

# STAY CONNECTED

## Locality Newsletter February 2021

This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children and families.

To find news from your local area click the link below.

[Adult learning – budget meals](#)

[Free webinar on how to support anxious online learners](#)

[Producing Covid-19 related content for use on TikTok](#)

[Enfold](#)

[We Mind and Kelly Matters](#)

[Family support link](#)

[Youth Works - parent and young person workshops](#)

[NREC campaigns for social justice in Northamptonshire](#)

[Our place – antenatal classes](#)

[Pan Disability half term activities](#)

[Volunteer coaching academy](#)

[Northamptonshire Mind – new courses](#)

[Embody dance](#)

[Youth Covid 19 Support fund](#)

[Norpip - Heartbeeps](#)

[West Northamptonshire Food Aid Alliance](#)

### Information from your locality

[South Northants and Daventry](#)

[Northampton](#)

[East Northants](#) and [Wellingborough](#)

[Kettering](#) and [Corby](#)

### County Wide



### Young Healthwatch Northamptonshire

Young Healthwatch Northamptonshire have designed a survey around COVID-19 and lockdowns and it would be very much appreciated if it could be shared with your young people.

The project and survey have been designed by young people for young people and all of the responses are confidential.

The responses to the survey will be put together to form a final report which will be made available to the public as well as decision makers in local health care services.

We know that things are different, and we hope that we can have your support in encouraging young people to take the survey to make improvements across Northamptonshire in future.

The survey is for young people aged between 11-19, living in Northamptonshire and will be open until the end of March.

Please visit [Northamptonshire Young Healthwatch Survey](#) to access the survey.

You can read more about the survey here:

[Young Healthwatch Northamptonshire are seeking the views on COVID-19 and lockdown from young people in Northamptonshire | Healthwatch Northamptonshire](#)

For any questions please contact: Esther Stimpson (She/Her) Project Manager and Young Healthwatch Lead [estherstimpson@healthwatchnorthamptonshire.co.uk](mailto:estherstimpson@healthwatchnorthamptonshire.co.uk)  
Mobile : 07376 130329

## New course – Budget Meals

We have now designed a Budget meals for Families course to help those families who may be living off food parcels and have based it on dry ingredients and a very tight budget to show families how they can make filling meals for a few days with very few ingredients. The families will again receive the food resources delivered to their homes to be able to complete this course.

To book courses please visit [Budget Meals for Families](#) or [Healthy Eating on a Budget](#)



creative  
EDUCATION

## Free webinar on how to support anxious online learners

After huge demand for this webinar, Creative Education have made this 60 minute webinar available to download for free. It is aimed at parents and teachers. To access the webinar please visit [Creative Education](#)

## Producing Covid-19 related content for use on TikTok

Please find attached some guidance which can be used to help you to produce Tiktok content with/for young people. There are bespoke music tracks created by young people with support from Free2talk

- This guidance is aimed at anyone wishing to create COVID-19 related content for use on TikTok.
- The primary target audience is age group is 17-21 years, but you can also focus on a broader age range if you wish and still targeting young people.
- The aim is to share factual information, to encourage young people to follow current guidance and to signpost young people to trusted sources of support and information



TikTok - Content  
Creation Guidance -



**En-Fold**

En-Fold is a post-diagnostic support service for families affected by autism spectrum disorder (ASD). This charitable incorporated organisation (CIO) provides early intervention support following a diagnosis. They aim to reduce isolation and ensure families access the right support for their child.

En-Fold can act as 'system navigators' to ensure families get better support (with better communication and joined-up working between agencies). Their services include emotional support, education, one-to-one support (with strategies tailored to each family's needs), DLA support, and effective signposting to other organisations. To take a look at their new website please visit [En-Fold](#)



## We Mind and Kelly Matters

We Mind and Kelly Matters is a registered charity delivering bespoke projects to raise mental health awareness and prevent suicide. The charity is working with SOBS (Survivors of Bereavement by Suicide) to set up a **virtual support group** during Covid which will be face to face once restrictions allow. They have also started an **online chat service** on Mondays, Wednesdays and Fridays 6 – 9pm. For more information please visit [We Mind and Kelly Matters](#)



*family support link*

## Family Support Link

Family Support Link are offering some awareness sessions where you can find out about the amazing work they do and how they can support families who have a member with a substance misuse issue.

To book on Tuesday 23 Feb 1.00-2.00pm please visit [Family Support Link Eventbrite](#)

To Book on Wednesday 24 Feb 10.00-11.00am please visit [Family Support Link Eventbrite](#)

Adult online support sessions are being held virtually. If you want to find out more or would like the zoom link to join any of the sessions please contact Family Support Link at [contactus@family-supportlink.co.uk](mailto:contactus@family-supportlink.co.uk)

Monday at 12.00pm, Tuesday at 3.30pm, Wednesday at 7.00pm, Thursday at 6.00pm, Friday at 11.30am



## Youth Works - parent and young person workshops

Over the next ten weeks Youth Works Northamptonshire will be offering a series of zoom workshops for parents and young people. Please see details below for the first 3 sessions and links to book places. This is **open to anyone** not just those living in Kettering.

Monday 1st Feb - Self Harm to register please visit [Youth Work Self Harm](#)

Monday 8th Feb – Anxiety to register please visit [Youth Works Anxiety](#)

Monday 15th Feb - Year 7 Transition please visit [Youth Works Year 7 Transition](#)



## NREC campaigns for social justice in Northamptonshire

We will undertake this work regardless of race, colour, religion, disability, age, sexuality, transgender status or gender. Please contact us if you:

- support individual victims of discrimination
- support victims of hate incidents and monitor hate incidents

- raise awareness of the rights of individuals not to experience discrimination and to have their human rights upheld.
- want our support or advice
- want to join our organisation as a member
- want to volunteer

Tel: 01604 400808 or email [info@northamptonshirerec.org.uk](mailto:info@northamptonshirerec.org.uk)

**northamptonshire  
rec**  
rights & equality council

**Hate Crimes & Incidents  
In Education  
Support and Information**

**HAVE** Supporting pupils & parents to report experiences of discrimination  
**HAVE** Advice and assistance to schools to help identify Hate Crimes & Incidents

[info@northamptonshirerec.org.uk](mailto:info@northamptonshirerec.org.uk) 01604 400808/0739 3181482  
[www.northantsrec.org](http://www.northantsrec.org) [f](#) Northantsrec [t](#) @Northantsrec [i](#) @northamptonshirerec

Wellingborough [C](#) [Kettering](#) [Community Justice Fund](#)

**Monitor Challenge**  
**SUPPORT TO REPORT**

**ourplace** **UNDERSTANDING YOUR CHILD**  
SOLIHULL APPROACH **Our Place - Free Antenatal Course**

During the COVID-19 pandemic, pregnant women are advised to be especially careful about social contact. This makes it impossible to attend an antenatal class. But we have an alternative.

The Solihull Approach online antenatal course has exactly the same content as the antenatal class. It is written by midwives, health visitors and clinical psychologists. There are videos and quizzes. You can be confident that you are learning the key info about pregnancy, labour and birth. You are getting ready to meet your baby.

This course is for pregnant mums, fathers, partners, grandparents and anyone else who will be involved with the baby.

During the COVID restrictions you may be able to access for FREE\* 'Understanding your pregnancy, labour, birth and your baby' in English, Urdu, and a version for women couples.

Please visit [Our Place Antenatal Course](#) to register and access the course.

**UNDERSTANDING YOUR CHILD  
SOLIHULL APPROACH**

**ourplace** **NHS**

**ONLINE ANTENATAL course  
FREE during COVID-19**

Access the same content as a face-to-face antenatal class from your home!

Content you can trust; written by midwives, health visitors and clinical psychologists

Part of the Solihull Approach series

**Understanding  
Pregnancy, Labour, Birth  
and Your Baby**

For everyone around the baby:  
Mums, Dads, Grandparents,  
friends and relations

Register on [www.inourplace.co.uk](http://www.inourplace.co.uk)  
then visit the 'Courses Library'  
to access the course

For technical support contact  
[solihull.approach@heartofengland.nhs.uk](mailto:solihull.approach@heartofengland.nhs.uk)  
or 0121 296 4448 Mon-Fri 9am-5pm

[f](#) SolihullApproach [www.solihullapproachparenting.com](http://www.solihullapproachparenting.com) [t](#) @SolihullApproach (NB: 1:1) [www.inourplace.co.uk](http://www.inourplace.co.uk)



NORTHAMPTON TOWN F.C.

**COMMUNITY** 

## Virtual Pan-Disability Course

Northampton Town Community Foundation are pleased to announce the dates and details of our FREE Virtual Pan-Disability Soccer Schools coming this February Half Term from Tuesday 16<sup>th</sup> February to Friday 19<sup>th</sup> February 2021 at 10:00-14:00.

The sessions are children and young people with a disability from age 6-18 years and there will be two Zoom sessions each day, one in the morning from 10:00-11:00 and one in the afternoon from 13:30-14:00. These Virtual Pan-Disability Soccer Schools have been designed to help participants develop their individual football skills as well as providing a platform for the participants to socially engage with each other safely during the lockdown.

Over the four day's participants will be given a bespoke activity work book containing 10 days' worth of football related themes and activities based around attacking, defending, goal keeping and individual ball work to improve coordination.

There will also be classroom based activities and challenges to complete during lunchtimes and everyday there will be a Northampton Town FC daily Skill challenge for participants to showcase their talents and submit their entries on twitter

To register please visit [February Half term Pan-Disability Football](#)

 NORTHAMPTON TOWN F.C.  
**COMMUNITY** 

# VIRTUAL PAN-DISABILITY HOLIDAY COURSE!

Come and join us this February half-term for some virtual football fun! We are running pan-disability football courses on Zoom, **free of charge** and we want to see as many of you as possible!

10:00-10:30 - Registration and introduction  
10:30-10:50 = Warm up  
11:00-12:00 - Skill session one  
12:00-13:00 - Lunch  
13:00-14:00 - Skill session two & Zoom call

Tuesday 16th February - Friday 19th February  
6-18 years old | via Zoom | 10:00 to 14:00

Supported by  


NTFCCOMMUNITY.CO.UK

## Volunteer Coaching Academy

Are you looking for new skills and experience in the sports and leisure industry then this might be for you. The new volunteer coaching academy offers young people aged **18-25 years** a **FREE** training and development programme and the opportunity to volunteer in their local community.

The academy will offer a bespoke programme of training which will equip each volunteer to take the youth sports volunteering to an entirely new level. Content will be delivered through a mix of online and practical elements.

On completion of the course there could be the opportunity for participants to progress and volunteer for Northampton Town FC Community Trust in a variety of areas.

To register your interest please visit [Volunteer Coaching Academy](#) or for more information and start dates please visit [Northampton Town FC](#)

# VOLUNTEER COACHING ACADEMY

## Programme Overview

Volunteers to be rewarded for hitting volunteering hour targets. This can include both physical volunteering & online learning opportunities.

Access to the UK Coaching subscription (Normally £24 a year). Gives access to exclusive resources, free & discounted learning & savings via affiliated partners. As well as support from NTFC CT and Northamptonshire Sport through webinars and chats on various coaching and volunteering topics.

## Milestones

### 25 hours:

Funding for a Mental Health Awareness course, or another e-learning course of their choice. Hours can include physical volunteering and online CPD. You must have completed the UK Coaching Duty to Care Toolkit & Digital Badge by this point to access the funding (this counts as 3 hours towards the target).

### 50 hours:

A funded place on the 1st4Sport Level 1 in Assistant Coaching. You must have completed a minimum of 25 hours of physical volunteering & attended at least one VCA Online Forum.

### 75 hours:

£150 towards a coaching course of your choice. You must have completed a minimum of 40 hours of physical volunteering. You will also receive discounts on other courses such as First Aid & Safeguarding & Protecting Children.



In Northamptonshire

## Northamptonshire Mind New Courses

New courses include, Employability, Poetry, Singing, Improve your Mood, Anxiety, Depression, Dealing with Anger, Food and Mood, Stress and Emotional Resilience. Please see posters below. In addition to the courses above Mind Northamptonshire are also offering a new Zoom Baking Group starting on Monday 8<sup>th</sup> February and from Tuesday 2<sup>nd</sup> February in the afternoon 'use your mind quiz' which will be held on Zoom and last around 45 minutes. This will be on a different topic each week chosen by those who attend.

For more details on all courses please email [enquires@northamptonshire.org.uk](mailto:enquires@northamptonshire.org.uk) or inbox them on their Facebook page by visiting [Northamptonshire Mind](#). **These are all open to anyone in the county.**



Mind

Northamptonshire F



## Embody Dance

There are 70 free 10-minute dance sessions available from Embody Dance Facebook page. These were filmed for the first lockdown but are all still available to watch. Suitable for all ages. To watch please visit [Embody Dance](#)



Department for  
Digital, Culture  
Media & Sport

## Government support for grassroots youth organisations

This fund is available for grassroots youth organisations who have had a hit to their income. UK Youth are providing Q&A sessions to help organisations to apply. [Session 2: Tuesday, 2<sup>nd</sup> February from 10:30am-12pm](#) Please visit to register here: [Zoom Meeting](#)

[Session 3: Thursday 4<sup>th</sup> February from 10:30am-12pm](#) please visit to register here: [Zoom Meeting](#)

For more information visit [Guidance on Youth Covid Support Fund](#)



## Hartbeeps

We're running online groups with Hartbeeps for you and your babies! The groups focus on using sound and sensory skills to interact with and aid your baby's development! We have baby (newborn-sitting) and toddler (more mobile/walking) group dates coming up - see below for details and the booking form! Please note, we only have a limited number of spaces on the groups so booking is on a first come first served basis

Baby Group 1 - Starting on Monday 8th February at 11am; to book visit [Baby Group 1](#)

Baby Group 2 - Starting on Monday 22nd February at 11am; to book visit [Baby Group 2](#)

Toddler Group 1 - Starting on Thursday 11th February at 11am; to book visit [Toddler Group 1](#)

Toddler Group 2 - Starting on Thursday 25th February at 11am; to book visit [Toddler Group 2](#)

There is a first live session and then 2 recorded sessions are uploaded to a Facebook group each week - running for 5 weeks in total

## Free Group!

The Hartbeeps groups focus on ways to interact with your infants - including their development and early language skills! This is all done using sound and sensory methods - not to mention fun for you and your little one!



NorPIP are offering free groups for parents and their babies! The courses are being organised thanks to funding from Northamptonshire Community Foundation!



### West Northamptonshire Food Aid Alliance

Since the first lockdown in Spring 2020, food poverty has increased as Covid-19 has impacted families and individuals in many ways. The Food Aid Alliance West Northants includes charities and groups that respond to the needs of the community across this geographical area.

Re:store has worked with these partners to create a Food Aid Directory to list all who are part of this alliance and make a clear pathway to accessing their services. So if you are seeking support please follow the link to the Food Aid Directory by visiting [Restore](#)

## SOUTH NORTHANTS AND DAVENTRY

### FREE Songwriting activity for half term – register by 4<sup>th</sup> Feb

Here's the info about the activity for 7 to 12 year-olds, for parents/carers to sign up their children, please visit [Eventbrite Songwriting Half term event](#)

Northants Cultural Education Partnership in collaboration with South Northamptonshire Council and Northamptonshire Music and Performing Arts Trust are hosting a new songwriting and wellbeing course for 7-12 year olds, Monday 15<sup>th</sup> to Friday 19<sup>th</sup> February.

The sessions will take place on Zoom with singer, songwriter and vocal coach **Sophie Garner** – see her introduction on YouTube [here](#). Participants will be sent a copy of Sophie's Creative Songwriting Journal ahead of the online sessions. Over the five days everyone will create their own original song, and learn about how singing can help our mental and physical health.

The sessions will last one hour and take place in the morning of the five days of February half-term. Once you have registered your interest using [the Eventbrite link](#), you will be informed of exact timings for the group to which your child is assigned and you will be emailed a full application form. The Songwriting Journal will be posted to you.

The course is free to attend for those aged 7-12 living in Northamptonshire. This course is suitable for anyone with additional learning needs or requirements. You will need access to Zoom and a stable internet connection. Please contact [unlock@northantscep.com](mailto:unlock@northantscep.com) with any questions you may have.



## Cooking Good - Free Recipe cards

Cooking good has produced free recipe cards which are linked to the type of items that are given away via food aid or food banks. All the recipes are aimed at families on a low budget, there are accompanying videos on the Cooking Good website. To order recipe cards use this order form.



Request for recipe cards.xlsx

If you are supporting a family in Towcester – Cooking Good are doing Facebook Live cookery sessions with the current ingredients of the Community Fridge each MONDAY 10am and THURSDAY 4.30pm To tune in please visit [Cooking Good](#)

## Brackley Elves

Brackley Elves is a local community support group, it started at Christmas but is now continuing during lockdown. They are running events through a [Facebook page](#). Weekly craft ideas and community awareness. They have been collecting and refurbishing laptops so if you are supporting a family in the town they may be able to help.

## Helping You Live – Brackley

For more information please visit [Helping You Live](#) This has been created as a community support group to help those that need a little extra help.

**Baby Bank** - clothes 0-5, toys 0-5, nappies/toiletries

Kindly donated and gratefully received by anyone and everyone.

**Children's Bank** - clothes 5-12, Toys 5-12, School Uniform - Reception - Year 11

Kindly donated and gratefully received from anyone and everyone.

**Toiletries Bank** - Dental pack, Feminine hygiene pack, Hair pack, Body pack

Kindly donated and gratefully received from anyone and everyone.

**Birthday in a Box** - Essential basic items to help out with a birthday.

**Community Larder** - The food is donated locally by supermarkets, food is also welcomed by local individuals, companies etc, we are grateful for anything and everything.

It is also sourced from the Milton Keynes branch of FareShare, the UK's biggest surplus food redistribution charity in partnership with SOFEA, a charity which works with young people to develop their skills and employability.

Who is eligible for the free food boxes - Any individual or household struggling to afford or obtain food.



## Mental Health Friends – Brackley

Mental Health Friends is to help people build connections with others like themselves, creating a community who come together to help and support each other.

They will be offering ongoing peer support groups, activities, events, complementary therapies, resources, talking therapies and the latest interventions and recommendations as they arise. Therefore allowing people to overcome barriers, feel more connected with their community and live a more fulfilled life. For more information please visit [Mental Health Friends](#)

## Southbrook Community Daventry

The housing associations and local councils are working together to produce some outline plans for improving the open spaces on the Southbrook estate based on the feedback from residents last year. Further consultation will be taking place on the initial plans – look out for opportunities to engage via social media.

There has been a good response for people to volunteer to join a management committee for the Community Centre. It is hoped that the new community association will be in place in the spring.

## NORTHAMPTON



### The Lowdown

Every Friday check out the LGBTQ+ drop-in for young people and parents from 4-7pm.

A SAFE, NON-JUDGEMENTAL AND CONFIDENTIAL SPACE

OUTTHERE  
LGBTQ+ DROP-IN

VIRTUAL AND FACE-TO-FACE DROP-IN FOR  
YOUNG PEOPLE AND PARENTS

4-7PM EVERY FRIDAY

DROP IN TO THE LOWDOWN OR GET SUPPORT VIA  
ZOOM OR WHATSAPP

FOR MORE DETAILS CALL: 07585 737482 OR  
EMAIL: LGBTQSUPPORT@THELOWDOWNNORTHAMPTON.CO.UK


OUTTHERE YOUTH OUTTHERE PLUS OUTTHERE ABOUT US OUTTHERE PARTNERS & CHARITIES the lowdown supporting young people 3 KINGSWELL STREET, NORTHAMPTON NN1 1PP

WWW.THELOWDOWN.INFO



## The Manna House Counselling Service

**FREE** Well-being courses are being held online during January to March. If you would like to register for a course please Tel: 01604 633304 or email [mhcs@mannahouse.org.uk](mailto:mhcs@mannahouse.org.uk)



**The Manna House  
Counselling Service**


73 St Giles Street, Northampton, NN1 1JF  
Wellbeing Education Network

**Wellbeing Courses  
by Zoom Jan-Mar 2021**

Courses are between three and four week's duration during the daytime or on an evening. Each session lasts 2.5 hours.

- Stress & Emotional Resilience**  
19<sup>th</sup> January – 9<sup>th</sup> February (2.00pm – 4.30pm) **4 weeks**
- Anger Management Course**  
1<sup>st</sup> Feb – 22<sup>nd</sup> Feb (2.00pm – 4.30pm) **4 weeks**
- Stress & Emotional Resilience**  
16<sup>th</sup> February – 9<sup>th</sup> March (7.00pm – 9.30pm) **4 weeks**
- Anger Management Course**  
3<sup>rd</sup> March – 24<sup>th</sup> March (7.00pm – 9.30pm) **4 weeks**
- Life Transitions**  
15<sup>th</sup> March – 29<sup>th</sup> March (2.00pm – 4.30pm) **3 weeks**

**Cost: FREE**



For further information or to apply please contact  
Jayne Louise Bassett by phone or email:  
[mhcs@mannahouse.org.uk](mailto:mhcs@mannahouse.org.uk)  
Telephone: 01604 633304



## ESCO Half Term Activities

Escos have holiday clubs running February Half Term at All Saints Primary, Northampton. They have a great selection of activities including arts, science, yoga and sports. For more information please visit [Northamptonshire ESCO](http://Northamptonshire ESCO)



FEBRUARY 2021  
Flyer .pdf

## EAST NORTHANTS

Rushden Sea cadets are still recruiting for their next intake starting online (for the timebeing) on 5<sup>th</sup> February. If you are interested in giving it a go please message [info@rushdensecadets.org](mailto:info@rushdensecadets.org)

**SEA CADETS Rushden**

Join Now - New Intake Starting This Week

Fun, Adventure & Friendship  
FOR YOUNGSTERS AGED 10-18

Will start off online but we hope to be back to face-to-face activities as soon as the current lockdown ends

**OUR NEXT NEW ENTRY INTAKE FOR CADETS AGED 12+\***  
5 February 2021

THE DRILL HALL, VICTORIA ROAD, RUSHDEN, NN10 0AS  
[info@rushdensecadets.org.uk](mailto:info@rushdensecadets.org.uk)

\*If you turn 12 years old on or before 31 March 21, then you are eligible to join now  
If you are 10-11 years old, we also have a Junior Section that meets every Tuesday

GET IN TOUCH NOW TO FIND OUT MORE

**There Is More To Sea Cadets Than You'd Imagine!**

## WELLINGBOROUGH

### Winter Brights Community Arts Project

Wellingborough Community Arts Project helping to brighten up winter. We are giving Families & People of all Funky ages and backgrounds Permission to Play, by providing resources to visually express happy and safe places.

Get your free art pack by signing up at [Eventbrite](https://www.eventbrite.com). Remember to let us know your full post code

A maximum of 2 per household, packs will be sent out by post from Saturday 30 January 2021.

Winter Brights Project is leading to a Community Collage that will tour Wellingborough and be available online from April 2021.

Submit up to 3 photos of your creations to [cinnamonartsgroup@gmail.com](mailto:cinnamonartsgroup@gmail.com) by **Monday 15th March 2021**.

By sending photos, you give permission for these to be shared by Cinnamon Arts Group and Made with Many. For more details please visit [Made with Many](https://www.madewithmany.com)



Service Six

Changing Lives • Creating Futures

## Service Six Virtual Youth Clubs



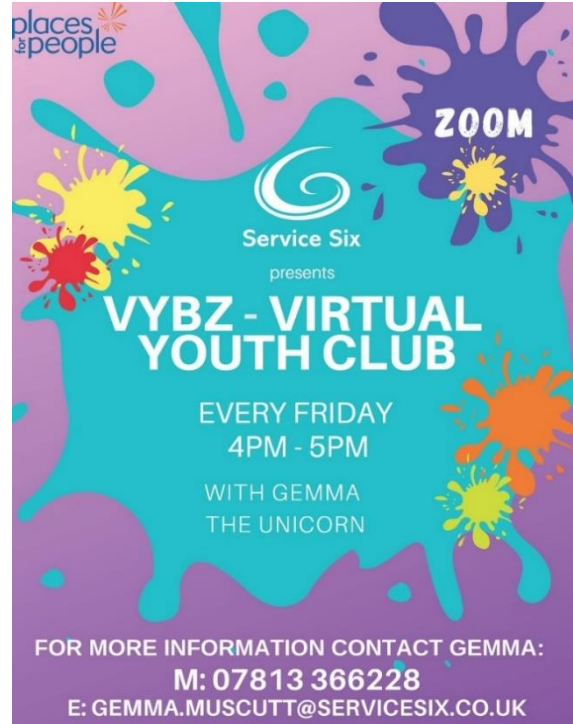

Service Six  
presents  
**VIRTUAL  
YOUTH CLUB**  
EVERY WEDNESDAY  
4PM - 5PM  
WITH CLAIRE AND KIMMY

ZOOM

FOR MORE INFORMATION CONTACT KATIE:

M: 07850 916600

E: [KATIE.BYRNE@SERVICESIX.CO.UK](mailto:KATIE.BYRNE@SERVICESIX.CO.UK)



Service Six  
presents  
**VYBZ - VIRTUAL  
YOUTH CLUB**  
EVERY FRIDAY  
4PM - 5PM  
WITH GEMMA  
THE UNICORN

ZOOM

FOR MORE INFORMATION CONTACT GEMMA:

M: 07813 366228

E: [GEMMA.MUSCUTT@SERVICESIX.CO.UK](mailto:GEMMA.MUSCUTT@SERVICESIX.CO.UK)



## Glamis Hall

Glamis Hall are asking the people of Wellingborough to help build the yellow brick road for their upcoming TRIP TO OZ show. They want as many people as possible to design a brick for the Glamis Hall YELLOW BRICK ROAD set.

This could be anything your family, pets, school, a favourite character from a book or film. All the designs that are submitted will be glazed with a yellow filter so use as much colour as you like.

Please use the template below for your design. When your bricks are completed either scan them in email them to [glj@glamishall.org](mailto:glj@glamishall.org) or let them know and they will arrange to collect them.

# A TRIP TO OZ

## HELP US BUILD A COMMUNITY YELLOW BRICK ROAD!



We're excited to present a brand new production of A TRIP TO OZ (based on the popular story – THE WIZARD OF OZ). The aim of this project is to bring the community together – whether performing on stage, helping create the costumes or enjoying the show at the local community centre. We want everyone in Mellingborough to design a brick for our YELLOW BRICK ROAD set. You could include your family, pets or even a favourite character from a film or TV show. We will then take your images and glaze your designs with a yellow filter. So use as much colour as your liked if you're a little too old to design / colour in a brick we're asking you to maybe sign a brick. We really would love the whole town to get involved!



**F** SEARCH AND LIKE QJ THEATRE

**T** FOLLOW @QJTHEATRE

**@** FOLLOW @QJ.THEATRE

**✉** [DAN@QJTHEATRE.CO.UK](mailto:dan@qjtheatre.co.uk)

**✉** [DL@QLMSHLL.ORG.UK](mailto:dl@qlmshll.org.uk)



Please complete your design within the black box. Please send in your completed designs to [dl@qlmshll.org.uk](mailto:dl@qlmshll.org.uk) or you can DROP OFF YOUR DESIGNS IN PERSON. Please contact us for more information.

Let create something together as a town!

## KETTERING



### Youth Works

Over the next ten weeks Youth Works Northamptonshire will be offering a series of zoom workshops for parents and young people. Please see details below for the first 3 sessions and links to book places. This is **open to anyone** not just those living in Kettering.

Monday 1st Feb - Self Harm to register please visit [Youth Work Self Harm](#)

Monday 8th Feb – Anxiety to register please visit [Youth Works Anxiety](#)

Monday 15th Feb - Year 7 Transition please visit [Youth Works Year 7 Transition](#)



### Johnny's Happy Place

Open every Saturday from 11.00am-1.00pm for a sausage or bacon bap and cake and most weeks there is food provided by Fare share. All food is **FREE**. 97 Rockingham Road, Kettering NN16 9HX.

Due to COVID JHP normal groups are not running face to face but are now online.

JHP Art Group is every Saturday from 12-2pm. The simple materials you need for each week's session is posted on the JHP Facebook page and then a video from Honorata's art room with a demo and guidance is posted at 12.00pm and Honorata will be available on Facebook to answer questions until 2pm. Please join the Facebook group by visiting [JHP Art Group](#)

Weaving Words at Johnny's Happy place is every Sunday at 12.45pm all you need is a pen and paper. Let's write together we all have a story to express come have a go in our safe zoom space. Just join the Facebook group by visiting [JHP Writing Group](#)

## Broughton Community Fridge

Based at the Broughton Village hall, NN14 1ND. Please follow the signs to the rear of the building. We will be open on Tuesdays 4.00pm-5.00pm, Wednesdays 9.30am-10.30pm and on Fridays 6.00pm-7.00pm.

Anyone can donate food but it must be in date and please do not go and buy food especially for this project it is to use up surplus food.

Anyone can collect food, all you need to do is visit the fridge and take what you would like. Please only visit the fridge if yourself and everyone in your household is free from COVID symptoms.

If you would like to volunteer to help this project, please contact [broughtoncommunityfridge@gmail.com](mailto:broughtoncommunityfridge@gmail.com)

**CORBY**

# The Core at Corby Cube Sparks Club

Saturday Sparks Club has been made **FREE** for this term due to the lockdown. It is for children aged 5-11 years and we would welcome any child who has not attended to give it a try.

There is no obligation for commitment further down the line and their friendly team will be more than happy to give you an overview of what the sessions entail before your child joins in. Normally the price would be £55 per term though there are some bursary places available.

We hope that Sparks can offer some respite and fun through this tricky time for everybody. The session times are as follows

10.0-11.00am for 5-7 year olds, 11.15-12.15am for 8-11 year olds

To sign up or for more information please email [getinvolved@thecorecorby.com](mailto:getinvolved@thecorecorby.com)

**YOUTH  
WORKS** ✓

**Youth Works Parent Support Drop In**



**Parent Support  
Drop In**

**Tuesdays  
12.00pm - 3.00pm  
At Corby Mind Building  
18 Argyll St, Corby  
NN17 1RU  
or call  
07479 973085  
for phone support**



## Your Locality Connectors are here to help, please get in touch



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### **What does the Locality Connector team do?**

We are your link between community services and children's social care at every level. We keep in touch with the community organisations which provide services for families.

#### **For professionals**

We keep the Family Information Service up to date. That is the first place to look for support services. However, if you can't find what you are looking for or need something specific ask your Locality Connector and we can sign post you to the right place.

#### **For Community Organisations**

We can help you to develop your services, find you the right contact within Northamptonshire Childrens Trust and work with you to provide a more integrated service to families.