on 07813366262
 Navdeep.Laplant@nhft.nhs.uk

Children's and Family Events on at the Nene Wetland Centre

Nene Wetland's- Make your own upcycled mug bird feeder!

Nene Wetlands Visitor Centre Rushden Lakes Wednesday 18 February

Winter can be a hard time for our feathered friends and finding enough food to keep warm can be difficult. Give them a helping hand by making them a bird feeder using upcycled mugs! We'll also learn about what different birds eat and you can decorate a wooden bird to take home.

We'll supply the mugs for this activity but if you'd like to bring along your own mugs to upcycle too, we can supply the food to fill these for £1 per mug (subject to availability). We'll be using lard and bird seed so may not be suitable for vegetarians, vegans or those with nut allergies.

Most suitable for ages 5+

To reserve your £5.43 space please visit our Eventbrite page [Nene Wetland's- Make your own upcycled mug bird feeder! Tickets, Multiple Dates | Eventbrite](#)

Nene Wetlands Family Eco Gardening Club - 14th February 2026

Nene Wetlands Visitor Centre Feb 14 from 10:30am to 12pm

£3.61 for members. £6.80 for non-members

Join us for our family eco-gardening club at the Rushden Lakes community garden where we'll be making birdboxes + Valentine's Day Special.

Join us for our family gardening club!

Meet at the Rushden Lakes community garden (at the start of the Greenway) where this week we'll be making Christmas decorations using natural materials. We will be outside so please ensure you wear suitable footwear and clothing. Children must be supervised by a responsible adult at all times. Most suitable for ages 5+

To book your space you can visit the Eventbrite page [Nene Wetlands Family Eco Gardening Club - 14th February 2026 Tickets, Sat 14 Feb 2026 at 10:30 | Eventbrite](#)

Other Events over Half term

Nene Wetlands Visitor Centre, The Boardwalk, Rushden Lakes Rushden NN10 6FA has a lot of events listed, including home schooling sessions and some half term events that are over the limit for inclusion in Stay Connected. **To learn about all that they offer please visit their Eventbrite page on the website [Katie King - Wildlife Trust BCN Events - 11 Upcoming Activities and Tickets | Eventbrite](#)**



Toddlers Together in Rushden - Local, Church run, term time, toddler groups

The churches of Rushden warmly welcome you and your little ones to the various toddler groups we host across town.

The kettle's on, snacks are at the ready, see you soon.

Monday. Bumps and Babes 10am to 11.30am. £1.50 per family

St Mary's Church Rushden, followed by Beanz Club.

Wednesday. Sunbeams, 1pm to 2.30pm. £1.50 per family.

Park Road Baptist Church.

Thursday. Tots and Tiddlers, 9.30am to 11.30am. £1.50 per family.

St Peter's Parish Church.

Friday. Sparklers, 9.30am to 11.15am, £1 per family.

Highfield Baptist Church.

First, third and fifth Fridays: Little Doves. 9.30am to 11.30am, £1.50 per family.

Hope Methodist Church, Higham Ferrers.



Coffee Morning Drop In for all expecting parents and families with children up until their 2nd birthday

By Family Action Bewiched Coffee Rushden Lakes

Feb 11 from 10am to 11:30am

Join us and get yourself a drink with a yummy cake and come join us for a lovely chat This is a lovely opportunity to meet other expectant parents and new parents in the local area.

There will be staff from Supportive Steps who will be able to offer you some support. Come along, grab yourself a drink and a treat and have a chat with the staff and other parents.

This is for all expecting parents and families with children up until their 2nd birthday, no need to book, just come along. Past, present and new families welcome!

We look forward to seeing you there. For more information or enquiries, please contact us at: supportivesteps@family-action.org.uk

07977 636018 for Kim or 07890 431684 for Sophie To reserve your free space please visit our Eventbrite page [Coffee Morning Drop In Tickets, Wed, Feb 11, 2026 at 10:00 AM | Eventbrite](#)



Northants Nature Girls: Craft Club (March) Nene Wetlands Visitor Centre Rushden Lakes

By Wildlife Trust BCN Spaces reserved from £5.73 **Mar 5 from 6:30pm to 8:30pm**

Join the Northants Nature Girls craft club! Bring your own craft or try something new and enjoy meeting like minded people.

Join our Northants Nature Girls monthly Craft Club! These sessions run on Thursdays in the first week of every month. For some of these sessions we will have crafts available for you to try, or you can bring your own craft to do. Craft Club is all about getting creative in a friendly and cosy setting with like minded people.

There are two ticket options available for our March session. Choose between:

- Bring Your Own Craft - Do you knit? Draw? Paint? Bring along your own craft to do and enjoy a social evening with the group
- Learn some beginner embroidery skills, includes a complete kit kindly donated by Love Embroidery Magazine

Who are the Northants Nature Girls?

This is a group designed for all women (including trans, intersex and non-binary people) who love nature and the outdoors to meet like minded people, whilst enjoying time in nature. Most people attend these events alone, and is a great way to get chatting to some fellow nature lovers. Can't join us this time? We will be hosting monthly meetings throughout the year so keep your eyes peeled!

You can also join our [Facebook group here](#), to connect with others and hear about upcoming events. Please note places are non-refundable unless the event or activity is cancelled by the Trust. [Click here for event terms and conditions](#).

To reserve your space please visit our Eventbrite page [Northants Nature Girls: Craft Club \(March\) Tickets, Thu, Mar 5, 2026 at 6:30 PM | Eventbrite](#)



Rush2TheDen Rushden Swap Shop

Rush2TheDen Rushden Swap Shop. Free Entry

Every first Saturday of the month 2pm to 4pm

Please ensure all items donated are clean and in good condition.

Donations to support storage costs gratefully received. Fitzwilliam Street, NN10 9YW.

Fitzwilliam Street, NN10 9YW.

Free parking at Duck Street Car Park.

For more information on this and all of the groups that Rush2The Den offer please visit [RUSH 2The DEN](#)



Rushden Library Special Events

Save the date Rush Com. Comic Convention March 7.

Retro Arcade, stalls, refreshments, performances and more

Email rushden.libraryplus@northnorthants.gov.uk Rushden Library, Newton Road, Rushden, NN10 0PT

Telephone: 0300 126 300

Opening Hours: Monday – Friday: 9am to 6pm. Saturday: 9am to 5pm.



Rushden Library Activities in February

Rhyme Time. Every week in term time Monday and Wednesday. 10am to 10.30

Baby Time. Every week in term time Tuesdays. 10am to 11am

Explore a Story Every week in term time Thursday. 10am to 11am.

Knitting Group. Every week Thursday. 2pm to 4pm.

TBC. Every week Friday. 4pm to 5pm.

Friendship Cafe. Friday 27th February 10am to 12 Noon.

Lego Club. Every week Saturday 10am to 12 Noon.

Manga Group. Saturday 7th and 21st February for ages 11-18 years 2pm to 4pm.

Retro Gaming. Every week in term time Tuesday. 3.30pm to 5.30pm

Home Ed Group. Monthly Wednesday 25th February 1pm to 3pm

Chess Club. Every Friday. 3pm to 5pm

Email Rushden.libraryplus@northnorthants.gov.uk

Tel 03001263000 - Rushden Library Newton Road, NN10 0PT

What's on at Rushden Library in February?			
Group	Details	Frequency (check our socials for more details)	Time
Rhyme Time	Singing group for toddlers, Under 5 years old	Every week in term time Monday & Wednesday	10:00-10:30
Baby Time	Sensory play and singing for 0-1 year olds	Every week in term time Tuesdays	10:00-11:00
Explore A Story	Story and a related craft for 1-5 year olds	Every week in term time Thursday	10:00-11:00
Knitting Group	Group for experienced, or new knitters	Every week Thursday	2:00-4:00
TBC	Social, book centred group for school years 7-13	Every week Friday	4:00-5:00
Friendship Café	Social group with tea, coffee, and cakes	Friday 27 th	10:00-12:00
Lego Club	Build something together with Lego!	Every week Saturday	10:00-12:00
Manga Group	Manga drawing group for school years 7-13	Saturday 7 th & 21 st	2:00-4:00
Retro Gaming	Drop-in retro gaming for all ages (under 11s must be accompanied by an adult)	Every week in term time Tuesday	3:30-5:30
Home Ed Group	A new group to meet other home ed families and take part in activities	Monthly Wednesday 25 th	1:00-3:00
Chess Club	Casual games for any age and ability. (Under 11s MUST be accompanied by an adult) Boards are provided	Every Friday	3:00-5:00
Book club	A new group for ages 16+ to talk about books within a chosen theme or our recommended book February's book: <i>Breath</i> by James Nestor	Monthly Thursday 5 th	4:00-5:00

Raunds

A theatrical treat for February half term... Alice in Wonderland

Follow Alice down the rabbit hole and meet all manner of strange and extraordinary characters in this curious hour-long family friendly theatre production.

Tuesday 17 February

11am: Crow Hill Community Centre

2.30pm: Ringstead Village Hall

Friday 20 February

11am: Islip Village Hall

2.30pm: Aldwincle Village Hall

£6 per person, under 2's go free. [Laugh Out Loud Theatre Company event tickets from TicketSource](#). To book your tickets or reserve on 07846 147845



Irthlingborough

Home Ed PE Sessions

My six year old is really enjoying it. It has helped his confidence. He has never enjoyed PE in a school setting but this has helped him so much to build confidence and be around other children.

Fridays. Irthlingborough Methodist Church 5 to 10 years old, 9.30am to 10.30am.

PR Sports coaching

[Sports Coaching & School Sports Clubs | PR Sports Coaching](#)

For more information contact Prsportscoaching@gmail.com

HOME ED PE

My 6 year old is really enjoying it. It has helped his confidence. He has never enjoyed PE in a school setting but this has helped him so much to build confidence and be around other children

Fridays
Irthlingborough Methodist church
5-10 years olds
9.30-10.30am

PR SPORTSCOACHING

prsportscoaching.co.uk
 prsportscoaching@gmail.com

f i t

Irthlingborough Under 5's Sessions

Play Day is every Friday during term time. No booking required - drop-in. Under 5's fun and free play, different toys each week, dressing up, trains, stories and puzzles.

10-12 every Friday morning Drop-in session. No need to book

Bring your under 1's to clap, sing and wave our way through our favourite nursery rhymes and songs. Singing nursery rhymes and doing the actions are great for interaction, communication skills and motor skills - and most of all, it's fun! This session is suitable for pre-walkers!

Every Thursday 10-10.30 Drop-in session. No need to book

Bring your under 5's to clap, sing and wave our way through our favourite nursery rhymes and songs. Singing nursery rhymes and doing the actions are great for interaction, communication skills and motor skills - and most of all, it's fun!

Tuesday's 10-10.30 Drop-in session. No need to book.

Irthlingborough Library, High Street, Irthlingborough, NN9 5PU



Thrapston

Paint a Pot at Fermyn Woods Country Park

By North Northants Country Parks

Friday February 20th Bookable slots at 10am, 10.30am, 11am and 11.30am

Join us to decorate your own plant pot! Fantastic gift idea for someone special.

Join us in the Skylark Education Shelter to decorate your own plant pot.

£5 per child, must be accompanied by an adult

Normal car parking charges apply. Fermyn Woods Country Park Lyveden Road Brigstock
Kettering NN14 3HS

To book your space please go to our Eventbrite page [Paint a Pot at Fermyn Woods Country Park Tickets, Multiple Dates | Eventbrite](#)



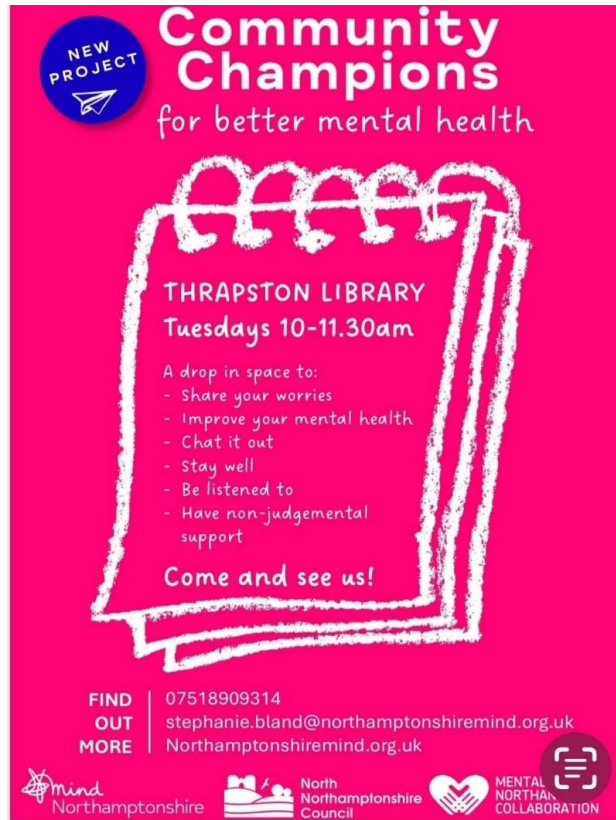
Community Champions Thrapston Library

Tuesdays 10.00am-11.30am

A drop in space to -

- Share your worries
- Improve your mental health
- Chat it out
- Stay Well
- Be listened to
- Have non-judgmental support

For more information please email stephanie.bland@northamptonshiremind.org.uk Or telephone 07518909314



Oundle

Stay and Play Polebrook CE Primary School (Open to all pre-school children)

Join us for our friendly and informal "Stay and Play" session on Tuesdays (Term time only) at Polebrook CE Primary School from 1.30pm to 3pm tailored for children aged 0 to 5.

This offers a wonderful opportunity for little ones to engage in fun crafts and activities, all while parents relax and enjoy the company of others.

Refreshments are provided.

The cost is just £1 per child, making it an affordable and enjoyable afternoon. For more information or to secure your spot, contact Wendy Whitmee. We look forward to seeing you there.

Telephone: 07715 986810 or email Wendywhitmee@hotmail.co.uk

Polebrook CE Primary School Main St, Polebrook, Peterborough PE8 5LN

**Happy
New
Year**

**STAY
AND PLAY**

Polebrook CE
Primary School
Open to all
pre-school
children

Join us for our friendly and informal "Stay and Play" session on Tuesdays (Term time only) at Polebrook CE Primary School from 1:30 to 3:00 PM, tailored for children aged 0-5.

This offers a wonderful opportunity for little ones to engage in fun crafts and activities, all while parents relax and enjoy the company of others.

Refreshments are provided.

The cost is just £1 per child, making it an affordable and enjoyable afternoon. For more information or to secure your spot, contact Wendy Whitmee

We look forward to seeing you there!

☎ 07715 986810
✉ wendywhitmee@hotmail.co.uk



Children's Wellbeing Team at Oundle Library

Children's Mental Health Week

Join the Children's wellbeing practitioner team at Oundle Library **Wednesday 11 February 2026**
between 2.45pm and 4.45pm.

Come and try some fun activities that can help you understand and handle tricky feelings.

Oundle Library, Glapthorn Road, Oundle, PE8 4JA.



Valentines Craft Session Oundle Library

Join us for a free Valentines Day craft session

Saturday 14 February at Oundle Library 10.30am to 12 Noon.

To book a place either pop into the library to speak to a member of staff, email us at Oundle.libraryplus@northnorthants.gov.uk call us on 0300 126 3000 option 5 option 3 or message us on Facebook.



Chinese New Year Crafts at Oundle Library.

Year of the Horse 2026 Thursday 19 February.

Join us for a FREE Chinese New Year craft session at Oundle library on starting at 10.30am until 12 Noon.

Suitable for ages 3+.

Booking is essential as spaces are limited. To book your place either pop into the library to speak to a member of staff, email us at oundle.libraryplus@northnorthants.gov.uk call us on 0300 126 3000 option 5, option 3 or message us on Facebook



Introduction to Neurodiversity for families - New Free course for parents and carers.

A free 3 week course. Find out about different types of neurodiversity and understand how neurodiverse children are supported in schools. This course will help you to identify useful advice and practical strategies to help support your neurodiverse child and your wider family.

Times and Location: **Thursday 26 February. 1pm to 3pm (Three weeks). Oundle Family Hub, 2 Glaphorn Road, Oundle, PE8 4JA.**

Free to enrol please visit [Northamptonshire Adult Learning SFLM29 Intro To Neurodiversity For Families](#) or scan the QR code.

Website [Adult Learning | North Northamptonshire Council](#) and for full course listing [Northamptonshire Adult Learning Course List](#)

Any queries and for more information please contact adultlearning@northnorthants.gov.uk

Family Learning

Introduction to Neurodiversity for Families

New FREE course for parents & carers

A free 3 week course. Find out about different types of neurodiversity and understand how neurodiverse children are supported in schools. This course will help you to identify useful advice and practical strategies to help support your neurodiverse child and your wider family.

Times & Location

Thursday 26th February
1:00pm - 3:00pm (3 weeks)
Oundle family Hub, 2 Glaphorn Road, Oundle, PE8 4JA


Free to enrol - Scan QR code

✉ adultlearning@northnorthants.gov.uk

🌐 www.northantsadultlearning.ac.uk





 North Northamptonshire Council
  West Northamptonshire Council
  Adult Learning

Warmington Baby and Toddler Group

Warmington Village Hall, Monday Mornings, 10am to 11.45am.

£3 per family/group. Toys, arts and crafts, morning snack and sing time.

No booking. Pay on arrival, everyone welcome. Tea and coffee. Term times only.

Find us on Facebook at Warmington Baby & Toddler Group.



Comets – Your Place to Play -A safe space for disabled children aged 5-11 to kickstart their football journey

Inclusive Football Opportunities for children aged 5-11 years with special educational needs, disabilities and health conditions, or anyone that needs support and adjustments.

Fridays from 7pm-8pm

Oundle School Sports Centre, Milton Road, Oundle, PE8 4AB

Contact Mark comets_oundletown@outlook.com

All Sessions are FREE



Your place to play
A safe space for disabled children aged 5 - 11 to kickstart their football journey

Just be you!



All sessions free!

Inclusive Football Opportunities for children aged 5-11 with special educational needs, disabilities, health conditions, or any other support needs or adjustments

Time and Date: Fridays from 7pm to 8pm, on:
7th November, 14th November, 28th November, 5th December, and 19th December (recommencing in the New Year)

Location: Oundle School Sports Centre, Milton Road, Oundle, PE8 4AB

Contact: Mark

Email: comets_oundletownfc@outlook.com

 **Get in touch to book your first session!**

New Baby Time Group.

Every Friday in term time 10am to 11am for ages 0 to 12 months at Oundle Library. A chance for you to meet up with other parents in the area and let your little ones explore our sensory toys and books.

Please note that this group is replacing our Monday Baby Play session and starts on Friday 9 January 2026.

NEW Baby Time group

Every Friday in term time
10.00am – 11.00am

For ages 0-12 months

at Oundle library

A chance for you to meet up
with other parents in the area
and let your little ones explore
our sensory toys and books.



Please note that this group is replacing our Monday Baby Play session
and starts on Friday 9th January 2026

Kettering



Kettering, Burton Latimer and Barton Seagrave, Desborough and Rothwell

Kettering

Apprenticeship Event and Skills and Career Event

Two Major Community Events Announced for February

Kettering Jobcentre will launch its 2026 programme with two flagship community events, giving residents the chance to meet employers, explore training options and take their next step toward meaningful work.

1. Apprenticeship Event — Wednesday 11 February 2026, 10am–12pm

To mark National Apprenticeship Week, Kettering Jobcentre will host a dedicated Apprenticeship Event featuring:

- Local employers recruiting for apprenticeship roles
- Apprenticeship providers and training organisations

- Information on entry-level to higher-level pathways
- Work coaches will be available to offer guidance and explain how apprenticeships can support long-term career development.

Everyone is welcome.

Kettering Job Centre Derbyshire House, Lower St, Kettering NN16 8BG

2. Skills and Career Event — Burton Latimer Library Monday 16 February 2026, 10am–1pm

Delivered in partnership with Burton Latimer Library, this event brings together organisations offering employment, training and wider community support.

What's on offer: Recruitment, Meet employers and explore live vacancies, Start Your Career, National Careers Service, Tresham College, JCB Skills, Other local providers

Support on the Day: Employability coaching, Careers advice, Training programme information, Volunteering opportunities

Free onsite parking, including disabled spaces

Event venue: Burton Latimer Library, High Street, Burton Latimer, Kettering, NN15 5RH

Supporting People Into Work

Youth work coaches will continue to support young people with CV development, interview practice and introductions to employers. The Jobcentre's message to jobseekers remains clear: 2026 is full of opportunities, and the team is ready to help you take your next step.

Kettering Family Hub Sensory Room Open to Book

Our sensory room is filled with equipment and tools that stimulate and soothe the senses.

Children often use these rooms to support with:

- Autism spectrum disorder (ASD)
- ADHD
- Sensory processing disorder
- Anxiety or developmental delays

Wednesdays and Fridays 3-5pm

Location: Kettering Family Hub, Montagu Street, Kettering, NN16 8RX. Reserve your space with reception



Kettering Sensory Room

Bookable Through Reception

Available 3-5pm Wednesdays and
Fridays



Family Learning, Family First Aid Basics.

Join our practical course and gain the confidence to handle everyday emergencies. You'll learn when it's safe to treat injuries at home and when to seek professional medical help. The training covers how to manage bleeding and burns, perform CPR basics, and keep your first aid kit properly stocked and ready for use.

Please note there is no creche or childcare provision available.

Times and location: Thursday 26 February. 9.30am to 11.30am (Four Weeks). Kettering Family Hub, Montague Street, Kettering, NN16 8RX.

Free to enrol. To book please visit [Northamptonshire Adult Learning SFLM24 Family First Aid Basics](#) or Scan the QR code

For queries or for more information please visit adultlearning@northnorthants.gov.uk



Family Learning

Family First Aid Basics

Course Information

Join our practical course and gain the confidence to handle everyday emergencies. You'll learn when it's safe to treat injuries at home and when to seek professional medical help. The training covers how to manage bleeding and burns, perform CPR basics, and keep your first aid kit properly stocked and ready for use.
Please note: There is no crèche or childcare provision available.



Times & Location

Thursday 26th February
9:30am - 11:30am (4 weeks)
Kettering Family Hub, Montague Street, NN16 8RX

Free to enrol - Scan QR code

✉ adultlearning@northnorthants.gov.uk

🌐 www.northantsadultlearning.ac.uk



 North Northamptonshire Council
  West Northamptonshire Council
  Adult Learning Northamptonshire
  Family Action

Walk with Us By Family Action for all expecting parents and families with children under 2

Wicksteed Park Feb 25 from 10am to 11:30am

Join us for a lovely slow walk in nature and speak to our staff and other parents about your parenting journey, the joys and the struggles.

This is a lovely opportunity to meet other expectant parents and new parents in the local area. There will be staff from Supportive Steps who will be able to offer you some support. Come along and join us for a lovely slow walk in nature and speak to our staff and other parents about your parenting journey, the joys and struggles and get some advice.

Going for walks has numerous benefits on your physical and mental wellbeing. These include improved cardiovascular health, stress reduction, increased energy and improved sleep, making it a simple yet effective way to improve overall well-being. It is also a great opportunity to socialise with other expectant parents and families in your local area.

We will meet by The Garden Cafe before the walk.

This is for all expecting parents and families with children under 2, no need to book, just come along. Past, present and new families welcome! We look forward to seeing you there

For more information or enquiries, please contact us at: supportivesteps@family-action.org.uk

07977 636018 for Kim or 07890 431684 for Sophie



Sea of Support Evening Meeting - Speaker Powerful Voices

Evening Meeting Tuesday 10 February

Join us for our evening meeting at Kingsley Special School in Kettering 7.30pm to 9.30pm.

We are lucky to be joined by Melissa from Powerful Voices. Melissa is a Speech and Language Therapist, and she is joining us to give a talk.

Please do come by if you can and join us. s.o.s.kettering@gmail.com We will have refreshments and our Sensory Toy shop open.



Evening Meeting
Tuesday 10th February

Join us for our evening meeting at Kingsley Special School in Kettering 7.30-9.30pm

We are lucky to be joined by Melissa from Powerful Voices. Melissa is a Speech And Language Therapist and she is joining us to give a talk.

Please do come by if you can and join us.

Professional Speaker
Powerful Voices

s.o.s.kettering@gmail.com

We will have refreshments and our Sensory Toy shop open.

Sea of Support
CIC 16431857

Sea of Support Special Interest Session

Special Interest - Pokemon

Grab your Pokemon, and come along to our special interest session, you can bring your cards, bring your toys and play, maybe you want to bring colouring or reading Pokemon books or even your device to play it.

However you want to show your interest in Pokemon is ok. Ash may want to Catch em all but we will support you all. We will also be joined by a special guest who will help teach the trading card game.

Where and When? Mikakdo Pheasant, Highfield Road, Kettering.

2 to 4pm Sunday 15 February 2026



SPECIAL INTEREST

Grab your Pokemon and come along to our special interest session, you can bring your cards, bring your toys and play, maybe you want to bring colouring or reading Pokemon books or even your device to play it.

However you want to show your interest in pokemon is ok. Ash may want to Catch em All but we will support you all. We will also be joined by a special guest who will help teach the trading card game



Sea of Support
CIC 16431857

Where and When?
Mikakdo Pheasant,
Highfield Road Kettering
2-4pm Sunday
15th February 2026

Youth Works Counselling

Here at Youth Works, we offer FREE counselling sessions to anyone aged 11-25 (up to 25 if you have a special educational needs/disabilities and access mainstream state funded school/college.) who live in the Boroughs of Corby or Kettering. The course of sessions tends to last 6-8 weeks with a 50-minute session at the same time each week.

To refer, fill in the form on our website: [Youth Works Referral](#)

This form can be filled out by the young person, or their parent/carer or professional.

Any questions? Do not hesitate to send us a DM on Facebook, email (enquiries@youthworksnorthamptonshire.org.uk) or call 01536 518339

YOUTH WORKS COUNSELLING

We offer **FREE** counselling to any young person aged **11 to 18** years old ****** living in the boroughs of **Corby or Kettering**.

**or 25 years if you have a special educational needs/disabilities and access mainstream state funded school/college.

SCAN THE QR CODE TO REFER INTO OUR COUNSELLING SERVICE.

This form can be completed by a young person, or by their parent, carer or professional.



Youth Works - Want to help create real social media content?

Want to help create real social media content? Join our youth-led social media group and help shape what we post at Youth Works!

Ages 14–18 | No experience needed! | Based in Kettering/Corby

Help create authentic social media content for Youth Works, Be part of a youth-led social media team, Share your ideas and shape what we post, Work together on videos, trends & campaigns, Be in videos or behind the camera

Build confidence & creative skills, Brainstorm ideas & write scripts, Meet new people & have fun

To get an idea of what we post, check out our Instagram [[@youth_works_northamptonshire](#)], TikTok [[@youth_works](#)] and Facebook [[@youthworksnorthamptonshire](#)]

Register your interest at [Social Media Youth Group!](#) We want to get this started as soon as possible, let us know what times/days best suit you!

Any Questions? Email pgibson@youthworksnorthamptonshire.org.uk

SOCIAL MEDIA INVOLVEMENT GROUP

YOUTH WORKS AGES 14-18

[Based in Kettering/Corby | no experience needed]

- Help create social media content on our different platforms
- Be part of a youth-led social media team
- Work together on videos, trends & campaigns
- Share your ideas and shape what we post

Any questions? Email pgibson@youthworksnorthamptonshire.org.uk

SCAN THE QR CODE TO SIGN UP/ REGISTER INTEREST

Play & Learn For Under 1s By Kettering Library

Feb 23 from 10am to 11am GMT Available to book from 16 February at 1pm

A playgroup with toys and sensory activities for under 1s and their grown-ups! Come along to Play & Learn at Kettering Library's temporary location in Cornerstone. This week we're getting loud and proud with our musical instruments!

You must book a ticket for all adults and children who will be present. If possible, please limit the amount of adults attending to allow more children to attend.

If you are no longer able to attend, please cancel your ticket via Eventbrite so that other children can book onto the event.

If you have any difficulties with the Eventbrite website and are unable to cancel your ticket, please contact the library. You can call us on 0300 126 3000 or email us at kettering.libraryplus@northnorthants.gov.uk

If you realise on the day of the event that you are unable to attend, i.e. due to illness, please still contact us so that we are aware you are not coming. If you have any questions about this event, please don't hesitate to get in touch!

To reserve your free space please visit our Eventbrite page [Play & Learn For Under 1s Tickets, Mon, Feb 23, 2026 at 10:00 AM | Eventbrite](#) All of Kettering Library's bookable events can be

found on their main Eventbrite page [Kettering Library Events - 4 Upcoming Activities and Tickets | Eventbrite](#)

Information and Guidance Drop In's for Young People

What sort of Information do we offer?

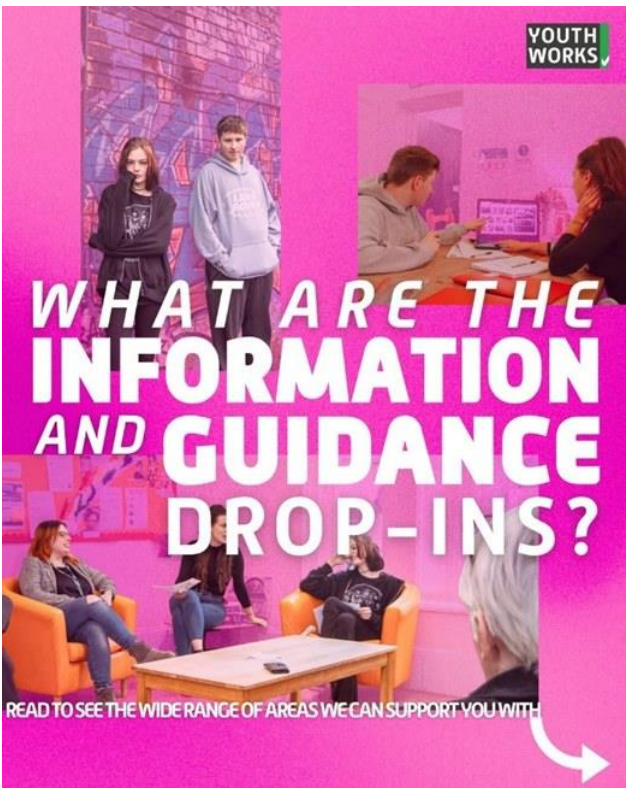
Information on Local Foodbanks, warm spaces/transport. Information for victims of bullying, information for victims of crime. Signposting for Addiction. Finance online resources. Signposting to any other relevant charities/agencies (Not an exhaustive list. These are just some examples. Any questions, contact details are on the last slide)

What sort of guidance do we offer?

- Help with writing a C.V. Job Applications. Applying for Passports/ID. Tips for learning to drive. Applying for University. Applying for benefits. Support for volunteering. Applying for Housing. Tips for Budgeting.
- (Not an exhaustive list. These are just some examples. Any questions, contact details are given below)
- Other ways we can support you at our frequent drop-in sessions.
- Organising social activities with others who share similar interests and hobbies.
- Local Well-being walks
- Organise support groups for young carers.
- Organise support groups for Neurodivergent Individuals.

(Not an exhaustive list. These are just some examples. Any questions, just contact us)

[Youth Works Northamptonshire](#) Telephone: 01536 518339



WHAT ARE THE INFORMATION AND GUIDANCE DROP-INS?

READ TO SEE THE WIDE RANGE OF AREAS WE CAN SUPPORT YOU WITH

WHAT SORT OF INFORMATION DO WE OFFER?

- ✓ INFO ON LOCAL FOODBANKS
- ✓ WARM SPACES/TRANSPORT
- ✓ INFO FOR VICTIMS OF BULLYING
- ✓ INFO FOR VICTIMS OF CRIME
- ✓ SIGNPOSTING FOR ADDICTION
- ✓ FINANCE ONLINE RESOURCES
- ✓ SIGNPOSTING TO ANY OTHER RELEVANT CHARITIES/AGENCIES

NOT AN EXHAUSTIVE LIST! THESE ARE JUST SOME EXAMPLES. ANY QUESTIONS, CONTACT DETAILS ARE ON THE LAST SLIDE

WHAT SORT OF GUIDANCE DO WE OFFER?

- ✓ HELP WITH WRITING A CV
- ✓ JOB APPLICATIONS
- ✓ APPLYING FOR PASSPORTS/ID
- ✓ TIPS FOR LEARNING TO DRIVE
- ✓ APPLYING TO UNIVERSITY
- ✓ APPLYING FOR BENEFITS
- ✓ SUPPORT FOR VOLUNTEERING
- ✓ APPLYING FOR HOUSING
- ✓ TIPS FOR BUDGETING

NOT AN EXHAUSTIVE LIST! THESE ARE JUST SOME EXAMPLES.
ANY QUESTIONS, CONTACT DETAILS ARE ON THE LAST SLIDE

OTHER WAYS WE CAN SUPPORT YOU AT OUR FREQUENT DROP-IN SESSIONS

- ✓ ORGANISING SOCIAL ACTIVITIES WITH OTHERS WHO SHARE SIMILAR INTERESTS AND HOBBIES
- ✓ LOCAL WELL-BEING WALKS
- ✓ ORGANISE SUPPORT GROUPS FOR YOUNG CARERS
- ✓ ORGANISE SUPPORT GROUPS FOR NEURODIVERGENT INDIVIDUALS

NOT AN EXHAUSTIVE LIST! THESE ARE JUST SOME EXAMPLES, ANY QUESTIONS, CONTACT DETAILS ARE ON THE LAST SLIDE

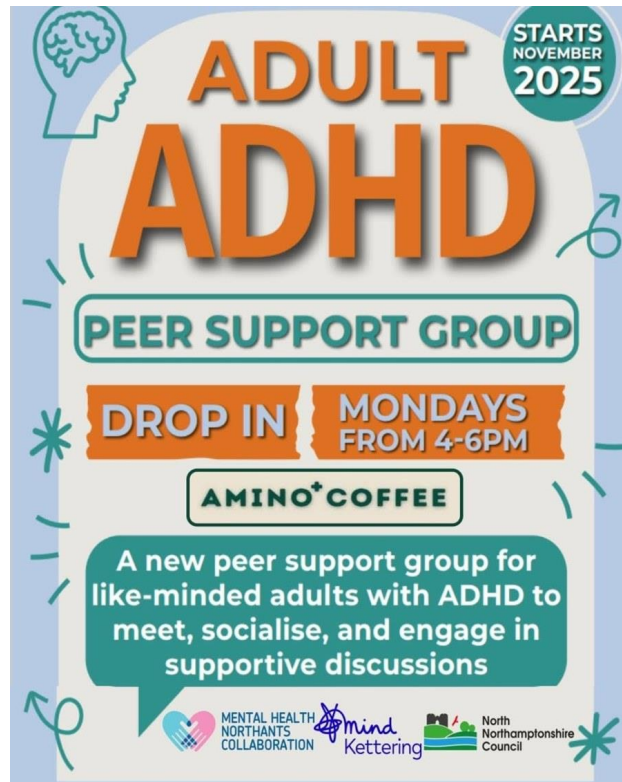
Adult ADHD Peer Support Group

Adult ADHD Peer Support Group. Starts November 2025

Peer Support Group. Drop in Mondays from 4pm to 6pm.

Amino+ Coffee, Unit 1, Market Street, Kettering, NN16 0AH

A new peer support group for like-minded adults with ADHD to meet, socialise, and engage in supportive discussions.



We Women Matter – Social Support Group in Kettering

A safe, welcoming space for women to connect, share, and support one another.

C2C is proud to partner with MindKettering, MentalHealthNorthants, and NorthNorthamptonshireCouncil to create a nurturing community at our Kettering Centre. This group is all about building friendships, finding strength in connection, and supporting mental wellbeing.

Every Wednesday | 10am–12pm at C2C Kettering Women's Centre 5 Meadow Road Kettering

Feeling overwhelmed, isolated, or just in need of a supportive circle? You're not alone — and this group is here for you.

Come as you are. Leave feeling heard, supported, and empowered.

For more info, email: kwc@c2csocialaction.com or for more information please visit [C2C Social Action](#)

✕

‘WE WOMEN MATTER’

SOCIAL SUPPORT GROUP

for Mental Health in Kettering



Looking for a safe place where you can connect with other women? Be part of a community and develop supportive Friendships!

If you feel alone or are facing difficulties and want support, this group is here to help!

EVERY WEDNESDAY
10:00—12:00
KETTERING WOMEN'S CENTRE
5 MEADOW ROAD
STARTING OCTOBER 2025



wewomenmatter@outlook.com — 077612 49049 — KWC@ c2c.socialaction.com



Burton Latimer and Barton Seagrave

Welcome to SMUFs, a place for Pre-school worship and play.

Come and join us every Tuesday morning (term time) from 10.30 to 11:30

Every week we explore a different theme from the Bible as well as singing songs and learning to pray for the world around us. We then have a time of free play with toys, colouring and a biscuit.

All children under five (including babies) are welcome to come along with their parent or carers.

SMUFs is free, although we do take a no obligation collection during the group, which covers the cost of hiring the Hall.

If you are interested in coming along, SMUFs is held at: **Burton Latimer Guiding Centre, 16 Alexandra Street, Burton Latimer, NN15 5SF** For any more information contact: Emma Barrow on 07759 224 002



Rothwell and Desborough

Children and Young People's wellbeing drop in session

At Rothwell Library on Wednesday 18 February 2026 12 Noon until 2pm. No need to book.

Join us for challenges, games and arts and crafts, including:

Make your own breathing buddy

Make your own coping strategies keyring

Mindfulness colouring

“Us time” ideas and more

Rothwell Community Library, Market Hill, Rothwell NN14 6EP

10:25

CHILDREN'S WELLBEING PRACTITIONERS AND MENTAL HEALTH SUPPORT TEAM 77%

NHS

CHILDREN AND YOUNG PEOPLE'S
WELLBEING DROP IN SESSION
AT
ROTHWELL LIBRARY
ON
WEDNESDAY 18TH FEBRUARY 2026
12PM UNTIL 2PM
NO NEED TO BOOK!

JOIN US FOR CHALLENGES, GAMES, AND ARTS AND CRAFTS, INCLUDING:

- MAKE YOUR OWN BREATHING BUDDY
- MAKE YOUR OWN COPING STRATEGIES KEYRING
- MINDFULNESS COLOURING
- "US TIME" IDEAS AND MORE!

SEND Support Group

SEND Support Group - Sea of Support.

Rothwell Library each third Friday of the month. 1pm to 2.15pm. Children Welcome.

For more information please follow us on Facebook or email s.o.s.kettering@gmail.com



**ROTHWELL LIBRARY EACH
THIRD FRIDAY OF THE MONTH,
1-2.15pm
CHILDREN WELCOME**

**FOR MORE INFORMATION PLEASE FOLLOW US ON
FACEBOOK OR EMAIL S.O.S.KETTERING@GMAIL.COM**

Desborough Youth Club

For ages year 6 and above

Every Tuesday 6.30pm to 8pm.

£1.50 entry.

Paddock Lane

Come and join us for crafts, sports and music or just a safe space to meet up with friends.

Desborough Youth club

Year 6 and above

Every Tuesday

6.30-8pm

£1.50 entry

Paddock Lane

Come and join us for crafts, sports
and music or just a safe space to
meet up with friends.



Tiny Tots

Thursdays. 2pm to 3pm during term time

Community Centre at St Giles, Desborough.

Songs, story, craft, play, refreshments.

Free for all pre-schoolers and their carers.

For more information please contact Stgilesdesboroughenquiries@gmail.com



TINY TOTS

**Thursdays
2pm - 3pm
during term time**

COMMUNITY CENTRE AT
ST GILES, DESBOROUGH

Songs • Story • Craft
Play • Refreshments

**FREE! FOR ALL
PRE-SCHOOLERS
AND THEIR CARERS**

 stgilesdesboroughenquiries@gmail.com

 www.stgilesdesborough.org

 St Giles Church Desborough



Lego Robotics Workshop. Rothwell Community Library

Monday 16 February 2026. 1.30pm to 3.30pm. £2.00 per ticket.

Book early to avoid disappointment. Pop into the library to do his

Build and program a Lego Mindstorms racing robot that can detect and avoid obstacles using sensors.

A fun, robotics workshop for ages 8 plus.

Focusing on creativity, teamwork and problem-solving.

Rothwell Community Library, Market Hill, Rothwell NN14 6EP

**LEGO ROBOTICS
WORKSHOP**

Monday 16th February

1:30pm – 3:30pm

£2.00 per ticket

Maximum 12 space available
Book early to avoid disappointment!!!



Build and program a **LEGO MINDSTORMS racing robot** that can **detect and avoid obstacles using sensors**.

A fun, hands-on robotics workshop for **ages 8+**
Focusing on creativity, teamwork and problem-solving.

Sunbeams at Holy Trinity Church, Rothwell.

A group for families, carers, babies and pre-school children.

Play, Christian stories and Songs.

Thursdays 1.45pm to 3pm during term time.

All welcome, admission free.



The Market House Pantry - Rothwell Foodbank

The Market House Pantry established 2025. Do you need help or know someone who does?

The Market House pantry is Rothwell's food bank, founded on the principles of compassion and community support. We provide essential services to individuals and families in a time of crisis, ensuring that no one in the area has to go hungry.

Tuesday and Thursday 10am to 2pm Market House, Market Hill, Rothwell, NN14 6BW.

For more information, contact Lisa Judge, Health & Wellbeing Officer on 07908 913056 or email healthandwellbeing@rothwelltowncouncil.gov.uk



Friday, Friendship and Food

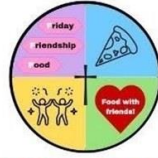
Join us every Friday during term time. 3pm to 6pm.

You will be welcomed with a hot mean and a chance to meet others for a couple of hours of hours of friendship, craft, occasional activities and importantly fun!

Join us at the Rothwell Methodist Church on Market Hill.

Friday, Friendship and Food is open to all ages, but all children must be accompanied by an adult.

YOUTH
Inspired



FREE!

FRIDAY, FRIENDSHIP & FOOD

JOIN US EVERY FRIDAY

DURING TERM TIME!

3PM-6PM

YOU WILL BE WELCOMED WITH A HOT MEAL AND A CHANCE TO MEET OTHERS FOR A COUPLE OF HOURS OF FRIENDSHIP, CRAFT, OCCASIONAL ACTIVITIES AND IMPORTANTLY FUN!

JOIN US AT THE ROTHWELL METHODIST CHURCH ON MARKET HILL

FFF IS OPEN TO ALL AGES BUT ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT



Corby



MMAP Youth Workshops

Kingswood Neighbourhood Centre, Corby, NN18 9HU.

Start Date: Wednesday 14 January 2026. 6pm to 7pm

Join us for fun and interactive workshops including:

Physical Activities. Music, Writing and Photography. Confidence building activities. Wellbeing support. Fun and games. FWD thinking and FWD Concepts.

Hosted by Quinton Milise. Award winning musician, Presenter and Youth Mentor alongside MMAP youth support team.

If you require more information, please contact Robert.Lovegrove@kudproject.org





Kingswood FWD

EVERY WEDNESDAY
September to December
Kingswood Neighbourhood Centre,
Corby, NN18 9HU

START DATE
Wednesday 14th January
6:00pm - 7:30pm

Join us for fun & interactive workshops including:

- Physical activities
- Music, Writing and Photography
- Confidence building exercises
- Wellbeing support
- Fun and games
- FWD Thinking & FWD Concepts

Hosted by **Quinton Milise** - Award winning Musician, Presenter & Youth Mentor, alongside the MMAP Workshops Youth Support Team.

If you require more information, please contact Robert.Lovegrove@kudproject.org

Corby Creative Sessions

The Creative Place is holding free sessions in collaboration with Northampton Film Festival on Northampton's Market Square, Saturdays (until 28th Feb) 11am-2pm, where children can design their own characters. [The Creative Place](#)

They are also holding free drop in creative sessions in Corby on the following days:

Friday 13th February 2.00pm-5.30pm Corby Library

[Corby Creative Sessions Tickets, Fri 13 Feb 2026 at 14:00 | Eventbrite](#)

Saturday 21st February 10.00am-2.00pm Corby Library

[Corby Creative Sessions Tickets, Sat, Feb 21, 2026 at 10:00 AM | Eventbrite](#)



Project M – The Space (Age 12-17) Youth Music Project

Location – The Project M Space, Corby Town Centre. (Opposite Chisholm House)

Project M is a youth music project for young people aged 12 – 17 years. Whether you are interested in listening to music, playing music, writing lyrics, writing poetry or just hanging out in a warm space it doesn't matter, this is the space to be. you will dive into making beats, writing lyrics, jamming or just chilling with other music lovers, this is the space to be.

Whether you're a total beginner or already producing tracks, this is a space to create, connect and have fun. Led by an amazing team of music professionals, you'll get access to awesome music gear, empowering support in our well-being area and most importantly, inspiration to become who you want to be.

With a chance to perform on the big stage, this might be the place to uncover your hidden talents. No pressure, just passion. Get involved, get creative, get down to Project M.

Project M is completely free but participants will need to sign up in advance. Annual re-registration is required for 2026 even if you have previously been a regular participant. This is to ensure that all details are up to date. You can register [HERE](#) for Project M 2026 and will be contacted to confirm when the first session in the new year will be.

Please note that it is not possible to sign up and be admitted on the same day. Please allow 5 days for your application to be reviewed and checked by the Project M team.

Please read the Participant Pack in advance of attendance at your first session – you can find a copy [HERE](#)

Website [Project M - The Space \(Age 12-17\) - The Core at Corby Cube](#)



Children's Wellbeing Practitioners Drop in Event at Corby Library

Children's Wellbeing Practitioners

We will be at **Corby Library on Tuesday 10 February 2026 from 3pm to 5pm** for Children's Mental Health Week.

Come and join us for some fun activities that can help you understand and handle tricky feelings.

Corby Library Parkland Gateway, The Corby Cube, George St, Corby NN17 1QG



UPDATE: Corby Swap Shop – New Address

Next Swop Shop is on Saturday 21st Feb 1.00pm-3.00pm

We wanted to share an important update about the Corby Swap Shop.

The Corby Swap Shop has moved to a new location! You can now find it at:

Shelton Road, Unit M, Willowbrook East Industrial Estate, Corby, Northamptonshire, NN17 5XH

The Swap Shop continues to be a brilliant community resource, helping families share, reuse, and support one another – and we're really pleased to be able to pass this update on.

If you use the Corby Swap Shop, please make a note of the new address and feel free to share this post so others don't miss out

As always, thank you for supporting local community initiatives alongside RUSH 2The DEN



Pancakes and Play - Beacon Church. Priors Hall Corby

Beacon Church warmly invites you to join us for a morning of Pancakes and Play. This fun gathering for all ages is the perfect opportunity to celebrate Pancake Day. Tea, coffee, pancakes, play games and connect with fellow community members. No cost, just a time to enjoy being together.

Date: Tuesday 17 February 2026.

Time: 10am to 12 Noon.

Priors Hall Park Community Centre, Gretton Road, Corby, Northamptonshire, NN17 5EB

[Beacon Church - Priors Hall, Corby](#)



Join Made With Many and Artsters

CORBY: Join Made With Many and [Artsters](#) for some arty, messy, sensory play this January for Artsters Pop Up Workshops!

Children aged 0 to 7 years will love exploring paint, sensory materials, mark-making tools, and more. All you need to bring is your imagination...and clothes you don't mind getting a little messy!

Tickets are now SOLD OUT for January 31st, but please join our Waiting List for any cancellations via Eventbrite.

Dates: Saturday 28th February, Saturday 7th March

Session times: 10:00am-11:30am & 1:00pm - 2:30pm

Tickets are FREE for residents of our funded Corby area (including Corby, Cottingham, East Carlton, Little Stanion, Great Oakley, Gretton, Middleton, Oakley Vale, Priors Hall, Rockingham, Stanion and Weldon).

Please note that children must be supervised by their accompanying adult(s) during the entire workshop.

Booking is essential for these sessions. Tickets available via: [madewithmany.eventbrite.co.uk](https://www.madewithmany.eventbrite.co.uk)

To find out more information, visit: [madewithmany.org/whats-on](https://www.madewithmany.org/whats-on)

[The Tale of the Loneliest Whale | Facebook](#)

madewithmany.org/whats-on

MADE WITH MANY

Artsters

Pop-up workshops
for ages 0-7

Sat 31st Jan | Sat 28th Feb | Sat 7th Mar
10:00am - 11:30am & 1:00pm - 2:30pm

Arran Community Centre, Mull Drive, Corby NN17 2XF

Come and explore paint, sensory resources, mark-making materials and more at with Artsters.

All you need to bring is your imagination...and some old clothes you don't mind getting messy!

FREE tickets for Corby residents inc. surrounding villages

Book your tickets via: [madewithmany.eventbrite.com](https://www.madewithmany.org/whats-on)

CREATIVE PEOPLE PLACES
LOTTERY FUNDED
Supported by Arts Council England

Youth Works Counselling

Here at Youth Works, we offer FREE counselling sessions to anyone aged 11-25 (up to 25 if you have a special educational needs/disabilities and access mainstream state funded school/college.) who live in the Boroughs of Corby or Kettering. The course of sessions tends to last 6-8 weeks with a 50-minute session at the same time each week.

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This form can be filled out by the young person, or their parent/carer or professional.

Any questions? Do not hesitate to send us a DM on Facebook, email (enquiries@youthworksnorthamptonshire.org.uk) or call 01536 518339

YOUTH WORKS COUNSELLING

We offer **FREE** counselling to any young person aged **11 to 18** years old ****** living in the boroughs of **Corby or Kettering**.

******or 25 years if you have a special educational needs/disabilities and access mainstream state funded school/college.

SCAN THE QR CODE TO REFER INTO OUR COUNSELLING SERVICE.

This form can be completed by a young person, or by their parent, carer or professional.



WE HAVE 2 COUNSELLING LOCATIONS!

CORBY

KETTERING

We will ask which location best suits you when we call to book.

YOUTH WORKS



Music and movement with Lisa (for SEND Children)

Kingswood Urban Development Project (KUD)

Free music session for children with SEND

Every Tuesday 4pm to 4.45pm

Kingswood Neighbourhood Centre, NN18 9HU. Youth Room.

More information: robert.lovegrove@kudproject.org



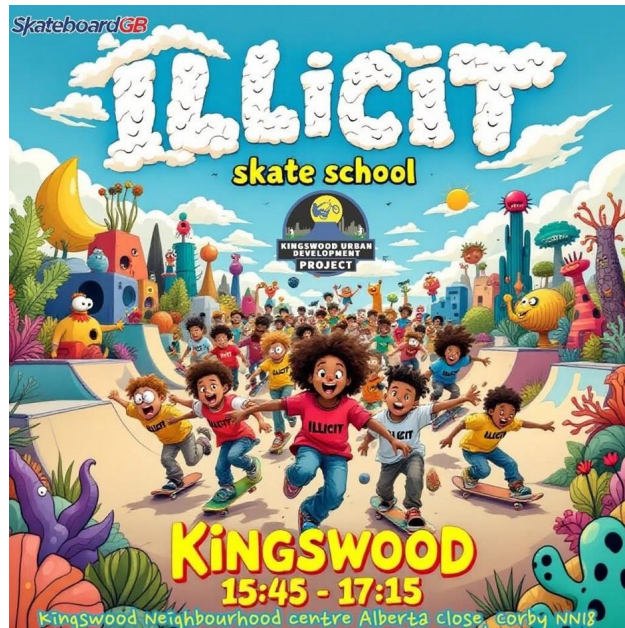
Illicit Skate School is back!

We're really excited to share that Illicit Skate School is returning to Kingswood today. The last sessions were such a hit — loads of smiles, loads of progress, and a brilliant mix of young people giving it a go.

If your child is brand new to skating or already practising tricks, they'll be welcomed, supported, and encouraged. It's all about building confidence, learning safely, and having a genuinely good time.

Tuesdays 15:45 to 17:15.

Kingswood Neighbourhood Centre, Albert Close, Corby, NN18 9HU



Premier League Kicks at Corby Kingswood.

Premier League Kicks inspires children and young people to achieve their potential and improve their wellbeing; working together to build stronger, safer and more inclusive communities.

The programme aims to regularly engage children and young people of all backgrounds and abilities in football, sport and personal development. We offer FREE weekly football sessions across the county with opportunities to take part in local and regional tournaments.

Your local session is on Monday's at: Kingswood Neighbourhood Centre, Alberta Close, Corby. NN18 9HU. 4:30PM TO 5:30PM (School year groups 5 to 13).

For more information, please contact Eadie Simons at Eadie.Simons@ntfc.co.uk or scan the QR code to sign up.





PREMIER LEAGUE KICKS

CORB Y KINGSWOOD

Premier League Kicks inspires children and young people to achieve their potential and improve their wellbeing; working together to build stronger, safer and more inclusive communities.

The programme aims to regularly engage children and young people of all backgrounds and abilities in football, sport and personal development. We offer FREE weekly football sessions across the county with opportunities to take part in local & regional tournament.

Your local session is on Monday's at:
 Kingswood Neighbourhood Centre Alberta
 Cl, Corby NN18 9HU
 16:30 - 17:30 (School year groups 5-13)

For more information please contact Eadie Simons at Eadie.Simons@ntfc.co.uk or scan to sign up -->





Epic Rollers Corby Re-opens

Re-opening on Saturday 10th January 2026

We are BACK! Open to continue our 2025/26 Skate Season

Come along for a Fantastic Family Fun Roller Skate Session with Tuition Provided

EPIC Rollers CORBY Lodge Park Sports Centre, Corby, NN17 2SG

Every Saturday 4.15pm - 5.45pm

Online Tickets Only Skate Entry : £6, Skate Hire Available : £2

Quad & Inline Skates Available or Bring your own

Free Tuition Provided

Click the 'BOOK NOW' button or visit: [Tickets – EPIC Rollers UK](#) Let's Roll



AUDHD Community Embraced CIC

If you need support from those who get it or just a catch up then [AUDHD Community Embraced CIC](#) have the opportunity.

Daytime support meetings 9.30am to 11.30am

18 February, 4 March. 18 March. 1 April.

West Glebe Park Pavillion, Corby NN17 1SX

Peer Support from those who 'get it' A safe space to chat freely with no judgement

Tea, Coffee, Juice and sweet treats

Children welcome.

Scan the QR code on the poster to join the online community

**AuDHD
Community
Embraced**

Daytime Support meeting

9.30 - 11.30am

7th January	4th March
21st January	18th March
4th February	1st April
18th February	

**West Glebe Park Pavilion
(Corby - NN17 1SX)**

- 👋 Peer Support from those who 'get it'
- 👋 A safe space to chat freely with no judgement
- 👋 Tea, Coffee, Juice & sweet treats
- 👋 Children welcome

Scan here to join our online community

New Year.....New Raid Join us and Become a Viking

NEW YEAR.....NEW RAID Instead of making a New Year's resolution of NEW YEAR NEW ME....why not join a new hobby.

Why should you become a Viking?

Learn a discipline , Great mental health, Learn about history in a fun practical way, Learn combat skills (variety of weapons), Learn authentic crafts and skills, Make new friends, Great exercise (cheaper and more fun than the gym), Regular training, Learn how to do archery and axe throwing

It's a path to connect with nature, learn new skills, and experience the world through the lens of the past, finding balance and meaning Basically learn lots of cool stuff and have an awesome time and be part of the BEST community!

Sundays 1-4pm Great Oakley Village Hall, Lewin Road, Great Oakley, Corby NN18 8JS

First week FREE DM if you have any question our Facebook page is [Vikings Of Mercia](#) Or email vikingsofmerciamail.com



**NEW YEAR
NEW RAID!**

Learn awesome skills, great exercise, make new friends, great for your mental health & so much FUN!!!

BECOME A VIKING!

The Rainbow Circle LGBTQ+

LGBTQ+ and Social Group

A safe place to be yourself. Be you. Belong here. Games, Art, Chats and more!

1st and 3rd Thursday every month, term time 4pm to 5.30pm. Corby Library.

For ages 11 to 16.

Corby Cube, George Street, Corby NN17 1QG Corby

For more information please contact corby.libraryplus@northnorthants.gov.uk



Corby Library February Family Activities

Family Activities. Corby Library February 2026

Under 5's

9, 23 Feb 10.30am to 11.30am. Storytime (Term time only). Booking required

12, 26 Feb. 9.30am to 10.30am, 11.30am to 12 Noon. Rhymetime (Term time only). Booking required.

Family Activities

Saturday 7 Feb 10am to 11.30am. Valentines Craft. Booking Required.

Saturday 7 Feb 10am to 11.30am. Saturday Play, Family boardgames. Drop in.

Saturday 14 Feb. 10am to 11.30am. Make your own peg worry doll. Booking required.

Saturday 14 Feb. 10am to 11.30am Construction Corner Magnetic Blocks. Drop in.

Wednesday 18 Feb. 10am to 11.30am Half Term Crafts: Chinese New Year Craft. Booking required.

Saturday 21 Feb. 10am to 11.30am. Saturday Play – Jungle and Sea Creatures. Drop in.

Saturday 28 Feb. 10am to 11.30am. St David’s Day Craft. Booking Required.

Saturday 28 Feb. 10am to 11.30am. Construction Corner Mobilo. Drop In.

For bookable activities speak to staff, drop us a line on Facebook, email Corby.libraryplus@northnorthants.gov.uk or call us on 0300 126 3000 option 5. option 3.

Please note that staffing may not be available at all available events, therefore adult supervision is essential. These sessions are FREE to attend and are suitable for all ages. Booking opens a week in advance of the session date for those sessions requiring booking



Family Activities
Corby Library- February

2nd, 9th, 23rd	10.30-11.30	Story Time (Term Time Only)	Booking required
5th, 12th, 26th	9.30-10.00 11.30-12.00	Rhyme Time (Term Time Only)	Drop In
Saturday 7th	10.00- 11.30	Valentine's Craft	Booking Required
Saturday 7th	10.00 – 11.30	Saturday Play Family Board Games	Drop In
Saturday 14th	10.00 – 11.30	Make you own peg worry doll	Booking Required
Saturday 14th	10.00 – 11.30	Construction Corner Magnetic blocks	Drop In
Wednesday 18th	10.00 - 11.30	Half Term Crafts: Chinese New Year Craft	Booking Required
Saturday 21st	10.00 – 11.30	Saturday Play - Jungle and Sea Creatures	Drop In
Saturday 28th	10.00-11.30	St. David's Day Craft	Booking Required
Saturday 28th	10.00-11.30	Construction Corner Mobilo	Drop In

For Bookable activities speak to staff, drop us a line on Facebook, email us at Corby.libraryplus@northnorthants.gov.uk or call us on 0300 126 3000 option 5 option 3

Please note that staffing may not be available at all above activities therefore, adult supervision is essential.
These sessions are FREE to attend and are suitable for all ages. Booking opens a week in advance of the session date for those sessions requiring booking.



Kinship Carers Wellbeing Hub

Are you a Kinship Carer? Would you like to meet other Kinship Carers?

If so, please join us on the **2nd Thursday of the month** at Little Jimmy’s, Pen Green Children’s Centre, Rockingham Road, Corby, NN17 1BJ, from 12.30pm to 2.30pm.

This is an adult only group running term time only. Refreshments and a warm welcome and a warm welcome provided.

For more information, please contact Northamptonshire Carers on 01933 677907.

Northamptonshire Carers, supporting Carers countrywide.

For more information please visit Northamptonshire Carers Association

A colorful poster for the Kinship Carers Wellbeing Hub. The background features a stylized landscape with trees in shades of blue, yellow, and orange, a white dog, and a group of people walking. The text is centered and reads: 'Kinship Carers Wellbeing Hub', 'Are you a Kinship Carer? Would you like to meet other Kinship Carers?', 'If so please join us on the 2nd Thursday of the month at Little Jimmy's, Pen Green Children's Centre, Rockingham Road. Corby NN17 1BJ From 12.30pm-2.30pm This is an adult only group. Term time only. Refreshments and a warm welcome provided.', 'For more information please contact Northamptonshire Carers on 01933 677907'. At the bottom, it says 'Northamptonshire Carers, supporting Carers countywide. www.northamptonshire-carers.org Registered Charity number 1061417.' and includes a QR code and the Northamptonshire Carers logo.

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Northamptonshire Carers, supporting Carers countywide.
www.northamptonshire-carers.org
Registered Charity number 1061417.

Activity Programme Timetable - All sessions at Kingswood Neighbourhood Centre, Alberta close, NN18 9HU.

All sessions are free to attend

Monday

Premier League kicks 4.30pm to 5.30pm MUGA/Field

Calisthenic bar sessions 5.30pm to 6.30pm Main Hall

Tuesday

Music with Lisa SEN 4pm to 4.45pm Youth Room

SEND Social group 4pm to 5pm. Main Hall

Wednesday

Muay Thai 4pm to 5pm Main Hall

KUD Football 5:15pm to 6pm MUGA

MMAP Workshop 6pm to 7.30pm Meeting Room

Thursday

Multi Sports/fitness 4.30pm to 5.15pm Main Hall

Youth Club 5.15pm to 6.30pm. Youth Room

Contact robert.lovegrove@kudproject.org for info or follow us on Facebook

Activity programme timetable
All sessions @ Kingswood neighbourhood centre, Alberta close, NN18 9HU

MONDAY Premier League kicks 4:30PM - 5:30PM - MUGA/Field
Calisthenic bar sessions - 5:30pm - 6:30pm - Main Hall

TUESDAY Skateboard sessions - 3:45pm - 5:15pm - Skatepark
Music With Lisa - SEN -4:00PM - 4:45PM - Youth Room
SEND Social group - 4:00pm - 5:00pm - Main Hall

WEDNESDAY Muay Thai - 4:00pm - 5:00pm - Main Hall
KUD Football - 5:15pm - 6:00pm - MUGA
MMAP Workshop - 6:00pm - 7:30pm - Meeting Room

THURSDAY Multi sports/fitness - 4:30pm - 5:15pm - Main Hall
Youth club - 5:15pm - 6:30pm - Youth Room

Contact robert.lovegrove@kudproject.org for info, or follow us on Facebook

Housing and/or Financial Advice in Corby


Need Housing or Financial Advice in Corby? Accommodation Concern are at **Pen Green every Tuesday, 9am–12pm.**

Offering FREE support with: Housing issues (eviction, homelessness, repairs, applications), Debt advice & budgeting help, Emergency support (energy vouchers, food parcels, white goods), Benefits checks, claims & appeals

Can't make it? Call 01536 416560 or email Help@a-c.org.uk

Pen Green Children's Centre, Rockingham Rd, Corby NN17 1BJ

Need advice?

 Accommodation Concern
Advice, support and housing
for a better tomorrow

Accommodation Concern are at Pen Green every Tuesday!
9am - 12pm

1 Housing Advice?

- Eviction paperwork
- Rights and responsibilities of tenants & landlords
- Liaise with council/housing associations
- Court representation
- Homelessness
- Access to social or private housing
- Repairs
- Legal obligations of tenants
- Application to social housing (Keyways)



2 Debt Advice?

- Budgeting
- Negotiating payments with creditors
- Sourcing cheaper gas/electric providers

3 Benefits Advice?

- Maximising income/Benefit checks - are you claiming everything you are entitled to?
- Claiming and appealing Welfare benefits
- PIP claims/Appeals
- Employment Support Allowance claims/appeals

BENEFITS



4 Emergency Support?

- Food voucher and food parcels
- Carpets & flooring
- Emergency energy vouchers (gas/electric)
- White goods
- Tenancy deposits/first months rent (max £700)



Cant make it? Call or email us!
01536 416560 - Help@a-c.org.uk



Declaration and Information

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.

If you would like to contact the Community Connector team about submitting information to this newsletter or updating us about your organisations information please send an email to cfss@nctrust.co.uk and mark the email Stay Connected.