

Stay Connected Locality Newsletter

September 2022



This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children, young people, and families.

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Countywide

County Lines in Northamptonshire - Free Parent Webinar

5th October 7.00pm-8.30pm hosted by Northamptonshire Police, PACE (Parents Against Child Exploitation) and Barnardo's

Calling all parents and carers! Do you want to protect your children from criminal exploitation and find out more about County Lines? Register now for a free webinar on 5th October 7pm to listen to experts from PACE, Northants Police and Barnardo's

Learn what county lines and child criminal exploitation is

Understand the signs that your child may be at risk or involved

Learn how offenders groom and exploit children

Understand what is happening in your area

To Register for this free event please visit [County Lines in Northamptonshire - Free Parent Webinar Tickets, Wed 5 Oct 2022 at 19:00 | Eventbrite](#)

Selective Mutism in Children Support Group

Does your child demonstrate speech anxiety and freeze in certain situations? Are you worried about your child transitioning to a new term or school because of speech anxiety?

Weston Favell Library are starting a monthly informal support group for carers and parents of children who demonstrate speech anxiety in certain situations.

It will be an opportunity to share information, ideas, resources, to network with others in a similar situation, to receive emotional support and empower each other.

This will be held community room in the library on the first Saturday of the month from 10.30am-11.30am.

For more information and dates please email westonfavell.libraryplus@westnorthants.gov.uk (you do not have to be a member of the library to attend).



Recovery College NHFT offers educational lessons and workshops. All courses are recovery based and focus on different aspects of mental and neurodevelopmental health. They aim to help individuals who have experienced mental ill health and neurodevelopmental challenges to live the life they want to lead.

Each course is written and delivered by both individuals with lived experience of the condition and practitioners.

To view the new prospectus please visit [Recovery College \(office.com\)](#)

To register for a course please visit [Recovery College NHFT New Student Enrolment form \(office.com\)](#)



Northants Open Studios

Countywide venues from 2nd to 25th September

September starts in style with Northants Open Studios providing opportunities to meet visual artists in their own creative spaces or a variety of interesting venues with group shows 2 – 25 September.

To find out more please follow NOS on their Facebook page by visiting [Northants Open Studios | Facebook](#) or Instagram for updates and reminders about who to see where and when.

Entry to all venues is free. For more information please visit [Northants Open Studios](#)

Out There LGBTQ+ Support Northamptonshire

Northamptonshire LGBTQ+ Services for Young People and their Parents and Carers.

Mondays – Kettering

11-16 year olds Youth Group every Monday 4pm – 5.30pm

Tuesdays – Corby

14-18 year olds Youth Group every Tuesday 6.30pm – 8pm

For more information, please visit [LGBTQ Support « Youth Works Northamptonshire](#) or contact 01536 518339

Wednesdays – Wellingborough

Youth Group for up to 18 years, every Wednesday 6pm – 8pm

For more information, please visit [Service Six- New Projects from Summer 2021](#) or contact 01933 277520

Fridays – Northampton

11-25 year olds Youth Group every Friday 5.30pm – 9pm

For more information, please visit [LGBTQ+ Support | The Lowdown | Supporting Young People](#) or contact 07585 737483

Quarterly – Northampton

Gender Neutral Swim Sessions for LGTQ+ young people and their families.

For more information, please email lgbtgsupport@thelowdownnorthampton.co.uk

Northamptonshire – Parent and Carers Facebook Group

Follow The Out There Group Parent and Carers Support Network Northamptonshire. Includes a Parents and Carers Social, 3rd Thursday of the month. For more information, please email

lgbtgsupport@lowdownnorthampton.co.uk



Family Support Hub Northampton

The Hub provides a regular meeting point for families affected by autism. We provide activities for children and families can gain support, information, and advice. These are free drop-in sessions and the whole family are welcome to attend. Suitable for up to 11 years and under.

1st Monday of the month 4.00-6.30pm, October 3rd and November 7th

Please contact Lesley to let her know you're intending to come lesley.lock@autismeastmidlands.org.uk 07970 397 456.

Free in Northamptonshire Triple P Online 0-12 years and Teen Triple P Online.

These Positive Parenting Programmes can give you strategies that will help you develop your child's talents and life skills – so that they can be happy, confident, and successful children and support your household where children understand the rules and thus promote and less stress for everyone!

By agreeing the rules and communicating clearly you will be able to build your own emotional resilience whilst equipping your child with coping strategies that they will find useful when dealing with life's challenges.

To get started with Triple P online please complete our online referral form [Triple P Online Referral « Youth Works Northamptonshire](#)

Support and help is on hand by emailing Triplep@youthworksnorthamptonshire.org.uk or contact 01536 518339.



Northamptonshire Domestic Abuse Service

NDAS exists to end the harm done through domestic abuse to all survivors and children. Our work is holistic and empowering, working alongside survivors to achieve independent lives free from abuse.

There are virtual drop in sessions on a Monday and Thursday 1pm – 3pm please visit [I need Help | Northamptonshire Domestic Abuse Service \(ndas.co\)](https://www.ndas.co.uk)

Face to face groups for Women

The Freedom Programme - Starting Tuesday 13/09/22 10am – 12pm

Voice Programme - Starting Friday 16/09/22 10.30am – 12.30pm

We have 3 virtual groups starting for Women

The Freedom Programme Virtual - Starting Friday 16/09/22 10am-12pm

The Freedom Programme Virtual (Evenings) - Thursday 15/09/22 7-9pm

Voice Virtual - Starting Thursday 15/09/22 10am – 12pm

And we have a group for men

Voice for Men Virtual starting Thursday 15/09/22 1pm-3pm

Please contact the advice line 0300 0120 154 to be added to the waiting list and/or to find out more details, email advice@ndas-org.co.uk or visit [Support Programmes & Group Work | Northamptonshire Domestic Abuse Service \(ndas.co\)](https://www.ndas.co.uk)

Gingerbread

Single parents, equal families

Well Being Workshops

"This was brilliant, thank you so much for the workshops " single parent participant.

Have you been to our wellbeing workshops yet? If you're interested in joining us to learn strategies, meet new people and share your experience with other single parents, we're running sessions later this month:

September 20th & 21st 12.00 - 1.30pm

Delivered on Zoom, the sessions will offer you practical tools to manage stress, aid relaxation and improve your mental wellbeing, as well as giving you the chance to connect with other single parents. Book your place by contacting lynne.baulch@gingerbread.org.uk

Family Learning Basic Digital Skills

A 5 week online course to help you support your children's learning, by building your own confidence and digital skills. This course focuses on email, word processing, spreadsheets, and online safety.

Starting Friday 23rd September at 12.30pm-2.30pm for five weeks.

For more information and to book your space please visit [Northamptonshire Adult Learning AZY5NA04 Basic Digital Skills For Families 1 \(northantsglobal.net\)](https://www.northantsglobal.net/northamptonshire-adult-learning-azy5na04-basic-digital-skills-for-families-1)

South Northants and Daventry



Good Grief group – Happy@ Home Daventry

Alternate Friday's 12pm - 1:30pm at The New Street Centre, 13 New Street, Daventry, NN11 4BT

The purpose of the Good Grief Group is to allow people the opportunity to meet others who have experienced bereavement and to be able to talk in a warm and caring environment supported by an experienced counsellor and volunteers.

On your first visit you will be asked to complete a form requesting your contact details, these will only be used if we need to contact you regarding the Good Grief meetings.

The Good Grief Group will meet on alternate Friday lunchtime's 12:00-1:30pm; there will be 45 mins of group time followed by a light lunch. Cost is £3.50 The date of the next group is 16th Sept.



Prince's Trust

Princes Trust Team Programme

We still have spaces left for Prince's Trust Northampton South team which is due to start on the 12th September 2022. The next course starts on 16th January 2023.

This programme is for young people aged 16-25years old who are unemployed and want to gain new skills to progress into employment or education. The programme will develop the young person's employability skills and open new opportunities to progress. If you would like more information, you can contact Siobhan Peters the Prince's Trust Team Leader, to discuss the course and how it can help you telephone 07766365211 or email speters@tresham.ac.uk

King's Sutton Youth Club

Every Friday during Term time, 7pm-9pm at the Baptist Church, Wales Street, Kings Sutton. Open to all young people in Year 6 to year 11.

If you are in Yr 12 & 13 and would like to volunteer get in touch. Reopens on the 16th September - bigger and better! For more information email kingssuttonyouthclub@gmail.com or call 07796 221769

Family Learning Healthy Eating on a Budget for Families

New free course starting at Daventry Children Centre, Staverton Road, N11 4EY, Tuesdays 20th Sept for five weeks from 1.00pm-3.00pm.

Find out about healthy eating in a fun way. Weighing and measuring ingredients. Find out how to use everyday activities to help children learn at home. Gain new skills, knowledge, and confidence in a positive learning environment.

To book your place and for more information please visit [Northamptonshire Adult Learning AXX2TA11 Healthy Eating on a Budget For Families \(northantsglobal.net\)](http://Northamptonshire Adult Learning AXX2TA11 Healthy Eating on a Budget For Families (northantsglobal.net))

Northampton



Growing Together Northampton - Tots Groups

Every Monday morning from 9.00am-11.00am at **Brookside Hub** (NN3 8NP) and every Wednesday afternoon 1.00pm-2.30pm at **Blackthorn Community Centre** (NN3 8QH).

Free of charge, for all 0-4s with their parents/carers. Come along and make new friends and the children can enjoy arts and crafts and sensory play. No booking is needed just turn up. Free tea and coffee provided.

For more information, please ring 01604 411166

United African Association Self Defence Classes for Women

Saturdays from 1.00pm-2.00pm at the Frank Bruno Foundation Centre, Walledwell Court, Northampton, NN3 9TW.

For females only. Learn self-defense techniques, improve fitness, improve confidence. Cost is £1.00 per session. For more information, please contact 07932 519532 or 07706 221460.

To find out more about us please visit [United African Association \(UAA\)](http://United African Association (UAA)) or our Facebook page United African Association Northamptonshire | Facebook

Youth inspired @ The Place to Bee

A Free after school club. Every Tuesday & Thursday 3:30pm-5:30pm There are games, craft, food to buy, a safe place and qualified staff to chat to. Term time only.

Come and join us for a fun relaxed session at The Place to Bee 67-69 Harborough Road, Northampton. For more information email elizabeth@cypn.org



Free Craft Class for Kids

There will be a new craft class for kids starting Wednesday 7th September - 4pm to 5:30pm, it will be held at the Doddridge Centre, St James, NN5 5LD. Free to attend.

For more information contact us 01604 586384 or email info@doddridgecentre.org.uk



Northampton Town Community Trust Skills Centres for Girls

Northampton Town Community Trust hold regular Skills Centres in Northampton for girls aged 8-14, currently playing grassroots football. These are held during term times in the football season and give female players the chance to practice and build on their skills in a safe and friendly environment.

These sessions are run by our qualified and experienced coaches and once registered are available for players to turn up and pay.

Sessions are just £5.50 a week, with the first session free for any new players. Sessions return on the 5th September and are held at Northampton High School, Newport Pagnell Road, Northampton, NN4 6UU. On Mondays from 7.00pm-8.00pm

Please note all sessions are on AstroTurf. (Please ensure that you are suitably dressed and have appropriate footwear, plus plenty to drink.)

Players who impress may be invited to trial at our Girls (Elite) Player Development Centre

To sign up for these or to find out more please visit [Skills Centres — Northampton Town FC Community Trust \(ntfccommunity.co.uk\)](http://Skills Centres — Northampton Town FC Community Trust (ntfccommunity.co.uk))



Silhouette Youth Theatre

Summer is over and the first sessions of the Autumn Term start on **Monday 5th September!** We have added some new sessions and some existing sessions have had some changes...

Have a look at the sessions we are running this term on our website [Silhouette Youth – Accessible, affordable, opportunities for all. \(silyt.com\)](http://Silhouette Youth – Accessible, affordable, opportunities for all. (silyt.com)) We will make every effort to keep this accessible for all.

Find us at Weston Favell Shopping centre or call us on **07368318006**

Twelfth Night by the RSC at Silhouette Youth

Silhouette Youth is so excited to host the RSC, First Encounters production of a Twelfth Night.

Created for ages 7-13, but a perfect introduction to Shakespeare whatever your age, this edited 90-minute version of Twelfth Night is a hilarious story of heartbreak, hoaxes, and hidden identities.

There will be a performance on Friday 23rd September at 6:30 pm and you can purchase tickets by visiting [RSC FIRST ENCOUNTERS - TWELFTH NIGHT Tickets, Fri 23 Sep 2022 at 18:30 | Eventbrite](#)

There will be another performance on Saturday 24th September at 2:30 pm and you can purchase tickets by visiting [RSC FIRST ENCOUNTERS - TWELFTH NIGHT Tickets, Sat 24 Sep 2022 at 14:30 | Eventbrite](#)

Tickets will cost £5.00 each and you can pay by cash or card on the door.

Find out more about Twelfth Night on the RSC website. Click the link! [First Encounters Twelfth Night | About the Play | Royal Shakespeare Company \(rsc.org.uk\)](#)

This is an incredible opportunity to see the professional cast of the RSC performing in our space! See you there!

Wildcats Football Training for Girls - Moulton

Are you looking for a fun way for girls 5-11 to get involved with football? Come along have fun, learn new skills, and make friends at our Girls only Wildcats centre. Based at Brunting Road, Moulton, NN3 7QF. Every Monday from 5.00pm-6.00pm.

First session is **Free** after that the cost is £3.00.

Take a look at what one of the parents has said about their daughter attending one of our Wildcats sessions. "The very first session my daughter attended, she has felt welcomed and accepted. As soon as she comes away, she wants to know when she can go back again."

To book sessions in Moulton please visit [Brunting Road, Moulton Football Club Venue and Sessions](#)

For more information, please email wildcats@elitefootballcoaching.org



Flourishing Babies – pregnancy and parenting support

Are you finding your pregnancy or parenthood journey a little daunting? Flourishing Babies are here to help. We offer a free service which includes:

Mellow Bumps a 6 week antenatal group for parents-to-be focusing on parental wellbeing and helping you to connect with your baby before birth.

Me, You and Us A 6 week group for mums and dads who would like a little more support in understanding their baby. We discuss attachment and bonding, the importance of cuddles, sleep, selfcare, play and the importance of talking.

Watch, Wait and Wonder a 3 week group for babies from 4 months to 2 years which aims to help you have a more positive experience with your child, encourages childrens imagination and creativity with play and promotes loving, attuned parent-child interactions which promote healthy brain development.

We also offer a 1:1 volunteer befriender support trained volunteers who have a non-judgemental listening ear who can offer support face to face.

If you are interested in any of our services or just want to know a little more, please contact Siobhaun Cotter on 07970168856 or email flourishingbabies@family-action.org.uk



Strong Start

Bumps and Babies at Thorplands Children Centre, Farm Field Court, Thorplands, NN3 8AQ every Monday from 1.00pm-3.00pm. Join us for information and support relevant to your stage of pregnancy or your baby developmental milestones. A weekly bookable session for expectant Mums to be and families who are 28 weeks gestation to when your baby is 6 months old.

To book please visit [Northampton Bumps & Babies Registration, Multiple Dates | Eventbrite](#)

4-week Sing and Story with Me at Briar Hill Community Centre, The Springs Walk, Northampton, NN4 8SX. Wednesdays starting from 28th September from 10.00am-11.00am.

A series of four 1 hour singing and story sessions for families with children under 5 to promote early communication skills. Each session will be themed around a story with singing of new and traditional songs. Find out how you can support your child's language development at home. You will be able to meet other families and socialise. This session is suitable for babies and children under 5.

To book please visit [Briar Hill \(NN4\) 4-week Sing and Story with Me Registration, Wed 28 Sep 2022 at 10:00 | Eventbrite](#)



Northampton Partnership Homes Community and Support Bus

Our financial inclusion and housing support officers will be heading out with the NPH Community Bus next week to talk to you about the support they can offer. Drop in to speak to them about:

- Managing your finances
- Helping to claim the benefits you may be entitled to
- Accessing government support and charity grants
- Any other support you need to manage your tenancy.

Tuesday 13th September

Briar Hill 9.30am-10.30am, Camphill .11.00am-12.00pm, Kingsthorpe Hollow 12.30pm-1.30pm, Spencer 2.00pm-3.00pm

Wednesday 14th September

Spring Boroughs 10.30am-12.30pm, St James 1.00pm-3.00pm

Thursday 15th September

Eastfield's 10.30am-12.30pm, Goldings 1.00pm-2.00pm

For full timetable of the NPH bus please visit [NPH Bus Timetable](#)



Tea, Toast and Tantrums!! A New Parenting / Carer Support Group

Sometimes feel frustrated? Do you need to let off some steam? Want to gain some friendly support or just have a chat with people who understand. Then come along to the New Parent / Carer Support Group at

Kingsthorpe Children's Centre, St Davids Road, Northampton, NN2 7QJ

Every Monday Afternoon 1.00pm-3.00pm. Beginning 26th September for more information please contact 01604 791 537

Blackthorn Children's Centre, Longmead Court, Northampton, NN3 8QD

Every Tuesday Afternoon 1.00pm -3.00pm, Beginning Tuesday 27th September for more information please contact 01604 413 504

Thorplands Children's Centre, Farmfield Court, Northampton, NN3 8AQ

Every Friday Morning 9.30am-11.00am Beginning 30th September for more information please contact 01604 367 500

East Northants



Rush2theDen – Neons

Neons is a new group for 2-5year olds getting ready or just starting school who need a little extra support. Siblings are invited and parent/carers support is available. The snug is open for sensory play.

Starts on Thursday 8th September and runs weekly from 1.00pm-2.30pm. Cost is £1.00.

You can find us at 16 Fitzwilliam Street, Rushden, Northamptonshire NN10 9YW

For more information please Tel: 01933 770450 or 07733 232821

To find out about all of the under-fives groups and youth clubs we offer please visit [RUSH 2The DEN](#)

Heritage Fun Day

Sunday 18th September 2022 from 10.00am-4.00pm at Rushden Lakes, NN10 6FH. Free parking for up to 5 hours.

Come along and enjoy a family fun day at Rushden Lakes and discover more about the local heritage in the nearby towns of Higham Ferrers and Rushden. Enjoy an array of interesting stalls, fun entertainment and competitions, displays, activities, crafts, open top heritage bus tour and much more!

For more information, please visit [Heritage Family Fun Day | Facebook](#)

Baby Play at Oundle Library

Free sessions for parents/carers and their under 1's to meet with others, chat and play in a safe space.

To book a space please email Oundle.libraryplus@northnorthants.gov.uk or telephone 0300 126 3000 option 5 option 3. Oundle Library, Glaphorn Road, Oundle, PE8 4JA

Irthlingborough Youth Club

The youth club is based at the Methodist Church, College Street, Irthlingborough, NN9 5TU for children and young people from school years 3-11. Sessions are held on the first Monday of every month from 7.00pm-8.30pm.

For more information, please email kaycoombs@outlook.com or telephone 07950 623291. Next session will be on 3rd October 2022.

Rushden Junior Dodgeball is Back

Every Thursday from 4.00-5.00pm starting 15th September – 20th October (during term time) at the Pemberton Centre, H.E. Bates Way, Rushden, NN10 9YP. For children and young people aged 7-13 years.

A six week course costs £18. For more information, please contact Jackie.ackroyd@freedomleisure.co.uk to book please telephone 01933 350324

Raunds Mayors Show

Saturday 17th September, from 12.00pm-5.00pm at Bassfords Recreation Ground, Marshalls Road, Raunds. Free parking available at Millfield.

Live music, Fairground Rides, Falconry Show, Reptile Encounters, Football Freestyler, Giant Bubble Show, Tug of War and childrens races, Penalty Shoot Out, Stalls, Food, and lots and lots of fun. Free Entry.

For more information on this and other things happening in Raunds please visit [Raunds Town Council | Facebook](#)

Wildcats Football Training for Girls - Raunds

Are you looking for a fun way for girls 5-11 to get involved with football? Come along have fun, learn new skills, and make friends at our Girls only Wildcats centre. This is being held at Raunds Manor School. NN9 6PA, Saturdays from 10.00am-11.00am.

First session is **Free** then the cost is £3.00 per session

Take a look at what one of the parents has said about their daughter attending one of our Wildcats sessions. "The very first session my daughter attended, she has felt welcomed and accepted. As soon as she comes away, she wants to know when she can go back again."

To book sessions in Raunds please visit [MANOR SPORT AND LEISURE LTD Venue and Sessions - Find Football \(englandfootball.com\)](#)

For more information, please email wildcats@elitefootballcoaching.org

Wellingborough

Wollaston Youth Café and Youth Club

Wollaston Youth Café is a community after school club for school year 7 upwards. The group meets on Mondays 3:00- 4:30pm in St. Mary's church building for food, drinks, conversations, and a safe place to be. The leaders of this group want to provide an environment where the young people feel welcome and comfortable.

For more information please visit [Youth – St Marys Church Wollaston \(stmaryswollaston.com\)](http://stmaryswollaston.com) or telephone 01933 664256.

The Wollaston Youth Club is held every Thursday (term time only) from 6.30pm-8.30pm at the Village Hall, High Street Wollaston and is open to all secondary school aged young people. First session is free with £1.00 a week subs afterwards.

For more information please email wollastonyc@outlook.com or take a look at their Facebook page by visiting [Wollaston Youth Club - About \(facebook.com\)](https://www.facebook.com/WollastonYouthClub)



New Bub Club for Under 4's and Their Grown Ups

Wiggle and Giggle as you play, move, and explore with your little ones. These sessions are suitable for under 4s and their grown-ups and will include a range of creative and sensory play, led by an Early Years artist.

Every Tuesday from 6th September to 8th November 2022 from 10am – 11.30am at the Hemmingwell Community and Skills Centre, 127 Nest Farm Crescent, Wellingborough, NN8 4TU

Free but please book via Eventbrite ticket link by visiting [Bub Club in Wellingborough Tickets, Multiple Dates | Eventbrite](#)

Bub Club is funded by the Creative Communities Fund from The Mighty Creatives, supported by Arts Council England and Made with Many.

For more information, please contact Myrle Roach on 07936 958997 or email myrle@madewithmany.org

Wellingborough Indoor Bowls Come And Have Ago Day

Saturday 24th and Sunday 25th September any time between 1.00pm-5.00pm.

Come and have a try at playing bowls a perfect sport for all ages at Wellingborough Bowling Club, Hatton Street, NN8 5AS.

All equipment will be provided but flat soled shoes or trainers need to be worn. For more information, please contact 01933 222527 or visit [Wellingborough Bowling Club - Northamptonshire Bowls \(wellbowls.com\)](http://wellbowls.com)



North
Northamptonshire
Council

Queensway and Victoria Ward Wellingborough Well Northants Project

The Well Northants programme in Queensway and the Victoria Ward have been set up to provide a framework for local communities and organisations to work together to improve health and well-being, build resilience and reduce inequalities. We are inviting you, as either a valued stakeholder or a resident, to work with us, and the wider community, to help to develop the local Well Northants project.

Through area wide doorstep interviews, and World Café events, many residents have been involved in discussions around improving health and wellbeing in the area, and a picture is emerging of the issues and solutions that they see as important. Such as Bringing the Community together, Community Safety, Environment, Supporting families, Education, Being healthy.

If you are a resident or work in either the Queensway or the Victoria Ward, we would love you to attend one of our workshops and hear your voice and help us shape the project. Refreshments will be provided.

Queensway workshop is being held on Tuesday 27th September at St Mark's Church, Brickhill Road, Wellingborough from 9.00am-12.00pm.

Victoria Ward Workshop is being held on Tuesday 20th September at the Victoria Centre on Palk Road Wellingborough from 9.00m-12.00pm.

The workshop will be facilitated by the Well Northants team in cooperation with Public Health and North Northamptonshire Council.

For more information, please contact reece.aberdean-roberts@northnorthants.gov.uk



Royal Air Force Air Cadets Intake Night

378 Mannock Squadron Air Training Corps, Wellingborough are holding a new intake night for new recruits. This for young people aged between 12 (year 8) to 16.5 years old. Wednesday 14th September at 7.30pm and is being held at Spring Gardens, Wellingborough, NN8 2AA

To register to join or just to come along and find out more please visit [New Cadets Intake Registration Form \(378.org.uk\)](https://www.378.org.uk/new-cadets-intake-registration-form)

Cadets participate in a wide range of exciting activities run by our qualified volunteer staff and senior cadets. Within your time in the Squadron, you will have the opportunity to take part in activities that your friends will only dream of such as flying, shooting and outdoor activities. At the same time, you will develop yourself, grow in confidence and gain qualifications whilst having the time of your life.

The Squadron meets on Monday and Wednesday evenings as well as being involved in attending camps, trips, and activities on many weekends. More information about on the 378 Mannock Squadron please visit [378 \(Mannock\) Sqn, RAF Air Cadets](https://www.378.org.uk)

ESOL – English for Speakers of Other Languages

Improve your English skills and become more confident in communicating with others.

2 lessons of 2 hours a week, accredited by Gateway Qualifications. If your income is less than £18,525 per year these lessons are Free. If you feel this is for you, please join us to discuss further and enroll.

You can drop into Wellingborough Library, on Monday 12th September at either 10.00am or 12.30pm for a chat or on Tuesday 13th September at the Victoria Centre, Palk Road, Wellingborough at 10.00am or 5.00pm and Friday 16th September at 10am.

If you can't attend at any these times, please contact Emilia.ratcliffe@northnorthants.gov.uk or telephone 07912 186944.

For more information on all Adult Learning course please visit [Adult Learning \(northamptonshire.gov.uk\)](http://northamptonshire.gov.uk)

Kettering



Free Street Football

Free street football sessions take place every Thursday at Grange Pocket Park, Kettering. For ages 7-10 years from 6.00pm-7.00pm and for 11-17 years from 7.00pm-8.00pm.

For more information and to register interest online please visit [Street Football | KTFC Community Trust](#)



Grange and Avondale Well Northants Project

The Well Northants programme in The Grange and Avondale areas have been set up to provide a framework for local communities and organisations to work together to improve health and well-being, build resilience and reduce inequalities. We are inviting you, as either a valued stakeholder or a resident, to work with us, and the wider community, to help to develop the local Well Northants project.

Through area wide doorstep interviews, and World Café events, many residents have been involved in discussions around improving health and wellbeing in the area, and a picture is emerging of the issues and solutions that they see as important. Such as Bringing the Community together, Community Safety, Environment, supporting families, Education, Being healthy.

If you are a resident or work in either the Grange or Avondale areas, we would love you to attend our workshop and hear your voice and help us shape the project.

Friday, 16th September, St Johns Hall, 1 Edith Road, Kettering NN16 0PZ 10am to 1pm to include a hot buffet lunch

For more information for the Grange and Avondale Well Northants Projects please contact wendy.ryan@northnorthants.gov.uk



NN Off The Streets Community Day

Saturday 24th September from 12.00pm.

Live music and DJ's. Children's activities. Bouncy castles, face painting, bucket drumming, poetry, food, and lots more. This is being held at the Pleasure Park, Park Road, Kettering, NN16 9RG. Free entry.

Family Fun Day at Woodford Community and Sports Centre

Sunday 11th September 11am – 4pm

Come and join in this family fun day lots of activities including coconut shy, surf simulator, sumo suits, bungee run, country music and dancing, lots of great prizes, craft stalls and lots more! This event is in support of Redhead Rescues Animal Sanctuary.

For more information, please visit [Woodford Community and Sports Club | Facebook](#)



Youth Works Clubs and Activities

Youth Works presents a Throne of Games – **Free Board Game Club** every other Wednesday for ages 11-19 at Keystone Building 97 Rockingham Road, Kettering NN16 9HX, contact 01536 518339. You can register ahead or just turn up.

Monday's during Term Time only **SEND Social Group** for young people aged 11-14 with Autism, ADHD and Aspergers, 5pm – 6pm at William Knibb Centre, Montagu Street, Kettering NN16 8AE
Any questions please contact jrowley@youthworksnorthamptonshire.org.uk

Free Youth Fitness Group for ages 11-18, Friday's 4pm -5pm at Keystone 97 Rockingham Road, Kettering NN16 9HX. Using sports activities to support healthier lifestyles, improved mental health and wellbeing, as well as meet and make new friends.

The Launch Event is on Saturday 10th September 2022, first session is on Friday 16th September 2022 To find out more information please email enquiries@youthworksnorthamptonshire.org.uk or contact 01536 518339.

Hide and Seek Youth Group for young people aged between 11 and 16, Monday 4pm – 5.30pm at Keystone 97 Rockingham Road, Kettering NN16 9HX

For young people who identify as LGBTQIA+ or those who are questioning their sexual orientation or gender identity. An opportunity to socialize and take part in various activities and events.

For more information on our Family Circus Skills, Waste Not (wots not shop) Volunteering, Happier Families, Re:Start for young people aged 16-25 wanting to move forward with their mental health journey please visit [Youth Works Northamptonshire](#)

Shine!

A fun free weekday Art and Wellbeing group for people with or without additional needs aged 16+ Shine is a safe place where you can get creative and shine.

Free taster session Tuesday 13th September 2022 at 11am Burton Latimer Community Centre, Pioneer Avenue, Kettering NN15 5LJ. For more information email Lou@shinearts@hotmail.com

KGH Hospital Listening Event

Friday 9th September 2022, 1pm – 3pm at Corn Market Hall, Kettering NN15 7QA

Kettering General Hospital want to hear the experiences of autistic people who have been patients or attended A & E to help improve services in the county.

To book please contact 01536 492173 and speak to the Patient Experience Team or email KGHtr.patientexperience@nhs.net Spaces are limited!

Corby

The Core at Corby Cube, George Street, Corby NN17 1QG

See what is happening in our Get Involved programmes, which offer a wide range of fun activities and regular sessions for families, children, young people, and adults.

Under 5s – Mini Musical Movers Free

Thursday 22nd September – Thursday 1st December (no sessions on Thursday 20th and 27th October)
10.30am – 11.15am These weekly fun sessions are for parents and carers with their little ones join in with some fabulous stories, songs, music and get your feet moving, hop, skip and dancing!

Rhymetime - Free

Thursday 15th September – Thursday 1st September (no session on Thursday 27th October)
9.30am – 10am and 11.30am – 12pm These fun sessions are delivered in partnership with Corby Library, join in the fun with our songs, clap, sing and wave. An opportunity for your child to develop their interaction and communication skills through nursery rhymes and songs.

Sparks Age 5 – 7 Drama Group Saturday 17th September – Saturday 26th November (no session on Saturday 29th October) 10am – 11am

Sparks Age 8 – 11 Drama Group

Saturday 17th September – Saturday 26th November (no session on Saturday 29th October) 11.15am – 12.15pm

These lively Sparks sessions give children the opportunity to take part in drama games and build their confidence. Every term our Sparks group use their creative imaginations and storytelling skills to create a new performance for family and friends to watch.

The cost is at a reduced rate for the term with thanks from the Travers Foundation of £50. Due to the generous support from Margaret Griffin charitable trust, there is a limited number of free/bursary funded places available to support children and young people whose families may be experiencing financial hardship. Please follow the link below to fill in a short Google form and we will let you know via email if your application for a bursary for this term has been successful.

Please visit to apply [Get Involved Bursary Application Form Autumn 2022 \(google.com\)](#)

Important: Please make sure you have registered via the Google doc and either applied for a bursary or made payment below, or with box office, to guarantee your place.

To register your details please visit [Sparks Autumn Term 2022 \(google.com\)](#)

To make your payment for Sparks age 5-7 please visit [Sparks \(5-7\) Autumn 2022 17th September 2022 to 26th November](#)

To make your payment for Sparks age 8-11 please visit [Sparks \(8-11\) Autumn 2022 17th September 2022 to 26 November](#)

To see our other groups Core Comedians from Wednesday 28th September 2022, 7.15pm-8.15pm, Ages 12-18. For more information, please visit [Core Comedians - The Core at Corby Cube \(thecorecorby.com\)](#)

and Core Create which run on a Wednesdays from 21st September 2022, 6pm-7pm, Ages 12-18. For more information, please visit [Core Create - The Core at Corby Cube \(thecorecorby.com\)](#)

Project M – The Space (Free to attend) Music Project

This music project is open to young people aged 12 – 19 years. Whether you are interested in listening to music, playing music, writing lyrics, writing poetry, or just hanging out in a warm space it doesn't matter, this is the space to be. Located in an empty shop unit in Corby Town Centre, this brand-new space will have sessions running regularly throughout 2022 and beyond. People who attend will have access to some pretty high-end music equipment as well as instruments and some music pros **Mr. Shay** and **Strizzy Strauss** who will help you get creative and make some noise.

To sign up for Project M please visit [Project M \(google.com\)](#)

If you are thinking of coming down but not sure if it's for you contact getinvolved@thecorecorby.com with any questions and we'll get back to you.

Adrenaline Alley – 20th Anniversary Celebration Event!

Saturday 17th September, 12pm – 9pm at 6 Priors Haw Road, Corby NN17 5JG

A day of fun, thrills, and festivities to celebrate our 20th Anniversary!

Community fun for everyone. Free entry for non-riders (no need to book). Lots of activities happening such as silent disco, balance bikes, graffiti workshop, face painting, circus skills, diner, crazy golf, wild inflatables, demolition ball, wipeout, rodeo bull, surf simulator and bouncy castles. Rider and Skater Attractions

Standard all day session price for riders reduced by 50% to just £15!

Free entry to riders under 8 (no need to book)

Free scooter coaching, games, and maintenance with Future Scooters in Building 3.

Airbag best tricks comps £100 purse prize and loads more to win, all wheel's welcome.

Free British Cycling BMX Freestyling Coaching and Games with Greg Illingworth and Rob Sidlow in Building 2.

For more information, please visit [20TH ANNIVERSARY CELEBRATION EVENT \(adrenalinealley.co.uk\)](https://adrenalinealley.co.uk)

Free critical Bleed control Training

Friday 23 September 2022 from 6.00pm-8.00pm at Rockingham Speedway, Corby

Free to attend Bleed Control accredited training for anyone over 13 years old to attend. Hosted by Meditech Global, Northamptonshire Police and Off The Streets, this training will teach you what to do in an emergency where the casualty has a critical bleed. Showing you how to see the contents of a bleed kit which are paced around the county and also what to do if a kit is not available.

This training will save a life in a stabbing or other blood loss emergency. A person can bleed out in less than 5 minutes, and we know an ambulance cannot arrive that quickly. This knowledge will keep a casualty alive at least until the ambulance arrives.

For more information, please visit [FREE critical Bleed control Training, Rockingham Speedway, Corby | Facebook](#)



Kingswood and Hazel Leys Well Northants Project

The Well Northants programme in the Kingswood and Hazel Leys areas have been set up to provide a framework for local communities and organisations to work together to improve health and well-being, build resilience and reduce inequalities. We are inviting you, as either a valued stakeholder or a resident, to work with us, and the wider community, to help to develop the local Well Northants project.

Through area wide doorstep interviews, and World Café events, many residents have been involved in discussions around improving health and wellbeing in the area, and a picture is emerging of the issues and solutions that they see as important. Such as Bringing the Community together, Community Safety, Environment, supporting families, Education, Being healthy.

If you are a resident or work in either the Kingswood and Hazel Leys areas, we would love you to attend our workshop and hear your voice and help us shape the project.

Thursday, 22 September, Cornerstone Church, Kingsbrook, Corby NN18 9HY 10am to 1pm to include a hot buffet lunch

For more information for the Kingswood and Hazel Leys Well Northants Projects please contact wendy.ryan@northnorthants.gov.uk

The Big Pic Pride in Corby

Get involved in supporting the Big PIC 2022! The North Northamptonshire Council Safer Communities Team, in partnership with local communities, businesses and other agencies, are running their yearly antilitter campaign 'Big PIC – Pride In Corby' during the week of 19-25 September.

A programme of community clean-ups, public awareness events and litter education activities will be delivered during the week, to encourage and educate local communities on the importance of keeping Corby borough cleaner and greener.

Join in with the Friends of Thoroughsale & Hazelwood, big litter pick daily 19-23 September, 10am-12noon, meeting at the Corby Boating Lake cabin, again all equipment provided.

Beanfield Neighbourhood Association will be getting involved in the Big Pic this September. Join in on Saturday 24th September, Meeting at the Neighbourhood Centre. All equipment provided 10am -12noon

Declaration

The Community Connector newsletter advertises products and services (or provides third party information regarding products and services) without representation or endorsement for their quality or suitability. Any queries about events or organisations should be made to the organisation directly.