

STAY CONNECTED

Locality Newsletter

November 2021



Delivering children's early help and social care services across Northamptonshire

This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children and families.

To find news from your local area click the link below.

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[KETTERING](#)

[CORBY](#)

[Disclaimer](#)

COUNTYWIDE

Hope for Families Handling Anger in the Family Course

We still have places available for our upcoming Handling Anger in the Family online course, running on a Wednesday morning from 9:30-11:30am. This popular course starts on 17th November and runs for 4 weeks until 8th December. This is always fully-booked and we want to make sure that as many parents and carers can benefit from this fantastic course!

Here is some feedback from a parent who recently attended this course: *"I was so close to not attending the first session because I wasn't sure if 'anger management' was what I needed. It has been so wonderful to be with other parents who feel the same as me, have the same daily trials and have responded the same as me. I've learned so much from (the facilitators) who have actively listened in a non-judgemental way. Thank you"*

HANDLING ANGER IN THE FAMILY

This 4 session course focuses on how you and your child can understand and manage anger in a safe and healthy way.

Date and time: Wednesday mornings 9:30-11:30am, 17th November - 8th December

Cost: £10 per household including accompanying parent handbook (RRP. £9.99), additional resources and goodies. Bursary places are available for parents who qualify (providing a 50% discount on registration).

To book please visit [Eventbrite Handling Anger in the Family](#)

To view a poster about the event please open the document below



Handling Anger in the Family Poster.pdf

For more information on all of the courses run by Hope for Families please visit [Hope For Families](#)

Send Support Service



North Northamptonshire Council
& West Northamptonshire Council

SEND Support Service (SSS)

**Autism and Food
Online Course**

**Tue 9 and Tue 16 Nov 2021
(10am-11.30am)**

Free online course for parents/carers of children aged 5-19 years with autism/ASD (or related social interaction and communication difficulties) who live in Northamptonshire. Delivered via Zoom.



Book early for the SSS online course on autism and food by visiting [Autism and Food Online Course](#)

Other workshops are available such as Anger and Emotions, toileting workshop, anxiety, puberty. For more information and to book on a course please visit [Courses for parents and carers - Special educational needs and disability \(SEND\) support \(northamptonshire.gov.uk\)](#) If you are interested in attending one of our virtual courses or workshops and there are no dates showing or bookings have closed on Eventbrite please email us at SSS.NCC@westnorthants.gov.uk with the name of the course or workshop and your contact details. We will then add you to the waiting list and contact you with details of the next available sessions.

All courses and workshops will be arranged subject to demand, if there are insufficient numbers to make any course viable, the event may be cancelled, and you will be informed in advance of the start date.

Baby and Me programmes

Booking is now live for our Baby and Me programmes. The programmes are for four weeks commencing in the weeks of 1st and 8th November, each session lasts for one hour in November. A free programme of 4 weekly sessions for parents with babies up to 6 months old.

These programme will cover topics including infant feeding, growth and development, physical and social development, home learning environment, interaction, oral hygiene, parental mental health, safe sleep, minor illness and accident prevention, speech, language and communication development, returning to work.

Venues

West Northamptonshire

Far Cotton [Far Cotton Baby and Me](#)

Blackthorn [Blackthorn Baby and Me](#)

Kingsthorpe [Kingsthorpe Baby and Me](#)

North Northamptonshire

Higham Ferrers/ Henry Chichele: [Higham Ferrers Baby and Me](#)

Rushden/ Newton Road: [Rushden Baby and Me](#)

Irthlingborough [Irthlingborough Baby and Me](#)

Burton Latimer [Burton Latimer Baby and Me](#)

Northamptonshire Sport Consultation

Northamptonshire Sport are undertaking a piece of work alongside local partners to understand the want and needs of 14-24 year olds across the Kingswood/ Hazel Leys areas of Corby, Queensway areas of Wellingborough around sport and physical activity.

As such we are reaching out to you to help us reach the target people we would like to engage with and hopefully complete the consultation.

The findings of the consultation will allow us to work alongside the local communities to develop great sport and physical activity offers on the doorsteps within the local area.

Attached is a copy of the consultation document which ideally we would like completing online by 14-24 year olds. Please see below or scan the QR code on the flyer.



Aged 14-24?

Do you live in any of these areas?

- Corby Hazels Leys
- Corby Kingswood Estate
- Wellingborough Queensway.

We want to help support the creation and delivery of Sport and Physical Activities alongside the local communities.

To help shape your future and have your say visit the link below or scan the QR Code.

www.northamptonshiresport.org/doorstepsport



www.northamptonshiresport.org





Northamptonshire

Care and Repair

We are an independent charitable home improvement agency established in 1987. We cover the whole county of Northamptonshire and carry out a comprehensive range of practical support works in the home for vulnerable householders/families regardless of tenure of property and age of client.

We employ our own skilled technicians and have our own workshop facilities, which enables us to make and offer bespoke specialist solutions

As well as 'private works' we carry out works on behalf of referring agencies including Hospital Discharge Teams, the Police, local authorities and housing associations.

Works are either paid for by the client, by partners or through one of our funded Schemes (see below)

Summary of types of work carried out:

- Electrics, carpentry, plumbing repairs and improvements
- Falls prevention, minor adaptations, half steps
- Disability adaptations including bathroom conversions and ramps
- Home warmth and heating improvements Inc. gas safety
- Home security improvements doors, windows, lighting, gating
- Home safety improvements
- Fencing works
- Works to support hospital discharge
- Larger refurbishment works

Funded Schemes:

We currently are operating the following funded schemes (subject to client eligibility and funding availability at the time):

- **HARDSHIP:** To fund the cost of small essential works and repairs in the home including plumbing, electrics, security, lighting, for those on low income/benefits with limited savings
- **GAS SAFETY:** To fund the cost of gas safety checks, servicing, repairs for those on low income or disabled/long term health conditions/other vulnerable
- **NESS:** Home assessment and comprehensive range of home warmth improvements to address cold and draughts and improve heating.
- **REPLACEMENT GAS BOILER SCHEME:** We can refer those with non-working boilers who may be eligible due to low income/vulnerability or relevant benefits
- **HOME SAFE (South Northants District only):** Comprehensive home repairs and improvements project covering a wide range of works

For more information on any of these schemes please have a look at our posters or visit the Care and Repair Facebook page [Care & Repair Northamptonshire | Facebook](#) You can contact us via email on office@careandrepairnorthamptonshire.org.uk or telephone 01604 782250



Gas Safety Poster
2021.pdf



General Hardship
Poster.pdf



West
Northamptonshire Home Energy Assess



NESS A4 poster



Parent Carer Support Group

For parents who care for a child with additional needs or disabilities. Every Thursday 1-2pm via zoom. For more information and for the zoom link please contact 01933 677907 or email parentcarerssupport@northamptonshire-carers.org



NORTHAMPTONSHIRE CARERS

Are you a Parent Carer, caring for any children
under the age of 18?

If so, we'd like to invite you to our virtual Coffee and Chat on Zoom.

They're a chance to 'meet' and talk with other Parent Carers
and a member of Northamptonshire Carers' Parent Carer support team.

Thursdays 1-2pm

Further details on how to be involved from:

01933 677907 option 1

or email:

Parentcarersupport@northamptonshire-carers.org



**CONTACT NORTHAMPTONSHIRE
CARERS**



carers@northamptonshire-carers.org



01933 677 907

Northamptonshire Carers registered charity supporting Carers countywide Charity No. 1061417

SEN Conference - Positive mental health and neurodiversity

Virtual Special Educational Needs Conference

Supporting you and your child:
Positive mental health and neurodiversity

Tuesday 23rd November 2021
Presentations from 10.30am onwards

Sign up for a series of live webinars taking place throughout the day.



To register for your free place visit www.witherslackgroup.co.uk/conf-nov21



Reducing Loneliness E-learning course

The aim of this course is to raise awareness of how to recognise loneliness and reduce the shared impact of social isolation.

Students will gain a better understanding of strategies that may help, awareness of increasing personal connections and the opportunities available in the community.

Through increased awareness of self-reflection and where areas of improvement are needed, the intention is that students feel empowered to take positive steps towards reducing loneliness.

This is an e-learning course that can be accessed via the internet at your own leisure.

If you are interested and would like to gain access to the course, please email recovery.college@nhft.nhs.uk and we will send you the access details.



KidsAid is a local charity supporting children and young people aged 3-18 years across Northamptonshire and surrounding areas who have experienced trauma.

We provide therapeutic support to young people struggling with family breakdown, attachment, illness, and bereavement through to anxiety, bullying and behavioural difficulties, as well as domestic violence, neglect, and abuse.

Our aim is to provide early intervention in the form of creative therapies to support children and young people to lead healthier, happier and more fulfilling lives and to ensure early years' trauma does not manifest in later life, causing more serious problems in the future.

For further information please visit [KidsAid | Children's Charity Northampton](#) or see the document below



KidsAid Article.docx



Prince's Trust

**START
SOMETHING**

Princes Trust

We have a unique opportunity for young people to transform their passion into valuable industry experience through expert support. Enemy of Boredom, in collaboration with the Prince's Trust, is running a week-long crash course in Game design.

This is a great opportunity for young people to develop marketable skills in an area which interests them.

After this course, the participants will be given employability support and the option of undertaking more extensive courses with the Trust.

Dates:

- Taster Day: 23rd Nov
- Course dates: 29th Nov – 3rd Dec

Location:

- Online

Applicants must

- Be aged 17-25
- Own a laptop/computer
- Be happy to make a discord account
- Live in the East of England (Beds, Northants, Hertfordshire, Norfolk, Suffolk, Essex, Cambs, Bucks)
- Not currently be in full time employment/training/education

Please open the document below for more details



Princes Trust Game
Design Nov.pdf



**wildlife
watch**

Wildlife Watch Young People's Forum

Fight Climate Chaos and Biodiversity Crisis

BIG NEWS! [The Wildlife Trust for Beds, Cambs & Northants](#) are setting up a Young People's Forum to help the trust work better for young people. **Get involved and make a difference for wildlife.**

Aged 11-24? Concerned about climate change, biodiversity loss, and local wildlife? Interested in supporting other young people to take action? Have you been inspired by young activists like Greta Thunberg and want to play your part locally in the fight for our planet?

The Wildlife Trust for Bedfordshire, Cambridgeshire, and Northamptonshire is looking for passionate volunteers just like you to join our Young People's Forum. The Forum is a new project to help the Trust work better for young people. To find out how to get involved visit this page of the website.

[Young People's Forum | Wildlife Trust for Beds, Cambs & Northants \(wildlifebcn.org\)](http://wildlifebcn.org)



In light of COVID jobs being offered in school, we feel our course Anxiety – 5 Simple Coping Strategies could help manage any anxieties parents or pupils may feel.

This mini-course has been developed to share with you 5 very simple strategies that can be used by adults or children to help them to manage the day to day feelings of anxiety. These strategies will not change the underlying issues, but they can help us to get through each day without feeling completely overwhelmed. For more information please visit [Anxiety - 5 Simple Coping Strategies - Creative Education](#)

Alumina Self Harm course

Alumina is a free, online 7 week course for young people struggling with self-harm.

Are you.....

14-19 years old?

Living in the UK?

Someone who self-harms or worries they might?

Looking for support but not wanting to do it face to face?

Wanting to move to a life free from Self harm?

Alumina could be a helpful step forward. If you sign up, we'll begin a conversation over email to work out if it might be a good fit – and you can ask any questions you may have. To find and more and to book please visit [Self-Harm Support](#)



NDAS – Domestic Abuse support

NDAS are introducing new courses for January 2022. Please see documents below for full information.



Groupwork for
Children and Parent



Outreach leaflet
April 21.pdf

Group work for Children and Parents who have experienced Domestic Abuse

Referrals needed for:

Freedom for Children - for Primary children aged 5 – 11 who have seen male violence at home. Aim is for children to be able to name abusive and non-abusive behaviours and identify the differences between the two types of behaviours. This group runs for 1 hour and 30 minutes per week for 8 weeks.

Escape the Trap – Aimed at young people aged 12 – 16 to identify and protect themselves from teenage relationship abuse. This group runs for 1 hour and 30 minutes per week for 8 weeks.

Who's in Charge – Aimed at Parents whose children are being abusive or violent to them or appear out of parental control. This group runs for 2 hrs and 30 minutes over 9 weeks and follow up after 2 months.

For further information email: info@ndas-org.co.uk telephone: 0300 012 0154

SOUTH NORTHANTS AND DAVENTRY



TowFood Community Larders

Helping reduce your food bill

Would you like to make your weekly food budget go further? A weekly shop, such as those in the images, costs as little as £4 at our community larders in Towcester and Roade.



Our community larders operate a membership programme that provides access to surplus groceries (store cupboard and refrigerated items, fruit and vegetables) at heavily discounted rates. The food we rescue is saved from landfill and helps stop food waste. The larders are run by volunteers who are committed to getting affordable food to our communities and are open to everyone.

Why not come along, meet the team and find out more about how to make your money go further?

The larders are open as follows:

Roade Community Larder Mondays 1.30-2.30pm

Roade Village Hall, Bailey Brooks Lane, Roade, Northampton NN7 2LS

Towcester Community Larder Thursdays from 10-11.00am

Towcester Town Football Supporters Club, 19 Islington Road, Towcester, NN12 6AU

For more information please visit Towfood

Email us at team@towfood.org.uk

Or follow us on Facebook by visiting [TowFood Roade](#) and/or [Towcester Community Larder](#)

YOUTH Inspired

Youth clubs

Hartwell Youth Club - Mondays – Term time only – 4:30pm at Hartwell Community Centre. Subs are £1. This is for year 5+. This youth club is led by our senior youth worker Lizzie; we also have Sam at this club. This youth club is mainly outdoors and very sports based, although we do quizzes, crafts and more.

Litchborough Youth Club - Tuesdays – Second Tuesday of the month, all year round – 7pm at Litchborough Village Hall. This is a free club and for ages 10+. This youth club offers lots of activities including cooking and baking. The LIC is Lizzie.

Duston Yr 6 Youth Club - Wednesdays – Term time only, 5pm at St Luke's Centre, Duston. Subs are £1. This is our specialised year 6 club and is open to all year 6s in Northamptonshire, it is set up to prepare them for secondary school whilst giving them somewhere fun and safe to unwind. They do lots of games, baking, gardening and so much more.

Duston Youth Club - Wednesdays – Term time only – youth club for years 7-11 at St Luke's Centre in Duston. Subs are £1. This session is somewhere for secondary aged pupils to come and relax and see their friends in a safe place. We have activities planned such as creating music, graffiti events and so much more.

Spratton Youth Club - Wednesdays – alternative weeks during term time only. Youth club at Spratton Village Hall for year 5+. Subs are £1. Youth Club starts at 6pm and is run by Emma and Charlotte. At this youth club it's all about fun, they have games to play and prizes to be won, they have chocolate themed evenings.

Kilsby Youth Club - Fridays – This youth club is at Kilsby Village Hall and young people from Northamptonshire and Warwickshire are welcome to join us, we start at 7.15pm and are on alternative weeks during term time.

This club is run by myself and our sports worker and level 3 qualified youth worker Liam. This youth club is for ages 10+. Subs are £1.50. We do activities such as treasure hunts, archery and have themed nights such as a pirates evening. We often use the local park to do activities and we make sure we all learn something new and exciting every session.

All our youth clubs do activities outside of the youth club such as visit The Grow Together Allotment, go on trips to places like The Saints or Northampton Town and we are planning outings such as bowling. Young people aged 16 plus are also welcome to join us as a volunteer and can gain a qualification and will then be able to use us a reference.



TOWCESTER YOUTH COFFEE HOUSE

Towcester Youth Coffee House

YOUTH CLUB

It is every Thursday, 6-7.30pm at The Barn in Towcester (top of the high street behind Lee's cottage and the dry cleaners).

Come and relax with your mates, we've got our downstairs section with games and quizzes and upstairs we've got table tennis!

If you are 11-14 please come and find us.



Musical Theatre and Performing Art Classes

Ash Stage Productions is Daventry's new and exciting Youth Theatre company, offering classes to young people from aged 2-18 years.

We are an independent, family run business and provide quality, affordable training that is accessible to all. Our classes are taught by qualified experienced and passionate teachers who love what they do. ASH is not just a company but a family where everyone matters.

Daventry Classes include –

Theatre Tots for 2-3 years

Early Years Performing Arts for 4-6 years

Junior Musical theatre for 7-10 years

Senior Musical theatre for 11-18 years

For full class time table please view our website by visiting [Ash Stage Productions](http://www.ashstageproductions.co.uk)

You can also book a FREE TRAIL

Brackley Youth Theatre

A promotional poster for Brackley Youth Theatre's Autumn Term classes. The background is a warm, orange-toned image of autumn leaves. The text is centered and uses a mix of white and yellow colors for emphasis. A large, stylized leaf graphic is on the right side, containing the text 'Final Spaces!'. In the bottom left corner, there is a small white box with the Brackley Youth Theatre logo.

BRACKLEY YOUTH THEATRE
AUTUMN TERM
Egerton Hall - Wednesdays
Minis 5-7 yrs - 5.15 (1 hr)
Juniors 8-11yrs - 6.30 (1 hr)
Seniors 12-18 yrs - 7.45-9pm

Final Spaces!

byt.class4kids.co.uk **f BrackleyYouthTheatre**

For more information please visit [Brackley Youth Theatre | Facebook](https://www.facebook.com/BrackleyYouthTheatre)

SNYE Brackley Youth Club

The Youth club has moved to Brackley Leisure Centre where there will be more space for even more young people to come along.



Poster for SNYE Youth Club Brackley. The top half has a black background with white chevrons pointing left. Below the chevrons, the text 'SNYE YOUTH CLUB' is in blue and 'BRACKLEY' is in white. Underneath, it says 'Held at Brackley Leisure Centre' and 'Drop in every FRIDAY'. The 'legacy leisure' logo is in the bottom left of the black section. A circular photo of smiling youth is on the right. The bottom half has a blue background with white text: 'TIME: 7:30PM - 9PM', 'AGE: 11 - 15 YEAR OLDS', 'PRICE: £1', and 'COVID RESPONSIBLE'. Below that, it lists activities: 'Activities include music, craft, games, sport, meeting new friends, chance to talk, plus a tuck shop!'. Social media icons for Facebook, Instagram, and Twitter are on the right.

SNYE YOUTH CLUB
BRACKLEY

Held at Brackley Leisure Centre
Drop in every **FRIDAY**

LEISURE CENTRE
legacy leisure

TIME: 7:30PM - 9PM
AGE: 11 - 15 YEAR OLDS
PRICE: £1

COVID RESPONSIBLE
Activities include music, craft, games, sport,
meeting new friends, chance to talk, plus a
tuck shop!



Brackley
Town
Council



BRACKLEY UNITED FEOFFEE CHARITY

Come along or contact us to find out more:
pennyembden@youth-engagement.co.uk

NORTHAMPTON

Delapre Abbey



Our popular Christmas Fair returns on 27th and 28th November.

There will be something for all ages with Victorian horse and carriage rides, food and drink, a wide variety of stalls, children's activities, and the Abbey in all its festive finery.

For the second year running, we'll be collecting food donations for [Northampton Hope Centre](#) and [Food Aid Far Cotton](#) to help tackle poverty this Christmas.

Entry £1 (under 5s free). Book your timed entry at [Christmas Fair at Delapré Abbey event tickets from TicketSource](#)

Northampton Youth Summit

The Youth led summit, is a chance for young people to say how they want services and activities to develop in their town. There will be two interactive workshops for them to voice their thoughts on – SOCIAL MEDIA / HEALTHY LIVING

Schools are welcome with small group of students accompanied by a member of staff. Staff will have the opportunity to meet service providers and find out what support is available for your students.

For further information about the day please open the document below



NorthamptonYouth
Summit 2021.docx

YOU ARE INVITED

YOUTH CONFERENCE

FOR 13-21 YEAR OLDS

LED BY YOUNG PEOPLE,
FOR YOUNG PEOPLE


Friday 12th November 2021
10am - 2:30pm
@the Guildhall

Each school can bring 5-10 young people to take part in workshops, radio clubs, interviews, Q&A sessions and find out more about services available for young people.

To book your spaces contact: zoerobinson@nayc.org 07432 612479 or danielle.stone@westnorthants.gov.uk 07500 930903

free2talk | West Northamptonshire Council | Youth Group | nayc | the lowdown supporting young people

Everyday English



CONVERSATION CAFE

EVERYDAY ENGLISH

SATURDAY 11 AM - 1PM
TUESDAY 7PM - 8PM
AT THE YARD
62 GOLD STREET

COME AND MEET WITH PEOPLE FROM DIFFERENT CULTURES WHO SPEAK DIFFERENT LANGUAGES

IMPROVE YOUR ENGLISH OVER A CUP OF TEA OR COFFEE

WWW.EVERYDAYENGLISH.ORG.UK

NNLEARNENGLISH →

St Luke's Christmas Fair



Join us for
CHRISTMAS
at St Luke's

Saturday November 20th
11am - 4pm
St Luke's Centre, Main Road, NN5 6JB

Local Makers ★ Craft Activities
★ Gift & Food Stalls ★
★ Festive Music ★ Free Entry

Contact us for more info or to book a stall
T: 01604 583626 | E: events@duston-pc.gov.uk
or visit our website www.duston-pc.gov.uk

 DUSTON PARISH COUNCIL

 Duston PC  @duston_pc

Happier Families Drop In



ACTION FOR HAPPINESS

Happier Families DROP IN

for parents and carers of
5-16 year olds

Starts
Monday 4th October

- Support
- Tips
- Learn skills
- Boost wellbeing
- Improve relationships

**Every Monday
1-3pm @ the lowdown**

Support can be given face-to-face or remotely
via video call or phone.

Drop-in or call 01604 634385 to book an appointment.

Weekly drop in sessions for parents and carers to offload, explore strategies to improve relationships with their children and spend time with people in a similar situation.

the lowdown, 3 Kingswell Street, Northampton NN1 1PP
www.thelowdown.info

the lowdown     ACTION FOR HAPPINESS

This is a drop in support service for parents/carers of children aged from 5-16 years. It is on every Monday from 1-3pm at the Lowdown, 3 Kingswell St, Northampton NN1 1PP.

Support can be given face to face or remotely via video call or phone. To book an appointment call 01604 634385.

For details of this and all the services that the Lowdown offer please visit [THE LOWDOWN](http://www.thelowdown.info)

Duston Remembers

Duston Remembers

28th October - 14th November 2021

Please join us:


- Poppy Cascade on St Luke's bank
- Laying of wreaths at the War Memorial, Main Rd
- Dedicate a poppy
- Remembrance Services Sunday 14th November:
St Luke's Church 10am
DURC 10.30am

Full details on our website



www.duston-pc.gov.uk/duston-remembers

 Duston PC  events@duston-pc.gov.uk

 01604 583626



The Big Christmas Dog Walk

NORTHAMPTONSHIRES BIGGEST EVER DOG WALK

THE BIG CHRISTMAS DOG WALK

NATHAN WATSON DOG BEHAVIOUR

150+ DOGS!

FUN FOR ALL THE FAMILY

Have fun and raise funds for **ANIMALS IN NEED**

SUNDAY 19th DECEMBER
Arrive from 10 am, walk begins 10:30 am
BRADLAUGH FIELDS, NORTHAMPTON, NN2 7NX

FREE ENTRY
ANY DONATIONS WELCOME ON THE DAY

ALL DONATIONS GO TO

Animals in Need
Northamptonshire

For further info visit
[facebook.com/nathanwatsondogbehaviour](https://www.facebook.com/nathanwatsondogbehaviour)

DOG OF THE YEAR 2021

DOG OF THE YEAR 2021



Stay and Play Wallace Road Nursery

- ◆ **Where?** Wallace Road Nursery School, entrance is on Cutler Close.
- **When?** First one is on Thursday 4th November, and then every Thursday during term time.
- **Time?** Pop along anytime between 1pm and 3pm
- **Do I need to book?** No, just pop along
- **What age are the sessions aimed at?** Babies up to age 4.
- **How much is it?** Free! However, we welcome any donations towards the cost of running the sessions.
- **What can I expect?** A warm welcome, refreshments and a high quality environment.

We hope to see you on the 4th, please spread the word!

Family Support Link Youth Club



Registered Charity Number:1119358

Family Support Link

WEEKLY YOUTH CLUB

If your life is affected by another's drug or alcohol use and you are between 10 and 17 why not join us?

Starting Tuesday 9th November. If you are:

10 – 12 YEAR OLD WE WILL MEET @ 4.30 – 5.30 PM

&

13 – 17 YEAR WILL MEET @ 6.00 – 7.00 PM

Join us for a safe space to have Fun, games, arts crafts, and activities,

At The Liburd in Kingsthorpe NN27RR

For more information contact our General enquiries line on **01933 224632** or email Rachel at **RLamb@family-supportlink.co.uk**



C2C SOCIAL ACTION

C2C Social Action

FREE English classes for women. For more information and to register please contact Katie on 01604 824080 or email Katie.sheldrick@c2csocialaction.com

Nemokamos Anglq
kalbos pamokos

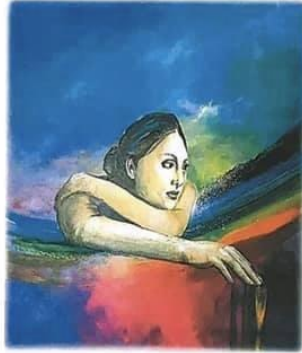
LecTii de englezä
gratuite

دروس مجانية في اللغة
الإنجليزية

C2C provide free
English lessons for
women. For more
information, please
contact Katie.
barmowe lekcje
angielskiego

Ingyenes angol
6r6k

Casharo Ingiriäsi
Free



Ladies English Language Cafe

For more information, contact:
Katie Sheldrick 01604 824080
katie.sheldrick@c2socialaction.com



C2C Women's Centre. First floor
9 Overstone Road, Northampton NN1 3JL

Art by kind permission of Helen Yousof www.helen-yousaf-art.com

EAST NORTHANTS

Oundle Girls Football

COME AND GIVE IT A TRY

WHO: ALL GIRLS FROM 12 – 18 (Yr8 – Yr13)



**WHEN: THURSDAY
EVENINGS 7:00PM
– 8.00PM**

**WHERE: OUNDLE
SCHOOL – ASTRO**

**(PARKING/DROP OFF OUNDLE SCHOOL SPORTS
CENTRE AND THEN A SHORT WALK TO THE
ASTRO)**

WHY: FUN, FRIENDSHIP & FITNESS

**IF YOU WANT TO COME
AND GIVE IT A TRY FOR
FREE, PLEASE COME
ALONG!**



Aardvark Little Explorers

STAY AND PLAY

Aardvark little explorers



Call us today on
07415 980 225

Every Monday
10:00-11:30 &
12:00-13:30

£2:50 per session or £4 for both with break
for packed lunch!



Higham Ferrers
Working Mens Club
6/8 Westfield Terrace
Higham Ferrers
NN10 8BB

Café and Chat

CHAT Youth
Counselling
Starting Wednesday 3rd November

CAFE AND CHAT

YOUNG PERSON'S
EMOTIONAL
WELL-BEING DROP-IN

EVERY WEDNESDAY, 4-8PM,
30 MARKET ROAD,
THRAPSTON NN14 4JU

IN A BIT OF A CRISIS?
WE'RE HERE TO HELP.
JUST COME ALONG

NEED TO CHAT
TO SOMEONE
IMPARTIAL
ABOUT
SOMETHING?

Need relationship
advice? Having
trouble at school?
Just feeling a bit
low? Come talk to
us for free and
confidential
support and
advice.

CHAT Youth
Counselling

Northampton Town FC Disability Football Fun



The poster features a dark red background with white and light blue text. At the top, there are logos for Northampton Town FC Community, Freedom Leisure, North Northamptonshire Council, YIP Club, and Premier League Kicks. The main title 'DISABILITY FOOTBALL FUN!' is in large, bold, white letters. Below it, there are two paragraphs of text. To the right, there is a circular inset image of a young boy in a red and white kit holding a soccer ball, with a coach sitting on the ground nearby. To the left, there is another circular inset image of a young boy in a white kit kicking a soccer ball. At the bottom, there is a white box with the text 'NORTHAMPTON TOWN I'M #PROUDTOBE'.

COMMUNITY

freedomleisure
North Northamptonshire Council

sport
YIP Club

Premier League
Kicks

DISABILITY FOOTBALL FUN!

Come and join our coaches, Cameron and Kym, for some football fun on a Wednesday evening in a fun, safe and secure environment!

These sessions are for those who are aged 8 - 18 years old. Please register online at ntfccommunity.co.uk/pl-kicks If you have any further queries please contact Cameron Marshall via email at Cameron.Marshall@ntfc.co.uk

Every Wednesday starting
16th June 2021.
Inc. School Holidays
16:30 - 17:30
(INDOOR SPORTS HALL)

The Pemberton Centre,
H.E. Bates Way,
Rushden,
NN10 9YP.

NORTHAMPTON TOWN I'M
#PROUDTOBE

To take part you have to register online by visiting [Premier League Kicks — Northampton Town FC Community Trust \(ntfccommunity.co.uk\)](https://premierleaguekicks.com/northampton-town-fc-community-trust) you can also find out about all of the Premier League Kicks projects happening across the county.

Spring Social Prescribing

If you have an illness or condition that impacts on your day to day living and you want some support why not give social prescribing a go. For more information and/or to make a referral for yourself please visit [Social Prescribing | Spring Northamptonshire | England](#)

Spring - at Mayday Trust

Social Prescribing is a free and confidential service working with you for up to 12 months to improve your sense of well-being and connect you with your local community.

Spring can support you to look at many areas of your life including:

- Your lifestyle
- Looking after yourselves (*everyday living tasks*)
 - Managing your symptoms
 - Work, volunteering & other activities
- Money ● Housing ● Family & friends
- Mental well-being

To be eligible you must be over 18, live in Northamptonshire, have a long-term health condition, and have a sense 'there's more to life'.

For more information, or to make a referral please visit our website.

www.springnorthamptonshire.org

or call 01604 974995

WELLINGBOROUGH



Off the Streets

Youth Forum Group – Youngers United. Are you aged between 10-16 we would love you to become a member of Youngers United Off the Streets. Your voice matters, come along and have your say, build your knowledge and help us make the streets safer.

Please drop your young people off at 2 and pick them up at six at the Lee cabs offices, 1 Yeldon Court, Finedon Road Industrial Estate, NN8 4SS on Saturday 13th November. All leaders are DBS checked.

For more information please visit our Facebook page at [\(2\) Youngers United Off The Streets Youth Forum | Facebook](#) For all young people attending can parents please fill in a consent form which can be found by visiting [Parent Consent Form \(Youth Camp\) \(aidaform.com\)](#)

Queensway Beavers

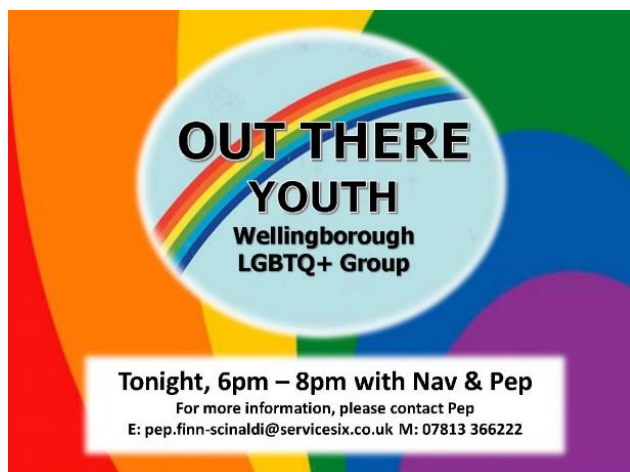
If you are aged between 6-8 years come and join the Beavers groups held every week at St Marks Church Hall. For more information, please contact Lisa on 07984 606459.

There are lots of scouting groups such as Squirrels (4-5years), Beavers (6-8years), Cubs (8-10 1/2 years), Scouts (10 1/2-14 years) and Explorers (14-18 years) across the town and surrounding villages for more information on what is available please visit [Find your local Scout Group | Scouts](#)



LGBTQ+ Out There Youth Group

Every **Wednesday** including in the school holidays from 6-8pm. This is free to attend but please contact Pep on 07813 366222 for more information and location.



Finedon Volta Junior Football



FINEDON VOLTA JUNIORS

Little
KICKERS



Saturday morning 10am-11am for Boys and Girls aged 4-6

In partnership with



For more information and booking please download the ProGoals app



www.pro-goals.co.uk

information@pro-goals.co.uk

07806 691847

www.finedonvoltajuniors.co.uk



@Finedonvoltajuniors



@Voltajuniorsfc



In partnership with



FINEDON VOLTA JUNIORS

Victoria
GIRLS FOOTBALL



Saturday morning 9am-10am for Girls aged 7-14

Finedon Rec, Wellingbrough Rd, Finedon, Wellingborough, NN9 5JT

For more information and
booking please download
the ProGoals app



or contact

information@pro-goals.co.uk

www.pro-goals.co.uk

www.finedonvoltajuniors.co.uk



@Finedonvoltajuniors



@Voltajuniorsfc

IGNITE Youth Clubs

IGNITE



For children in year 1 to

6

Games, crafts, story time, tuck shop and loads of fun!!

When? Every Thursday 6-7pm (term-time)

Where? Redwell Primary School

Cost £2 per session

4th, 11th, 18th & 25th

November

2nd, 9th & 16th December

Contact Maria on ignite@gleneaglesanglicanchurch.co.uk

Visit us on Facebook or on our website <https://www.gleneaglesanglicanchurch.co.uk>

IGNITE



YOUTH

A Space for those in year 6 & above

When? Every Thursday 7.15-8.15pm (term-time)

Where? Redwell School Sports Hall

Cost FREE (£1 donation)

Games, quizzes, tuck shop and loads of fun!!

Contact Rev Dawn on vicar@gleneaglesanglicanchurch.co.uk or Sarah on howes_africa@yahoo.com

Visit us on Facebook or on our website <https://www.gleneaglesanglicanchurch.co.uk>

Spring Social Prescribing

If you have an illness or condition that impacts on your day to day living and you want some support why not give social prescribing a go. For more information and/or to make a referral for yourself please visit [Social Prescribing](#) | [Spring Northamptonshire](#) | [England](#)



Spring - at Northamptonshire Carers

Social Prescribing is a free and confidential service working with you for up to 12 months to improve your sense of well-being and connect you with your local community.

Spring can support you to look at many areas of your life including:

- Your lifestyle
- Looking after yourselves (*everyday living tasks*)
 - Managing your symptoms
 - Work, volunteering & other activities
- Money ● Housing ● Family & friends
- Mental well-being

To be eligible you must be over 18, live in Northamptonshire, have a long-term health condition, and have a sense 'there's more to life'.

For more information,
or to make a referral please visit our website.
www.springnorthamptonshire.org
or call 01604 974995



Choose well, stay well and live well...

Made with Many Express Yourself

For Young people aged 10-16 years on a Tuesday night from 4.30pm-6.30pm at the WACA community complex, Rock street, Wellingborough (entrance is around the back of the building). To sign up simply come along

Therapeutic Self Development Arts Programs

EXPRESS YOURSELF

DEFINE, DEVELOP YOUR UNIQUE SKILLS, STRENGTHS & OPPORTUNITIES.

10-16yrs

DATES & TIMES		VENUE
Tuesday 9 November	4.30-6.30pm	WACA Rock Street Community Complex, 27-29 Rock Street Wellingborough NN8 4LW
★ Tuesday 16 November	4.30-6.30pm	
Tuesday 23 November	4.30-6.30pm	
Tuesday 30 November	4.30-6.30pm	
Tuesday 7 December	4.30-6.30pm	
Tuesday 14 December	4.30-6.30pm	

If you would like any more information please contact

Telephone: 07835165583
 Email: marvin@lemonpopworkshops.com
www.lemonpopworkshops.com

To sign up, simply come along or download a membership form from :
www.madewithmany.org/bcf

in

In partnership with the Black Community Forum Part of Made With Many supported by Arts Council England

MADE WITH MANY

NORTHAMPTONSHIRE

LOTTERY FUNDED

ARTS COUNCIL ENGLAND

WRITE // DRAW // CREATE // MAKE

Glamis Hall Activities for Young People

Glamis Hall on Goldsmith Road, Wellingborough has lots of activities being offered on a weekly basis. For more information on all activities please telephone 01933 677326 or email glj@glamishall.org.uk

YOUTH FOOTBALL

Every Thursday evening 5.30-6.30pm (term time only). The field outside Glamis Hall for ages 7-16 years and costs £2 per session. Please see the document below for more details.



Youth Football
2021

YOUTH CLUB

Every Thursday 4.15-5.15pm. Term time only for young people aged 7-16 years and costs £1.50 per week. Pop along for fun and activities. Held at Glamis Hall



Youth Club 2021

MINI THEATRE

GLJ Mini Theatre group for children aged 4-7 years. £16 for 5 weeks from 4-4.45pm every Monday evening. Held at Glamis Hall



Mini Glamis

GLJ CORE

Theatre group for young people aged 13 years + on a Tuesday Evening. Held at the Kingsway Centre. The first session is free. Day is to be confirmed. Get the opportunity to take part in productions and even to play the main roles.



GLJ CORE

A TRIP TO OZ PANTO

GLAMIS HALL Goldsmith Road Wellingborough NN8 3RU

GLJ THEATRE PROUDLY PRESENTS

A TRIP TO OZ

THE PANTO

STARRING HOLLY PAYNE as Dorothy

GARY L JOHNSON as Dame Glinda

REECE YARNOLD as Lion

AMY COLBY as The Witch

KARELLE WHITE as Scarecrow

ALFIE HOLMES as Tin Man

MYLES ROWLEY as The Wizard

LET'S FOLLOW THE YELLOW BRICK ROAD TO GLAMIS HALL THIS CHRISTMAS!

PLUS THE STARS GLJ YOUTH THEATRE!

TICKETS NOW ON SALE! £4+pp

MONDAY 29TH NOVEMBER (6PM) - GLAMIS HALL, WELLINGBOROUGH
CALL: 01933 677 326 OR EMAIL glj@glamishall.org.uk

GLJ Theatre groups star in a Trip to OZ Panto on Monday 29th November at 6pm. Tickets are £4 per person. To book or to find out more please call 01933 677326 or email glj@glamishall.org.uk

KETTERING

Send Social Group



FUN AND FRIENDSHIP SEND GROUP

A social group for young people aged 11-14 with autism, ADHD and Aspergers.

MONDAYS 4-5PM

Mondays 4-5pm
The William Knibb Centre
Montague St (car park behind on Alfred St)
Kettering
NN16 8AE

Starts Monday 27th September

Please email to register a place
hwatts@youthworksnorthamptonshire.org.uk

Please note email address is: hwatts@youthworksnorthamptonshire.org.uk

Kettering Vegan Market

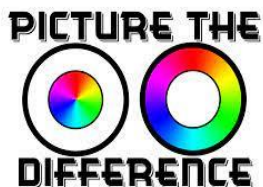
Saturday 6th November 2021 at 10:30 am – 4 pm, Market Place, Kettering NN16 0AJ

Come and sample some delicious vegan delights and opportunity to buy Christmas gifts. To find out more please visit [Kettering Vegan Market](#)

Desborough Community Library and Hub

Come and join us to listen to the “Titanic” Talk by Steve Dimmer on Thursday 4th November 2021 at Desborough Library. Talk begins at 7:30 pm (doors open at 7 pm). Tickets cost £4.00 available at the Library or email dhubcontact@gmail.com

For other interesting events taking place in November 2021 please visit our Facebook page at [Desborough Hub](#)



Picture the Difference

Monday Night Drop-in Support Service

William Knibb Centre, Montagu Street, Kettering NN16 8AE

Monday's 7:30 pm – 9:30 pm (Term time)

Free practical support and advice for young adults with additional needs, their parents and carers.

Pop in for a friendly chat with Rebecca about:

Interview skills, Career assistance, Benefits Assistance, Help with CV Writing, Volunteering/Job Applications, Housing Assistance and relevant signposting, Specialist signposting to other organisations

Creative & Well-being sessions for parents and carers of those with additional needs (free) at William Knibb Centre. Hosted by Picture the Difference in partnership with Adult Learning

Fridays 10.30-12.30 with option to stay till 1.30pm for fresh bakes at lunchtime in PtD's Cafe Mango 🍌!

Friday 12th Nov Aromatherapy and hand massage

Friday 19th Nov - Indian head, working in pair or on self

Friday 26th Nov - hand reflexology

Friday 3rd Dec - Christmas crafts tbd

Friday 10th Dec - Christmas crafts tbd

Friday 17th Dec - Christmas crafts tbd

4 places remaining. Please contact Zoë Martin admin@picthediff.com

LGBTQ+ Youth Group

LGBTQ+ YOUTH GROUP

AUTUMN/WINTER SCHEDULE

#BEPROUD

MONDAY 18TH OCTOBER

Halloween Planning
International Pronouns Day
(Come up with a pronouns rap!)

MONDAY 25TH OCTOBER

Half Term - No Group

MONDAY 8TH NOVEMBER

Make Poms Poms/ Board Games

MONDAY 15TH NOVEMBER

Wast Knot and Wot Not Activities
-Pom Poms/ Bunting/ Pictures for Frames

MONDAY 29TH NOVEMBER

Planning for Geddington Christmas Tree Festival

MONDAY 6th DECEMBER

Make the Decorations for the Christmas Tree Festival

MONDAY 13TH DECEMBER

Something Christmassy
-Yet to be Decided!

4-5.30PM
KEYSTONE
97 ROCKINGHAM RD
KETTERING
01536 518339



Kettering Town Football Club



FOOTBALL EDUCATION PROGRAMME

Aged 16-19 With 4 GCSE 4-9
Grades Including English & Maths

STUDY:

BTEC Level 3 Diploma in Sport

BTEC Level 3 Extended Diploma in Sport

HNC Sports and Exercise Science

TRAIN:

As a full-time footballer, aided by our highly qualified UEFA coaches

Opportunity to earn a paid 1st Team Contract

Matches in our U19s Future Lions League and U18s Northants Senior League



**ENROL
FOR
2022!**



TO REGISTER YOUR INTEREST EMAIL:

LUKE.GRAHAM@KETTERINGTOWNFC.COM

KCU

Supporting our local community

Upcycling at KCU

Working With Fabric

During this course you will use fabric to make soft furnishings, learn how to use a sewing machine, as well as hand stitching to gain confidence throughout the course. You can work as part of a team to make a quilt or play mat or you can work individually.

Course places are free

Course dates: Wednesday 3rd November till 8th December

Course time: 10:00am till 12:00pm

To sign up please call 01536 481989 or use the sign up page on the KCU website



Circus Skills for Families

A vibrant poster for 'Circus Skills for Families'. The background features a colorful, multi-colored striped sunburst pattern. In the center is a red and white striped circus tent with a yellow star on its front. To the left, a cartoon magician in a red jacket and black bow tie holds a black top hat with two white rabbits. To the right, a cartoon acrobat in a purple and white striped outfit is performing a handstand on a black rope. The text 'CIRCUS SKILLS!' is written in large, bold, black letters at the top. Below the tent, the text reads: 'EVERY MONDAY 7-8PM', 'FAMILIES AND YOUNG PEOPLE WELCOME!', '£1.50', and 'JUST TURN UP!'. A horizontal line of white dots separates this from the address: 'THE WILLIAM KNIBB CENTRE', 'MONTAGUE STREET', 'KETTERING', 'NN16 8AE', and '01536 518339'. In the bottom right corner, there is a 'YOUTH WORKS' logo with a green checkmark.

GAINN – An Enable Project

Growth and Inclusion in North Northamptonshire Aimed at young people aged 17 – 24 years of age and struggling with social isolation and/or mental health difficulties such as anxiety, this project could be for you.

An opportunity to build your confidence, meet other young people and join in a variety of activities such as walking, team building and exploring your interests and aspirations.



GAINN flyer (3).pdf

CORBY

Premature Babies Support Group



Has your baby arrived before your expected due date, born before the gestation period of 37 weeks? If so we would love you to join us. Every Wednesday 1-2.30pm at Kingswood Children's Centre.

This group has been set up and planned to provide a safe space for parents to bring their babies and socialise with other families who have shared a similar experience. The group will have skilled group leaders who can provide a breadth of support as well as a Music Therapist providing short sessions of Music Therapy. Alongside this we are hoping to have support from our local health partners who specialise in prematurity.

For more information, please direct message our page or call Pen Green Children Centre on 01536 40068 and ask to speak to Amy. Please visit [Pengreen Parent and Child Support groups](#)

Free Sports Sessions

Free Sports sessions at the Kingswood Neighbourhood Centre starting Tuesday 2nd November 2021

Time: 7pm -7:45 pm for 5 to 11 year olds

Time: 7:45 pm - 8:30 pm for 11+ year olds

Free Family Yoga Sessions at Kingswood Neighbourhood Centre starting Wednesday 3rd November 2021 for 7 weeks leading up to Christmas. 10am – 11am for parents and babies/toddlers.

For more information have a look at our Facebook page by visiting [Kingswood Active](#)

Kick Off to Work

Kick Off to Work based in Corby for 16+ NEET

Unemployed, aged 16+ an opportunity to join 16 weeks Football and Employability Project



#KickOffForWork



Unemployed, aged 16+
Keen on **FREE** professional football coaching



Corby Town has been part funded by the European Social Fund to support a select number of young unemployed in gaining employment. The Club is looking to undertake a 16 week program twice a week Tuesdays and Thursdays 1pm to 3.30pm comprising of Football related Training and Coaching Activities embedding Employability and Job Searching Skills.

The coaching and training will be undertaken by a UEFA Certified Coach with the Employability being undertaken by a Fully Qualified Careers Guidance Practitioner.

Individuals in order to undertake the program need to be 16+ yrs old and are not allowed to be employed or in education.

more info:

info@corbytown.co.uk

Phil Toon: 07742 714024

@corbytownfc

16 week program

Join our Football & Employability Project at Steel Park, Jimmy Kane Way Corby

SEMLEP
South East Midlands
Local Enterprise Partnership

Education & Skills
Funding Agency

COMMUNITY GRANTS

Discobility

Discobility a Disco for people with any type of disability for all ages.



THE BEST DISCO AROUND FOR PEOPLE WITH A DISABILITY

The Club House

DISCOBILITY

SUNDAY

2PM-4PM

The Club House Music Venue
Corby Town FC - Jimmy Kane Way

7th November 21	6th March 22	3rd July 22
5th December 21	3rd April 22	4th Sept 22
9th Jan 22	1st May 22	2nd Oct 22
6th Feb 22	5th June 22	6th Nov 22
		4th Dec 22

ONLY £6
on the door

Soft non-fizzy drinks included

Info: 01536 265 666

Corby Radio 96.3 FM
All proceeds to Corby Radio

Disclaimer

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.