

STAY CONNECTED

Locality Newsletter

July 2021



This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children and families.

To find news from your local area click the link below.

[Young ambassadors health conference](#)

[Covid multilingual information](#)

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[Family Support link timetable & awareness session](#)

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[Practical Strategies to Support Autistic Girls to Attend & Enjoy School](#)

[I'M NOT MAD, I'M ME](#)

[South Northants](#) and [Daventry](#)
[Northampton](#)

[East Northants](#) and [Wellingborough](#)

[Kettering](#) and [Corby](#)

Holiday and Food Activity Fund (HAF)

This information can be given to Parents/Guardians

The Holiday and Food Activity Fund (HAF) is coming to Northamptonshire for the Summer holidays. The HAF programme aims to help maintain the health and wellbeing of children and young people in the school holidays by supporting children and their families to:

- Eat more healthily over the school holidays
- Be more active during the school holidays
- Take part in engaging and enriching activities which support the development of resilience, character and wellbeing along with their wider educational attainment
- Be safe and not to be socially isolated
- Have a greater knowledge of health and nutrition
- Be more engaged with school and other local services

Free places are available to children who are eligible for free school meals for the equivalent of at least 4 hours a day (a session), 4 days a week, for a maximum of a 4-week period.

More details on how to apply will be available in coming weeks. In the meantime, if you would like your child/ren to take part in the Summer Holiday and Food Activity programme, you can email HAFprogramme@northnorthants.gov.uk to express an interest and once more details are available, we will contact you directly.

Do you want to provide Summer Holiday activities?

In line with the Department of Education and Skills (DfES), the Summer Food and Activity Programme will offer eligible children, young people and families a wide range of exciting opportunities, activities and support throughout the 2021 school holidays to maintain the health and wellbeing of children and young people in the school holidays in Northamptonshire.

The project will operate throughout Northamptonshire at a range of selected venues, offering school aged children experiences that can include; sport, adventure, dance, drama, inflatable fun, creative arts and crafts, well-being and active play; along with access to healthy food and drink while registered on the scheme.

There will be schemes suitable for primary and secondary aged children and these may include family based activities.

We are keen to speak to community organisations to identify how we can work in partnership to support in the delivery of this project. If you think your organisation would like to be involved please email:

HAFprogramme@northnorthants.gov.uk



YOUTH AMBASSADOR CONFERENCE

#ONLINEPANDEMIC

An online conference examining
online safety and the effect of
lockdown on young peoples'
mental health.

Thursday 15th July
11am-12:15pm

free2talk

In partnership with
North Northamptonshire Council
West Northamptonshire Council

Young Ambassadors Health Conference

Young Ambassadors, facilitated by Free2Talk are holding one final Health Conference as follows below. This is open for anyone to join and they would love some schools to take part.

Conference will be on Thursday 15th July 11am-12pm.

It will be called "**#onlinepandemic**" and will explore how being forced to be online has affected young people's mental health through the lockdown, how to stay safe in online spaces, and ways to work through it all.

It will be available to watch throughout on the 'Free2talk Youth and Community' YouTube channel, and all viewers will be able to join in the conversation. To watch please visit [Young Ambassadors Health Conference](#)

For more information please contact **Nicki Eames-Barton, Communities Officer - Nicolette.Eames-Barton@northnorthants.gov.uk** DD: 01604 367338 | M: 07824 839 321



Covid Community Champions provide information in a range of languages

Community Champions from a range of local organisations have put together the latest covid information videos in various languages. You will find them at this youtube link channel below:

[Covid Community Champions youtube](#)



Family Action Creating Happy Memories Activity Pack

Life has been anything but normal this past year, but at least summer is finally here and for many of us it's a time of joy, warmth and growth. This is especially true as we come out of lockdown restrictions and reconnect with family and friends to create new positive experiences that will help us to move forward.

Family life is often busy with work, childcare, multi-tasking and juggling priorities and this can be especially true during school holidays. So get your FREE Creating Happy Memories activity pack – it's bursting full of engaging, fun activities and ideas for all ages and abilities to entertain your family this summer. To sign up for your free pack please visit [Family Action Creating Happy Memories Activity Pack](#)

Family Action also offer a helpline for families called Family Line

Family pressures can sometimes be difficult to manage without emotional support and guidance to help. Many people feel confused by what information is available or struggle to access services close to home.

Our free FamilyLine service tackles these issues in a new and innovative way by using a network of volunteers from across the country to support family members over the age of 18 through telephone calls, email, web chat and text message.

The service aims to:

- provide both immediate and long-term support
- help with practical information and guidance
- provide emotional and listening support
- help with understanding and accessing relevant services and information
- provide regular one-to-one befriending support to service users feeling isolated
- access to short term telephone counselling
- a referral into our many projects across England and Wales, where relevant.

We are here to provide a listening ear, answer particular parenting questions or help with guidance around more complex family issues. We can also provide longer-term support through regular sessions with our Befrienders and Counsellors. All support takes place via telephone, text message, web chat or email and is free.

How to access the service

Family members aged 18 years old and over from anywhere in England, Wales and the Isle of Man can get in touch with the service for free via telephone, text message, web chat or email, using the details below.

Opening times: Monday to Friday, 9am to 9pm

Contact details: Telephone: 0808 802 6666, Text message: 07537 404 282

Email: familyline@family-action.org.uk and Live web chat

Contacting us out of hours -Do you need FamilyLine but it's out of our operation hours? You can either call back in our opening hours, leave a message on our voice mail for a call back in our operation hours or if you're in crisis you can contact our crisis line to get in touch with a trained professional.

Text FAMILYACTION to 85258 Our crisis messenger text service provides free, 24/7 crisis support across the UK. We know that getting the correct support at the correct time is so beneficial which is why we've introduced our crisis line. This service is delivered in partnership with [Shout](#).

Family Support Link July Timetable



family support link
Wellbeing
for those impacted by
another's substance use

July		
Tuesday 6th	Wednesday 7th	Friday 9th
Coping with Anxiety (Zoom) 11.00am – 12.30pm Support Group (Zoom) 1.30pm – 2.30pm	Nature Walk 1.00-3.00pm	Allotment / Gardening Project (Get in touch for details) 11.00am-2.00pm Drop in
Tuesday 13th	Wednesday 14th	Friday 16th
Support Group (Zoom) 1.30pm - 2.30pm	Setting Boundaries (Zoom) 2.00pm - 3.30pm	Allotment / Gardening Project (Get in touch for details) 1.00pm-3.00pm Drop in
Tuesday 20th	Wednesday 21st	Friday 23rd
Support Group (Zoom) 1.30pm-2.30pm		Coffee Morning and Meditation Group (Leicester street hub) 10.00am – 12.00pm Allotment / Gardening Project (Get in touch for details) 1.00pm-3.00pm Drop in
Tuesday 27 th	Wednesday 28th	Friday 30th
Nature Walk 11.00am – 12.30pm Support Group (Zoom) 1.30pm-2.30pm	Allotment / Gardening Project (Get in touch for details) 10.00pm-1.00pm Drop in The Drama Triangle (Zoom) 2.00-3.30pm	Bereavement Group (Zoom) 2.00 pm- 3.30pm

Please call the support line for more info
01933 227078
or email
contactus@family-supportlink.co.uk



Family Support Link awareness session

Family Support Link are running an awareness session on Eventbrite, this is a chance for professionals to hear about our service and find out exactly who we support and what we offer. Its a great opportunity for us to link in with other services that may be able to signpost people to us that need some support but do not know that we offer it free of charge. To get tickets please visit

[Family Support Link Awareness Session](#)



RightResolution
Supporting children and young people's futures

Food bank for Care Leavers

Are you a professional supporting a care leaver aged 16-24 in Northampton? Here at Right Resolution we have set up a food bank for care leavers. If you require a food parcel for the young person you support please complete the referral form below or call us at 01604626188

<https://forms.gle/wEF4J5iHBb1oRQo58>

Spot your mate Summer Safety Campaign



Aquarius Young People's service/NGAGE have recently launched a "Summer Safety" campaign. We will be sharing information, advice, polls and tips through our various social media channels.

We wanted to share the materials with you so you can discuss and share these with your colleagues and the young people you work with. Our images are social media friendly and can also be loaded onto screens/TV's too.

The attachments include:

- an email signature you can use
- links to our social media channels so you can follow or re-share our posts
- information and advice sheets
- our professionals pack

We continue to have no waiting list, are accepting new referrals and will continue to provide support to young people over the summer.



Campaign Sheet
SYM 0621.pdf



Campaign Sheet
999 0621.pdf



Campaign Sheet
Alcohol 0621.pdf



Campaign Sheet
Cannabis 0621.pdf



Campaign Sheet
Nitrous Oxide 0621.pdf



Ngage Brochure
Professionals.pdf



Peak Empower Activities

We promote positive use of recreational activities to improve self-esteem, well-being & confidence in those that are socially isolated for a range of different reasons (for example for health, finance, age, gender, etc).

This is a taste of what has been on offer recently- programmes will be changing as they are offered in 6 week sessions, keep an eye on the website or Facebook page to see what is available:

Home Educated children programs please visit [Home Educated Programmes](#) or email: lucy@peak-empower.co.uk We will be announcing the next Home Educated 6-week course soon.

Mum & Me program please visit [Mum and Me](#)

BabySling Fit, Baby Yoga and Baby Buggy Fit starting in the Summer, Toddler Dance, Toddler Paddleboarding (Adult and child participation), Teenage Daughter Paddleboarding (Adult and child participation), Teenage Daughter Softball in Geddington (adult and child participation), Teenage Daughter martial arts (dates to be confirmed)

Our current Adventure Club is running fortnightly on Sundays with activities including climbing, sailing, paddle boarding, farm visit & falconry experience. We will have a new set of courses starting in July. For more information please visit [Adventure Club](#)

For families struggling, looking for jobs/made redundant please visit [Step Programme](#) and [Step Programme - Families](#) or email saffy@peak-empower.co.uk



Cooking Good - Summer recipe cards available

We are pleased to let you know that 8 Summer recipe cards will be available very soon.

The Summer recipe cards include ideas such as: Bean burgers, Pea and Ham Pasta, Sweet and Sour Chicken, Aubergine bake, Fruit Fondue. There is also an A4 leaflet all about salads and slaws!

If you require any of the recipe cards, please could you complete the attached spreadsheet and return it to



Request for
SUMMER recipe card

katie@cooking-good.co.uk



Family Learning

All schools help Family Learning support parents and carers in your setting in 2021-2. Please visit [Take Family Learning's five minute survey](#) and help family learning offer what you need in your setting.

For full details of Family learning staycation events please see embedded document below.



Summer staycation
flyer August 2021.pc

Families can sign up to up to four activities over the two weeks and either an e-voucher or resources for each activity are provided.

Free Live Webinar



Practical Strategies to Support Autistic Girls to Attend & Enjoy School



Practical Strategies to Support Autistic Girls to Attend & Enjoy School

This session will take place on Thursday 8th July at 4 pm UK time.

We'll explore what autistic girls say helps and hinders their access to school and how we can use these ideas to make school feel like a supportive, safe environment where they can flourish. We'll consider universal strategies and also look at specific ways of helping autistic girls who are currently not attending or often absent, late or struggling to engage.

We'll be learning from Dr Ruth Moyse, whose PhD research used the experience of adolescent female non-attendees to co-develop practical recommendations for schools. The session will last about 45 minutes including 15 minutes Q&A <https://bit.ly/2ThMcqj>



I'M NOT MAD, I'M ME

I'M NOT MAD, I'M ME
A story of recovery and hope

LIVE PREMIERE: Thursday July 8, 7:30pm

Join Charlie, Jo and Kayleigh as St Andrew's Healthcare opens its doors to reveal what life is like inside a secure psychiatric hospital, and what it means to recover from life on the edge.

Join us for the by visiting [online premiere](#) of a new 30-minute film, followed by a Q&A panel discussion about how we can raise more awareness around complex mental health.

When: July 8, 2021 at 7:30 PM.

Just visit [click here](#) so we can send you a link to the exclusive screening.

We hope you're able to join us!

SOUTH NORTHANTS AND DAVENTRY



Daventry Country Park – Free Cinema Day

We're very pleased to say the free Family Cinema Day will return to the Park this summer!

We'll be showing two films on a big screen in the Northern Field on Saturday 31 July For more information click on [events page of the Daventry Country Park](#)

Music and Broadcasting – Moulton Library

MUSIC AND BROADCASTING
* MOULTON LIBRARY *

TUESDAY'S
9AM-12:30PM
£15 PER SESSION
AGE 8+

HOST:
MARK DEAN
AND CONNOR
OSBORN

free2talk
Community Internet Company

EXCLUSIVE ON
F2T RADIO

BROADCAST

FOR MORE INFORMATION
VISIT
WWW.ENQUIRIES@FREE2TALKCIC.ORG

20/7
27/7
3/8
10/8
17/8
24/8

Towcester Youth Coffee House – Youth Club Re-opens

THE BARN
@TYCH

Our Youth Club is re-opening!
Come Along, have some fun and make friends 😊

Thursdays
6-7:30pm for
11-14 y/o
@ The Barn
Branson Lane, Towcester
NN12 6AX

To find us:
Head to the top of the Towcester high street, walk down the alley behind Lee's Cottage and we are just behind Stratford Dry Cleaners.

To find out more about us:
Email us on:
enquiries@towcesteryouthcoffeehouse.org.uk
Call / Text us on: 07593 585 216

@TowcesterYouthCoffeeHouse
 @tych_towcester



South Northants
Youth Engagement

SNYE Youth projects

Mobile Skate Project

We are proposing to run a bi-weekly skate project for young people at Brackley Leisure Centre. It will be opportunity for young people to learn new skills, meet friends and promote healthy activity. It will run Sundays from the Summer through to Autumn.

Brackley Town Football Club – Youth Club

We plan to run a weekly Youth Club on a Friday evening from 7 – 8:30pm on Fridays at the Football Club. We will offer board games, music, video games and a tuck shop to 20 young people who attend Magdalen

School. Once Covid restrictions have been lifted, we will then look at open access. This will hopefully start on Friday 9th July.

Southfield Primary School – Youth Club

We plan to run a weekly Youth Club for primary aged children through the summer in a new space at Southfield Primary School. This will be open to any young person from Brackley. We will offer a range of activities from board games, music, video games and a tuck shop. We are hoping to run this on Tuesday evenings through the summer.



Moulton Community Managed Library – Making friends sessions

Moulton Community Managed Library are running 'Making friends' sessions throughout August. These are for children starting school in September 2021 at schools local to us here in Moulton.

We are holding sessions for the following Primary's ;

Moulton

Overstone

Pitsford

Sywell

Walgrave

Boughton

Check out the events to see when each one is being held, they will be informal sessions where your children have a chance to meet and play before starting school. For more information please visit [Moulton Community Managed Library](#)



Daventry Town Football Club - FA Wildcats Girls Football

Saturdays 9.30am-10.30am £2

Email wildcats@dtfc.co.uk or Text 07908134100

Book Online at faevents.com

Event Details

A fun packed girls only session at your local club, our coaches will challenge all levels of ability from total beginner to the more experienced footballers. This session caters from 5y.o up to 11y.o

Milk&You Breastfeeding Support Groups

The Milk&You Project presents...

Daventry Area Breastfeeding Support Groups



Mondays 10 - 11:30am
New Street Cafe
Daventry Town Centre



A warm and welcoming
approach to helping mothers on
their breastfeeding journey

For more information register with us
@ [https://eu.jotform.com/MilkandYou/
Register](https://eu.jotform.com/MilkandYou/Register)

The Milk&You Project presents...

Towcester Area Breastfeeding Support Groups



Tuesdays
9:30 - 11:30am
Towcester Youth Coffee
House



A warm and welcoming
approach to helping mothers on
their breastfeeding journey

For more information register with us
@ [https://eu.jotform.com/MilkandYou/
Register](https://eu.jotform.com/MilkandYou/Register)

Southbrook – Southbrook ‘Big Thank You’ event

On Saturday 24th July 11am – 3pm with litter pick 11am-12 noon, picnic lunch on the Fishponds 12:15 – 1pm & then sports have a go 1-3pm. More details to follow by visiting [Daventry Town Council](#)

Farm Wildlife walks Bragborough Hall, Braunston



FARMING – NATURE – SYNERGY



FARM WILDLIFE WALKS AT BRAGBOROUGH HALL, BRAUNSTON

- See and learn about farming and food production and our conservation projects such as restoring wildflower meadows and creating and managing ponds and woodland, and all of the birds, insects, mammals, and other wildlife that benefit and flourish from habitat regeneration
- Every Thursday at 17:30 from July to September
- 2 hours duration, 3-4 km distance
- Starting from Bragborough Hall Business Centre
- Group size: 6-8 adults, £10 per adult, under-18s free
- Booking required:
Contact Louis at farmnaturewalks@outlook.com or 07870692757



<https://www.farmingnaturesynergy.com/>

NORTHAMPTON

Family Wellbeing Fair – Becketts Park

Soo Yoga’s Kristina Rihanoff, and local pilates expert, Suneil Khakhar, will host a ‘**Family Wellbeing Fair**’ where people will get to experience different styles of yoga, meditation, sound baths and outdoor fitness classes.

The event is set to take place on **Sunday 18th July at the tennis courts in Becketts Park, Northampton**, and will also include presentations from specialist speakers about all aspects of physical and mental wellbeing.

Tickets for the Family Wellbeing Fair on Sunday 18th July, 10am – 4pm can be purchased by visiting [Soo Yoga's website](#) – £15 each for over 16s, and **children go free**. More details and the timetable of activities will be released soon.

Northampton Town Football Club – summer activities

 NORTHAMPTON TOWN F.C. **COMMUNITY**   **AUGUST 2021**

PAN-DISABILITY FOOTBALL HOLIDAY COURSE

Course Venue	Dates	Ages	Times	Cost
Goals Week 1 Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Tuesday 3rd August to Thursday 5th August	6-18	10:00am to 2:00pm	£5 per day
Goals Week 2 Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Tuesday 10th August to Thursday 12th August	6-18	10:00am to 2:00pm	£5 per day
Goals Week 3 Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Tuesday 17th August to Wednesday 18th August	6-18	10:00am to 2:00pm	£5 per day
Goals Week 4 Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Tuesday 24th August to Wednesday 25th August	6-18	10:00am to 2:00pm	£5 per day

Book Online 

 NORTHAMPTON TOWN F.C. **COMMUNITY**   **JULY 2021**

GIRLS FOOTBALL HOLIDAY COURSE

Course Venue	Dates	Ages	Times	Cost
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Monday 26th July	5-8 9-12	9am-12pm 1pm-4pm	£15 per session
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Tuesday 27th July	5-8 9-12	9am-12pm 1pm-4pm	£15 per session

Book Online www.ntfccommunity.co.uk/bookings Limited spaces available. Please check online for our COVID-19 policy.

 NORTHAMPTON TOWN F.C. **COMMUNITY**   **AUGUST 2021**

FOOTBALL HOLIDAY COURSE

Course Venue	Dates	Ages	Times	Cost
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Monday 2nd August to Friday 6th August	5-13	9:00am to 3:30pm	£22 per day
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Monday 9th August to Friday 13th August	5-13	9:00am to 3:30pm	£22 per day
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Monday 16th August to Friday 20th August	5-13	9:00am to 3:30pm	£22 per day
Goals Abbeyfield School, Mereway, N'pton, NN4 8BT (on astroturf)	Monday 23rd August to Friday 27th August	5-13	9:00am to 3:30pm	£22 per day

FOOTBALL COACHING FOR PLAYERS WITH DOWN'S SYNDROME



Every Sunday 9.30am – 10.30am

Goals Soccer Centre, Mereway, Northampton, NN4 8BT

A fun-focused introduction to football for players of all abilities

Aged 14 and under

Players should wear suitable footwear (trainers) and bring a cold drink

For further information, please contact **Christian Smith**

On 07971 138768 or email christian.smith@northantsfa.com

Delivered by Northampton Town FC Community Trust





Delapré
Abbey

Delapre Abbey – Summer activities

We're busy readying our fun summer programme to share with you all.

This summertime, there's lots to captivate curious young minds as Delapré Abbey comes alive with activity.

With free entry for children and 900 years of exciting history to explore, the Abbey will be open for admission alongside our exciting events.

As this year's events are selling quicker than ever, we recommend keeping an eye out to secure tickets, so watch this space! [Delapre Abbey Events webpage](#)

Northampton Wellbeing Walks

Northampton Wellbeing Walks

Free, volunteer led Wellbeing Walks

Northampton Wellbeing Walks Scheme

Wellbeing Walks are **FREE**
volunteer led walks, running
right across Northampton.

A great chance to meet new
people, enjoy the fresh air and
explore Northampton's parks
and open spaces

For more information contact the Health
and Wellbeing Development Team on
01604 838333 or visit
www.trilogyleisure.co.uk



Visit [Trilogy Leisure Healthwalks](#) for more information and a full timetable



Free2talk summer activities

Free to Talk will have a whole summer programme coming up but don't forget that the youth club sessions continue all summer long as well.

The poster features a central graphic with the text 'Summer Youth club 2021' in large, bold, black letters on a yellow background. The background is decorated with colorful illustrations of summer items like watermelon slices, ice cream cones, and a beach ball. Below this graphic are six teal-colored boxes, each representing a week of activities. Each box lists dates, locations, and times for four sessions, along with a stylized week label.

Summer Youth club 2021

Week	Day	Location	Time
Week One!	19/7	Blackthorn	2pm-4pm
	20/7	Semilong	2pm-4pm
	21/07	Kingsheath	2pm-4pm
	22/07	Bellinge	2pm-4pm
Week Two!	26/7	Blackthorn	2pm-4pm
	27/7	Semilong	2pm-4pm
	28/7	Kingsheath	2pm-4pm
	29/7	Bellinge	2pm-4pm
Week Three!	2/8	Blackthorn	2pm-4pm
	3/8	Semilong	2pm-4pm
	4/8	Kingsheath	2pm-4pm
	5/8	Bellinge	2pm-4pm
Week Four!	9/8	Blackthorn	2pm-4pm
	10/8	Semilong	2pm-4pm
	11/8	Kingsheath	2pm-4pm
	12/8	Bellinge	2pm-4pm
Week Five!	16/8	Blackthorn	2pm-4pm
	17/8	Semilong	2pm-4pm
	18/8	Kingsheath	2pm-4pm
	19/8	Bellinge	2pm-4pm
Week Six!	23/8	Blackthorn	2pm-4pm
	24/8	Semilong	2pm-4pm
	25/8	Kingsheath	2pm-4pm
	26/8	Bellinge	2pm-4pm



Welcome to our Learning Jungle
for 4-11 year olds at Busby
Meadows Moulton,
Northampton!

For More Information:
Tel: 07936344358
Email: enquiries@free2talkcic.org
www.free2talkcic.org/forrest-schools

£15 half day; £30 per day including snacks.
Packed lunch required for those staying all day.

Registered Charitable CIC: 006620305



9-12:30 (morning session)
12:30-4pm (afternoon session)

Tue 27 July
Wed 28 Jul
Tue 3 Aug
Thurs 5 Aug
Tue 10 Aug
Thurs 12 Aug
Tue 17 Aug
Thurs 19 Aug

£15 half day; £30 per day including snacks.
Packed lunch required for those staying all day.

Registered Charitable CIC: 006620305



RECTORY FARM

GET REAL- MUSIC AND ART SUMMER SESSIONS

AGE 8+

free2talk



GET CREATIVE THIS SUMMER
visit free2talkcic.org/booking

21/07 10am-1pm- Music
28/07 10am-1pm- Music
4/08 10am-1pm- Art
11/08 10am-1pm- Art
18/08 10-1pm- Music
25/08 10am-1pm- Art

Rectory Farm Community Centre
Olden Road
NN2 5DD

for more information contact us on
enquiries@free2talkcic.org

Community Spaces Northampton are providing a programme of summer activities for young people living in the Rectory Farm area, in partnership with Free 2 Talk and Rectory Farm Residents Association.

The activities on offer vary each week, covering music and art creation, and will be held every Wednesday from 10am-1pm. To find out more please visit [Rectory Farm Community Centre](#). Lunch will also be provided each day by Community Spaces Northampton.

The programme of activity can be found below. The sessions, designed specifically for young people, include creating clay sculptures and canvas artwork with an established artist specialising in Street Art, and learning about music creation and production from a professional DJ and Sound Producer.

The summer activity programme has been funded by the previous Northampton Borough Council Small Grants Fund. More details about Free 2 Talk and the youth activities on offer can be found by visiting [Get Real Youth Music](#).

Homelessness Crisis Café

A poster for the Homelessness Crisis Café. The background is light blue. At the top right is the NHS logo, followed by 'Northamptonshire Healthcare' and 'NHS Foundation Trust'. The main title 'HOMELESSNESS CRISIS CAFE' is in large, bold, maroon letters. To the right is a maroon circle containing a white dove icon and the text 'hopecentre'. Below the title is a large circular image of a hand holding a white mug of coffee, with a maroon knitted sleeve. On the left, there are three paragraphs of text. At the bottom left is a phone icon and the number '01604 214300'. At the bottom is a maroon banner with the 'hopecentre' logo and the text 'EVERY THURSDAY 3 - 8 THE SUPPORT HUB - OASIS HOUSE'.

NHS

Northamptonshire Healthcare
NHS Foundation Trust

HOMELESSNESS CRISIS CAFE



If you need support with your mental health or your drug and alcohol use, Hope will listen and help you.

Whether you're in immediate crisis or need to access support to manage your substance use or mental health, our cafe's have professionals who are here for you.

There's no need to call, just drop in to a safe place with hope and comfort to find your pathway to recovery.

 01604
214300


hopecentre

EVERY THURSDAY 3 - 8
THE SUPPORT HUB - OASIS HOUSE

Community Courtyard

YOUTH WORK

wednesday 3-4 CRAFTAFTERNOON ALL THE ARTS & CRAFTS WITH SOPHIA
3-4 YARD CAMP FITNESS, HEALTH & GYM WITH LUKE
4-6 GIRLS DROP IN GIRLS GROUP WITH BETH
6-9 OPEN YOUTH GROUP GAMING, POOL, MUSIC WITH BIANCA

thursday 3-4 CRAFTAFTERNOON ALL THE ARTS & CRAFTS WITH SOPHIA
3-4 YARD CAMP FITNESS, HEALTH & GYM WITH LUKE
4-6 BOYS + DROP IN BOYS GROUP WITH NIGEL
6-9 OPEN YOUTH GROUP GAMING, POOL, MUSIC WITH BIANCA

friday 3-4 CRAFTAFTERNOON ALL THE ARTS & CRAFTS WITH SOPHIA
3-4 YARD CAMP FITNESS, HEALTH & GYM WITH LUKE
4-6 LGBTQI + DROP IN A SAFE SPACE TO RELAX
6-9 OPEN YOUTH GROUP GAMING, POOL, MUSIC WITH BIANCA

online MONDAY TO FRIDAY ONLINE WITH STEVOTHEOUTLAW
WWW.TWITCHTV.THEYARDCCY

THE YARD
62 GOLD STREET
NORTHAMPTON
NN1 1RS
01604639545
07925730772
THEYARD@COMMUNITYCOURTYARD.ORG
WWW.COMMUNITYCOURTYARD.ORG

FOLLOW ON SOCIAL MEDIA @THEYARDCCY



THE YARD
62 GOLD STREET
NORTHAMPTON
NN1 1RS
01604639545
07925730772
THEYARD@COMMUNITYCOURTYARD.ORG
WWW.COMMUNITYCOURTYARD.ORG

COMMUNITY



COURT YARD

[listen, learn & (develop) + (e)xplore, play & laugh]
[grow, cook & (e)at + (create) make & work]

make, do & mend

MONDAY
TIME: 10:30 - 12:30
AT THE YARD



BRING ALONG ANY CLOTHES YOU'D LIKE TO MEND, ALTER OR EVEN UP-CYCLE AND JOIN US FOR A CUPPA AND SOME CREATIVE MENDING.

story time

MONDAY
TIME: 19:00 - 20:30
ZOOM ID: 859 2509 5313
PASSWORD: 658220

PUT YOUR FEET UP IN YOUR OWN HOME AND JOIN US IN OUR WEEKLY ONLINE STORY TIME SESSION. WHERE WE READ SOME OF YOUR FAVOURITE BOOKS.

tea & toast

TUESDAY, WEDNESDAY, THURSDAY FRIDAY
TIME: 10:30 - 12:30
AT THE YARD

COME ALONG AND SHARE A CUPPA, HAVE A NATTER ABOUT ANYTHING AND EVERYTHING. AS WELL AS BREAKFAST, THERE ARE PEOPLE ABOUT TO GIVE A HELPING HAND ON THE ISSUES THAT MATTER TO YOU.

HOUSING, MONEY, MENTAL HEALTH & PARENTING PLUS MUCH MORE

rewind unwind

LAST TUESDAY OF THE MONTH
TIME: 18:30 - 20:30
AT THE YARD

COME TOGETHER TO "REWIND" AND SHARE WHAT YOU BEEN DOING IN A SPACE WHERE YOU CAN "UNWIND" COLLABORATE, AMPLIFY THE IMPACT OF YOUR WORK AND IDEAS.



Every Wednesday 1pm - 4pm
At St Francis Church



• dustonandupstonparish.org.uk • office@dustonandupstonparish.org.uk • facebook.com/dustonparish

Duston Wellbeing Café

The Wellbeing Cafe, Duston IS BACK! With a temporary new location.....!

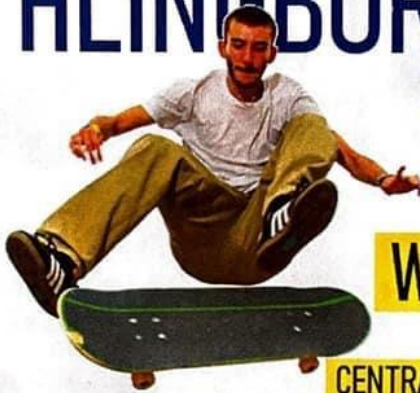
We are meeting at the Ryeland Rd entrance to Errington Park on Wednesdays from 12noon to 2pm. Please bring your lunch and a chair. If it's hot, an umbrella might help to give you some shade and if it's not a warm day, don't be afraid to bring a blanket. We are hoping to start back properly in St Francis Church in August - but that depends on Covid rules. Come and join us. We look forward to seeing you all. For further details please ring the Rectory on 752591 or Sandie on 467780

EAST NORTHANTS

Skate Jam Irthlingborough

WE ARE LOOKING FOR THE NEXT OLYMPIC CHAMPIONS...

TALENT PATHWAY IRTHLINGBOROUGH SKATE JAM



WED 4 AUG

9AM TO 3PM

CENTRAL REC SKATEPARK

(NN9 5TS)

Irthlingborough
Town Council

TEAM
RUBICON

TECH
DECK

Enuff
SKATEBOARDS

WITH SKATEBOARDING'S INCLUSION IN THE OLYMPICS - JOIN US FOR SOME COACHING IN THE MORNING AND A CHANCE TO SHOWCASE YOUR SKILLS AT A FUN COMPETITION WITH PRIZES IN THE AFTERNOON. OPEN TO ALL AGES AND ABILITIES

360 SEN Evenings



360 SEN Evenings

Does a child in your care have special needs?
Join in our exclusive fun evenings to meet new people and make new friends

2021 EVENTS
6.30pm - 8.30pm
First Friday of each month

BOOK ONLINE

- July 2nd
- August 6th
- September 3rd
- October 1st
- November 5th
- December 3rd

£6 per child, adults free

Our special needs evenings are aimed at local families with children and adults with special needs. Brothers, sisters and friends are all welcome to join in the fun after hours with the freedom and comfort of knowing that the time is suited to them.

 Follow us on Facebook

360play.co.uk

BOOK ONLINE

Ringstead Youth Project

We are returning for 3 sessions outdoors, Tuesday 13th July – team games, Tuesday 27th July – craft evening, Tuesday 10th August celebrating 8 years of the Ringstead Youth Project. For all young people aged 9 years- 18 years. Please email michelleshaw5@gmail.com for a consent form and more details. All sessions will be from 6.30-7.30pm.

Oundle Town FC – Girls and Ladies



OUNDLE TOWN FC
GIRLS AND LADIES

**RECRUITING PLAYERS
AGED 15 TO 17
TO JOIN OUR NEW U18s GIRLS TEAM**

FITNESS FRIENDSHIP TEAMWORK RESPECT

**STARTING
29TH JUNE**

BEGINNERS & EXPERIENCED PLAYERS WELCOME
Come along and meet our experienced Ladies FA coaches

TUESDAY
6:00pm until 7:00pm

Oundle Town FC
Station Road, Oundle

**FIRST
SESSION
FREE**

To register your interest and find out more please email us on:
ladies@oundletownfc.co.uk

WELLINGBOROUGH

Out there LGBTQ+ Youth club



NEW - Coming to Wellingborough
Start 30th June 2021

Service Six
Changing Lives · Creating Futures

Calling all LGBTQ+ Young People up to 18 years old

Join our safe, friendly and confidential space to be yourself, explore your identity and connect with like-minded Young People.

- L** Lesbian
- G** Gay
- B** Bisexual
- T** Transgender
- Q** Questioning
- +** or Other

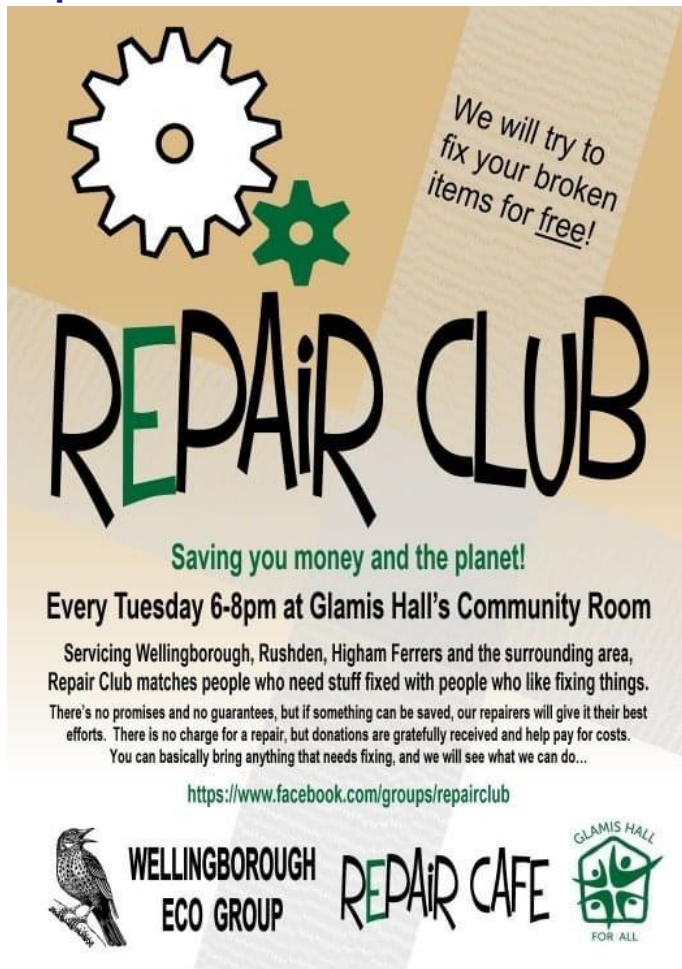


**OUT THERE
YOUTH**
Wellingborough
LGBTQ Group

To find out about current times and location, please contact
Tony E: tony.butcher@servicesix.co.uk M: 07483 140566 or
Pep E: pep.finn-scinaldi@servicesix.co.uk M: 07813 366222



Repair Club – Glamis Hall



We will try to fix your broken items for free!


REPAIR CLUB

Saving you money and the planet!


Every Tuesday 6-8pm at Glamis Hall's Community Room

Servicing Wellingborough, Rushden, Higham Ferrers and the surrounding area, Repair Club matches people who need stuff fixed with people who like fixing things. There's no promises and no guarantees, but if something can be saved, our repairers will give it their best efforts. There is no charge for a repair, but donations are gratefully received and help pay for costs. You can basically bring anything that needs fixing, and we will see what we can do...


<https://www.facebook.com/groups/repairclub>



WELLINGBOROUGH
ECO GROUP



REPAIR CAFE



GLAMIS HALL
FOR ALL

LullaBaby – Baby Foundation Course - Earls Barton



Baby Foundation Course (Birth - 5 months)

5 week course

- * Baby massage
- * Baby yoga
- * Tummy time
- * Baby signing
- * Sensory fun
- * Paediatric First Aid
- * Adult well being



Earls Barton Library

Starting Monday July 12th 10.45- 11.45

BOOKING NOW at lullababy@co.uk/northampton

Football Club – Glamis Hall

Goldsmith Road
Wellingborough
NN8 3RU

GLAMIS HALL
FOR ALL

**OPEN TO
7-16YRS**

NEW TIMES

**THURSDAYS
5PM
-
6PM**

**£2
TO ENTER**

**GAMES
TRAINING**

**OUR
LEADERS
ARE ALL
FA
AWARDED
COACHES**

**GLAMIS HALL
FOOTBALL CLUB**

PART OF GLAMIS HALL FOR ALL
Registered Charity Number 1160317

Join us every week at the
GLAMIS HALL FOOTBALL CLUB.
Our weekly sessions ARE BACK and operate during term time. We are a safe and fun place to come and play football with people your own age. Join us to learn new skills and techniques to use during a game! We have plenty of games for everyone to play to improve their football skills and develop their own personal goals throughout our sessions. With current conditions and restrictions ALL sessions will take place outside on the field.

For more information or to join us
please call 01933 677326
or email glj@glamishall.org.uk

NOW OPEN

SUPPORTED BY
**LASERMAZE
WELLINGBOROUGH**

SAFETY MEASURES IN PLACE TO STAY SAFE

Coffee and chat – Wellingborough Mind



Coffee and Chat Morning

Starting Monday 21st June | 10am – 11am every Monday.

Wellingborough Mind (Café area),

14 Havelock St, Wellingborough NN8 4QA

There will be limited numbers and clients will have to complete a booking form.

Contact:
courses@northamptonshiremind.org.uk
to register your interest

 mind
Northamptonshire



Anxiety Management Course

The aim of the course is to give you an overview of anxiety and how this affects our mind and bodies. We also look to introduce you to ways of managing your anxiety and improving your well-being.

The course is suitable for anyone who feels anxious and is looking for support to help tackle this. This course involves group discussion, handouts and informal sharing of personal experiences if you are comfortable with this.

Contact us!

e: courses@northamptonshiremind.org.uk
t: 01933 223591

When?

Starts Wednesday 7th July 2021

Ends 28th July 2021

(4 weekly sessions)

10am – 12pm

Where?

Wellingborough Mind

14 Havelock St,
Wellingborough
NN8 4QA



mind
Northamptonshire

northamptonshiremind.org.uk
Charity no. 1033000

KETTERING

Food Provision in Kettering



Kettering Food
Outlets Virus Updat

The Music Barn Festival



The Music Barn Festival is an independent music festival based in sunny Northamptonshire. It was set up with the intention of raising money for a local charities.

The festival features a wide variety of music and activities, featuring some established acts and unsigned bands, from a broad spectrum of musical genres. At the event you can listen to a rock band or an up and coming folk band, an old skool hip hop DJ or join us in the Steelyard for some upfront house music. You can be as busy or as chilled as you want to be.

Minimum age: 18 and for ticket prices please visit [Music barn](#)

CORBY



Fermyn Woods With the Strong Start Team

Event Details

Day: Wednesday

Time: 10.00-11.00am

Session One Date: Wednesday 7th July

Session Two Date: Wednesday 14th July

To book please visit [Strong Start Eventbrite](#)

These two sessions are designed to show the features of your local country park and the facilities available for families with young children.

The sessions are designed to promote the health benefits for you and your children of using local green spaces and will give you the opportunity to meet and safely socialise with other parents. During the sessions you will also be able to talk on a 1:1 basis with our qualified Early Years professionals about development and wellbeing topics, ask questions and share any concerns or worries you have about your child or your own wellbeing.

For information regarding the facilities available at the park please visit the country parks website [Northamptonshire parks](#)

All attendees will be contacted by phone prior to each session to check that no one in the household has COVID-19 symptoms or has tested positive for COVID-19 in the last 10 days.

Do I need to pay for Car Parking at the park?

Yes, the cost to park at each of the country parks is £3.20 for up to 4 hours. You are welcome to spend time in the park directly before or after our session in order to make the most of your car parking time

Will the session still run if it's raining?

We are planning to hold the session regardless of the weather so please ensure you and your children are dressed appropriately for the weather: sensible shoes, waterproof coats, sun cream and sun hats etc. In the event of extreme weather where it would be dangerous to hold the session we will contact all families ahead of time to let them know the session is cancelled.

Summer Youth Music Project

We're looking for young people aged 12-17 in Corby to take part in a new music project this summer

We want YOU to help shape the workshops by deciding which musicians you work with and what you want to create during the workshops. No experience needed, just come along and have fun!

Where: West Glebe Pavilion, Corby NN17 1SZ [link to map]

When: Tuesdays and Wednesdays from 6pm – 8pm

Starting 20th July, running every week until 7th Sept 2021.

Cost: FREE to attend!

Who is it for: Young people age 12 – 17 living in the borough of Corby

Please fill out this Google Form below to register an interest in the project – if you are under 13 years old your parent or guardian will have to do this for you as we cannot collect data from under 13s without parental consent.

Register here: bit.ly/SMcorby

Please contact info@madewithmany.org if you have any enquiries about this project.

SHACK – Sexual Health Advice Corby Kettering



UNDER 24'S DROP-IN

SHACK

SEXUAL HEALTH ADVICE CORBY KETTERING
01536 518339

TUESDAYS 5-7PM:
CORBY MIND, 8 ARGYLL STREET, CORBY NN17 1RU

SATURDAYS 11AM-1PM:
KEYSTONE, 97 ROCKINGHAM ROAD, KETTERING NN16 9HX

YOUTH WORKS
COUNSELLING & SUPPORT SERVICES

Customer Service Apprenticeship x 3 – BSH Corby

We are the Training Provider supporting BSH Home Appliances to recruit apprentices for their site in Corby. BSH Home Appliances manufacture products for Bosch, Siemens, Neff and Gaggenau.

Customer Service

Recruiting Customer Service Apprentices, for full job details and how to apply please visit [Customer Service Apprentice x 3 - BSH, Corby](#)

- Full and comprehensive training provided in-house learning from experienced colleagues, and study of the Level 2 Customer Services Practitioner Standard, equivalent to GCSE level.
- The apprentices will be supported and guided throughout the duration of the apprenticeship by a Learning & Development Officer from NNC.
- The apprentices will work as part of a team developing excellent communications skills and gain understanding of the policies and procedures of BSH. Customer service background is preferred but not essential. The apprentice should be computer literate, have an enthusiastic and positive approach and a willingness to learn new skills. It is anticipated after completion of the apprenticeship there will be a permanent job and salary.

Apprentice Weekly Pay: £200

Close date: 11.07.21

We would be grateful if you would pass on this information to those who do not have access to email, or indeed if you know of someone who may be interested in an apprenticeship, please consider family & friends.

If you have any questions please ring 01536 535900.

New Walking Group

New walking group

All abilities, pushchairs - everyone is welcome!



LET'S WALK!

Day & time: Tuesdays at 9:30am

Meet: Kingswood Neighbourhood Centre & Café

Cost: Free

Start date: TBC depending on interest

For more information and to register your interest, please contact
Sarah.Harvey@northamptonshiresport.org or visit www.facebook.com/kingswoodactive

 Find us @kingswoodactive



Northamptonshire
sport
The Voice For Sport
www.northamptonshiresport.org

Your Locality Connectors are here to help, please get in touch

Communityconnectors@nctrust.co.uk



Richard Poole
Northampton
Richard.poole@nctrust.co.uk
Mobile 07920 361818



Tonya Kingham
Wellingborough and East Northants
Tonya.kingham@nctrust.co.uk
Mobile 07920 361820



Rachel Wheeler
Daventry, South Northants and NN5
Rachel.wheeler@nctrust.co.uk
Mobile 07721 128655



Marcia Sinclair
Kettering and Corby
Marcia.sinclair@nctrust.co.uk
Mobile 07920 361822

What does the Community Connector team do?

We are your link between community services and children's social care at every level. We keep in touch with the community organisations which provide services for families.

For professionals

We keep the Family Information Service up to date. That is the first place to look for support services. However, if you can't find what you are looking for or need something specific ask your Community Connector and we can sign post you to the right place.

For Community Organisations

We can help you to develop your services, find you the right contact within Northamptonshire Childrens Trust and work with you to provide a more integrated service to families.